



# Directory of Information



## Leadership Team

**Manager:**  
319.929.6894  
manager@garnettplace.net

**Assistant Manager:**  
Tanner Erwin  
319.533.0397  
assistantmanaer@garnettplace.net

**Health Care Coordinator:**  
Lee Thoma, RN  
319.929.6892  
nurse@garnettplace.net

**Community Relations Coordinator:**  
Meg Harper  
319.533.5050  
marketing@garnettplace.net

**Life Enrichment Coordinator:**  
Kari Santos, MA, CTRS  
319.533.0441  
enrichlife@garnettplace.net

**Culinary Coordinator:**  
Jeremy Curl  
319.533.0409  
kitchen@garnettplace.net

**Maintenance Coordinator:**  
Chris Anderson  
319.929.6890  
maintenance@garnettplace.net

**Facebook.com/GarnettPlace**

## Transportation Information:

**319.540.3630**

Please inform transportation at least 48 hours in advance of drive needs.

Appointment hours:  
8:30 a.m. to 3:00 p.m.  
Monday, Wednesday,  
Thursday, Friday.

**No transportation on Tuesdays**

Tuesdays are reserved for trips.

## Dining Room Hours of Operation:

### Breakfast:

7:00 a.m. to 9:00 a.m.

### Dinner (Lunch):

11:00 a.m. to 1:00 p.m.

### Supper:

4:00 p.m. to 6:00 p.m.

Times will vary per dining room.  
Please check with your server.

**Guest meals are \$5 per person, per meal. (No visitors at this time)**

We ask that you notify us if a guest is eating with you 24 hours in advance.

Additional snacks and beverages available 24/7.

## Community Programs

### Virtual Live 2B Healthy

MWF

10:00 am & 10:30 am

We'll meet as a group and get on a video call with the personal trainer. The trainer will lead the exercise class through the video chat.

### Music Therapy With Music Speaks

Thursday, 10:00 a.m.

This group requires registration, as therapy group sizes are small.

Contact Kari at 316-362-3630 if you are interested in joining.



Professionally Managed by Senior Housing, INC.



Garnett Gazette, November, 2020

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## Happy Birthday!

**November 2**

Joleen F.

**November 7**

Carol S.

**November 13**

Diane A.

**November 19**

Sharon D.

**November 26**

Catherine W.

**November 26**

Celeste J.

## Veterans Day

Veterans Day is Wednesday, November 11th. Garnett Place is home to eleven veterans. Help us in thanking each of them for their service!

Larry C.

Charles G.

John H.

Robert L.

James M.

Robert T.

Roy M.

Bill K.

Arnold S.

David H.

Lee T.

Thank you to those listed above, as well as all veterans and their spouses! We appreciate your service and sacrifice.

## Daylight Savings

Just a reminder that Daylight Savings is Sunday, November 1st. Remember to set back your clocks an hour. Please ask for help if needed. Enjoy your extra hour of sleep!

202 35th St. Dr. S.E.  
Cedar Rapids, IA



319.362.3630  
GarnettPlace.net

# Activities

## November Highlights

**November 1**  
Daylight Savings

**November 3**  
Election Day

**November 11**  
Veterans Day

**November 13**  
World Kindness Day

**November 14**  
Pickle Day

**November 26**  
Thanksgiving

**November 30**  
Cyber Monday

### Holiday Visits:

We understand the holidays are an important time to be around loved ones, and encourage families to schedule in person or virtual visits with their loved one at Garnett Place. We will not be able to accommodate in-person visits on Thanksgiving and Christmas Day as the Garnett Place office is closed. Please call us to arrange a holiday visit ahead of time on a day that we will be in the office during our standard weekday and weekend visit time frame. Drop offs can still be made the day of if necessary and will be delivered by the healthcare staff when they are available.

### Pet Care

Winter weather brings new challenges for our dog owners. Please be careful when going out. Look for slick spots, keep your emergency pendant on, and wear a warm coat. We put salt on the sidewalk, which can irritate paws. Make sure to have them (or help them) wipe their feet when they come in to reduce any issues. Please make sure you are cleaning up after your pet. We have doggie bags available at the front entrance and in the courtyard.

# Visiting Policy

## Indoor Visiting Policy

Effective immediately, resident visits may be permitted under these guidelines:

With the change in weather, we are entering a new phase of our protocol that will allow for indoor visits of loved ones. In an effort to continue to make Garnett Place a safe space for all residents and employees, testing or proof of testing will be strongly encouraged before visits.

Visits must be scheduled and in a designated area to limit cross contamination, allow for disinfection between visits and ensure each resident has equal opportunity to meet with loved ones. As a reminder, despite our best efforts visits may need to be suspended or delayed based on the county positivity rate and any active cases of COVID-19 within the Community. Whether you choose to test or not, personal protective equipment is still mandatory during a visit and a pre-visit symptom screen and questionnaire will be conducted.

Garnett Place appreciates your understanding as we continue to navigate the best courses of action during this pandemic. Please do not hesitate to reach out to us with any questions and we look forward to many happy reunions in the weeks and months to come.

**Monday - Friday: 9am - 3:30pm**  
**Saturday & Sunday: 10:30am - 1pm**

Please note that weekend times will fill up quickly. If you are interested in one of these times please schedule early. Visits will take place at the front entrance of the 202 building.

Appointments are limited to thirty minutes to allow us proper sanitizing time between parties. Please arrive on time to ensure maximum time with your loved one.

We cannot guarantee weekly visits at this time as we need to ensure all families are given the chance to see their loved ones.

When you make your appointment we will need your name and phone number. We are allowing only one visitor at a time.

### Fast Summary:

**Please Note—We will not be scheduling appointments on Holidays (this includes Thanksgiving and Christmas). Please plan early and schedule your holiday visit ahead of time so we can ensure all who want visitors can, and can be done safely.**  
Thank you.

### **BY APPOINTMENT ONLY**

**Monday - Friday:  
9am - 4pm**  
**Saturday & Sunday:  
10:30am - 1pm**

**Call:  
319-362-3630 to  
schedule your visit.**

**WALK—IN  
APPOINTMENTS WILL  
NOT BE ACCEPTED.**



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(319) 362-3630

## Community News

### Team Member Recognition

### Happy Birthday

Sue, Amanda

### COVID Guidelines

Under the requirements from the Iowa Public Health Department and Senior Housing Management, we will not be able to open Garnett Place to internal visitors until each of the following is applicable to our community:

1. 14 days past the last staff or resident positive.
2. Community wide testing.
3. A 14 day decline overall in positive COVID cases in Linn county.

Throughout this difficult time, our goal is to keep you informed and reassured of our efforts to keep everyone at Garnett Place safe and healthy. If you have any questions or concerns regarding the policies we have implemented, please call us at (319) 362-3630.



### Your Resident Council Representatives

We're here to represent you.

Elayne G.    Dave H.    Shirley J.    Carol S.    Robert T.



Visit us at [GarnettPlace.Net](http://GarnettPlace.Net) or  
[Facebook.com/GarnettPlace](https://www.facebook.com/GarnettPlace)

## Coordinator Greetings

### Holidays

**W**e are approaching the holiday season and I wanted to touch on the question everyone has as we have received some clarification. If you are going out with your family for the holidays, we are requiring a 14 day quarantine in your apartment. There will be no exceptions on this rule as we are now also in flu season and do not want to have illnesses in the community. I know it will be difficult to possibly not see your families for the holidays, but we are able to assist with virtual family get together if you would like to do so. Let me know if you have any questions on this guideline that has been set forth or any other questions you may have.

**Tanner Erwin,  
Assistant Manager**



### Welcome Home!

Cherie C.

Ardie F.



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# HappyGram



SEND FREE CARDS TO SENIOR LIVING COMMUNITIES  
**HappyGRAM!**

Looking for a way to connect with your loved one? Why not send them a HappyGram! This great new program allows you to design a card, for free, on their website. You can include a specialized note and photo on the card. Then HappyGram will send Garnett Place all of the cards the next day, we print them out and deliver them to your loved one! It's a great way to keep connected. All of the information filled out on the website is kept private and only used by

HappyGram or Garnett Place. It's a simple way to say "I'm thinking of you". Put a smile on their face today.

[HappyGram.org](http://HappyGram.org)

**Keep an eye out for an announcement regarding special holiday messages!**

Visit us at [GarnettPlace.Net](http://GarnettPlace.Net) or [Facebook.com/GarnettPlace](https://Facebook.com/GarnettPlace)



# Photos

## Steve the Scarecrow

Our residents had a great time putting our scarecrow together and decided to name him Steve.



## Senior Photos



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## Coordinator Greetings

### Flu Season

Once again the annual flu shot clinic has come and gone successfully. At this writing no one has had an adverse effect from any of the flu shots that were given, and that's a great thing. We are still taking major precautions due to the Covid 19 pandemic that is still plaguing our country. There has been much talk of vaccines that will be ready by the end of this year or first part of next year, but nothing definite has come down to us at this time. For the time being we will continue to take adequate precautions to keep all of our residents safe and well. Keep washing and sanitizing your hands, and always wear your masks.

**Lee Thoma, RN**  
**Health Care Coordinator**



### Welcome Home

In October, we welcomed Cherie C. and Ardie F. to the Garnett Place family. Help welcome our newest residents to the community by introducing yourself, inviting them to join an activity, or enjoying a meal together. Thank you, Cherie and Ardie, for choosing Garnett Place as your new home.

As a final note, I would like to remind everyone about the incentive we are offering to current residents. **From now through the end of 2020, refer a friend or loved one to Garnett Place, and receive \$2,000 off your rent 30 days after they move in.** Stop by my office to ask for details!

**Meg Harper,**  
**Community Relations Coordinator**



## Coordinator Greetings

### November Fun

The big question on everyone's minds has been, what will the holidays look like this year? Although things will be a little different, the Life Enrichment department promises to bring you a fun filled holiday season. We will celebrate in style with the Garnett family.

Another big question that has been the subject of conversation, bingo cards. There is no limit on how many bingo cards someone can play. We have plenty of extra cards. We only ask that you be able to keep up with the amount of cards you take. We trust that you know your limits.

If you are looking for Christmas Cards to send to your loved one and friends, please stop by our office. We have a whole drawer dedicated to Christmas cards for you.

Please make sure to be on time for programming and to wear your mask!  
Thank you,

**Kari Santos,**  
**CTRS**  
**Life Enrichment Coordinator**



### 2020

It is hard to believe that November is already here. With all of the crazy things that have happened this year, I think we can all agree that 2020 needs to come to a pleasant end. We are still working on repairs from damage due to the August storm, and I expect some of those repairs to last through the winter and into spring. Also, with the weather changing, please use caution when going outside as there may be slick spots from time to time.

**Chris Anderson,**  
**Maintenance Coordinator**



### November Menu

We are heading into November and the weather is getting cooler, so look for soups every once in a while. I would love to hear what soups you enjoy as well as meals you like, so we can continue to improve our menu.

The kids have been doing online schooling so far and its going well. It's a whole new experience, but they are managing it well. I hope you are enjoying the new menu.

**Jeremey Curl,**  
**Culinary Coordinator**



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## Hair Salon

Garnett Place is happy to announce we have a new beautician, Holly Young, who will be starting with us on Thursday, November 1<sup>st</sup>. Holly has almost 10 years of experience as a stylist, and five years of experience serving the senior population. She is looking forward to getting started and asks that you please make all appointments directly through her. Holly will be at Garnett Place on Thursdays and Fridays for appointments.

Please see below for her contact information and updated pricing for services. If you do not immediately get ahold of Holly when you call, please leave her a voicemail and she will get back to you as soon as she is able to.

**Holly Young: (319) 431-4814**

Haircut & Wash - \$18

Shampoo & Set - \$25

Haircut, Shampoo & Set - \$35

Perm - \$65

Color & Cut - \$45

Partial/Cap Highlight - \$40

Beard Trim - \$5

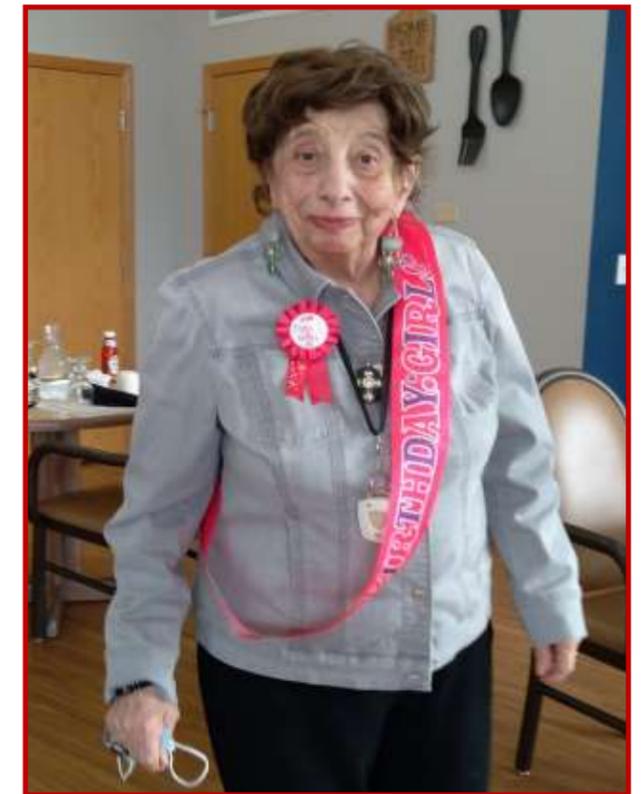
Facial Wax - \$10



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## Resident Spotlight

**9**oth birthdays are big news, and something worth celebrating! Our resident, Elizabeth turned 90 in October! Elizabeth's family decided to treat her and everyone at Garnett. They delivered a birthday cake, and the balloons and flowers lit up the dining room during lunch.



Everyone sang happy birthday. The residents put together a card and got everyone to sign it. We hope you had an amazing birthday Elizabeth. We are so happy Garnett Place is your home.



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