

## Resident and Family COVID Holiday Protocols

We consider each resident and staff member part of our Inspired family and continue to prioritize the well-being of both residents and associates. We understand that some families will want to take their loved ones out of the community for a visit during the holiday season. We want to work together for a safe plan for everyone involved. In an effort to mitigate the spread of COVID-19 we have outlined the below protocols as it relates to holiday outings and visitation.

- If you would like to request to take your loved one out of the community, we will ask you to complete a detailed questionnaire related to length of departure and travel plans. We kindly ask for at least a 48 hours' notice to the Executive Director or designee prior to signing out your loved one out of the community.
  - Day of departure you will be asked to sign a letter of commitment to your plans of travel; in addition the Inspired Living team will provide education on social distancing, hand hygiene, wearing masks, and avoiding large crowds.
- We will administer a rapid COVID-19 test prior to the resident's departure.
  - A medical provider's order will be required/obtained.
- Upon return to the community, resident will be quarantined to their apartment for up to 14 days.
  - Length of quarantine will be determined after risk assessment is completed.
    - Residents deemed low risk of exposure during outing will have the option to take a COVID-19 rapid test on day 5 of quarantine. If negative result resident will be permitted to end quarantine.
    - Those deemed high risk of exposure will remain quarantined for 14 days after their return to community.
    - If your loved one is unable to self-quarantine upon return to the community we strongly discourage signing them out during this uncertain times. If you choose to do so, we reserve the right to require one-on-one care at the cost of the resident/responsible party to ensure adherence to COVID policies and keep the remainder of our resident's safe.
- If any resident develops signs and symptoms of COVID-19, resident will be quarantined (or quarantine will continue), resident's medical provider will be consulted, and responsible party will be notified of next steps.

You might consider taking it easy and letting us provide your special holiday meal in your loved one's private apartment, (\$15/guest, maximum 2 guests: available times/dates at the discretion of the Executive Director). Additionally, outdoor/indoor options can be made available to meet your families wishes while allowing your loved one to stay on property to further mitigate risk of exposure. Please contact your Executive Director if you are interested in exploring this option.

We understand the additional stress COVID-19 has brought upon us this holiday season and look forward to partnering with you in keeping you, our residents and associates safe, happy, and healthy this holiday season.

Stay Safe and Be Well.