

Plan for Reopening Community

Alpharetta II

Reopening Plan Requirements - This plan to reopen includes thoughtful consideration of the following elements: testing plans to include baseline testing, outbreak testing and routine testing of symptomatic individuals, cohorting plans, screening protocol for all persons entering the building, a plan to ensure an adequate supply of PPE, staffing plans including contingency plans, plans to safely resume communal dining and activities, and a plan to allow for the safe visitation of residents within all applicable and appropriate guidelines.

Reopening Process: Upon completion of baseline testing, if there are no new cases of COVID 19 identified, the community can begin to enter Step 1. After entering Step 1, the community may then move to Step 2 after 14 consecutive days of no new community onset cases of COVID-19. From the date the community enters Step 2, if there is no new community onset of COVID-19 cases for 14 consecutive days, the community may move to Step 3. If at any time in any Step, new cases of COVID-19 are confirmed, the community will cease reopening, revert back to all restrictions in place prior to Step 1, execute all cohort and outbreak protocols and monitor until such time as there are no new community onset cases for 14 consecutive days. At that time, the community may reinstate Step 1. In addition, reopening may only occur when the County in which the community is located enters an opening phase and remains there. If at any time the County reverts to a phase that does not support reopening, reopening will cease, and the community will revert to restrictions in place prior to Step 1. The process of progressing and regressing between Steps will occur as mandated by State guidelines, and may be very fluid, based on the status of community COVID-19 cases and County reopening status. (See Attached table of *Georgia Long-Term Care Facilities Reopening Guidance*)

Baseline Testing Plan - All Residents and Staff who have not previously tested positive will be eligible to have a COVID-19 baseline test on or before August 31, 2020. Any Residents or Staff who have tested negative since June 12, 2020 can also be excluded from baseline testing. Baseline testing will be executed by a national lab. If there are any positives that surface during the Baseline testing the community will implement their cohorting strategies and remain under restrictions, per that state guidelines, for at least 14 days from the last positive test. (*Detailed Baseline Testing Procedure Available upon request*)

Ongoing Testing Plan . The national lab that is supporting baseline testing also has the capacity to provide 48-hour test results for ongoing testing of residents or staff who are showing symptoms of COVID 19. Testing materials are onsite and available to execute same day testing as needed. If there is an outbreak at the community, the same lab can provide support for widespread testing of all residents and staff. Nonessential staff and volunteers will be tested by the national lab using the inventory of testing material available at the community. (*Detailed Outbreak Testing Procedure Available upon request*)

Cohorting Plan – A resident that tests positive for COVID-19 (symptomatic or asymptomatic) will immediately be isolated to the appropriate Cohort when available or their private room. All direct care staff providing care to COVID-19 positive residents will be trained in CDC PPE guidelines. Appropriate PPE (per CDC guidelines) will be worn during any interaction/care of the resident. To the extent possible, a designated “COVID” team will provide care to any COVID positive residents limiting contact with COVID negative residents. Community will follow CDC guidelines for COVID-19 positive recovery before moving resident out of positive cohort. If a Resident refuses to undergo Covid-19 testing, the Community will treat the resident as a Person Under Investigation make a notation in the resident’s chart notify any authorized family member or legal representative of the decision cohort the resident for the required 14-day quarantine period per CDC guidelines for a Person Under Investigations and continue to check temperature of resident daily. *(Detailed Cohorting Procedure Available upon request)*

Staffing Plan - Staff that refuse to be tested or refuse to allow the results to be provided to the community may not report to work until such time they agree to sign the release and have the test. Asymptomatic staff will continue to report to work awaiting the test results. Symptomatic staff will not report to work and will follow the Community Employee Exposure Guidelines. If the community has staffing challenges that need to be addressed due to the a COVID 19 outbreak among staff, all Managers will be trained to provide care and necessary care needs will be prioritized to Medication Management, Meals, Toileting per the ***Strategies to Mitigate Healthcare Personnel Staffing Shortages*** published by the CDC ***April 13, 2020***. Agreements are in place for additional per diem contract staffing if the need arises. *(Detailed Community Employee Exposure Guidelines available upon request)*

Personal Protective Equipment (PPE) Plan – Current PPE inventory at the community includes Gloves, Gowns, N95 Masks, Surgical Masks, Face Shields, Goggles and Sanitizer. Inventory reviewed weekly and appropriate supply levels maintained with weekly replenishment from centralized stock maintained by Management Company. All staff are trained in the proper use, donning and doffing of PPE. *(Detailed Personal Protective Equipment Guidelines available upon request)*

Infection Control Screening Plan – The community has a formal screening process at the front desk for all staff entering the community. All staff have temperatures checked and must answer screening questions when they report to work. Any staff with a temperature of over **100 degrees** Fahrenheit or symptoms of any illness are sent home and are not allowed to return to work until the symptoms or fever have resolved. When staff are working in the community, they are required to wear surgical masks or N95 masks if working with positive COVID residents per the community cohorting plan. Residents are monitored daily with wellness checks that include screening for any signs and symptoms associated with COVID 19 including daily temperature checks. Residents are educated on proper hand hygiene, including using hand sanitizer and encouraged to wear surgical masks when out of their room. The only visitors allowed in the

community are essential personnel who are medically necessary (physicians, hospice, therapy). These visitors must follow the same screening process at the front desk of the community which includes answering screening questions and having their temperature checked. They will not be allowed in the community if they don't meet the screening criteria. (*Detailed Infection Control Manual available upon request*)

Communal Dining Plan – As a result of the COVID 19 pandemic, the community implemented a policy of in room dining only for residents. For residents who were identified *at-risk for choking or aspiration* who may cough and create droplets, meals were provided in their rooms with assistance. If meals could not be provided in their rooms, the residents were fed in the common area dining room taking appropriate precautions to allow for social distancing, staff wearing appropriate PPE and disinfecting of area after dining. Staff will also take appropriate precautions with eye protection and gowns when feeding the resident population at high-risk for choking. As the community enters Step 1 of reopening, we will implement a dining plan that ensures safe social distancing at all tables between residents. This will require multiple seating times with staggered hours for dining in the main dining room. All dining staff will always follow the proper infection control measures including wearing masks and gloves and sanitizing the tables and chairs after each seating. (*Detailed Communal Dining Reopening Procedure available upon request*)

Activities Plan – Resident activities will be restricted to specific activity areas that will be set up to ensure social distancing can be maintained. In Step 1 of reopening, resident activities will be limited to no more than 5 residents at a time. Programs will include, exercise classes, arts and crafts classes, cognitive programming and other outdoor activities weather permitting. All residents will be required to wear a mask during activities and maintain social distancing. Resident outings not medical in nature are only allowed in Step 3 and will be scheduled for locations that can be monitored to ensure social distancing (preferably outdoor spaces). The bus transporting residents will only carry the number of residents that can be safely socially distanced in the existing seating configuration.

Visitation Plan –the community is currently not allowing visitors other than medically essential personnel defined above (physicians, hospice, therapy). The community is supporting connections between residents and family/friends with video conferencing technology including FaceTime and Zoom calls. This policy will not change in Step 1 of reopening. When the community enters into Step 2, the community will allow outdoor visitation by appointment only. Outdoor visitation will occur in designated areas only. All visitors must check in at the front desk before their appointment to have their temperature checked and to answer the screening questions. Visitors who do not pass the screening process will not be allowed to visit the resident that day. During approved visits, all residents and visitors must wear masks at all times and maintain social distancing. Staff will sanitize the visiting area after each visit. No indoor visitation will be allowed during Step 2. When the community enters into Step 3, we will allow appointment only indoor visitation, in addition to outdoor visitation, in neutral areas within the community that

are designated in advance by the community. All the same infection control procedures used for outdoor visitation will be implemented for indoor visitation. For those residents unable to be transported to the designated indoor visitation area, the community will work with each family to determine the need to visit the resident within their room. If this option is approved by the community, the resident and visitor must go through the same screening process used for other visitors. The community will only allow 2 visitors in room at a time due to space constraints. All visitors must always wear PPE when in the community for a visit. The visitors will be escorted to and from the resident room by a staff member and will not be allowed to linger in the common areas of the community. *(Detailed Visitation Procedure available upon request)*

Non-Essential Personnel Plan – non-essential personnel (contractors, barbers and other salon services) are currently not allowed in the community. This policy will not change in Step 1 of reopening. When the community enters Step 2 and 3, the community will allow non-essential personnel in the community on an as needed basis. When entering the community, they must check in at the front desk to have their temperature checked and to answer the screening questions. Non-essential personnel who do not pass the screening process will not be allowed to enter into the community that day. For barbers and those providing salon services, they must follow the Salon Infection Control Procedures established by the community. *(Detailed Salon Infection Control Procedure available upon request)*

Volunteer Plan – Volunteers are currently not allowed in the community. This policy will not change in Step 1 and Step 2 of reopening. When the community enters into Step 3, the community will allow volunteers only to assist with indoor and outdoor visitation on an as needed basis. They must check in at the front desk to have their temperature checked and to answer the screening questions. Volunteers who do not pass the screening process will not be allowed to assist at the community that day.

Georgia Long-Term Care Facilities Reopening Guidance

	Step 1	Step 2	Step 3
Dining¹	<ul style="list-style-type: none"> • <u>Communal dining limited to residents not exhibiting any signs and symptoms and only if the community has completed baseline testing and is without any new community onset COVID-19 cases for 14-days.</u> The Mansions at Alpharetta Assisted Living and Memory Care will offer 1 communal meal, over 2 (two) seating times, Monday through Sunday when the community enters Step 2 of the reopening process on or around October 27, 2020. Seating times are 11.30am and 12.30pm. The dining room will be rearranged to accommodate 18-22 residents safely and in accordance with CDC Guidelines. Depending on the success of returning to communal dining, the community will enter in to Step 3 of the reopening process on or around November 13, 2020. In Step 3, residents can have all 3 meals in the dining room Monday through Friday. The community will offer two (2) seating times for each meal: 7:45am and 8:45am for Breakfast, 11:30am and 12:30pm for Lunch and 4:45pm and 5:45pm for dinner. The community will offer communal dining seven (7) days a week once staff are comfortable with the process, but no later than January 4, 2021. Residents may eat in the same room with social distancing (limited number of people at tables spaced at least 6 feet apart. • Limited number of individuals in a dining area at one time, not to exceed 50 percent of capacity unless that would be less than 10 people. Community reserves the right to schedule multiple seating times. • If staff assistance is required, appropriate hand hygiene must occur between residents. Appropriate PPE must be used. • All tables, chairs and dining area to be cleaned and disinfected after each use. 		
Activities	<p>Limited activities may be conducted with <i>no more than five</i> residents unexposed to COVID-19. Activities may also occur in doorways and/or hallways directly in front of resident apartments. Social distancing, hand hygiene, and universal masking are required. Food and beverages not allowed in group activities.</p>	<p>Limited activities may be conducted with <i>no more than ten (10)</i> residents unexposed to COVID-19. Activities where an item or object is shared, such as a ball or beanbag, will not occur. Social distancing, hand hygiene, and universal masking are required. Food and beverages not allowed in group activities.</p>	<p>Activities may be conducted with residents unexposed to COVID-19. No more than fifteen (15) residents can participate in an activity in this step. Exceptions will be made if the activity/event is held outdoors and the space can safely accommodate a larger number of residents. Social distancing, hand hygiene, and universal masking are required. Food and beverages not allowed in group activities.</p>

<p>Non-Essential Personnel</p>	<p>Restricted entry of non-essential personnel.</p>	<p>Non-essential personnel are allowed as determined necessary by the facility, with screening and additional precautions including social distancing, hand hygiene, and universal masking. Services for exposed residents adhere to the restrictions in Section 4, Visitor Policies When Not In the Reopening Process</p>	<p>Non-essential personnel are allowed with screening and additional precautions including social distancing, hand hygiene, and universal masking. Barber and hair stylist services are permitted for residents unexposed to COVID19, at the facility's discretion. Facility must establish protocols in the Implementation Plan for barber or hair stylists including PPE and ensuring six feet between residents receiving services. Services for all other residents adhere to the restrictions in Section 4, Visitor Policies when not in the Reopening Process.</p>
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¹Communal dining is the same for all steps of reopening.

	Step 1	Step 2	Step 3
Volunteers	Use of volunteers not allowed.	Use of volunteers not allowed.	Volunteers are allowed but may only conduct volunteer activities with residents unexposed to COVID-19. Screening, social distancing, and additional precautions including hand hygiene and universal masking are required.
Visitors	Restricted entry of visitors unless visits are at end of life and/or compassionate care visitation. Residents eligible for Compassionate Care visits will be identified by the RCD and Wellness Nurse. A physician must determine if a resident's decline or change in condition is associated with isolation. The Resident Service Plan will be updated to include the need for Compassionate Care visits.	Outdoor visitation (weather permitting) is allowed in neutral zones to be designated by the facility. Visitation is limited to residents unexposed to COVID-19. Screening and additional precautions including hand hygiene and universal masking are required. Space between visitor(s) and resident (and other groups of visitors/resident) must be at least six feet. Visitation time is scheduled, and facility determines appropriate number of visitors to meet visitation requirements. Visitation is not permitted during mealtimes Review Section 6e for additional requirements. Visitation for exposed residents adhere to the restrictions in Section 4, Visitor Policies Not Impacted by the Reopening Process.	Indoor visitation is allowed in the conference room directly off the main foyer or in the seating area in the front lobby. Visitation is limited to residents unexposed to COVID-19. Screening and additional precautions including hand hygiene and universal masking are required. Space between visitor(s) and resident (and other groups of visitors/resident) must be at least six feet. Designated visitation rooms will be cleaned and disinfected after each visit. Visitation time is scheduled, and facility determines appropriate number of visitors to meet visitation requirements. Visitation is not permitted during mealtimes. Cross-over visitation is only permitted if there is no new facility onset of COVID-19 in the facility in which the cross-over visitor resides. Visitation for all other residents adhere to the restrictions in Section 4, Visitor Policies Not Impacted by the Reopening Process.

² Outdoor visitation protocols could include scheduling of visits, transporting (but not lifting) residents and monitoring visitation.

	Step 1	Step 2	Step 3
Outings	Outings limited to necessary medical appointments.	Outings limited to necessary medical appointments.	Outings are allowed only for residents unexposed to COVID-19. Outings limited to no more than the number of people where social distancing between residents can be maintained. (7 residents on the bus maximum). Appropriate hand hygiene, and universal masking are required. Outings for all other residents adhere to the restrictions in Section 4, Visitor Policies Not Impacted by the Reopening Process