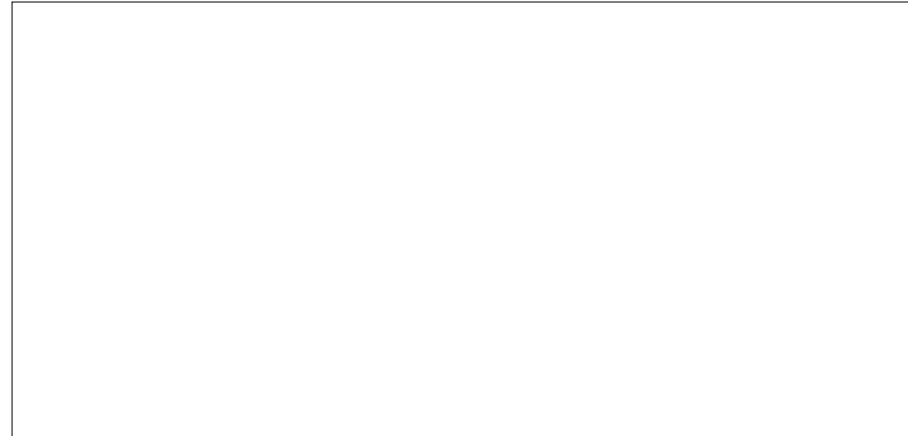




6135 E Street
Springfield, OR 97478

Stamp



Administrative Team:

Executive Director: Brandy Harris
Wellness Nurse: Michael Sherwood
Wellness Director: Samantha Dascher
Business Office Director: Kevin Conradson
Dining Services Director: Mike Madrigal
Maintenance Director: Sean Miller
Life Enrichment Director: Cheri Demarest

Connect:

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Our mission is to create and sustain comfortable, caring environments for those who depend on us.

Sweetbriar Villa Bulletin

November 2020 Newsletter



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The History & Significance of Veterans Day

With great gratitude, on November 11th, U.S. citizens will honor those who have bravely served our country on what is known as Veterans Day.

The day is a U.S. holiday that honors veterans of all wars. Its history has not been without changes, though!

In 1918, during World War I, on the 11th hour of the 11th day of the 11th month, hostilities ended between the Allied nations and Germany—on “Armistice Day.” The Treaty of Versailles, which marked the end of the war, was signed on June 28, 1919, but the armistice date was the one most people considered the conflict’s end.

In November of 1919, Armistice Day was observed by many countries with parades, public celebrations, and pauses to business and school activities at 11 am.

Then, in June of 1926, Congress passed a resolution saying November 11 should be commemorated yearly. As of May 13,

1938, Armistice Day was a legal Federal holiday. Changes would still occur though.

During World War II, more than 16 million Americans served in the Army, Air Force, Marines, and Navy.

Another 5.7 million served in the Korean War. Thus, Veteran’s service organizations lobbied for the words “Veterans Day” to replace Armistice Day in honor of the American veterans of *all* wars. In 1954, President Dwight D. Eisenhower signed legislation for the name to be changed.

The day would still see some changes!

As of 1971, Veterans

Day was moved to the fourth Monday in October when Congress passed a Uniform Holidays Bill to make Monday “the” day for federal holidays. But in 1978, due to many states’ confusion and disapproval over the change, the holiday was moved back to its original observance date.

Since then, Veterans Day continues to be observed on November 11th. That day, and throughout the year, we thank all who have served for our great nation.



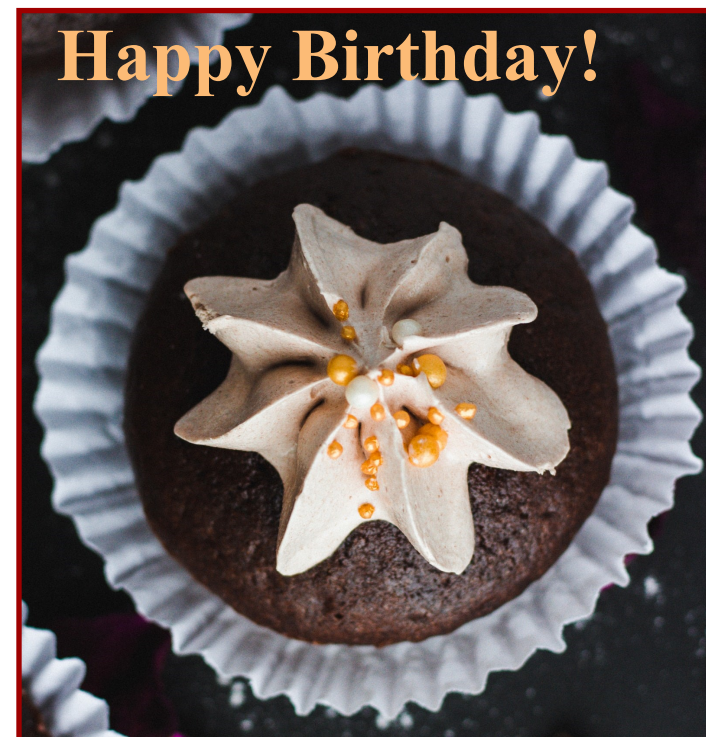
What is the difference between Veterans Day and Memorial Day? Memorial Day, in May, is dedicated to Americans who have served and who passed away during (or as a result of) serving. Veterans Day honors all Veterans, alive and who have passed.

Special Moments



Happy Veterans Day on Nov. 11th

Happy Birthday!



Mary: Nov. 7
Don: Nov. 11
Gloria: Nov. 15

Mikey: Nov. 18
Sean: Nov. 20
Geneva: Nov. 26

- Those born in November are Scorpios (Oct. 23-Nov. 21) or Sagittarius (Nov. 22-Dec 21.)
- Their birthstone is topaz or citrine.
- Their birth flower is the Chrysanthemum which is said to bring happiness and laughter to the home!

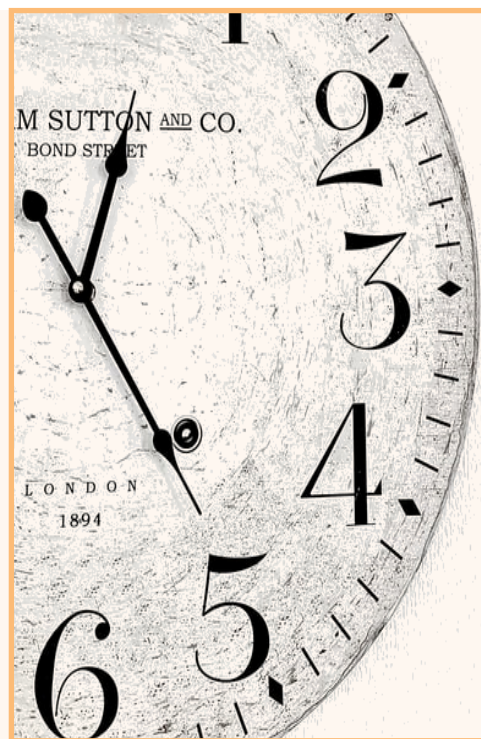
November 2020 Highlights

November observes Alzheimer's Disease Month, Diabetes Month, Gratitude Month, and Native American Heritage Month. It celebrates such foods as: banana pudding, raisin bread, and peanut butter. It is Novel Writing Month so it's a great time to work on writing!

- | | |
|---|--|
| 01 Calzone Day; Cinnamon Day | 16 Button Day; Fast Food Day |
| 02 Deviled Egg Day; Ohio Day | 17 Baklava Day; Take a Hike Day |
| 03 Housewife Day; Sandwich Day | 18 Princess Day; Mickey Mouse Birthday |
| 04 Candy Day; Stress Awareness Day | 19 Play Monopoly Day |
| 05 Donut Day; Men Make Dinner Day | 20 Peanut Butter Fudge Day |
| 06 Jersey Friday; Nachos Day | 21 Gingerbread Cookie Day; Stuffing Day |
| 07 Bittersweet Chocolate w/ Almond Day | 22 Cranberry Relish Day |
| 08 Cappuccino Day | 23 Espresso Day; Cranberry Day |
| 09 Scrapple Day; Louisiana Day | 24 Sardines Day |
| 10 Marines Bday; Vanilla Cupcake Day | 25 Parfait Day; Jukebox Day |
| 11 Sundae Day; Veterans Day | 26 Cake Day; Thanksgiving Day |
| 12 French Dip Day; Chicken Soup Day | 27 Native American Heritage Day |
| 13 World Kindness Day; Indian Pudding Day | 28 French Toast Day; Small Business Sat. |
| 14 Pickle Day; Family PJ Day; Guac Day | 29 Electronic Greetings Day |
| 15 Philanthropy Day; Raisin Bran Day | 30 Mousse Day; Mason Jar Day |

Regarding Covid-19:

Safety and comfort of our residents and staff remains our number one priority during the Coronavirus cases that have happened nationwide. It is important to communicate our plans to mitigate risk in our community. We are following mandated health guidelines. Please note that all activities are subject to cancellation per current mandated health guidelines. To read a full list of measures taken, and our current visitor policy, please visit our website.



Daylight Savings Time Ends! On Sunday, November 1st, at 1 AM, turn your clocks back one hour. Enjoy more light in the morning.



RESIDENT SPOTLIGHT: Dorothy

Our resident spotlight this month shines on Dorothy!

Dorothy has been a big part of Sweetbriar Villa for many years now, and such a bright light at our facility!

Dorothy is from Rushville, Nebraska, which was named after her relatives!

Dorothy is a mother, grandmother, and a great grandmother. She was a nurse, and loves to learn.

Dorothy is hilarious, full of life and love, and finds joys in the small things. She is very quick witted, and makes everyone feel loved. She has an eye for crafting, and passed it down to her daughter Renee.

We are so happy and truly blessed to have her as part of our Sweetbriar family!



STAFF SPOTLIGHT: Destiny

Our staff spotlight for November shines on Destiny.

Destiny started with us as a caregiver, and recently became a med tech.

Destiny has been an amazing and important addition to our SBV team. She is efficient, dependable, always willing to help, and driven. Destiny is great with residents, outgoing, and always making her coworkers laugh. During our evacuation, she was more than happy to travel to Salem for our residents.

Destiny graduated from high school in 2019, and became a caregiver so she could get into the health care field.

Destiny has a bright future, and we're excited she has decided to be part of our Sweetbriar family!

SUN	MON	TUE	WED	THU	FRI	SAT
1 9:30 HAIR WITH TRACY 10:30 SUNDAY SERVICE 11:30 1:1 DEVELOPMENT 2:00 IN2L TIME 3:30 BINGO	2 10:00 MANICURES 11:15 FITNESS TIME 11:30 1:1 DEVELOPMENT 2:00 MATINEE 3:30 BINGO	3 10:00 1:1 DEVELOPMENT 10:45 BALLOON GAME 11:15 TRAVEL TUESDAY 2:00 FOOD COMMITTEE 2:30 RESIDENT COUNCIL 3:30 BINGO	4 10:00 MATINEE 11:30 1:1 DEVELOPMENT 1:00 1:1 DEVELOPMENT MC 2:00 IN2L GAMES 3:30 BINGO	5 DONUT DAY 10:00 1:1 DEVELOPMENT 10:45 BALLOON GAME 11:15 IN2L FUN 2:15 GAMES 3:30 BINGO	6 JERSEY FRIDAY 10:00 1:1 DEVELOPMENT 10:45 BALLOON GAME 11:15 IN2L FUN 2:30 BINGO 3:30 FRIDAY TREAT CART	7 10:30 FITNESS 10:45 BALLOON GAME 11:15 DAILY DEVOTIONAL 11:30 1:1 DEVELOPMENT 2:15 IN2L FUN 3:00 CREATIVITY ZONE
8 9:30 HAIR WITH TRACY 10:30 SUNDAY SERVICE 11:30 1:1 DEVELOPMENT 2:00 IN2L TIME 3:30 BINGO	9 10:00 MANICURES 11:15 FITNESS TIME 11:30 1:1 DEVELOPMENT 2:00 MATINEE 3:30 BINGO	10 VANILLA CUPCAKE DAY 10:00 1:1 DEVELOPMENT 10:45 BALLOON GAME 11:15 IN2L TRAVEL 2:30 BIRTHDAY SOCIAL 3:30 BINGO	11 VETERAN’S DAY 10:00 MATINEE 11:30 1:1 DEVELOPMENT 1:00 1:1 DEVELOPMENT MC 2:00 IN2L VETERANS DAY 2:45 VETERANS DAY THANK YOU 3:30 BINGO	12 10:00 1:1 DEVELOPMENT 10:45 BALLOON GAME 11:15 IN2L FUN 2:00 VINO AND VANGO PAINTING SOCIAL WITH KAYLA	13 10:00 1:1 DEVELOPMENT 10:45 BALLOON GAME 11:15 IN2L FUN 2:30 BINGO 3:30 FRIDAY TREAT CART	14 FAMILY PAJAMA DAY 10:30 FITNESS 10:45 BALLOON GAME 11:15 DAILY DEVOTIONAL 11:30 1:1 DEVELOPMENT 2:15 IN2L FUN 3:00 CREATIVITY ZONE
15 9:30 HAIR WITH TRACY 10:30 SUNDAY SERVICE 11:30 1:1 DEVELOPMENT 2:00 IN2L TIME 3:30 BINGO	16 10:00 MANICURES 11:15 FITNESS TIME 11:30 1:1 DEVELOPMENT 2:00 MATINEE 3:30 BINGO	17 10:00 1:1 DEVELOPMENT 10:45 BALLOON GAME 11:15 IN2L TRAVEL 2:30 TEAS DAY 3:30 BINGO	18 MICKEY MOUSE BIRTHDAY 10:00 MATINEE 11:30 1:1 DEVELOPMENT 1:00 1:1 DEVELOPMENT MC 2:00 MICKEY MOUSE SOCIAL 3:30 BINGO	19 10:00 1:1 DEVELOPMENT 10:45 BALLOON GAME 11:15 IN2L FUN 2:15 GAMES 3:30 BINGO	20 10:00 1:1 DEVELOPMENT 10:45 BALLOON GAME 11:15 IN2L FUN 2:30 BINGO 3:30 FRIDAY TREAT CART	21 10:30 FITNESS 10:45 BALLOON GAME 11:15 DAILY DEVOTIONAL 11:30 1:1 DEVELOPMENT 2:15 IN2L FUN 3:00 CREATIVITY ZONE
22 9:30 HAIR WITH TRACY 10:30 SUNDAY SERVICE 11:30 1:1 DEVELOPMENT 2:00 IN2L TIME 3:30 BINGO	23 10:00 MANICURES 11:15 FITNESS TIME 11:30 1:1 DEVELOPMENT 2:00 MATINEE 3:30 BINGO	24 10:00 1:1 DEVELOPMENT 10:45 BALLOON GAME 11:15 IN2L TRAVEL 2:30 TEAS DAY 3:30 BINGO	25 10:00 MATINEE 11:30 1:1 DEVELOPMENT 1:00 1:1 DEVELOPMENT MC 2:00 ALL STAFF MEETING 3:30 BINGO	26 THANKSGIVING DAY 11:00 FAMILY CONNECTION 12:30 THANKSGIVING DINNER 24/7- GAMING / ACTIVITY CORNER & IN2L PLAY	27 CHRISTMAS COLORS DAY 10:00 1:1 DEVELOPMENT 10:45 BALLOON GAME 11:15 IN2L FUN 2:30 BINGO 3:30 FRIDAY TREAT CART	28 10:30 FITNESS 10:45 BALLOON GAME 11:15 DAILY DEVOTIONAL 11:30 1:1 DEVELOPMENT 2:15 IN2L FUN 3:00 SCRAPBOOK CLUB
29 9:30 HAIR WITH TRACY 10:30 SUNDAY SERVICE 11:30 1:1 DEVELOPMENT 2:00 IN2L TIME 3:30 BINGO	30 MOUSSE DAY 10:00 MANICURES 11:15 FITNESS TIME 11:30 1:1 DEVELOPMENT 2:00 MATINEE 3:30 BINGO		<u>DAILY ACTIVITIES (MC):</u> 9:00A.M. DAILY READING 9:30 A.M. ACTIVITY BOXES 11:00 A.M. MANICURES 1:00 P.M. ADULT COLORING	<u>DAILY ACTIVITIES (AL) :</u> 11:00 FAMILY CONNECTION 24/7- GAMING / ACTIVITY CORNER & IN2L PLAY	<u>NOVEMBER BIRTHDAYS</u> MARY—NOVEMBER 7TH DON—NOVEMBER 11TH GLORIA—NOVEMBER 15TH MIKE G—NOVEMBER 18TH SEAN—NOVEMBER 20TH GENEVA—NOVEMBER 26TH	All activities subject to change per mandated health guidelines.