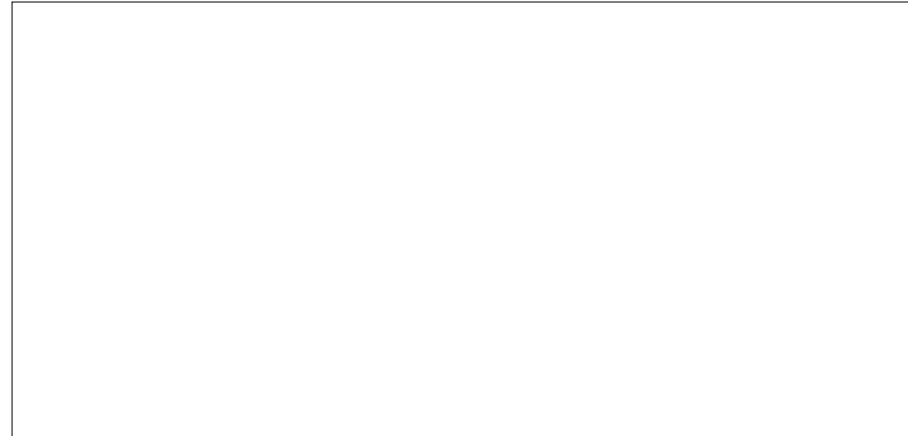




1530 Poplar Dr.  
Medford, OR 97504

Stamp



### Administrative Team:

Executive Director: Diana Rushing  
Community Relations Dir.: Kelly Carey  
Wellness Director: Chelsea Terrill  
Wellness Director: Sheila Vadney  
Wellness Nurse: Jenn Daughtery  
Business Office Dir.: Jennifer Tessen  
Dining Services Dir.: Margaret Tepovac  
Maintenance Director: Kim Williams  
Life Enrichment Director: Dawn Rand

Connect:  
541-770-9080

[info-medford@farmingtonsquare.com](mailto:info-medford@farmingtonsquare.com)  
[www.farmingtonsquare-medford.com](http://www.farmingtonsquare-medford.com)

Our mission is to create and  
sustain comfortable, caring  
environments for those  
who depend on us.

# The Farmington Times

November 2020 Newsletter



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3 Team & Resident Spotlight  
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6 Highlights, Notes, Daylight Savings  
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# The History & Significance of Veterans Day

With great gratitude, on November 11th, U.S. citizens will honor those who have bravely served our country on what is known as Veterans Day.

The day is a U.S. holiday that honors veterans of all wars. Its history has not been without changes, though!

In 1918, during World War I, on the 11th hour of the 11th day of the 11th month, hostilities ended between the Allied nations and Germany—on “Armistice Day.” The Treaty of Versailles, which marked the end of the war, was signed on June 28, 1919, but the armistice date was the one most people considered the conflict’s end.

In November of 1919, Armistice Day was observed by many countries with parades, public celebrations, and pauses to business and school activities at 11 am.

Then, in June of 1926, Congress passed a resolution saying November 11 should be commemorated yearly. As of May 13,

1938, Armistice Day was a legal Federal holiday. Changes would still occur though.

During World War II, more than 16 million Americans served in the Army, Air Force,

Marines, and Navy. Another 5.7 million served in the Korean War. Thus, Veteran’s service organizations lobbied for the words “Veterans Day” to replace Armistice Day in honor of the American veterans of *all* wars. In 1954, President Dwight D. Eisenhower signed legislation for the name to be changed.

The day would still see some changes! As of 1971, Veterans

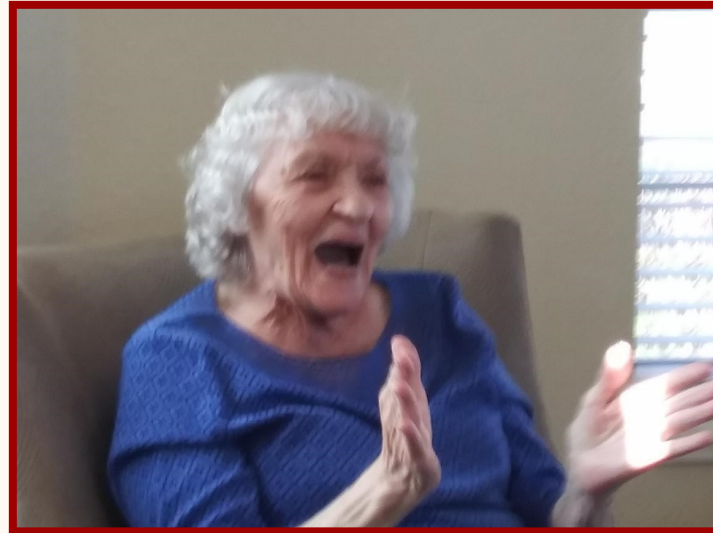
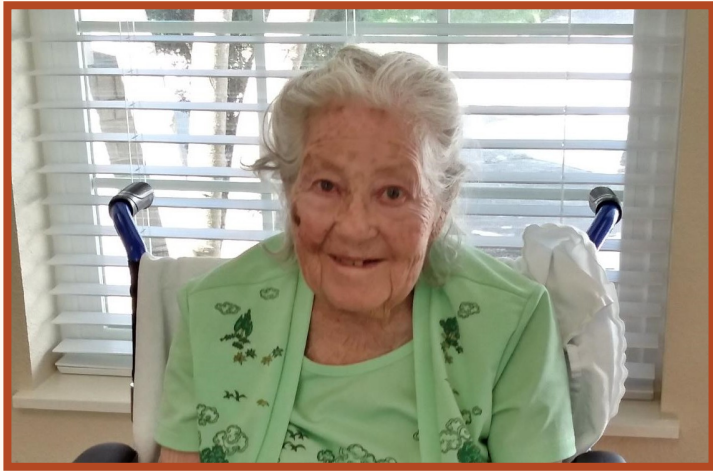
Day was moved to the fourth Monday in October when Congress passed a Uniform Holidays Bill to make Monday “the” day for federal holidays. But in 1978, due to many states’ confusion and disapproval over the change, the holiday was moved back to its original observance date.

Since then, Veterans Day continues to be observed on November 11th. That day, and throughout the year, we thank all who have served for our great nation.



**What is the difference between Veterans Day and Memorial Day?** Memorial Day, in May, is dedicated to Americans who have served and who passed away during (or as a result of) serving. Veterans Day honors all Veterans, alive and who have passed.

# Special Moments



# Happy Birthday!



- |                    |                   |
|--------------------|-------------------|
| Karen M: Nov. 1    | Miriam B: Nov. 20 |
| Kim P: Nov. 3      | Laurie B: Nov. 20 |
| Doris S: Nov. 5    | Norma H: Nov. 20  |
| Kylie M: Nov. 5    | Chloe M: Nov. 21  |
| Lori G: Nov. 11    | Val M: Nov. 26    |
| Juanita G: Nov. 14 | Teresa M: Nov. 29 |

- Those born in November are Scorpios (Oct. 23-Nov. 21) or Sagittarius (Nov. 22-Dec 21.)
- Their birthstone is topaz or citrine.
- Their birth flower is the Chrysanthemum which is said to bring happiness and laughter to the home!



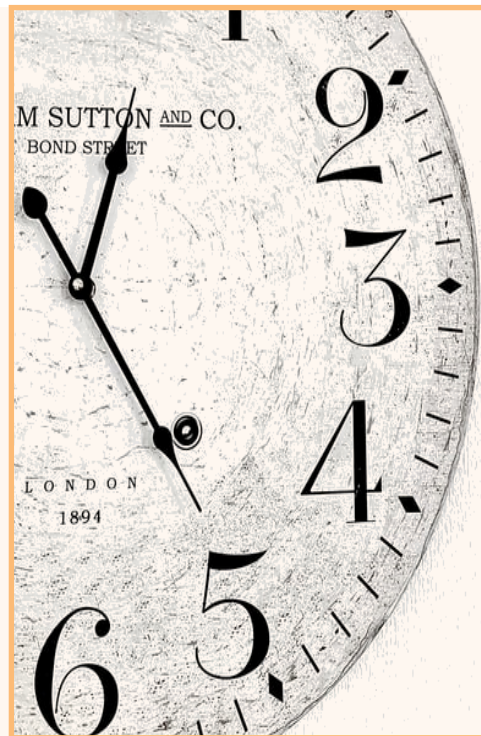
# November 2020 Highlights

November observes Alzheimer's Disease Month, Diabetes Month, Gratitude Month, and Native American Heritage Month. It celebrates such foods as: banana pudding, raisin bread, and peanut butter. It is Novel Writing Month so it's a great time to work on writing!

- |   |  |
|---|--|
| 01 Calzone Day; Cinnamon Day              | 16 Button Day; Fast Food Day             |
| 02 Deviled Egg Day; Ohio Day              | 17 Baklava Day; Take a Hike Day          |
| 03 Housewife Day; Sandwich Day            | 18 Princess Day; Mickey Mouse Birthday   |
| 04 Candy Day; Stress Awareness Day        | 19 Play Monopoly Day                     |
| 05 Donut Day; Men Make Dinner Day         | 20 Peanut Butter Fudge Day               |
| 06 Jersey Friday; Nachos Day              | 21 Gingerbread Cookie Day; Stuffing Day  |
| 07 Bittersweet Chocolate w/ Almond Day    | 22 Cranberry Relish Day                  |
| 08 Cappuccino Day                         | 23 Espresso Day; Cranberry Day           |
| 09 Scrapple Day; Louisiana Day            | 24 Sardines Day                          |
| 10 Marines Bday; Vanilla Cupcake Day      | 25 Parfait Day; Jukebox Day              |
| 11 Sundae Day; Veterans Day               | 26 Cake Day; Thanksgiving Day            |
| 12 French Dip Day; Chicken Soup Day       | 27 Native American Heritage Day          |
| 13 World Kindness Day; Indian Pudding Day | 28 French Toast Day; Small Business Sat. |
| 14 Pickle Day; Family PJ Day; Guac Day    | 29 Electronic Greetings Day              |
| 15 Philanthropy Day; Raisin Bran Day      | 30 Mousse Day; Mason Jar Day             |

## Regarding Covid-19:

Safety and comfort of our residents and staff remains our number one priority during the Coronavirus cases that have happened nationwide. It is important to communicate our plans to mitigate risk in our community. We are following mandated health guidelines. Please note that all activities are subject to cancellation per current mandated health guidelines. To read a full list of measures taken, and our current visitor policy, please visit our website.



**Daylight Savings Time Ends!** On Sunday, November 1st, at 1 AM, turn your clocks back one hour. Enjoy more light in the morning.



## RESIDENT SPOTLIGHT:

**Lester**

Meet Lester! Lester has made Farmington Square his home for about five years. Before retirement Lester worked in the mining, logging and farming business.

Lester enjoys watching westerns and sports on his TV. Occasionally Lester enjoys going for walks and going to Dairy Queen.

We are glad that Lester calls Farmington Square home!



## STAFF SPOTLIGHT:

**Brandi**

Meet Brandi! Brandi has worked in the caregiving / Med tech field for fifteen years. However she has made the transition to Activities and she really enjoys spending one on one time with the residents and getting to know the residents better.

On Brandi's days off she enjoys camping and traveling with her husband and three children.



# NOVEMBER

Farmington Square • A / B • 1530 Poplar Drive Medford, OR 97504 • 541-770-9080

SUN	MON	TUE	WED	THU	FRI	SAT
<b>1</b> 9:30 Beautiful You (A) 10:30 Snacktivity 10:50 Beautiful You (B) 12:00 Fit Club (A) 1:15 Fit Club (B) 2:00 Sunday Matinee / One on One 3:30 Church / Hymns (A) 4:15 Church / Hymns (B)	<b>2</b> 9:30 Beautiful You 10:30 Snacktivity 11:00 Fit Club 12:00 Reading Circle 2:00 Sm. Group Activity 2:30 Snacktivity 3:00 Karaoke 4:15 One on One 5:00 Music Appreciation	<b>3</b> 9:30 Beautiful You 10:30 Snacktivity 11:00 Fit Club 12:00 Reading Circle 2:00 Sm. Group Activity 2:30 Snacktivity 3:00 Bowling 4:15 One on One 5:00 Music Appreciation	<b>4</b> 9:30 Beautiful You 10:30 Snacktivity 11:00 Fit Club 12:00 Reading Circle 2:00 Sm. Group Activity 2:30 Snacktivity 3:00 Fancy Fingers 4:15 One on One 5:00 Music Appreciation	<b>5</b> 9:30 Beautiful You 10:30 Snacktivity 11:00 Fit Club 12:00 Reading Circle 2:00 Sm. Group Activity 2:30 Snacktivity 3:00 Magazine Club 4:15 One on One 5:00 Music Appreciation	<b>6</b> 9:30 Beautiful You 10:30 Snacktivity 11:00 Fit Club 12:00 Reading Circle 2:00 Sm. Group Activity 2:30 Snacktivity 3:00 Painting 4:15 One on One 5:00 Music Appreciation	<b>7</b> 9:30 Beautiful You (A) 10:30 Snacktivity 11:00 Beautiful You (B) 12:00 Fit Club (A) 1:00 Fit Club (B) 1:30 Sensory Activity (A) 2:15 Sensory Activity (B) 3:30 IN2L Activities 5:00 Music Appreciation
<b>8</b> 9:30 Beautiful You (A) 10:30 Snacktivity 10:50 Beautiful You (B) 12:00 Fit Club (A) 1:15 Fit Club (B) 2:00 Sunday Matinee / One on One 3:30 Church / Hymns (A) 4:15 Church / Hymns (B)	<b>9</b> 9:30 Beautiful You 10:30 Snacktivity 11:00 Fit Club 12:00 Reading Circle 2:00 Sm. Group Activity 2:30 Snacktivity 3:00 Sing A Long 4:15 One on One 5:00 Music Appreciation	<b>10</b> 9:30 Beautiful You 10:30 Snacktivity 11:00 Fit Club 12:00 Reading Circle 2:00 Sm. Group Activity 2:30 Snacktivity 3:00 Household Helpers 4:15 One on One 5:00 Music Appreciation	<b>11</b> 9:30 Beautiful You 10:30 Snacktivity 11:00 Fit Club 12:00 Reading Circle 2:00 Sm. Group Activity 2:30 Snacktivity 3:00 Fancy Fingers 4:15 One on One 5:00 Music Appreciation	<b>12</b> 9:30 Beautiful You 10:30 Snacktivity 11:00 Fit Club 12:00 Reading Circle 2:00 Sm. Group Activity 2:30 Snacktivity 3:00 Crafting Club 4:15 One on One 5:00 Music Appreciation	<b>13</b> 9:30 Beautiful You 10:30 Snacktivity 11:00 Fit Club 12:00 Reading Circle 2:00 Sm. Group Activity 2:30 Snacktivity 3:00 Bowling 4:15 One on One 5:00 Music Appreciation	<b>14</b> 9:30 Beautiful You (A) 10:30 Snacktivity 11:00 Beautiful You (B) 12:00 Fit Club (A) 1:00 Fit Club (B) 1:30 Sensory Activity (A) 2:15 Sensory Activity (B) 3:30 IN2L Activities 5:00 Music Appreciation
<b>15</b> 9:30 Beautiful You (A) 10:30 Snacktivity 10:50 Beautiful You (B) 12:00 Fit Club (A) 1:15 Fit Club (B) 2:00 Sunday Matinee / One on One 3:30 Church / Hymns (A) 4:15 Church / Hymns (B)	<b>16</b> 9:30 Beautiful You 10:30 Snacktivity 11:00 Fit Club 12:00 Reading Circle 2:00 Sm. Group Activity 2:30 Snacktivity 3:00 Sing a Long 4:15 One on One 5:00 Music Appreciation	<b>17</b> 9:30 Beautiful You 10:30 Snacktivity 11:00 Fit Club 12:00 Reading Circle 2:00 Sm. Group Activity 2:30 Snacktivity 3:00 Balloon Ball 4:15 One on One 5:00 Music Appreciation	<b>18</b> 9:30 Beautiful You 10:30 Snacktivity 11:00 Fit Club 12:00 Reading Circle 2:00 Sm. Group Activity 2:30 Snacktivity 3:00 Fancy Fingers 4:15 One on One 5:00 Music Appreciation	<b>19</b> 9:30 Beautiful You 10:30 Snacktivity 11:00 Fit Club 12:00 Reading Circle 2:00 Sm. Group Activity 2:30 Snacktivity <b>3:00 David Christian on Zoom</b> 4:15 One on One	<b>20</b> 9:30 Beautiful You 10:30 Snacktivity 11:00 Fit Club 12:00 Reading Circle 2:00 Sm. Group Activity 2:30 Snacktivity 3:00 IN2L Activity 4:15 One on One 5:00 Music Appreciation	<b>21</b> 9:30 Beautiful You (A) 10:30 Snacktivity 11:00 Beautiful You (B) 12:00 Fit Club (A) 1:00 Fit Club (B) 1:30 Sensory Activity (A) 2:15 Sensory Activity (B) 3:30 IN2L Activities 5:00 Music Appreciation
<b>22</b> 9:30 Beautiful You (A) 10:30 Snacktivity 10:50 Beautiful You (B) 12:00 Fit Club (A) 1:15 Fit Club (B) 2:00 Sunday Matinee / One on One 3:30 Church / Hymns (A) 4:15 Church / Hymns (B)	<b>23</b> 9:30 Beautiful You 10:30 Snacktivity 11:00 Fit Club 12:00 Reading Circle 2:00 Sm. Group Activity 2:30 Snacktivity 3:00 Karaoke 4:15 One on One 5:00 Music Appreciation	<b>24</b> 9:30 Beautiful You 10:30 Snacktivity 11:00 Fit Club 12:00 Reading Circle 2:00 Sm. Group Activity 2:30 Snacktivity 3:00 Fancy Fingers 4:15 One on One 5:00 Music Appreciation	<b>25</b> 9:30 Beautiful You 10:30 Snacktivity 11:00 Fit Club 12:00 Reading Circle 2:00 Sm. Group Activity 2:30 Snacktivity <b>3:00 Tracy Davy on zoom</b> 4:15 One on One 5:00 Music Appreciation	<b>26</b> Happy Thanksgiving 9:30 Beautiful You 10:30 Snacktivity 11:00 Fit Club 12:00 Reading Circle 2:00 Sm. Group Activity 2:30 Snacktivity 3:00 Movie Matinee 4:15 One on One 5:00 Music Appreciation	<b>27</b> 9:30 Beautiful You 10:30 Snacktivity 11:00 Fit Club 12:00 Reading Circle 2:00 Sm. Group Activity 2:30 Snacktivity 3:00 Sing a Long 4:15 One on One 5:00 Music Appreciation	<b>28</b> 9:30 Beautiful You (A) 10:30 Snacktivity 11:00 Beautiful You (B) 12:00 Fit Club (A) 1:00 Fit Club (B) 1:30 Sensory Activity (A) 2:15 Sensory Activity (B) 3:30 IN2L Activities 5:00 Music Appreciation
<b>29</b> 9:30 Beautiful You (A) 10:30 Snacktivity 10:50 Beautiful You (B) 12:00 Fit Club (A) 1:15 Fit Club (B) 2:00 Sunday Matinee / One on One 3:30 Church / Hymns (A) 4:15 Church / Hymns (B)	<b>30</b> 9:30 Beautiful You 10:30 Snacktivity 11:00 Fit Club 12:00 Reading Circle 2:00 Sm. Group Activity 2:30 Snacktivity 3:00 Resident Council 4:15 One on One 5:00 Music Appreciation		<b>Resident Birthdays:</b>  Nov. 5, Doris S (C ) Nov. 26, Val M (C ) Nov. 29, Teresa M (A)	<b>Employee Birthdays:</b>  Nov. 1, Karen M Nov. 3, Kim P Nov. 5, Kylie M Nov. 11, Lori G Nov. 14, Juanita G Nov. 20, Miriam B Nov. 20, Laurie B Nov. 20, Norma H Nov. 21, Chloe M		<b>All activities subject to change per mandated health guidelines.</b>



SUN	MON	TUE	WED	THU	FRI	SAT
1 <div>9:00 Menu Boards 9:30 Daily Chronicles 10:00 Fit Club 10:30 Snacktivity 11:00 Sunday Hymns 1:30 Bingo 2:30 Snacktivity 3:00 IN2L Activity 5:00 Music Appreciation</div>	2 <div>9:00 Menu Boards 9:30 Daily Chronicles 10:00 Fit Club 10:30 Snacktivity 11:00 Card-O 1:45 Bingo 3:00 Kickball 4:00 One on One 5:00 Music Appreciation</div>	3 <div>9:00 Menu Boards 9:30 Daily Chronicles 10:00 Fit Club 10:30 Snacktivity 11:00 IN2L Activity 1:45 Bingo 3:00 IN2L Activity 4:00 One on One 5:00 Music Appreciation</div>	4 <div>9:00 Menu Boards 9:30 Daily Chronicles 10:00 Fit Club 10:30 Snacktivity 11:00 Reminiscing / IN2L 1:45 Bingo 3:00 Fancy Fingers 4:00 One on One 5:00 Music Appreciation</div>	5 <div>9:00 Menu Boards 9:30 Daily Chronicles 10:00 Fit Club 10:30 Snacktivity 11:00 Card-O 1:45 Bingo 3:00 Reminiscing Ball 4:00 One on One 5:00 Music Appreciation</div>	6 <div>9:00 Menu Boards 9:30 Daily Chronicles 10:00 Fit Club 10:30 Snacktivity 11:00 Trivia Games 1:45 Bingo 3:00 Wii Bowling 4:00 One on One 5:00 Music Appreciation</div>	7 <div>9:00 Menu Boards 9:30 Daily Chronicles 10:00 Fit Club (C) 10:30 Snacktivity 11:00 Fit Club (D) 1:45 Bingo 3:00 Saturday Matinee 4:30 IN2L Activity 5:00 Music Appreciation</div>
8 <div>9:00 Menu Boards 9:30 Daily Chronicles 10:00 Fit Club 10:30 Snacktivity 11:00 Sunday Hymns 1:30 Bingo 2:30 Snacktivity 3:00 IN2L Activity 5:00 Music Appreciation</div>	9 <div>9:00 Menu Boards 9:30 Daily Chronicles 10:00 Fit Club 10:30 Snacktivity 11:00 Card-O 1:45 Bingo 3:00 Whack a Balloon 4:00 One on One 5:00 Music Appreciation</div>	10 <div>9:00 Menu Boards 9:30 Daily Chronicles 10:00 Fit Club 10:30 Snacktivity 11:00 IN2L Activity 1:45 Bingo 3:00 Decorate Cookies 4:00 One on One 5:00 Music Appreciation</div>	11 <div>9:00 Menu Boards 9:30 Daily Chronicles 10:00 Fit Club 10:30 Snacktivity 11:00 Reminiscing / IN2L 1:45 Bingo 3:00 Fancy Fingers 4:00 One on One 5:00 Music Appreciation</div>	12 <div>9:00 Menu Boards 9:30 Daily Chronicles 10:00 Fit Club 10:30 Snacktivity 11:00 Card-O 1:45 Bingo 3:00 Crafting Club 4:00 One on One 5:00 Music Appreciation</div>	13 <div>9:00 Menu Boards 9:30 Daily Chronicles 10:00 Fit Club 10:30 Snacktivity 11:00 Trivia Games 1:45 Bingo 3:00 Wii Bowling 4:00 One on One 5:00 Music Appreciation</div>	14 <div>9:00 Menu Boards 9:30 Daily Chronicles 10:00 Fit Club (C) 10:30 Snacktivity 11:00 Fit Club (D) 1:45 Bingo 3:00 Saturday Matinee 4:30 IN2L Activity 5:00 Music Appreciation</div>
15 <div>9:00 Menu Boards 9:30 Daily Chronicles 10:00 Fit Club 10:30 Snacktivity 11:00 Sunday Hymns 1:30 Bingo 2:30 Snacktivity 3:00 IN2L Activity 5:00 Music Appreciation</div>	16 <div>9:00 Menu Boards 9:30 Daily Chronicles 10:00 Fit Club 10:30 Snacktivity 11:00 Card-O 1:45 Bingo 3:00 Sing a Long 4:00 One on One 5:00 Music Appreciation</div>	17 <div>9:00 Menu Boards 9:30 Daily Chronicles 10:00 Fit Club 10:30 Snacktivity 11:00 IN2L Activity 1:45 Bingo 3:00 Kickball 4:00 One on One 5:00 Music Appreciation</div>	18 <div>9:00 Menu Boards 9:30 Daily Chronicles 10:00 Fit Club 10:30 Snacktivity 11:00 Reminiscing / IN2L 1:45 Bingo 3:00 Fancy Fingers 4:00 One on One 5:00 Music Appreciation</div>	19 <div>9:00 Menu Boards 9:30 Daily Chronicles 10:00 Fit Club 10:30 Snacktivity 11:00 Card-O 1:45 Bingo 3:00 David Christian on Zoom 4:00 One on One</div>	20 <div>9:00 Menu Boards 9:30 Daily Chronicles 10:00 Fit Club 10:30 Snacktivity 11:00 Trivia Games 1:45 Bingo 3:00 Wii Bowling 4:00 One on One 5:00 Music Appreciation</div>	21 <div>9:00 Menu Boards 9:30 Daily Chronicles 10:00 Fit Club (C) 10:30 Snacktivity 11:00 Fit Club (D) 1:45 Bingo 3:00 Saturday Matinee 4:30 IN2L Activity 5:00 Music Appreciation</div>
22 <div>9:00 Menu Boards 9:30 Daily Chronicles 10:00 Fit Club 10:30 Snacktivity 11:00 Sunday Hymns 1:30 Bingo 2:30 Snacktivity 3:00 IN2L Activity 5:00 Music Appreciation</div>	23 <div>9:00 Menu Boards 9:30 Daily Chronicles 10:00 Fit Club 10:30 Snacktivity 11:00 Card-O 1:45 Bingo 3:00 Pudding Parfaits 4:00 One on One 5:00 Music Appreciation</div>	24 <div>9:00 Menu Boards 9:30 Daily Chronicles 10:00 Fit Club 10:30 Snacktivity 11:00 IN2L Activity 1:45 Bingo 3:00 Fancy Fingers 4:00 One on One 5:00 Music Appreciation</div>	25 <div>9:00 Menu Boards 9:30 Daily Chronicles 10:00 Fit Club 10:30 Snacktivity 11:00 Reminiscing / IN2L 1:45 Bingo 3:00 Tracy Davy on Zoom 4:00 One on One 5:00 Music Appreciation</div>	26 Happy Thanksgiving <div>9:00 Menu Boards 9:30 Daily Chronicles 10:00 Fit Club 10:30 Snacktivity 11:00 Card-O 1:45 Bingo 3:00 Movie Matinee 4:00 One on One 5:00 Music Appreciation</div>	27 <div>9:00 Menu Boards 9:30 Daily Chronicles 10:00 Fit Club 10:30 Snacktivity 11:00 Trivia Games 1:45 Bingo 3:00 Sing a Long 4:00 One on One 5:00 Music Appreciation</div>	28 <div>9:00 Menu Boards 9:30 Daily Chronicles 10:00 Fit Club (C) 10:30 Snacktivity 11:00 Fit Club (D) 1:45 Bingo 3:00 Saturday Matinee 4:30 IN2L Activity 5:00 Music Appreciation</div>
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