



14420 SW Farmington Rd.  
Beaverton, OR 97005

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#### Administrative Team:

**Adriene Lierheimer**  
Executive Director

**Patricia Hatherly**  
Community Relations Director

**Dezi Wright & Maria Cotom-Pineda (A)**  
Wellness Director

**Dezi Wright (B)**  
Wellness Director

**Maria Cotom-Pineda (C/D)**  
Wellness Director

**Melanie Tuttle**  
Business Office Director

**Joan Alfano**  
Registered Nurse

**Erika Silva**  
Dietary Director

**Jennifer Johnson**  
Maintenance Director

**Robert Baty**  
Life Enrichment Director

#### Contact Us At:

**503-626-2273**

**info-**

**beaverton@farmingtonsquare.com**

**Our mission is to create and  
sustain comfortable, caring  
environments for those  
who depend on us.**

# The Radiant Reader

November 2020

Farmington Square Transitions Newsletter



2 Veteran's Day History & Significance

3 Caught In Action

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6 Highlights, Notes, Daylight Savings

7 Special Moments & Birthdays

8 Mission & Team



## The History & Significance of Veterans Day

With great gratitude, on November 11th, U.S. citizens will honor those who have bravely served our country on what is known as Veterans Day.

The day is a U.S. holiday that honors veterans of all wars. Its history has not been without changes, though!

In 1918, during World War I, on the 11th hour of the 11th day of the 11th month, hostilities ended between the Allied nations and Germany—on “Armistice Day.” The Treaty of Versailles, which marked the end of the war, was signed on June 28, 1919, but the armistice date was the one most people considered the conflict’s end.

In November of 1919, Armistice Day was observed by many countries with parades, public celebrations, and pauses to business and school activities at 11 am.

Then, in June of 1926, Congress passed a resolution saying November 11 should be commemorated yearly. As of May 13,

1938, Armistice Day was a legal Federal holiday. Changes would still occur though.

During World War II, more than 16 million Americans served in the Army, Air Force,

Marines, and Navy. Another 5.7 million served in the Korean War. Thus, Veteran’s service organizations lobbied for the words “Veterans Day” to replace Armistice Day in honor of the American veterans of *all* wars. In 1954, President Dwight D. Eisenhower signed legislation for the name to be changed.

The day would still see some changes! As of 1971, Veterans

Day was moved to the fourth Monday in October when Congress passed a Uniform Holidays Bill to make Monday “the” day for federal holidays. But in 1978, due to many states’ confusion and disapproval over the change, the holiday was moved back to its original observance date.

Since then, Veterans Day continues to be observed on November 11th. That day, and throughout the year, we thank all who have served for our great nation.



**What is the difference between Veterans Day and Memorial Day?** Memorial Day, in May, is dedicated to Americans who have served and who passed away during (or as a result of) serving. Veterans Day honors all Veterans, alive and who have passed.

## Special Moments



Happy Veterans Day on Nov. 11th

## Happy Birthday!



**Kay T. - 11/1**  
**Barbara W. - 11/1**  
**David L. - 11/10**  
**Eleanor G. - 11/17**

- Those born in November are Scorpios (Oct. 23-Nov. 21) or Sagittarius (Nov. 22-Dec 21.)
- Their birthstone is topaz or citrine.
- Their birth flower is the Chrysanthemum which is said to bring happiness and laughter to the home!



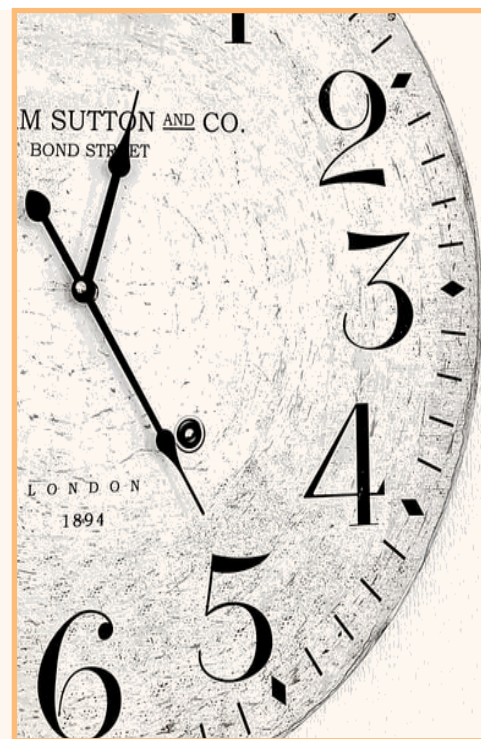
# November 2020 Highlights

November observes Alzheimer's Disease Month, Diabetes Month, Gratitude Month, and Native American Heritage Month. It celebrates such foods as: banana pudding, raisin bread, and peanut butter. It is Novel Writing Month so it's a great time to work on writing!

- |   |  |
|---|--|
| 01 Calzone Day; Cinnamon Day              | 16 Button Day; Fast Food Day             |
| 02 Deviled Egg Day; Ohio Day              | 17 Baklava Day; Take a Hike Day          |
| 03 Housewife Day; Sandwich Day            | 18 Princess Day; Mickey Mouse Birthday   |
| 04 Candy Day; Stress Awareness Day        | 19 Play Monopoly Day                     |
| 05 Donut Day; Men Make Dinner Day         | 20 Peanut Butter Fudge Day               |
| 06 Jersey Friday; Nachos Day              | 21 Gingerbread Cookie Day; Stuffing Day  |
| 07 Bittersweet Chocolate w/ Almond Day    | 22 Cranberry Relish Day                  |
| 08 Cappuccino Day                         | 23 Espresso Day; Cranberry Day           |
| 09 Scrapple Day; Louisiana Day            | 24 Sardines Day                          |
| 10 Marines Bday; Vanilla Cupcake Day      | 25 Parfait Day; Jukebox Day              |
| 11 Sundae Day; Veterans Day               | 26 Cake Day; Thanksgiving Day            |
| 12 French Dip Day; Chicken Soup Day       | 27 Native American Heritage Day          |
| 13 World Kindness Day; Indian Pudding Day | 28 French Toast Day; Small Business Sat. |
| 14 Pickle Day; Family PJ Day; Guac Day    | 29 Electronic Greetings Day              |
| 15 Philanthropy Day; Raisin Bran Day      | 30 Mousse Day; Mason Jar Day             |

## Regarding Covid-19:

Safety and comfort of our residents and staff remains our number one priority during the Coronavirus cases that have happened nationwide. It is important to communicate our plans to mitigate risk in our community. We are following mandated health guidelines. Please note that all activities are subject to cancellation per current mandated health guidelines. To read a full list of measures taken, and our current visitor policy, please visit our website.



**Daylight Savings Time Ends!** On Sunday, November 1st, at 1 AM, turn your clocks back one hour. Enjoy more light in the morning.

## Caught In Action



Enjoying the music coming through window!





# NOVEMBER 2020 Building A

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SUN	MON	TUE	WED	THU	FRI	SAT
<b>1 Daylight Saving</b> 9:30 Coffee/ News 10:00 Puzzles 10:30 Snack 10:45 Bible Verse of the day 1:30 Bingo/Snack 2:30 Movie Matinee 6:00 Balloon Bounce	<b>2</b> 9:30 Water coloring 10:15 Snack <b>10:30 Music Therapy</b> 11:30 Wacky Word Games 1:30 Sing Along/Snack 3:00 Bingo 6:00 Evening Movie	<b>3 Election Day</b> 10:00 Exercise 10:30 Snack & News 11:00 Wacky Word Games 1:30 Bean Bag Toss 2:30 Manicures 3:00 Bingo 6:00 Puzzles	<b>4</b> 9:30 Painting <b>9:45 Fred Meyer</b> 10:30 Snack & News 11:00 Wacky Word Games 11:30 Exercise 1:30 Sing Along /Trivia <b>2:45 Happy Hour / Bingo</b> 6:00 Puzzles	<b>5</b> <b>9:45 Library Outing</b> 10:30 Snack 11:00 Exercise 11:30 Wacky Word Games 1:30 Bean Bag Toss 2:30 Reminisce/ Snack 3:00 Bingo 6:00 Balloon Bounce	<b>6</b> 10:00 Exercise 10:30 Snack & News 11:00 Wacky Word Games 1:30 Coloring/ Word Search 2:00 Snack 2:15 Sing Along 3:00 Bingo 6:00 Puzzles	<b>7</b> 10:00 Exercise 10:30 Snack & News 11:00 Wacky Word Games/ Craft 1:30 Reminisce 2:30 Bingo/ Snack 3:30 Mini Golf 6:00 Movie Night
<b>8</b> 9:30 Coffee/ News 10:00 Puzzles 10:30 Snack 10:45 Bible Verse of the day 1:30 Bingo/Snack 2:30 Movie Matinee 6:00 Balloon Bounce	<b>9</b> <b>9:45 Scenic Drive</b> 10:30 Snack 11:00 Wacky Word Games 11:30 Exercise 1:30 Sing Along/Snack 3:00 Bingo 6:00 Evening Movie	<b>10</b> 10:00 Exercise 10:30 Snack & News 11:00 Wacky Word Games 1:30 Bean Bag Toss 2:15 Sing Along/Snack 3:00 Bingo 6:00 Puzzles	<b>11 Veterans Day</b> 9:30 Painting <b>9:45 Fred Meyer</b> 10:30 Snack & News 11:00 Wacky Word Games 11:30 Exercise 1:30 Sing Along /Trivia <b>2:45 Ice Cream Social / Bingo</b> 6:00 Puzzles	<b>12</b> 10:00 Exercise 10:30 Snack & News 11:00 Wacky Word Games 1:00 Movie Matinee <b>1:15 Elsie Stuhr</b> 1:45 Snack 4:00 Painting 6:00 Balloon Bounce	<b>13</b> 10:00 Exercise 10:30 Snack & News 11:00 Wacky Word Games 1:30 Coloring/ Word Search 2:00 Snack 2:15 Sing Along 3:00 Bingo 6:00 Puzzles	<b>14</b> 10:00 Exercise 10:30 Snack & News 11:00 Wacky Word Games/ Craft 1:30 Reminisce 2:30 Bingo/ Snack 3:30 Mini Golf 6:00 Movie Night
<b>15</b> 9:30 Coffee/ News 10:00 Puzzles 10:30 Snack 10:45 Bible Verse of the day 1:30 Bingo/Snack 2:30 Movie Matinee 6:00 Balloon Bounce	<b>16</b> 9:30 Water coloring 10:15 Snack <b>10:30 Music Therapy</b> 11:30 Wacky Word Games 1:30 Sing Along/Snack 3:00 Bingo 6:00 Evening Movie	<b>17</b> 10:00 Exercise 10:30 Snack & News 11:00 Wacky Word Games 1:30 Manicures 2:15 Sing Along/Snack 3:00 Bingo 6:00 Puzzles	<b>18</b> 9:30 Painting <b>9:45 Fred Meyer</b> 10:30 Snack & News 11:00 Wacky Word Games 11:30 Exercise 1:30 Sing Along /Trivia <b>2:45 Happy Hour / Bingo</b> 6:00 Puzzles	<b>19</b> <b>9:45 Library Outing</b> 10:30 Snack 11:00 Exercise 11:30 Wacky Word Games 1:30 Bean Bag Toss 2:30 Reminisce/ Snack 3:00 Bingo 6:00 Balloon Bounce	<b>20</b> 10:00 Exercise 10:30 Snack & News 11:00 Wacky Word Games 1:30 Coloring/ Word Search 2:00 Snack 2:15 Sing Along 3:00 Bingo 6:00 Puzzles	<b>21</b> 10:00 Exercise 10:30 Snack & News 11:00 Wacky Word Games/ Craft 1:30 Reminisce 2:30 Bingo/ Snack 3:30 Mini Golf 6:00 Movie Night
<b>22</b> 9:30 Coffee/ News 10:00 Puzzles 10:30 Snack 10:45 Bible Verse of the day 1:30 Bingo/Snack 2:30 Movie Matinee 6:00 Balloon Bounce	<b>23</b> <b>9:45 Scenic Drive</b> 10:30 Snack 11:00 Wacky Word Games 11:30 Exercise 1:30 Sing Along/Snack 3:00 Bingo 6:00 Evening Movie	<b>24</b> 10:00 Exercise 10:30 Snack & News 11:00 Wacky Word Games 1:30 Bean Bag Toss 2:00 Sing Along/Snack 3:00 Bingo <b>3:45 Pet Therapy</b> 6:00 Puzzles	<b>25</b> 9:30 Painting <b>9:45 Fred Meyer</b> 10:30 Snack & News 11:00 Wacky Word Games 11:30 Exercise 1:30 Sing Along /Trivia <b>2:45 Ice Cream Social / Bingo</b> 6:00 Puzzles	<b>26 Thanksgiving</b> 10:00 Exercise 10:30 Snack & News 11:00 Wacky Word Games 1:00 Movie Matinee <b>1:15 Elsie Stuhr</b> 1:45 Snack 4:00 Painting 6:00 Balloon Bounce	<b>27</b> 10:00 Exercise 10:30 Snack & News 11:00 Wacky Word Games 1:30 Coloring/ Word Search 2:00 Snack 2:15 Sing Along 3:00 Bingo 6:00 Puzzles	<b>28</b> 10:00 Exercise 10:30 Snack & News 11:00 Wacky Word Games/ Craft 1:30 Reminisce 2:30 Bingo/ Snack 3:30 Mini Golf 6:00 Movie Night
<b>29</b> 9:30 Coffee/ News 10:00 Puzzles 10:30 Snack 10:45 Bible Verse of the day 1:30 Bingo/Snack 2:30 Movie Matinee 6:00 Balloon Bounce	<b>30</b> <b>9:45 Scenic Drive</b> 10:30 Snack 11:00 Wacky Word Games 11:30 Exercise 1:30 Sing Along/Snack 3:00 Bingo 6:00 Evening Movie					

## Activity schedule

subject to cancellation per current mandated health guidelines.

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**Example: 9:30 Fred Meyer**



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SUN	MON	TUE	WED	THU	FRI	SAT
<b>1 Daylight Saving</b>  9:30 Snack 9:45 Watercolors 10:00 <i>Sit And Be Fit</i> 11:00 Bible Study 1:30 Movie and Snack 3:00 Bingo 6:00 NetFlix Night	<b>2</b>  <b>9:45 Scenic Drive</b> 10:30 Coffee & News 11:00 Exercise 1:30 <i>Sing Along/ Snack</i> 2:45 Bingo 4:00 Poem of the day 6:00 Evening Movie	<b>3 Election Day</b>  9:30 <i>Daily News Report</i> 9:45 Watercolors 10:30 Snack 11:00 <i>Exercise and Sing Along</i> 1:30 Bingo 2:45 Snack 3:00 <i>Reminisce</i> 6:00 Puzzles	<b>4</b>  <b>9:45 Fred Meyer</b> 10:30 Snack 11:00 Exercise 1:30 <i>Sing Along</i> 2:00 <i>Reminisce</i> <b>2:45 Happy Hour / Bingo</b> 6:00 Puzzles	<b>5</b>  9:30 Watercolors <b>9:45 Library Outing</b> 10:00 Snack 11:00 Exercise 1:30 Craft 2:45 Snack 3:00 Bingo 6:00 Evening Movie	<b>6</b>  10:00 Watercolors & Snack 10:30 Morning News 11:00 Exercise 1:30 <i>Trivia</i> 2:00 Craft/Snack 3:00 Bingo 6:00 Puzzles	<b>7</b>  10:00 <i>Watercolors &amp; Snack</i> 10:30 <i>Morning News</i> 11:00 Exercise 1:30 <i>Sing Along</i> 2:45 Bingo with Snack 4:00 Poem of The Day 6:00 Evening Movie
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