

Willow Creek

Gracious Retirement Living

516 Great Bridge Boulevard • Chesapeake, VA 23320 • Phone (757) 547-7876 • www.seniorlivinginstyle.com

NOVEMBER 2020

WILLOW CREEK STAFF

Managers.....GLENN & VALERIE CAMPBELL
Assistant Managers DALE & MARILYN WRIGHT
Executive Chef TONIA JOYNER
Community SalesMANDI PROCTOR
Activity CoordinatorMEREDITH PUGH
MaintenanceD.J. RALSTON
Bus DriverAPRIL OUTLAND

TRANSPORTATION

Monday, 9:30 a.m. and 2 p.m.:

Shopping Day — Front Lobby

Tuesday: Doctor Appointments — Front Lobby

Wednesday: Weekly Outings — Front Lobby

Thursday: Doctor Appointments — Front Lobby

Friday, 9:30 a.m. and 2 p.m.:

Shopping Day — Front Lobby

HAWTHORN
SENIOR LIVING 

Preserving Veterans' Stories

With thousands of stories of service and sacrifice, the Veterans History Project preserves and shares the firsthand accounts of America's war veterans.

Created in 2000 by the U.S. Congress, the ongoing program is part of the American Folklife Center at the Library of Congress. The personal narratives of men and women who served in all branches of the military from World War I to present-day conflicts are being collected. Their memories help document history and provide a better understanding of the realities of war for future generations.

Veterans are encouraged to share their experiences by submitting video or audio interviews, written memoirs, letters, photos and other historical documents. Families of deceased veterans can also contribute.

To date, the project has collected 108,000 stories, making it the nation's largest archive of oral history of its kind. Some accounts have been digitized and are available for viewing online.

To learn more about the Veterans History Project and how to participate, visit LOC.gov/vets.

Veterans Day Celebration 2020

Stay tuned to hear about Willow Creek's plan to celebrate our Vets.



Wednesday, November 11, 2020



Wildflower Farm Sanctuary

We will miss our fluffy little buddy, but are happy to know we can visit anytime! After Willow was born we found out Elsie Jones's grandson and his wife owned a farm that was a safe sanctuary and home to many animals. The farm is waiting to get their nonprofit approval, as they continue to rescue animals and give them a forever loving home. Not only did they adopt Willow, they let us come by to meet his future friends and give him the ultimate sendoff. Thank you so much for having us Wildflower Farm — it is truly breathtaking.



Imgard, Willow's No. 1 cheerleader and midwife, saying goodbye at his forever home.



Elsie J. and her family were so kind, hosting us at their farm and adopting Willow to his forever home.



Rita saying hi to our brand new baby chick!



The turkeys were trying to flatter Edith H. with their feathers.



First post photo: Willow is adjusting well to his new brooder.



Welcome to Willow Creek

Meet your new neighbors Jim and Gladell. Willow Creek is happy to welcome you both to the neighborhood!



Jim Lemenios



Gladell Carter

The Heart That Gathers Wreath Contest

Everyone did a great job collaborating with their creative ideas for our firemen over at Station No. 2!



November's Group Activity Adventures

The first week of November the group will head out for a weekend adventure!

Saturday, November 7th, at 10 a.m., get your seat on the bus and have your cowboy hats ready. Willow Creek is heading to the Currituck Rodeo.

We will stop for an early lunch on our way at Southland where they serve the best North Carolina barbecue in town, then we will boot, scoot and boogie our way to the rodeo. But wait, there is more — one of our favorite bands, Out in the Cold, will be kicking off the event and our day will continue to be topped off with thrills as we watch the brave cowboys take on the bulls!

November 11th, early birds get the worm — join us for a delicious breakfast outing at The Bee and The Biscuit. To ensure the group has no issues getting enough tables, make sure to set your alarm early! The bus will load at 7:45 a.m. and be ready to depart at 8 a.m.

November 18th we will make a visit to historical Williamsburg for your chance to do some shopping and enjoy a delicious lunch at The Old Chickahominy House. Tell Meredith if you have a particular gift shop in mind and we will do our best to accommodate it along our route.

November 25th, let's go to the moo-vies. Listen for what film we will be going to see at the Cinema Café Edinburg. Bring money for lunch and reserve your spot by purchasing a ticket to the show through Meredith in the Activities Room. This theater is handicap accessible and makes you feel just as comfortable as your own home with their reclining chair seating and their tableside service allows you to enjoy a yummy meal while getting to see the show.

NOV 2020

Birthdays

Janette Vitasek, 3rd
 Teresa White, 5th
 Sandi Randle, 14th
 Kathleen Cantrell, 20th
 Sandra Rushton, 26th

Locations

Activity Room, AR
 Atrium, AT
 Billiards Room, BR
 Bistro, BT
 Chapel, CH
 Corner Kitchen, CK
 Dining Room, DR
 Fitness Room, FR
 Front Lobby, FL
 Library, LB
 Patio, PT
 Theater, TH
 TV Room, TV

Legacy Healthcare Services

See or call Jessica Hathorn
 First floor Apt. 127
 Tel: (757) 842-4130

Family Care Senior Solutions

See or call Diane Perrot on the third floor
 Tel: (757) 673-6981
 Cell: (757) 377-0510

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
DAYLIGHT SAVING TIME ENDS 1 New Release Movie Sunday, TH 9:00 Billy's Bible Study, AR 10:30 Virtual Great Bridge Baptist Service, TH 2:00 Sunday Service with Pastor Troy, CH 3:15 Good Ol' Guys Playing Pool, BR 4:00 Virtual Holy Cross Lutheran Church Service, TH	9:00 Prayer Circle, AR 2 9:30 Jan Cline's Core Work Class, AR 10:30 Virtual Bowling, AR 2:00 Bingo, AR 3:00 Special Showing: Hamilton, Part I, TH 3:30 Horse Racing!, AT 6:30 Special Showing: Hamilton, Part II, TH	ELECTION DAY 3 9:00 Prayer Circle, AR 9:30 Tune Up Tuesday, AR 10:00 Bridge Club, TV 10:30 Arts & Crafts Class, AR 1:45 Matinee, TH 2:00 Bingo, AR 6:45 Left, Center, Right, AR 6:45 Nighttime Movie, TH 	9:00 Prayer Circle, AR 4 9:30 Sit & Be Fit, AR 10:00 Catholic Communion & Rosary, CH 10:30 Virtual Bowling, AR 1:45 Matinee, TH 2:15 Wheel of Fortune, AR 3:00 Mexican Train Dominoes, BR 6:45 Nighttime Movie, TH	9:00 Prayer Circle, AR 5 9:30 Senior Fit, AR 10:00 Bridge Club, TV 1:45 Matinee, TH 2:15 Arts & Crafts, AR 4:00 Knit & Crochet Club, AR 6:45 Left, Center, Right, AR 6:45 Nighttime Movie, TH 	6 Fall Resident Craft Fair: 10 a.m.-Noon, AR 9:00 Prayer Circle, AR 9:30 Fit & Fab Friday, AR 10:30 Virtual Bowling, AR 1:45 Matinee, TH 2:00 Bingo, AR 6:45 Nighttime Movie, TH	9:00 Prayer Circle, AR 7 10:30 Trip to the Currituck Rodeo!, FL 1:45 Matinee, TH 2:00 Bingo, AR 4:00 Saturday Singalong, DR 6:45 Left, Center, Right, AR 6:45 Nighttime Movie, TH
8 New Release Movie Sunday, TH 9:00 Billy's Bible Study, AR 10:30 Virtual Great Bridge Baptist Service, TH 2:00 Sunday Service with Pastor Troy, CH 3:15 Good Ol' Guys Playing Pool, BR 4:00 Virtual Holy Cross Lutheran Church Service, TH	9 9:00 Prayer Circle, AR 9:30 Jan Cline's Core Work Class, AR 10:30 Virtual Bowling, AR 1:45 Matinee, TH 2:00 Bingo, AR 4:00 Entertainment: Group Therapy Band, AR 6:45 Nighttime Movie, TH	10 9:00 Prayer Circle, AR 9:30 Tune Up Tuesday, AR 10:00 Bridge Club, TV 10:30 Arts & Crafts Class, AR 1:45 Matinee, TH 2:00 Bingo, AR 3:15 Coffee Chat: Second Tuesday Each Month!, AR 6:45 Left, Center, Right, AR 6:45 Nighttime Movie, TH	VETERANS DAY 11 Veterans Day Celebration: Details to Come 7:45 Breakfast Trip: The Bee & the Biscuit, FL 9:00 Prayer Circle, AR 9:30 Sit & Be Fit, AR 10:00 Catholic Mass with Father Brian, CH 10:30 Virtual Bowling, AR 1:45 Matinee, TH 3:00 Mexican Train Dominoes, BR 6:45 Nighttime Movie, TH	12 9:00 Prayer Circle, AR 9:30 Senior Fit, AR 10:00 Bridge Club, TV 1:45 Matinee, TH 2:15 Arts & Crafts, AR 4:00 Knit & Crochet Club, AR 6:45 Left, Center, Right, AR 6:45 Nighttime Movie, TH	13 Wear Your Patriotic Colors Day 9:00 Prayer Circle, AR 9:30 Fit & Fab Friday, AR 10:30 Virtual Bowling, AR 1:45 Matinee, TH 2:00 Bingo, AR 6:45 Nighttime Movie, TH	14 9:00 Prayer Circle, AR 10:00 Dale's Weekly Western Pick, TH 1:45 Matinee, TH 2:00 Bingo, AR 3:00 Mexican Train Dominoes, BR 4:00 Saturday Singalong, DR 6:45 Left, Center, Right, AR 6:45 Nighttime Movie, TH 
15 New Release Movie Sunday, TH 9:00 Billy's Bible Study, AR 10:30 Virtual Great Bridge Baptist Service, TH 2:00 Sunday Service with Pastor Troy, CH 3:15 Good Ol' Guys Playing Pool, BR 4:00 Virtual Holy Cross Lutheran Church Service, TH	16 9:00 Prayer Circle, AR 9:30 Jan Cline's Core Work Class, AR 10:30 Virtual Bowling, AR 1:45 Matinee, TH 2:00 Bingo, AR 6:45 Nighttime Movie, TH	17 9:00 Prayer Circle, AR 9:30 Tune Up Tuesday, AR 10:00 Bridge Club, TV 10:30 Arts & Crafts Class, AR 1:45 Matinee, TH 2:00 Bingo, AR 6:45 Left, Center, Right, AR 6:45 Nighttime Movie, TH	18 9:00 Prayer Circle, AR 9:30 Sit & Be Fit, AR 9:30 Williamsburg Group Trip, FL 10:00 Catholic Communion & Rosary, CH 10:30 Virtual Bowling, AR 1:45 Matinee, TH 2:15 Wheel of Fortune, AR 3:00 Mexican Train Dominoes, BR 6:45 Nighttime Movie, TH	19 9:00 Prayer Circle, AR 9:30 Senior Fit, AR 10:00 Bridge Club, TV 1:45 Matinee, TH 2:15 Arts & Crafts, AR 4:00 Knit & Crochet Club, AR 6:45 Left, Center, Right, AR 6:45 Nighttime Movie, TH	20 Wear Your Patriotic Colors Day 9:00 Prayer Circle, AR 9:30 Fit & Fab Friday, AR 10:30 Virtual Bowling, AR 1:45 Matinee, TH 2:00 Bingo, AR 6:45 Nighttime Movie, TH 	21 9:00 Prayer Circle, AR 10:00 Dale's Weekly Western Pick, TH 1:45 Matinee, TH 2:00 Bingo, AR 3:00 Mexican Train Dominoes, BR 4:00 Saturday Singalong, DR 6:45 Left, Center, Right, AR 6:45 Nighttime Movie, TH
22 New Release Movie Sunday, TH 9:00 Billy's Bible Study, AR 10:30 Virtual Great Bridge Baptist Service, TH 2:00 Sunday Service with Pastor Troy, CH 3:15 Good Ol' Guys Playing Pool, BR 4:00 Virtual Holy Cross Lutheran Church Service, TH	23 9:00 Prayer Circle, AR 9:30 Jan Cline's Core Work Class, AR 10:30 Virtual Bowling, AR 1:45 Matinee, TH 2:00 Bingo, AR 6:45 Nighttime Movie, TH	24 9:00 Prayer Circle, AR 9:30 Tune Up Tuesday, AR 10:00 Bridge Club, TV 10:30 Arts & Crafts Class, AR 1:45 Matinee, TH 2:00 Bingo, AR 6:45 Left, Center, Right, AR 6:45 Nighttime Movie, TH	25 9:00 Prayer Circle, AR 9:30 Sit & Be Fit, AR 10:00 Catholic Communion & Rosary, CH 10:30 Virtual Bowling, AR 11:00 Lunch at the Moo-Vies Cinema Cafe, FL 1:45 Matinee, TH 2:15 Wheel of Fortune, AR 3:00 Mexican Train Dominoes, BR 6:45 Nighttime Movie, TH	THANKSGIVING 26 9:00 Prayer Circle, AR 10:00 Bridge Club, TV 12:30 Thanksgiving Dinner, DR 2:00 Special Showing: Planes, Trains, Automobiles, TH 4:00 Knit & Crochet Club, AR 6:45 Left, Center, Right, AR 6:45 Special Showing: Planes, Trains, Automobiles, TH 	27 Wear Your Patriotic Colors Day 9:00 Prayer Circle, AR 10:30 Virtual Bowling, AR 1:45 Matinee, TH 2:00 Bingo, AR 4:00 Drum Circle with Arthur Lopez, AR 6:45 Nighttime Movie, TH	28 9:00 Prayer Circle, AR 10:00 Dale's Weekly Western Pick, TH 1:45 Matinee, TH 2:00 Bingo, AR 3:00 Mexican Train Dominoes, BR 4:00 Saturday Singalong, DR 6:45 Left, Center, Right, AR 6:45 Nighttime Movie, TH
29 New Release Movie Sunday, TH 9:00 Billy's Bible Study, AR 10:30 Virtual Great Bridge Baptist Service, TH 2:00 Sunday Service with Pastor Troy, CH 3:15 Good Ol' Guys Playing Pool, BR 4:00 Virtual Holy Cross Lutheran Church Service, TH	30 9:00 Prayer Circle, AR 9:30 Jan Cline's Core Work Class, AR 10:30 Virtual Bowling, AR 1:45 Matinee, TH 2:00 Bingo, AR 6:45 Nighttime Movie, TH					



There's a New Pool Shark in Town

At the start of his career, Bud Bromley worked for two major corporations as a design engineer.

Though his curiosity to learn more led him down a variety of career paths, no matter what life had in store for Bud he kept his wife his top priority. He made sure to have time for her, their family, and then, of course, his favorite game — pool! As you can imagine working as a design engineer required attention to every detail, which also happens to be an important factor with success in the sport of pool. But if it was not for his honey making the first move, his favorite detail in his life may have been missed! Bud married his high school sweetheart, Victoria, and he cherishes every memory they spent together. After his engineering career, he started driving 18-wheelers across the country. Bud's years as a retiree didn't last long as his lifetime love for the sport of pool sparked him to design and build one of his very own pool tables. Once he had his vision drafted out he put his hands to work, taking just over a week to build it. It was going to be his very own "baby" until an ad was placed and his very own table was getting request calls. He couldn't resist the offer and just like that there was his very first table — sold! From that point on, one customer led him to another just like chain work. Next thing he knew his very own company was born, Mastercraft. Bud always set a goal with anything he took on. Mastercraft business was booming but once their 100th table was sold they started their next journey together! Victoria and Bud started thinking of some fun new projects, landing them a new gig selling some new works of his art. She would help him come up with things people may want or need, and Bud would quickly make a draft to bring it to life. They were certainly blessed with success nearly selling out at every fair. So he is the guy to call if looking for some friendly competition or wanting to learn more! Don't let the name fool you because Bud B. is the kindest pool shark of them all!

Bud would love for the Good Ol' Guys around Willow Creek to join him Sunday afternoons at 4 p.m. to play some pool!



An adorable, popular craft fair item that he sold were children's potty chairs!



Bud and his wife standing over one of his very own crafted billiards tables



A snapshot from one of Bud's many tournaments



Stay Active in Autumn

As the calendar changes to a new month, let it inspire you to change up your exercise and activities routine. Turn over a new leaf with these options:

Go for a stroll: Take in the fall scenery where you live with a walk outdoors. Savor the fresh air, cooler temperatures and views of nature.

Take your pick: Get some exercise while walking through a farmers' market or local farm or orchard to pick fresh produce.

Warm up to a new workout: If the weather keeps you inside, try a new workout. Tai chi, yoga, dancing, and chair exercises are low-impact and don't require a lot of equipment or space.

Go digital: Older adults are growing fans of video games. Whether it's playing a virtual sport, an arcade game or word puzzles, digital gaming has been shown to provide cognitive and emotional benefits.

Get hands-on: Knitting, painting, woodcarving and other crafts can be both relaxing and engaging. Taking pride in your handiwork boosts self-confidence.

What's Cooking Up in the Bistro

Legacy Healthcare teamed up with Jo Cline to make brownies for the Crochet and Knitting Club. They were made from scratch, free of gluten, loaded with love and finger-licking good!

Later Bill Hash was caught frying up some of his fresh cabbage fixed just the way he likes it. We captured him taste testing along the way.

As the holidays are right around the corner we love to see Grandma's Kitchen being used with all of your homemade recipes !



Brittany and Jo C. showing us what deliciousness we all were smelling!



Bill H. says taste tests are always necessary!

Entertainment Is Back!

To kick off the autumn season and announce the exciting news that Willow Creek can allow entertainment back into the building, we had a party on the Patio. Special guests Lyle and Linda Dowling performed an amazing play list as our residents gathered around the cozy fire, keeping safe social distance, singing and dancing along. To make the night even sweeter, Activities Coordinator Meredith and her sweet husband passed out fresh campfire s'mores! Stay tuned as we will be adding even more special guests to the calendar this month . Entertainment visits are usually placed in bold print to catch your attention for that day. Don't forget to check out any reminders or events coming up on the Jumbo Activity Board!



Enjoying an evening with The Dowlings on the Patio.

Willow Creek's Fall Craft Festival

For the first time ever Willow Creek extends to you an opportunity to present your pieces of work and shop among each other. With the holidays just around the corner it's a perfect time to find a heartfelt gift! With recent news allowing additional craft vendors inside Willow Creek, we will bring you more details soon!



Willow Creek 
Gracious Retirement Living

516 Great Bridge Boulevard
Chesapeake, VA 23320



Fall in love...

With Our Gracious Lifestyle

Our caring staff is here for you any time, day or night, and all utilities except phone are included in one reasonable monthly rent. We offer local, comfortable transportation for shopping, appointments and other scheduled activities. We also take care of the cooking, weekly housekeeping and maintenance, so you can spend more time with new friends and family.

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