

Whispering Pines

Gracious Retirement Living

7501 Lead Mine Road • Raleigh, NC 27615 • Phone (919) 870-0222 • www.seniorlivinginstyle.com

NOVEMBER 2020

WHISPERING PINES STAFF

Managers.....WINDY & CHRIS READ
Executive Chef..... LEROY HOLLEY
Activity Coordinator SHELIA BULLOCK
MaintenanceJOHN RODRIGUES
MaintenanceSAL CRISAFI

TRANSPORTATION

Monday, 2 p.m.: Shopping

Tuesday, 8:30 a.m.-12:30 p.m.:
Medical Appointments

Wednesday, 9:30-11:30 a.m.: Shopping

Thursday, 8:30 a.m.-12:30 p.m.:
Medical Appointments

Friday, 9:30-11:30 a.m.: Shopping

HAWTHORN
SENIOR LIVING

It's Campfire Season

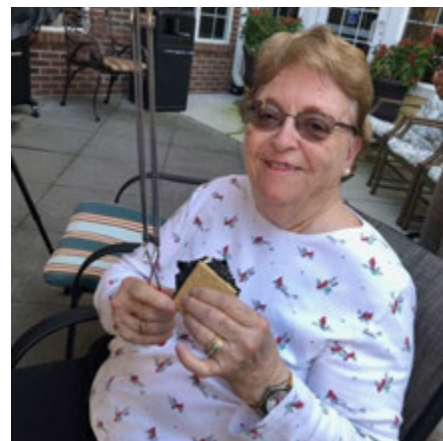
What do you do on fall days? Have a campfire and make S'mores and flutter nutters! We have done both so far this fall. The residents loved the jumbo marshmallows even though it was hard to get it in their mouths without making a mess. Since some of us had never heard of a flutter nutter, it was a new experience for all of us. It was OK with the peanut butter and toasted marshmallow on the graham crackers but everyone agreed that you just can't beat S'mores! Next camp fire we are roasting hot dogs! Be sure that you come and join us.



Susie roasting her marshmallow very carefully so it will not burn



Sam eating a nutter flutter



Edie likes her marshmallows a little dark!



Competition Wreath

For the Regional Wreath Competition, the residents decided on a fall theme. Shelia picked up a grapevine wreath, brought some ribbon from home and picked up some leaves and fall



Our Finished Wreath

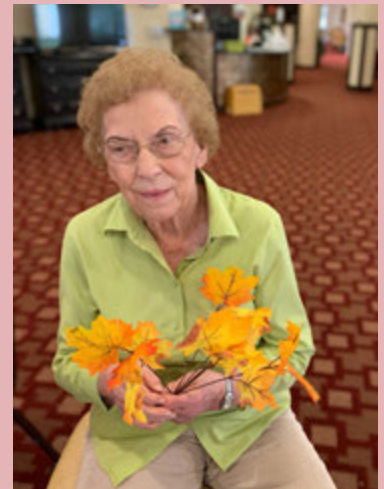
themed picks. The residents decided that they wanted to do a proper fall wreath with a saying and they wanted to give the firemen, our first responders, a treat of some kind. Jan worked on the saying to put on the wreath and she came up with:

"You are so nice to us when you answer our call
Now it is time for us to give you a treat
To celebrate the beginning of Fall"

We put a gold frame with that saying in it on the wreath and also put a fireman Christmas ornament on the frame. The fire hat ornament went on the center of the bow. The residents did the wreath with lots of discussion and they also filled treat bags with candy, moon pies, chocolate and other treats. The firemen from Fire Station 4 came by to pick it up and one of them said his wife had been looking for a wreath for their front door, and she was going to want to take it when she saw it at the station. They also were very pleased with the treats and told us whenever we wanted to bake something or were having S'mores at the fire pit, they just might stop by if we let them know.



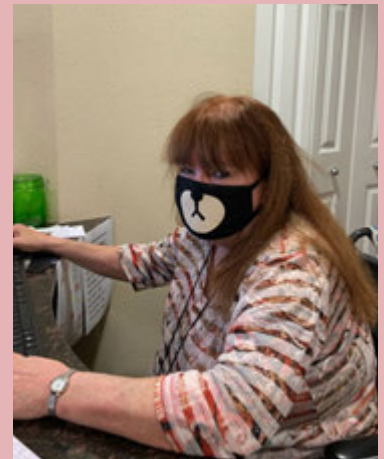
Helen filling treat bags for our first responders



Sue cutting the flowers apart for the wreath



Bev bringing down more flowers and bows



Jan coming up with the rhyme and printing it out for the frame





Wanda sorting out the feathers and foliage for the wreath



Barbara filling the treat bags we gave them

Veterans Celebration

On Wednesday, Nov. 11, we will have a Veterans Celebration. Join us for doughnuts in the morning and a singalong with a program late that afternoon. Veterans will sit in a separate area, the Whispering Pines Chorus will sit in a separate area and residents in the dining area. We hope everyone will join us to recognize our veterans and remember the sacrifices they made to keep America safe and our freedoms secure.



Friends, No Matter Where You Are

George and Janet dined together most meals, played bingo together and enjoyed conversations. Several months ago, George needed more help and moved to an assisted living community. Janet has called and talked to him and his daughter several times, when she decided to put her talents to work and make him a quilted patchwork lap robe. He loved fishing and she looked everywhere for fishing themed material but it is very hard to find. But we think the final result was wonderful. Don't you? We hear that he loved the lap robe from a very good friend.



NOV 2020

Birthdays

Jessie Neidel, 4th

June Welden, 4th

Jean Lawrence, 10th

Pat Williams, 14th

Sandi Siegert, 16th

Belinda Hooker, 16th

Donna Hanna, 16th

Kathi Pitz, 26th

Del Bellairs, 27th

Anniversaries

Barbara & George Matthews, 11/5/1960

Cyntha & Owen Bishop, 11/25/1963

Locations

Activity Room, AR

Billiards Room, BR

Bistro, B

Chapel, CH

Computer Center, CC

Courtyard, CY

Dining Room, DR

Exercise Room, EX

Front Lobby, Lobby

Movie Theater, MT

Sign Up, SU

TV Room, TV

Movie Showtimes

• 2 p.m. Matinee

• 7 p.m. Evening Show

Shopping & Errands

Mondays: 2 p.m.

Wednesdays: 9:30–11:30 a.m.

Fridays: 9:30–11:30 a.m.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div><div>DAYLIGHT SAVING TIME ENDS</div><div>1</div></div> <div>10:15 Catholic Service, AR</div> <div>10:30 Church Service with Joyce & Jerry Hundley, CY</div> <div>2:00 Afternoon Movie, MT</div> <div>4:00 “Crazy” Bingo with Chris, AR</div> <div>7:00 Evening Movie, MT</div>	<div><div>9:30 Upper Body Exercises, AR</div><div>10:00 New Resident Coffee Social with Windy and Chris, AR</div><div>10:00 Travel Around the World, MT</div><div>2:00 Afternoon Movie, MT</div><div>2:00 Work on Gingerbread Village, AR</div><div>4:00 Cider and News Discussions, AR</div><div>7:00 Big Money Bingo with Chris, AR</div><div>7:00 Evening Movie, MT</div></div> <div>2</div>	<div><div>ELECTION DAY</div><div>3</div></div> <div>9:30 Live Well Exercising with Legacy, AR</div> <div>10:00 Devotion with Sue & Donna, CH</div> <div>10:00 Let’s Travel Around the World Travelogues, MT</div> <div>10:30 Rummy Kube Group, AR</div> <div>2:00 Bridge Group, BR</div> <div>2:00 Money Bingo, AR</div> <div>2:00 Afternoon Movie, MT</div> <div>3:00 Play Cards: Skip-Bo, Hand & Foot, AR</div> <div>7:00 Evening Movie, MT</div>	<div><div>9:30 Workout with Weights, AR</div><div>10:00 Resident Manager Meeting, AR</div><div>10:30 Activity Meeting, AR</div><div>2:00 Afternoon Movie, MT</div><div>2:30 Bean Bag Baseball, AR</div><div>3:00 Poker Club, BR</div><div>7:00 Evening Movie, MT</div></div> <div>4</div> <div></div>	<div><div>9:30 Live Well Exercising with Legacy, AR</div><div>10:00 Let’s Travel Around the World Travelogues, MT</div><div>10:00 Bible Study with Joanne</div><div>10:30 Chef Meeting, AR</div><div>2:00 Money Bingo, AR</div><div>2:00 Bridge Group, BR</div><div>2:00 Afternoon Movie, MT</div><div>4:00 Singalong with Sue & Wanda, DR</div><div>7:00 Evening Movie, MT</div></div> <div>5</div>	<div><div>9:30 Fitness Fun!, AR</div><div>10:00 Devotion with Sue & Donna, CH</div><div>10:45 Wii Bowling, AR</div><div>2:00 Afternoon Movie, MT</div><div>2:00 Crafts</div><div>4:00 Campfire, CY</div><div>7:00 Poker Club, BR</div><div>7:00 Evening Movie, MT</div></div> <div>6</div>	<div><div>10:00 Let’s Travel Around the World Travelogues, MT</div><div>2:00 Afternoon Movie, MT</div><div>2:30 Money Bingo, AR</div><div>7:00 Evening Movie, MT</div></div> <div>7</div>
<div>10:15 Catholic Service, AR</div> <div>10:30 Church Service with Joyce & Jerry Hundley, CY</div> <div>2:00 Afternoon Movie, MT</div> <div>4:00 “Crazy” Bingo with Chris, AR</div> <div>7:00 Evening Movie, MT</div> <div>8</div>	<div><div>9:30 Upper Body Exercises, AR</div><div>10:00 Travel Around the World, MT</div><div>10:30 Bake Cookies & Cranberry Trivia, AR</div><div>2:00 Afternoon Movie, MT</div><div>2:00 Work on Gingerbread Village, AR</div><div>4:00 Cider and News Discussions, AR</div><div>7:00 Big Money Bingo with Chris, AR</div><div>7:00 Evening Movie, MT</div></div> <div>9</div>	<div><div>9:30 Live Well Exercising with Legacy, AR</div><div>10:00 Devotion with Sue & Donna, CH</div><div>10:00 Let’s Travel Around the World Travelogues, MT</div><div>10:30 Rummy Kube Group, AR</div><div>2:00 Bridge Group, BR</div><div>2:00 Money Bingo, AR</div><div>2:00 Afternoon Movie, MT</div><div>3:00 Play Cards: Skip-Bo, Hand & Foot, AR</div><div>7:00 Evening Movie, MT</div></div> <div>10</div> <div></div>	<div><div>VETERANS DAY</div><div>11</div></div> <div>9:30 Workout with Weights, AR</div> <div>10:00 Travel Around the World, MT</div> <div>10:30 Veterans’ Special Coffee & Doughnut Talk, AR</div> <div>2:00 Afternoon Movie, MT</div> <div>2:30 Bean Bag Baseball, AR</div> <div>3:00 Poker Club, BR</div> <div>3:30 Veterans’ Program, DR</div> <div>7:00 Evening Movie, MT</div>	<div><div>9:30 Live Well Exercising with Legacy, AR</div><div>10:00 Let’s Travel Around the World Travelogues, MT</div><div>10:00 Bible Study with Joanne</div><div>2:00 Money Bingo, AR</div><div>2:00 Bridge Group, BR</div><div>2:00 Afternoon Movie, MT</div><div>4:00 Singalong with Sue & Wanda, DR</div><div>4:20 Raleigh Hearing: Ear & Aid Checks, EX</div><div>7:00 Evening Movie, MT</div></div> <div>12</div>	<div><div>9:30 Fitness Fun!, AR</div><div>10:00 Devotion with Sue & Donna, CH</div><div>10:45 Wii Bowling, AR</div><div>2:00 Afternoon Movie, MT</div><div>2:00 Crafts</div><div>7:00 Poker Club, BR</div><div>7:00 Evening Movie, MT</div></div> <div>13</div>	<div><div>10:00 Let’s Travel Around the World Travelogues, MT</div><div>2:00 Afternoon Movie, MT</div><div>2:30 Money Bingo, AR</div><div>7:00 Evening Movie, MT</div></div> <div>14</div> <div></div>
<div>10:15 Catholic Service, AR</div> <div>10:30 Church Service with Joyce & Jerry Hundley, CY</div> <div>2:00 Afternoon Movie, MT</div> <div>4:00 “Crazy” Bingo with Chris, AR</div> <div>7:00 Evening Movie, MT</div> <div>15</div>	<div><div>9:30 Upper Body Exercises, AR</div><div>10:00 Travel Around the World, MT</div><div>10:30 Make Homemade Bread, AR</div><div>2:00 Afternoon Movie, MT</div><div>2:00 Jeopardy with Legacy, AR</div><div>2:00 Work on Gingerbread Village, AR</div><div>4:00 Cider and News Discussions, AR</div><div>7:00 Big Money Bingo with Chris, AR</div><div>7:00 Evening Movie, MT</div></div> <div>16</div> <div></div>	<div><div>9:30 Live Well Exercising with Legacy, AR</div><div>10:00 Devotion with Sue & Donna, CH</div><div>10:00 Let’s Travel Around the World Travelogues, MT</div><div>10:30 Rummy Kube Group, AR</div><div>2:00 Bridge Group, BR</div><div>2:00 Money Bingo, AR</div><div>2:00 Afternoon Movie, MT</div><div>3:00 Play Cards: Skip-Bo, Hand & Foot, AR</div><div>7:00 Evening Movie, MT</div></div> <div>17</div>	<div><div>9:30 Workout with Weights, AR</div><div>10:00 Travel Around the World, MT</div><div>11:30 Fast Food Lunch Out or Take Out, AR</div><div>2:00 Afternoon Movie, MT</div><div>2:30 Bean Bag Baseball, AR</div><div>3:00 Poker Club, BR</div><div>7:00 Evening Movie, MT</div></div> <div>18</div>	<div><div>9:30 Live Well Exercising with Legacy, AR</div><div>10:00 Let’s Travel Around the World Travelogues, MT</div><div>10:00 Bible Study with Joanne</div><div>10:30 Chef Demo, AR</div><div>2:00 Money Bingo, AR</div><div>2:00 Bridge Group, BR</div><div>2:00 Afternoon Movie, MT</div><div>4:00 Singalong with Sue & Wanda, DR</div><div>7:00 Evening Movie, MT</div></div> <div>19</div>	<div><div>Native American Heritage Celebration, MT</div><div>9:30 Fitness Fun!, AR</div><div>10:00 Devotion with Sue & Donna, CH</div><div>10:45 Wii Bowling, AR</div><div>2:00 Afternoon Movie, MT</div><div>2:00 Crafts</div><div>4:25 Washington vs. Dallas on Fox</div><div>7:00 Poker Club, BR</div><div>7:00 Evening Movie, MT</div></div> <div>20</div>	<div><div>Native American Heritage Celebration, MT</div><div>10:00 Let’s Travel Around the World Travelogues, MT</div><div>2:00 Afternoon Movie, MT</div><div>2:30 Money Bingo, AR</div><div>7:00 Evening Movie, MT</div></div> <div>21</div>
<div>10:15 Catholic Service, AR</div> <div>10:30 Church Service with Joyce & Jerry Hundley, CY</div> <div>2:00 Afternoon Movie, MT</div> <div>4:00 “Crazy” Bingo with Chris, AR</div> <div>7:00 Evening Movie, MT</div> <div>22</div>	<div><div>9:30 Upper Body Exercises, AR</div><div>10:00 Travel Around the World, MT</div><div>10:30 “I’m Thankful For…” Tree with Leaves, AR</div><div>2:00 Afternoon Movie, MT</div><div>2:00 Work on Gingerbread Village, AR</div><div>3:30 Name That Tune with Sue, DR</div><div>4:00 Cider and News Discussions, AR</div><div>7:00 Big Money Bingo with Chris, AR</div><div>7:00 Evening Movie, MT</div></div> <div>23</div>	<div><div>9:30 Live Well Exercising with Legacy, AR</div><div>10:00 Devotion with Sue & Donna, CH</div><div>10:00 Let’s Travel Around the World Travelogues, MT</div><div>10:30 Rummy Kube Group, AR</div><div>2:00 Bridge Group, BR</div><div>2:00 Money Bingo, AR</div><div>2:00 Afternoon Movie, MT</div><div>3:00 Play Cards: Skip-Bo, Hand & Foot, AR</div><div>7:00 Evening Movie, MT</div></div> <div>24</div>	<div><div>9:30 Workout with Weights, AR</div><div>10:00 Travel Around the World, MT</div><div>2:00 Afternoon Movie, MT</div><div>2:30 Bean Bag Baseball, AR</div><div>3:00 Poker Club, BR</div><div>7:00 Evening Movie, MT</div></div> <div>25</div>	<div><div>THANKSGIVING</div><div>26</div></div> <div>9:00 Macy’s Thanksgiving Parade, TV</div> <div>10:00 Let’s Travel Around the World Travelogues, MT</div> <div>12:00 National Dog Show on NBC, TV</div> <div>12:30 Houston vs. Detroit on CBS</div> <div>2:00 Afternoon Movie, MT</div> <div>2:00 Bridge Group, BR</div> <div>2:00 Money Bingo, AR</div> <div>4:30 Washington vs. Dallas on FOX</div> <div>7:00 Evening Movie, MT</div> <div>8:20 Baltimore vs. Pittsburgh on NBC</div>	<div><div>9:30 Fitness Fun!, AR</div><div>10:00 Devotion with Sue & Donna, CH</div><div>10:45 Wii Bowling, AR</div><div>2:00 Afternoon Movie, MT</div><div>2:00 Crafts</div><div>7:00 Poker Club, BR</div><div>7:00 Evening Movie, MT</div></div> <div>27</div> <div></div>	<div><div>10:00 Let’s Travel Around the World Travelogues, MT</div><div>2:00 Afternoon Movie, MT</div><div>2:30 Money Bingo, AR</div><div>7:00 Evening Movie, MT</div></div> <div>28</div>
<div>10:15 Catholic Service, AR</div> <div>10:30 Church Service with Joyce & Jerry Hundley, CY</div> <div>2:00 Afternoon Movie, MT</div> <div>4:00 “Crazy” Bingo with Chris, AR</div> <div>7:00 Evening Movie, MT</div> <div>29</div>	<div><div>9:30 Upper Body Exercises, AR</div><div>10:00 Travel Around the World, MT</div><div>2:00 Afternoon Movie, MT</div><div>2:00 Work on Gingerbread Village, AR</div><div>4:00 Cider and News Discussions, AR</div><div>7:00 Big Money Bingo with Chris, AR</div><div>7:00 Evening Movie, MT</div></div> <div>30</div>					

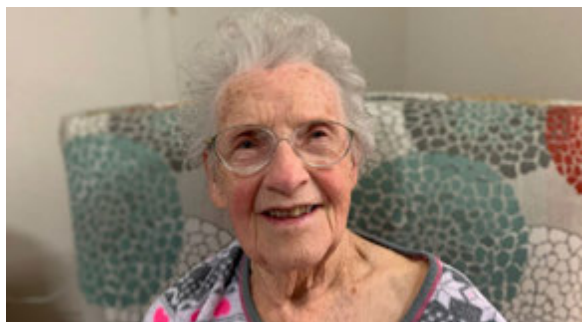


Thanksgiving

Thanksgiving will be a Chef-prepared traditional meal at Dinner. Supper will be a lighter meal. Prepare to watch the Macy's Parade in the Movie Theater. Football games are also a highlight and we will play Thanksgiving Jingo. It's a day to be thankful this year.

New Residents

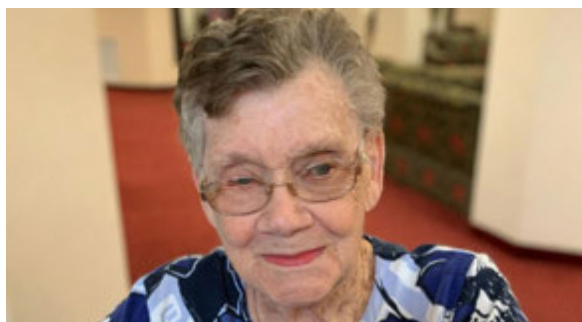
Please stop by and welcome our new residents with open arms. Sheryl Sowers, Betty Ward, Eva Vogler and Marilyn Coburn are ready to meet you and get to know how wonderful Whispering Pines is.



Betty



Sheryl



Marilyn

Trips

Just because we need to be careful with the Covid virus and keep up our hand washing, mask wearing and social distancing does not mean we can't go anywhere. The residents enjoyed a trip to Cedar Creek Gallery in October and a ride to Falls Lake in September. At Cedar Creek, they met the residents with masks, temp checks and hand sanitizer. We also had to make reservations so that we were the only customers in the building. It is such an out of the way gallery and the ride is also enjoyable. It looks like a shop you would see in the North Carolina mountains. They enjoyed seeing the pottery, blown glass, handmade jewelry and other items made by artists. Some of our residents even did a little early Christmas shopping.

Scenic Rides are always fun and especially at the lakes. The residents enjoyed the natural scenery and even got off the bus to look at the lake and make a picture.

Look at the Activity Room for sign-ups sheets for other trips. Shelia has a great many ideas for other safe trips to go on.



Killian at the glass hand blown garden balls



A few of our shoppers outside Cedar Creek Gallery



Trip to Falls Lake



October Is for the Owls

Chip and Summer Gentry came with Hawk Manor Falconry to educate us on birds of prey. They started out with a Red-tailed hawk, Henry, that everyone could touch his talons and legs. Then they brought out Mr. Anderson, the falcon, who showed off his hood and wings. Mattie was next and she is a buzzard who walked all around us, ate mice and kept flying to Chip's shoulder. Annabelle was the last bird and she was a beautiful barn owl.



Residents commented on how soft she was when they petted her. Killian and Tom had their 2-year-old great-granddaughter here to see the birds and she loved petting Annabelle.

We had great attendance and the best thing was that no one left. Everyone really learned so much more than we knew about birds.



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A photograph of various autumn-themed items including several pumpkins (orange and white), ears of corn, and gourds arranged on a dark surface.

Fall in love...

With Our Gracious Lifestyle

Our caring staff is here for you any time, day or night, and all utilities except phone are included in one reasonable monthly rent. We offer local, comfortable transportation for shopping, appointments and other scheduled activities. We also take care of the cooking, weekly housekeeping and maintenance, so you can spend more time with new friends and family.

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