

# Somerset Lodge

## Gracious Retirement Living

8330 Cason Road • Gladstone, OR 97027 • Phone (503) 657-5659 • [www.seniorlivinginstyle.com](http://www.seniorlivinginstyle.com)

## NOVEMBER 2020

### SOMERSET STAFF

Managers.....CLARK & JEAN DAVIS  
Assistant Managers . WAYNE & DANAELA MOFFORD  
Executive Chef.....JENNIFER CLOUGH  
Sous Chef .....KEVIN WILSON  
Activity Coordinator ..... SUSAN WISE  
Maintenance .....JEFF MOONEY  
Transportation .....STEVE BARNES

### OFFICE HOURS

**Monday - Sunday:** 7:30 a.m.-7:30 p.m.

### TRANSPORTATION

**Monday, 9:30 a.m.:**  
Shopping At Fred Meyer

**Monday, 2 p.m.:**  
Walmart — Bi-Weekly  
& Clackamas Town  
Center — Biweekly

**Tuesday & Thursday,**  
**Varies:** Medical  
Appointments — South

**Wednesday, Varies:**  
Activity Day

**Thursday, Varies:**  
Medical Appointments  
— North

**Friday, 9:30 a.m.:**  
Shopping At Safeway/  
RA/Walgreens

**Friday, 2 p.m.:**  
Scenic Adventure

**HAWTHORN**  
SENIOR LIVING

## Somerset Lodge's 20th Anniversary

We celebrated Somerset Lodge's 20th Anniversary on Wednesday, October 7th. We started our celebration with entertainment by Chuck Par Due, enjoyed a scrumptious special meal with a specially prepared Hawthorn Heart salad followed by two types of lasagna, roast beef, roasted winter vegetables, broccoli and heart-shaped cheesecake with chocolate dipped cherries. We finished our celebration with a 40 minute slide show entitled "20 Years and Still Counting." Happy Anniversary to all of you wonderful residents who keep Somerset Lodge ticking away!



*Jim all dressed up for the occasion*

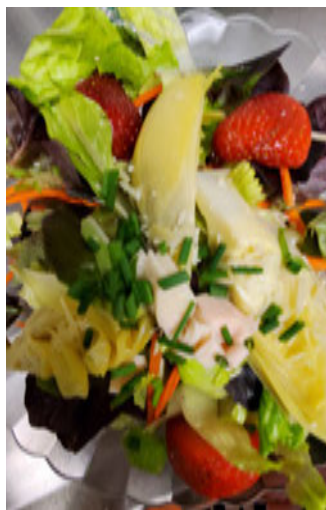


*(Photos continued inside.)*





## Somerset Lodge's 20th Anniversary (Continued)



*Hawthorn Heart salad*



*Roast beef*



*Lasagna*



*Cheesecake with chocolate-covered cherries*



## Meet Bus Driver Steve

Steve was born in Portland, Oregon, and lives in Milwaukie. He has a beautiful wife, two dogs: Bianca and Bueno, a son and a grandson! He attended Woodstock and Ardenwald Grade Schools and Milwaukie Junior High and High School. Steve also attended the University of Idaho, University of Portland for a BS in Civil Engineering and Boston University for a MS in Computer Information Systems. Steve spent 25 years in the U.S. Air Force, seven years as an Airfield Engineer Contractor in the Middle East, two years in Iraq and two years in Afghanistan. He was also a school bus driver for North Clackamas School District. Steve's hobbies include traveling; he has been to 49 states and 99 countries. Steve is also fluent in Spanish, German, French, Italian and Thai. He enjoys soccer and football. Steve is a coin collector and dealer. We are very excited to have Steve as our new bus driver.

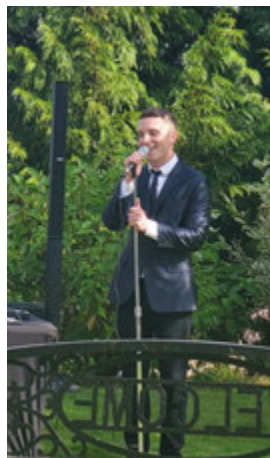






## Entertainment at the Lodge

We are excited that we have been able to continue hosting entertainment this year. Enjoying entertainment outdoors is always nice when you have a backyard like ours. Indoor entertainment is nice as well. Keep your eyes peeled for upcoming entertainment throughout the Holiday season.



*Chris Anderson*



*Enjoying the outdoors*



*Chris Anderson's audience*



*Lynn Haldeman and the Oompah Boys*

## Veterans Day Line Up

This year, we are blessed to Celebrate Veterans Day together, along with representatives from The Gladstone Fire Department and our very own Gladstone City Mayor, Tamara Stemple, and her husband, Kirk Stemple (Fire Department Chief). We will be starting our Celebration at 11:30 a.m. in our Dining Room. Please make sure we are all on time for our Veterans Recognition. Chef is preparing a wonderful meal following our Recognition.



## Resident Spotlight Showcase

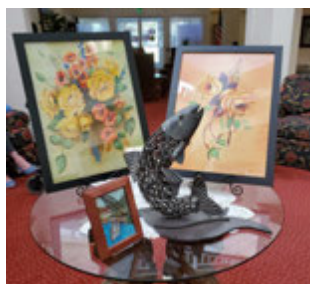
We have created a Resident Spotlight Showcase on the 2nd floor between the Computer Room and the TV Room. So far, we have had three people sign up, Naomi Huey with her handmade doll collection, Patsy with her hand woven baskets and Barbara with her handmade baby books. Lance has also displayed his art in the Lobby. Please see Susan to sign up and share your amazing treasures, art and more with our community.



*Barbara's baby books*



*Naomi's dolls*



*Lance's art*



*Patsy's baskets*



NOV 2020

Birthdays

Dawna Lawler, 1st  
Robert Stevens, 6th  
Lorene Russell, 7th  
Margaret Geier, 13th  
Twyla Schiwisow, 19th  
Trudi Pennell, 22nd  
Lyle Ringering, 30th

Locations

Activity Room, AR  
Back Yard, BY  
Billiard Room, BL  
Bus, Bus  
Chapel, CH  
Dining Room, DR  
Front Yard, FY  
Library, LIB  
Lobby, LB  
Parking Lot, PL  
Second Floor, 2nd Fl.  
TV Room, TV

Enjoy the convenience of our Beauty Shop:  
Ernestly Organic Salon Services is located on the Third Floor. Call Ernest at 971-533-2988 to schedule an appointment.  
Advertise in our newsletter for just \$25 per month for an ad that is 3 1/2"x2" or for \$40, place a 7"x4" ad on the insert. Contact our Office.

| SUNDAY   | MONDAY   | TUESDAY  | WEDNESDAY   | THURSDAY   | FRIDAY  | SATURDAY  |
|--|--|--|---|--|---|---|
| <div>DAYLIGHT SAVING TIME ENDS</div> <div>1</div> <div>Sunday Fun Day</div> <div>Fall Back Day! Turn Back Your Clocks</div> <div>10:00 Chair Exercise, AR</div> <div>2:00 Adult Color Therapy, AR</div> <div>3:00 Billiards, BL</div> <div>3:00 Show Time! Movie, AR</div> <div></div> | <div>2</div> <div>Wear Blue</div> <div>9:30 Get Moving, AR</div> <div>9:30 Fred Meyer, Bus</div> <div>11:00 Word Scramble, AR</div> <div>2:00 Walmart &amp; Clackamas Town Center, Bus</div> <div>3:00 Chair Exercise, AR</div> <div>3:00 Kermit the Frog Day the Muppet Movie, AR</div> <div>6:45 Bingo, AR</div> <div></div> | <div>3</div> <div>ELECTION DAY</div> <div>Silly Sock Day</div> <div>10:00 Chair Yoga</div> <div>11:00 Hangman, AR</div> <div>2:00 Social Hour with Wayne &amp; Danaela, AR</div> <div>3:00 Wii Bowling, AR</div> <div>4:00 Movies &amp; Stars: Rock Hudson, AR</div> <div></div> | <div>4</div> <div>T-Shirt Day</div> <div>9:30 Get Moving, AR</div> <div>10:00 Bring and Share, AR</div> <div>11:00 James Hipsher Veteran Poet, DR</div> <div>2:00 Happy Birthday Loretta Swit! M*A*S*H, AR</div> <div>3:00 College of Knowledge, AR</div> <div></div>                                   | <div>5</div> <div>Name Tag/Jeans Day</div> <div>9:30 Get Moving, AR</div> <div>10:00 Hangman, AR</div> <div>11:00 Word Unscramble, AR</div> <div>2:00 Vivien Leigh Day: A Streetcar Name Desire, AR</div> <div>3:00 Christian Service with Pastor Dennis, CH</div> <div></div>   | <div>6</div> <div>Wear Something Red</div> <div>9:30 Chair Drumming, AR</div> <div>9:30 Safeway/RA/ Walgreens, Bus</div> <div>10:00 Travel with Susan, AR</div> <div>11:00 Word Scramble, AR</div> <div>2:30 Bingo, AR</div> <div></div>                | <div>7</div> <div>10:00 Chair Exercise, AR</div> <div>11:00 Wii Games, TV</div> <div>2:00 Brain Games, AR</div> <div>3:00 Show Time! Movie, AR</div> <div></div>  |
| <div>8</div> <div>Sunday Fun Day</div> <div>10:00 Chair Exercise, AR</div> <div>2:00 Adult Color Therapy, AR</div> <div>3:00 Billiards, BL</div> <div>3:00 Show Time! Movie, AR</div> <div></div>  | <div>9</div> <div>Wear Blue</div> <div>9:30 Get Moving, AR</div> <div>9:30 Fred Meyer, Bus</div> <div>11:00 Word Scramble, AR</div> <div>2:00 Nuts About Peanut Butter Day! Fun, AR</div> <div>3:00 Chair Exercise, AR</div> <div>6:45 Bingo, AR</div> <div></div>   | <div>10</div> <div>Silly Sock Day</div> <div>10:00 Chair Yoga</div> <div>11:00 Hangman, AR</div> <div>2:00 Travelogue: New York, New York, AR</div> <div>3:00 Wii Bowling, AR</div> <div></div>  | <div>11</div> <div>VETERANS DAY</div> <div>T-Shirt Day</div> <div>9:30 Get Moving, AR</div> <div>10:00 Veterans Day Brain Games, AR</div> <div>11:30 Veterans Recognition Ceremony, DR</div> <div>2:00 Social Hour with Clark &amp; Jean, AR</div> <div>3:00 College of Knowledge, AR</div> <div></div> | <div>12</div> <div>Name Tag/Jeans Day</div> <div>9:30 Get Moving, AR</div> <div>10:00 Hangman, AR</div> <div>11:00 Word Unscramble, AR</div> <div>12:00 Resident/Manager Meeting, DR</div> <div>3:00 Christian Service with Pastor Bryan, CH</div> <div></div>   | <div>13</div> <div>Wear Something Red</div> <div>9:30 Chair Drumming, AR</div> <div>9:30 Safeway/RA/ Walgreens, Bus</div> <div>11:00 Word Scramble, AR</div> <div>2:30 Bingo, AR</div> <div>3:30 Travel with Rick Steves You Tube, AR</div> <div></div> | <div>14</div> <div>10:00 Chair Exercise, AR</div> <div>11:00 Wii Games, TV</div> <div>2:00 Brain Games, AR</div> <div>3:00 Show Time! Movie, AR</div> <div></div> |
| <div>15</div> <div>Sunday Fun Day</div> <div>10:00 Chair Exercise, AR</div> <div>2:00 Adult Color Therapy, AR</div> <div>3:00 Billiards, BL</div> <div>3:00 Show Time! Movie, AR</div> <div></div>   | <div>16</div> <div>Wear Blue</div> <div>9:30 Get Moving, AR</div> <div>9:30 Fred Meyer, Bus</div> <div>11:00 Word Scramble, AR</div> <div>2:00 Walmart &amp; Clackamas Town Center, Bus</div> <div>3:00 Chair Exercise, AR</div> <div>6:45 Bingo, AR</div> <div></div>   | <div>17</div> <div>Silly Sock Day</div> <div>10:00 Chair Yoga</div> <div>11:00 Hangman, AR</div> <div>2:00 Social Hour with Wayne &amp; Danaela, AR</div> <div>3:00 Wii Bowling, AR</div> <div></div>  | <div>18</div> <div>T-Shirt Day</div> <div>9:30 Get Moving, AR</div> <div>10:00 Bring and Share, AR</div> <div>2:00 Happy Birthday: Minnie &amp; Mickey Mouse!, AR</div> <div>3:00 College of Knowledge, AR</div> <div></div>  | <div>19</div> <div>Name Tag/Jeans Day</div> <div>9:30 Get Moving, AR</div> <div>10:00 Hangman, AR</div> <div>11:00 Word Unscramble, AR</div> <div>1:30 Patty Runner: Paws of Tranquility</div> <div>2:30 Chef's Meeting, LB</div> <div>3:00 Christian Service with Pastor Bryan, CH</div> <div>3:00 Chef's Corner with Jen, AR</div> <div></div> | <div>20</div> <div>Wear Something Red</div> <div>9:30 Chair Drumming, AR</div> <div>9:30 Safeway/RA/ Walgreens, Bus</div> <div>10:00 Travel with Susan, AR</div> <div>11:00 Word Scramble, AR</div> <div>2:30 Bingo, AR</div> <div></div>               | <div>21</div> <div>10:00 Chair Exercise, AR</div> <div>11:00 Wii Games, TV</div> <div>2:00 Brain Games, AR</div> <div>3:00 Show Time! Movie, AR</div> <div></div> |
| <div>22</div> <div>Sunday Fun Day</div> <div>10:00 Chair Exercise, AR</div> <div>2:00 Adult Color Therapy, AR</div> <div>3:00 Billiards, BL</div> <div>3:00 Show Time! Movie, AR</div> <div></div>   | <div>23</div> <div>Wear Blue</div> <div>9:30 Get Moving, AR</div> <div>9:30 Fred Meyer, Bus</div> <div>11:00 Word Scramble, AR</div> <div>2:00 "Sixteen Tons" Day: Tennessee Ernie Ford, AR</div> <div>3:00 Chair Exercise, AR</div> <div>6:45 Bingo, AR</div> <div></div>   | <div>24</div> <div>Silly Sock Day</div> <div>10:00 Chair Yoga</div> <div>11:00 Monte Watters Pianist, DR</div> <div>2:00 Let's Talk Turkey Tuesday, AR</div> <div>3:00 Wii Bowling, AR</div> <div></div>   | <div>25</div> <div>T-Shirt Day</div> <div>9:30 Get Moving, AR</div> <div>11:00 Activity Meeting, AR</div> <div>2:00 Social Hour with Clark &amp; Jean, AR</div> <div>3:00 College of Knowledge, AR</div> <div>4:00 Rachel Christopherson, DR</div> <div></div>  | <div>26</div> <div>THANKSGIVING</div> <div>Name Tag/Jeans Day</div> <div>9:00 Macy Day Parade, AR</div> <div>9:30 Get Moving, AR</div> <div>2:00 "Let's Be Grateful," AR</div> <div>3:00 Holiday Movie, AR</div> <div></div>   | <div>27</div> <div>Wear Something Red</div> <div>9:30 Chair Drumming, AR</div> <div>9:30 Safeway/RA/ Walgreens, Bus</div> <div>10:00 Travel with Susan, AR</div> <div>11:00 Word Scramble, AR</div> <div>2:30 Bingo, AR</div> <div></div>               | <div>28</div> <div>10:00 Chair Exercise, AR</div> <div>11:00 Wii Games, TV</div> <div>2:00 Brain Games, AR</div> <div>3:00 Show Time! Movie, AR</div> <div></div> |
| <div>29</div> <div>Sunday Fun Day</div> <div>10:00 Chair Exercise, AR</div> <div>2:00 Adult Color Therapy, AR</div> <div>3:00 Billiards, BL</div> <div>3:00 Show Time! Movie, AR</div> <div></div>   | <div>30</div> <div>Wear Blue</div> <div>9:30 Get Moving, AR</div> <div>9:30 Fred Meyer, Bus</div> <div>11:00 Word Scramble, AR</div> <div>2:00 1st Book Club Meeting, AR</div> <div>3:00 Chair Exercise, AR</div> <div>6:45 Bingo, AR</div> <div></div>  |   |   |  |   |   |



## Thanksgiving

Thanksgiving is right around the corner, and we have a line up for you!

**9 a.m.** — Macy Day Parade — AR

**12:30 p.m.** — Thanksgiving Dinner — DR

**2 p.m.** — Let's Be Grateful — AR

### Turkey Day Trivia

Test your knowledge of all things Thanksgiving.

1. What do turkeys and squirrels have in common?
2. Is turkey hunting more popular in Texas or Alabama?
3. Plymouth, Massachusetts, has historically been credited as the site of the first Thanksgiving feast. Historians have found records of an earlier Thanksgiving in another colony. What's the name of the colony?
4. What American president declared Thanksgiving a holiday?
5. What months did Lincoln earmark for the Thanksgiving holiday?
6. What president declared that Thanksgiving would be celebrated on the fourth Thursday of November?

7. What city has the busiest airport the week of Thanksgiving: Los Angeles, Atlanta or Chicago?
8. True or false: The Wednesday before Thanksgiving is always the busiest air travel day of the year in the U.S.
9. What soup company invented the green bean casserole?
10. People either love or hate what ingredient on sweet potatoes?

### Answers:

1. Both turkeys and squirrels eat a diet high in acorns.
2. Alabama. The state worked hard and succeeded in restoring the dwindling numbers of wild turkeys. Now there are two turkey hunting seasons in the state to manage the population.
3. Jamestown (now Virginia)
4. Abraham Lincoln was so enthused to declare Thanksgiving a national holiday that he decided it should be celebrated twice a year.
5. Lincoln declared Thanksgiving a twice-yearly holiday to be celebrated in August and November. Eventually, the August Thanksgiving faded away.
6. Franklin Delano Roosevelt decided Thanksgiving would be



the fourth Thursday in November instead of the last Thursday in November.

7. Atlanta. It is expected that over 1.3 million people will pass through Atlanta International Airport Thanksgiving week.
8. No, often the busiest air travel day of the year falls in August. That's because over 60 percent of people in the U.S. take a vacation in August.
9. Campbell's Soup Company published a recipe for the casserole in 1955. It sharply increased sales of their cream of mushroom soup.
10. Marshmallows. Once considered very gourmet, marshmallows have since become commonplace. Their popularity varies by region.

## Resident Referral Program

Have you heard we are seeking to invite some more wonderfully friendly people to join our community? We believe birds of a feather flock together, so please introduce us to your friends or family who may be considering an enjoyable retirement lifestyle. We will reward you with a check for \$1,000 for any resident who moves in and joins our community for more than 30 days.

Please see a member of our management team for more information.





## Veterans Day

Veterans Day Prayer

By The Rev. Robin Bacon Hoffman

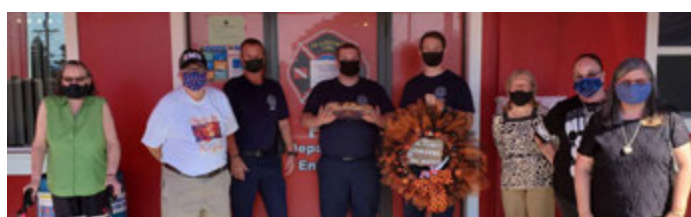
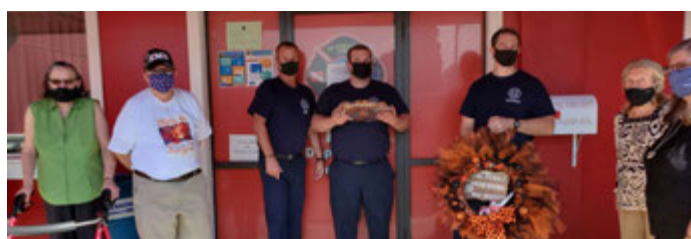
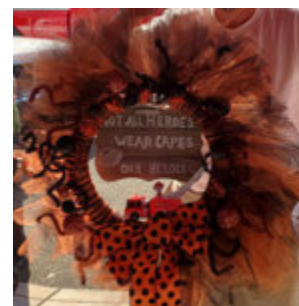
God of grace and mercy, we ask you to bless all the men and women who have served in our armed forces, willing to sacrifice for the benefit of our country and for the benefit of innocent people around the world. Bless those who serve today and protect them. Give them wisdom and strength that they may serve with integrity and courage.

We remember those who have served in time of war: men and women returning from Afghanistan and around the world, and those who served in Vietnam or Korea or in World War II. So many have suffered the anguish of war, wounded in body, mind or spirit. Grant them healing, O God, that they may be whole. Grant patience and understanding to those near them so that they may be treated with the respect and compassion due them. We give thanks for all who have served. As we honor and pray for them, O God, we beg you to plant the seeds of your peace in this world. Grant peace to every land and nation, teaching us to lay down our weapons so that people everywhere may devote themselves to justice, mercy and the welfare of all. Amen.



## Somerset Lodge's Wreath Giving

This year, we wanted to do something special for our local Gladstone Fire Station. Especially after the year we have all had, we wanted to make sure our firefighters know how special and important they are to us. Thank you to everyone who helped in creating our wonderful wreath that we had the pleasure of donating. Our wreath turned out perfect! Orange and black are Gladstone's colors, plus it just so happened to be right in time for Halloween too! Great job, everyone!



## Somerset Lodge's Book Club

It is becoming the time of year when we are together indoors more than outdoors, so it's a great time to share a book and discuss it together over a steamy cup of hot cocoa. Susan has a sign up for the Book Club in the Activity Room, so please stop in! Susan will be handing out our first book on Monday, November 30th, so make sure to sign up!



*Somerset Lodge*  
Gracious Retirement Living

8330 Cason Road  
Gladstone, OR 97027



Our caring staff is here for you any time, day or night, and all utilities except phone are included in one reasonable monthly rent. We offer local, comfortable transportation for shopping, appointments and other scheduled activities. We also take care of the cooking, weekly housekeeping and maintenance, so you can spend more time with new friends and family.

*Somerset Lodge*  
Gracious Retirement Living

**503-657-5659**