

DESERT SPRINGS

Gracious Retirement Living

30 West Lambert Lane • Oro Valley, Arizona 85737 • Phone (520) 219-8100 • www.seniorlivinginstyle.com

NOVEMBER 2020

DESERT SPRINGS STAFF

Managers.....DAVID & BRENDA CERVANTES

Assistant ManagersCHUCK
& CANDY LACOMBE

Executive Chef JUSTIN MURDOCK

Activity CoordinatorJEANETTE SIMI

Maintenance FRANK LOPEZ

Bus Driver HUBERT MEDINA

TRANSPORTATION

Monday, 10 a.m.: Fry's, Target,
Walmart and Walgreens

Monday, 2 p.m.: Fry's, Target,
Walmart and Walgreens

Tuesday & Thursday, 9 a.m.-3 p.m.:
Doctor Appointments

Wednesday, TBD: Outings

Sunday, 8 a.m.-Noon: Church Transportation

HAWTHORN
SENIOR LIVING

Ring the Bells! Fun Upcoming Holiday Events!

Thanksgiving is just around the corner and we have many fun and exciting adventures in store for our residents. Just a few of our outstanding upcoming fall events include:

November 2nd: All Souls Day Social. A day for commemoration of all the faithful departed.

November 6th: A trip down memory lane with Elaine Goetz

November 11th: We will be honoring our military residents and enjoying country music by William Kaciak.

November 11th and 25th: Current Events at 10:30 a.m.

November 17th and 18th: Dr. Warner, podiatrist

November 19th: Harp holiday music by Carolyn Ancell

November 19th: Susan Tek — Audiologist

November 20th: Holiday music with Lynn Jones

November 26th: Thanksgiving Day music
by Manny Huerra on the piano

Friday in November: Wii challenge with
awards on November 27th

November 28th: Book Club at
11 a.m.

November 28th: Crazy
Hat Luncheon! Wear a hat
and win a prize!

Check your calendar
of events and come
join us in these fun,
fall festivities!





Celebrating Our German Festival at Desert Springs

Desert Springs Gracious Living Oktoberfest events are just getting started with music, fun, food, and prizes! Live music by the Stardusters will be performed by Roxanna Baker on the accordion, John Prokop and Danial Duperre on the horns. Good times and good Oktoberfest treats from our Chef to follow performance.

At our Oktoberfest luncheon, our holiday wreath winners were Claire Bourque and Marie Wuerch! Congratulations, ladies!



*Helen posing for
our Oktoberfest
photo wall*



*Holiday wreath
won by Claire*



*Holiday wreath
won by Marie*



Music by the Stardusters

Celebrate Good Times: The Importance of Social Activities for Seniors

Senior socializing is critical to the physical and mental health. However, at times it is difficult for seniors to socialize and stay in touch with family and friends during this time of the season. It is important for seniors to mingle and be active in their communities. Well-planned activities and dining arrangements enable seniors to interact regularly with peers and people from their community as well as pursue hobbies and enjoy live entertainment.

Here are some tips on how to keep yourself engaged, active and happy in you community during these holiday seasons.

Join an activity of your choice: Whether it is painting, crafts or dancing, it will stimulate your mind and give you something to look forward to. It is important to join in on activities such as fitness classes and social physical fitness and socialization throughout the winter season.

Visit family and friends: Arrange visits with your grandchildren, relatives and friends. Just being around others can prevent loneliness and isolation.

Volunteer: Studies show that volunteering is both gratifying and beneficial to senior wellness. It gives you an opportunity to contribute to your community, learn new skills and make more friends.





Resident Highlight

Our fall Resident Highlight is Claire Bourque:

I would like to take this opportunity to share one of our wonderful residents, Claire Bourque. Claire's parents, mother Fernande and Father Arthur were married in 1927 and a year later Claire was born in Massachusetts. Claire was an only child.

Growing up, Claire was very involved in her singing and acting in her school and church throughout her teen years. At the age of 15, Claire studied voice and her voice teacher arranged a singing job on WMEX in Salem, Massachusetts for two years. Claire became known for her "singing voice" and sang all around the North Shore and local towns. At the age of 17, Claire started singing with George Adams band at the USO area. Claire was also involved in plays and performed solos in plays such as "Mireille," "Cloches De Corneville" and many others.

Claire met her husband during her college days when she attended Burdett College in Lynn, Massachusetts. She was singing a solo in the chorus of St. Jean Church. Her husband (Joseph Bourque) walked in and asked his father who that was singing and stated that was the girl he was going to marry. Their first date was the following day and a year later after she graduated from college as a medical secretary, they were married. Claire and her husband were a veteran of World War II, having served in the South

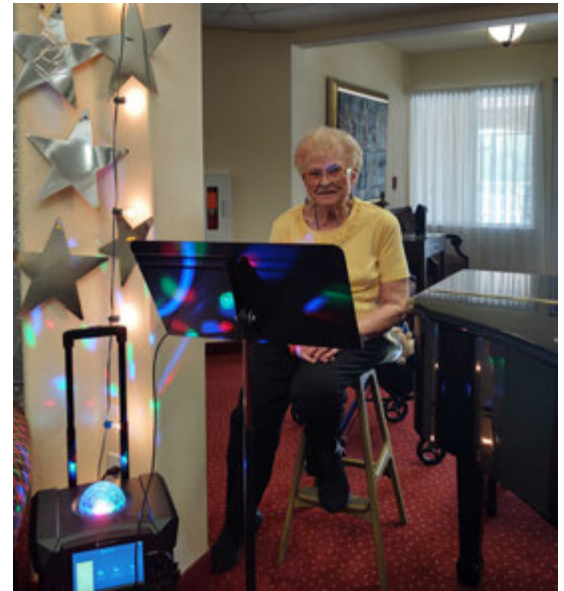


Pacific. Claire and her family had the opportunity to live in several states in the United States and overseas in France. When Claire lived in Alaska working for a school, she had the pleasure of winning honorary Alaskan Air Command's representative in the service-wide 1970 military "Wife of the Year" award. This award was founded by Art Linkletter.

In the following years, Claire and her husband had six beautiful children. Raymond was the first-born son and following was their daughter Theresa, Lorraine, Bernard and her twin boys, Normand and Armand. They are also the proud grandparents of 15 grandchildren and 20 great-grandchildren.

Claire and her husband would continue singing and participate in plays throughout their life together.

Claire and her family moved to Arizona in 1986 and Claire has been a resident at Desert Springs since the first day. A special thank you from Desert Springs to Claire Bourque for volunteering for several events including lately, Bingo on Sundays and a Name That Tune game that was presented to our residents in August. You are so appreciated and loved, Claire!



NOV 2020

Birthdays

Candy Kincaid, 3rd

Bonnie Taylor, 3rd

Margaret Smith, 3rd

Andy Joseph, 5th

Robert Gerkin, 6th

Nicki Sindt, 7th

Georgia Erickson, 10th

Joan Hohenstein, 13th

Lois Shumaker, 19th

Sara Friend, 29th

Anniversaries

Patti & Corky Taylor, 11/17/1956

Millie & Rags Ragland, 11/30/2002

Locations

Activity Center, AC

Activity Center Kitchen, ACK

Atrium, A

Billiards Room, BR

Chapel, CH

Computer Center, CC

Dining Room, DR

Exercise Room, EX












Front Lobby, L

Library, LB

Movie Theater, MT

Swimming Pool, Pool

TV Room, TV

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div>DAYLIGHT SAVING TIME ENDS 1</div> <div>9:20 Chair Exercise, AC</div> <div>2:00 Bingo with Claire, AC</div> <div>2:00 Movie Matinee, MT</div> <div>3:30 Wii Bowling, AC</div> <div>4:00 Coloring Group, AC</div> <div>6:15 Rummikub, TV</div> <div>6:45 Football in the Theater, MT</div>	<div>9:20 Healthy Living Exercise, AC 2</div> <div>10:00 Mah Jongg, BR</div> <div>10:00 Uno Card Game, AC</div> <div>2:00 Movie & Candied Popcorn, MT</div> <div>2:15 Patio Checker Challenge, AC</div> <div>3:00 All Soul's Day Social, AC</div> <div>6:15 Mexican Train, TV</div> <div>6:45 Evening Movie, MT</div>	<div>ELECTION DAY 3</div> <div>9:20 Weight Exercise, AC</div> <div>10:00 Uno Card Game, AC</div> <div>11:00 Memory Enhancement, A</div> <div>2:00 Bingo, AC</div> <div>2:00 Movie: Wizard of Oz Day, MT</div> <div>3:00 Presidential Trivia, AC</div> <div>6:15 Rummikub, TV</div> <div>6:45 Evening Movie, MT </div>	<div>9:20 Breathing & Yoga Exercise, AC 4</div> <div>10:00 Uno Card Game, AC</div> <div>11:00 Billiards 4 the Guys, BR</div> <div>2:00 Movie Matinee, MT</div> <div>2:15 Indoor Shuffleboard, AC</div> <div>3:00 Holiday Arts & Crafts, AC</div> <div>6:15 Euchre, TV</div> <div>6:45 Evening Movie, MT</div>	<div>9:20 Weight Exercise, AC 5</div> <div>10:00 Uno Card Game, AC</div> <div>11:00 Ping Pong, BR</div> <div>2:00 Movie Matinee, MT</div> <div>2:00 Holiday Bingo Win \$20, AC</div> <div>3:00 Nat King Cole Day Music and Games, AC</div> <div>6:15 Mexican Train, TV </div> <div>6:45 Evening Movie, MT</div>	<div>9:20 Black Friday Ball Exercise, AC 6</div> <div>10:00 Uno Card Game, AC</div> <div>10:25 The Game of Farkle, AC</div> <div>2:00 Movie Matinee, MT</div> <div>2:00 Wii Bowling Challenge & Awards, AC</div> <div>3:00 Trip Down Music Memory with Elaine, A</div> <div>4:00 Nacho Day: Nachos & BYOD, AC </div> <div>6:45 Evening Movie, MT</div>	<div>9:20 Chair Exercise, AC 7</div> <div>10:00 Uno Card Game, AC</div> <div>10:00 Donut Social, TV</div> <div>10:30 Bean Bag Baseball, AC</div> <div>2:00 Movie Matinee, MT</div> <div>6:15 Skip-Bo, TV</div> <div>6:45 Evening Movie, MT </div>
<div>9:20 Chair Exercise, AC 8</div> <div>10:00 Tongue Twister Puzzles, AC</div> <div>2:00 Bingo with Claire, AC</div> <div>2:00 Movie Matinee, MT</div> <div>3:30 Wii Bowling, AC</div> <div>4:00 Coloring Group, AC</div> <div>6:15 Rummikub, TV</div> <div>6:45 Football in the Theater, MT</div>	<div>9:20 Healthy Living Exercise, AC 9</div> <div>10:00 Uno Card Game, AC</div> <div>2:00 Movie & Candied Popcorn, MT</div> <div>2:15 Afternoon Walk, L</div> <div>3:00 November Hangman Game, AC</div> <div>6:15 Mexican Train, TV</div> <div>6:45 Evening Movie, MT</div>	<div>9:20 Weight Exercise, AC 10</div> <div>10:00 Uno Card Game, AC</div> <div>11:00 Memory Enhancement, AC</div> <div>2:00 Bingo, AC</div> <div>2:00 Movie Matinee, MT</div> <div>6:15 Rummikub, TV</div> <div>6:45 Evening Movie, MT </div>	<div>VETERANS DAY 11</div> <div>9:20 Breathing & Yoga Exercise, AC</div> <div>10:00 Uno Card Game, AC</div> <div>10:30 Current Events, CH</div> <div>12:00 Special Veterans Day Luncheon, DR</div> <div>2:00 Movie Matinee, MT</div> <div>3:00 Honoring Veterans and Music by Bill Kaciak, A</div> <div>6:15 Euchre, TV</div> <div>6:45 Evening Movie, MT</div>	<div>9:20 Weight Exercise, AC 12</div> <div>10:00 Uno Card Game, AC</div> <div>11:00 Weight Machine Training, EX</div> <div>2:00 Movie Matinee, MT</div> <div>2:00 Holiday Bingo Win \$20, AC</div> <div>3:00 Crazy 4 Cranberries Trivia & Mocktails, AC</div> <div>6:15 Mexican Train, TV</div> <div>6:45 Evening Movie, MT</div>	<div>9:20 Black Friday Ball Exercise, AC 13</div> <div>10:00 Uno Card Game, AC</div> <div>10:25 The Game of Farkle, AC</div> <div>2:00 Movie Matinee, MT</div> <div>2:00 Wii Bowling Challenge & Awards, AC</div> <div>3:00 New Resident Pumpkin Pie Meet & Greet Social, A </div> <div>6:45 Evening Movie, MT</div>	<div>9:20 Chair Exercise, AC 14</div> <div>10:00 Uno Card Game, AC</div> <div>10:00 Donut Social, TV</div> <div>10:30 Bean Bag Baseball, AC</div> <div>2:00 Movie Matinee, MT</div> <div>6:15 Skip-Bo, TV</div> <div>6:45 Evening Movie, MT</div>
<div>9:20 Chair Exercise, AC 15</div> <div>2:00 Bingo with Claire, AC</div> <div>2:00 Movie Matinee, MT</div> <div>3:30 Wii Bowling, AC</div> <div>4:00 Coloring Group, AC</div> <div>6:15 Rummikub, TV</div> <div>6:45 Football in the Theater, MT</div>	<div>9:20 Healthy Living Exercise, AC 16</div> <div>10:00 Mah Jongg, BR</div> <div>10:00 Uno Card Game, AC</div> <div>2:00 Movie & Candied Popcorn, MT</div> <div>3:00 Indoor Shuffleboard, AC</div> <div>6:15 Mexican Train, TV</div> <div>6:45 Evening Movie, MT</div>	<div>9:00 Dr. Warner, Podiatrist, EX 17</div> <div>9:20 Weight Exercise, AC</div> <div>10:00 Uno Card Game, AC</div> <div>11:00 Memory Enhancement, AC</div> <div>2:00 Bingo, AC</div> <div>2:00 Movie Matinee, MT</div> <div>6:15 Rummikub, TV</div> <div>6:45 Evening Movie, MT </div>	<div>9:00 Dr. Warner, Podiatrist, EX 18</div> <div>9:20 Breathing & Yoga Exercise, AC</div> <div>10:00 Uno Card Game, AC</div> <div>2:00 Movie Matinee, MT</div> <div>3:00 National Apple Cider Day & Art, AC</div> <div>6:15 Euchre, TV</div> <div>6:45 Evening Movie, MT</div>	<div>9:00 Susan Tek Audiologist, EX 19</div> <div>9:20 Weight Exercise, AC</div> <div>10:00 Uno Card Game, AC</div> <div>11:00 Int. Guys Day Billiards, BR</div> <div>2:00 Movie Matinee, MT</div> <div>2:00 Holiday Bingo Win \$20, AC</div> <div>3:00 Christmas Harp Music with Carolyn Ancell, A </div> <div>6:45 Evening Movie, MT</div>	<div>9:20 Black Friday Ball Exercise, AC 20</div> <div>10:00 Uno Card Game, AC</div> <div>10:25 The Game of Farkle, AC</div> <div>2:00 Movie Matinee, MT</div> <div>2:00 Wii Bowling Challenge & Awards, AC</div> <div>3:00 Holiday Piano Music & Social Hour with Lynn Jones, A</div> <div>6:45 Evening Movie, MT</div>	<div>9:20 Chair Exercise, AC 21</div> <div>10:00 Uno Card Game, AC</div> <div>10:00 Donut Social, TV</div> <div>10:30 Bean Bag Baseball, AC</div> <div>11:00 Book Club Meeting, CH</div> <div>2:00 Movie Matinee, MT</div> <div>6:15 Skip-Bo, TV</div> <div>6:45 Evening Movie, MT</div>
<div>9:20 Chair Exercise, AC 22</div> <div>2:00 Bingo with Claire, AC</div> <div>2:00 Movie Matinee, MT</div> <div>3:30 Wii Bowling, AC</div> <div>4:00 Coloring Group, AC</div> <div>6:15 Rummikub, TV</div> <div>6:45 Football in the Theater, MT</div>	<div>9:00 December Calendar Delivery, AC 23</div> <div>9:20 Healthy Living Exercise, AC</div> <div>10:00 Uno Card Game, AC</div> <div>2:00 Movie & Candied Popcorn, MT</div> <div>2:15 Afternoon Walk, L</div> <div>3:00 Ladder Game, AC</div> <div>6:15 Mexican Train, TV</div> <div>6:45 Evening Movie, MT</div>	<div>9:20 Weight Exercise, AC 24</div> <div>10:00 Uno Card Game, AC</div> <div>11:00 Memory Enhancement, AC</div> <div>2:00 Bingo, AC</div> <div>2:00 Movie Matinee, MT</div> <div>3:00 Let's Talk Turkey Trivia, AC</div> <div>6:15 Rummikub, TV</div> <div>6:45 Evening Movie, MT</div>	<div>9:20 Breathing & Yoga Exercise, AC 25</div> <div>10:00 Uno Card Game, AC</div> <div>10:30 Current Events, CH</div> <div>2:00 Movie Matinee, MT</div> <div>3:00 Holiday Creative Crafts, AC</div> <div>6:15 Euchre, TV</div> <div>6:45 Evening Movie, MT</div>	<div>THANKSGIVING 26</div> <div>9:20 Weight Exercise, AC</div> <div>10:00 Uno Card Game, AC</div> <div>12:00 Thanksgiving Luncheon, DR</div> <div>2:00 Movie Matinee & Candied Popcorn, MT</div> <div>2:00 Holiday Bingo Win \$20, AC</div> <div>3:00 Manny Huerra Holiday Piano Music, A</div> <div>6:45 Evening Movie, MT</div>	<div>9:20 Black Friday Ball Exercise, AC 27</div> <div>10:00 Uno Card Game, AC</div> <div>10:25 The Game of Farkle, AC</div> <div>2:00 Movie Matinee, MT</div> <div>2:00 Wii Bowling Challenge & Awards, AC</div> <div>3:00 November Birthdays Social Hour, AC</div> <div>6:45 Evening Movie, MT</div>	<div>9:20 Chair Exercise, AC 28</div> <div>10:00 Uno Card Game, AC</div> <div>10:00 Donut Social, TV</div> <div>10:30 Bean Bag Baseball, AC</div> <div>2:00 Movie Matinee, MT</div> <div>6:15 Skip-Bo, TV</div> <div>6:45 Evening Movie, MT</div>
<div>9:20 Chair Exercise, AC 29</div> <div>2:00 Bingo with Claire, AC</div> <div>2:00 Movie Matinee, MT</div> <div>3:30 Wii Bowling, AC</div> <div>4:00 Coloring Group, AC</div> <div>6:15 Rummikub, TV</div> <div>6:45 Football in the Theater, MT </div>	<div>9:00 December Calendar Delivery, AC 30</div> <div>9:20 Healthy Living Exercise, AC</div> <div>10:00 Uno Card Game, AC</div> <div>12:00 Crazy Hat Luncheon: Wear Your Hat, Win a Prize!, DR</div> <div>2:00 Movie & Candied Popcorn, MT</div> <div>3:00 Indoor Shuffleboard, AC</div> <div>6:15 Mexican Train, TV</div> <div>6:45 Evening Movie, MT </div>					



Being Thankful in 2020

The Webster definition of "Thankful" is: Conscious of benefits received; expressive of thanks; well pleased.

As the end of the year approaches, thoughts of being thankful revolves around thoughts of our family, friends and good health in this holiday season. It's also a time to pause, reflect on our lives and think about the blessings in our lives.

Thanksgiving is soon upon us and a time to celebrate and be grateful with family and friends. But even if festivities look different this year due to the pandemic, there are still safe and healthy ways to enjoy being with company this holiday.

Desert Springs Gracious Retirement Living wish you and yours good health and happiness during this holiday season.



Rick Dunn says he is grateful for his family & the friends he has made here at "beautiful Desert Springs."

Guess Who?

Did you guess who our September fall Guess Who is? This handsome sailor is our one and only James Gasson, better known as Jim. Jim is a new resident here at Desert Springs. Please feel free to introduce yourself to your new neighbor! Welcome aboard Jim! We are grateful having you with us!



Can you guess who I am?

Now, can you guess who our November Fall Guess Who cutie is? Bet you will be surprised who this is!

Book Club News by Kay Gragg

BOOK CLUB NEWS

By Kay Gragg

Due to some of our members being under the weather, we had to postpone our September book to our October meeting. So, on November 21st, we will meet to discuss "The Red Notebook" by Antoine Laurain.

Bookseller Laurent Letellier comes across an abandoned handbag on a Parisian street. There's nothing in the bag to identify its owner, but



Book Club

there are other things, including a red notebook with its jottings which makes Laurent want to meet her plus he really feels compelled to find the bag's owner. But with no name to go on and only a few of her possessions to help him, how is he to find one woman in a city of millions?

Come find out on Saturday, November 21st! With Management approval, we will meet at Casita 11. Because of COVID, we will be wearing masks and socially distancing. If you are interested in our group and haven't attended before, please call Kay Gragg at 544-2545 for more information.

A special thank you to Kay Gragg for all you do! You are much appreciated!

Studio "C" Hair Salon

Desert Springs has a wonderful full-service salon located just out the back entrance for your convenience. Carol Smith is open and taking appointments. If you are interested in a haircut, style or your color refreshed, please feel free to call Carol Smith at (561) 248-5934.





Pumpkin Decorating and Root Beer Floats: Life Is Good at Desert Springs!

Bring on the pumpkins! Residents got their “BOO” on as they decorated their pumpkins for the season. Smiles were had as the funny faces appeared like magic on their pumpkin’s face! Sipping root beer floats, pumpkin crafts and visiting friends — life is good at Desert Springs Gracious Retirement living. Come join our holiday festivities!



Mr. Pirate Pumpkin and root beer floats



Fun pumpkin festivities



Bring on the pumpkins!



Pumpkin decorating is much more fun when you do it together!

Welcome New Residents

A special welcome from Desert Springs Gracious Retirement Living to our new residents. We are happy you have chosen Desert Springs to be your new home!

We are focused on the well-being of our residents and would like to take this opportunity to welcome you to our fun events and activity programs scheduled for your enjoyment in the upcoming month of November. If you were unable to attend this month’s orientation for new residents, you are always welcome to attend one soon. If you have questions about activities or events, please feel free to see Jeanette, your Activity Coordinator, or one of your Managers will be happy to answer any questions you may have. Welcome and come join the fun!



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A detailed still life photograph of autumn harvest items. It includes several pumpkins in orange and white, ears of corn, gourds, and acorns arranged on a dark, textured surface.

Fall in love...

With Our Gracious Lifestyle

Our caring staff is here for you any time, day or night, and all utilities except phone are included in one reasonable monthly rent. We offer local, comfortable transportation for shopping, appointments and other scheduled activities. We also take care of the cooking, weekly housekeeping and maintenance, so you can spend more time with new friends and family.

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