



Yvonne H. Listening to her Boom Box Radio!

5 Fun Thanksgiving Facts

1. Americans eat an estimated 50 million pumpkin pies on Thanksgiving.

If you'd rather leave your pumpkins for Halloween, you're not alone. According to The American Pie Council, more Americans prefer apple pie overall — pumpkin pie only comes in second place.

2. Four places in the country bear the name Turkey. The U.S. Census has identified another four named Cranberry, and a grand total of 34 dubbed Plymouth.

3. The Butterball Turkey Talk-Line answers almost 100,000 calls each season.

In 2016, the company's popular cooking crisis management team introduced a 24-hour text message line for the lead-up to the big day.

4. Only male turkeys actually gobble.

Only male turkeys — appropriately named gobblers — actually make the sound. Female turkeys cackle instead.

5. Most Americans prefer Thanksgiving leftovers to the actual meal.

Almost 8 in 10 Americans agree that the second helpings of stuffing, mashed potatoes, and of course pie beat out the big dinner itself, according to a 2015 Harris Poll.

Adapted from Good Housekeeping online, July 22, 2020



David C. Enjoying Activities with Ana and other Residents painting his Truck filled with pumpkins. Great job!

Residents Birthday's

Donna B.----- 1st
 Alice C.----- 7th
 Richard "Al" B.-----10th
 Rose Ba.----- 20th
 Pam P.-----20th
 Norma Bi.-----21st
 William J.----- 23rd
 Pat B.----- 27th
 Gwen F.----- 29th
 Phyllis F.----- 30th
 "Wally" H.-----30th

Flagstone Senior Living

November
2020

3325 Columbia View Drive
The Dalles, OR 97058

Flagstone
SENIOR LIVING



Employee of The Month- Connie P. is our Receptionist at the front desk. She is known for her kindness, being helpful, friendly, patient and awesome to work with. "She is on top of her game" & "You truly are a ROCKSTAR". Thanks for being part of The Flagstone Crew and congratulations for being selected for Employee of the Month!



Residents Anniversary's

Bill H.-----6 Years
 Jerene H.-----3 Years
 Rose Ba.-----3 Years

Employee Anniversary's

Debbie R.-----3 Years
 Arvin N.-----1 Year
 Rocelyn N.-----1 year
 Adriana S.-----1 Year



Small batch Microwave no bake cookies

Minutes to Prepare: 2

Minutes to Cook: 1

Number of Servings: 4

Ingredients

1 tbsp butter
 1 tbsp milk
 1/8 cup sugar
 1 tbsp cocoa powder
 1 tbsp peanut butter
 1/2 cup old fashioned oats

Directions- Microwave butter till liquid
 stir in milk, sugar, and cocoa powder
 Microwave for 1 min 10 seconds (depending on microwave strength) stir in peanut butter and oats
 form into cookies enjoy!

November 2020
Assisted Living Lifestyle & Leisure



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>Daylight Saving Time Begins</div> <div>HAPPY SUNDAY</div> <div>7:30 LL Breakfast</div> <div>10:15 LL Hydration (Door to Door)</div> <div>11:30 LL Lunch</div> <div>4:30 LL Dinner</div> <div>1</div>	<div>7:30 LL Breakfast</div> <div>9:45 LL Hydration (Door to Door)</div> <div>10:15 PE Sit and Be Fit (RR)</div> <div>11:30 LL Lunch</div> <div>12:30 LL Manicures By Appointment Only (LAR)</div> <div>1:00 LL Tea with Friends</div> <div>2:30 AE Christmas Craft (RR)</div> <div>4:30 LL Dinner</div> <div>2</div>	<div>Election Day</div> <div>7:30 LL Breakfast</div> <div>9:45 LL Hydration (Door to Door)</div> <div>10:00 LL Dollar Store (Room to Room)</div> <div>10:15 PE Sit and Be Fit (RR)</div> <div>11:30 LL Lunch</div> <div>1:00 LL BINGO (RR)</div> <div>2:30 AE Knitting & Crocheting (RR)</div> <div>4:30 LL Dinner</div> <div>3</div>	<div>7:30 LL Breakfast</div> <div>9:45 LL Hydration (Door to Door)</div> <div>10:15 PE Sit and Be Fit (RR)</div> <div>11:30 LL Lunch</div> <div>12:30 LL Cozy Cart- Hot Drinks</div> <div>2:00 LL Tea with Friends (RR)</div> <div>3:00 AE Crafts (LAR)</div> <div>4:30 LL Dinner</div> <div>4</div>	<div>7:30 LL Breakfast</div> <div>9:45 LL Hydration (Door to Door)</div> <div>10:15 PE Sit and Be Fit (RR)</div> <div>11:30 LL Lunch</div> <div>12:30 LL Hallway Happy Hour</div> <div>1:00 LL Bingo (RR)</div> <div>2:45 LL Movie "Love at the Thanksgiving Day Parade" - Must Sign Up (RR)</div> <div>4:30 LL Dinner</div> <div>5</div>	<div>7:30 LL Breakfast</div> <div>9:45 LL Hydration (Door to Door)</div> <div>10:15 PE Sit and Be Fit (RR)</div> <div>11:30 LL Lunch</div> <div>12:30 LL Bus Adventure Drive- Must Sign Up</div> <div>1:30 LL Bus Adventure Drive- Must Sign Up</div> <div>3:15 LL Movie "Andre" (RR)</div> <div>4:30 LL Dinner</div> <div>6</div>	<div>Happy Birthday Alice C.</div> <div>7:30 LL Breakfast</div> <div>9:45 LL Hydration (Door to Door)</div> <div>11:30 LL Lunch</div> <div>12:30 PE WII Bowling- Must Sign Up (RR)</div> <div>2:00 AE Crafts (RR)</div> <div>4:30 LL Dinner</div> <div>7</div>
<div>HAPPY SUNDAY</div> <div>7:30 LL Breakfast</div> <div>9:45 LL Hydration (Door to Door)</div> <div>10:00 SS Church Services "Live Stream" (Calvary Baptist)</div> <div>11:30 LL Lunch</div> <div>1:00 SS Church Service "Live Stream" (Calvary Baptist)</div> <div>1:30 AE Crafts W/Ana (LAR)</div> <div>4:30 LL Dinner</div> <div>8</div>	<div>7:30 LL Breakfast</div> <div>9:45 LL Hydration (Door to Door)</div> <div>10:15 PE Sit and Be Fit (RR)</div> <div>11:30 LL Lunch</div> <div>12:30 LL Manicures By Appointment Only (LAR)</div> <div>1:00 LL Tea with Friends</div> <div>2:30 AE Christmas Craft (RR)</div> <div>4:30 LL Dinner</div> <div>9</div>	<div>Happy Birthday Richard "Al" B.</div> <div>7:30 LL Breakfast</div> <div>9:45 LL Hydration (Door to Door)</div> <div>10:00 LL Dollar Store (Room to Room)</div> <div>10:15 PE Sit and Be Fit (RR)</div> <div>11:30 LL Lunch</div> <div>1:00 LL BINGO (RR)</div> <div>2:30 AE Knitting & Crocheting (RR)</div> <div>4:30 LL Dinner</div> <div>10</div>	<div>Veterans Day</div> <div>7:30 LL Breakfast</div> <div>9:45 LL Hydration (Door to Door)</div> <div>10:15 PE Sit and Be Fit (RR)</div> <div>11:30 LL Lunch</div> <div>12:30 LL Cozy Cart- Hot Drinks</div> <div>2:00 LL Tea with Friends (RR)</div> <div>4:30 LL Waffles for Dinner</div> <div>11</div>	<div>7:30 LL Breakfast</div> <div>9:45 LL Hydration (Door to Door)</div> <div>10:15 PE Sit and Be Fit (RR)</div> <div>11:30 LL Lunch</div> <div>12:30 LL Hallway Happy Hour</div> <div>1:00 LL Bingo (RR)</div> <div>2:45 LL Movie "An Old Fashioned Thanksgiving"- Must Sign Up (RR)</div> <div>4:30 LL Dinner</div> <div>12</div>	<div>7:30 LL Breakfast</div> <div>9:45 LL Hydration (Door to Door)</div> <div>10:15 PE Sit and Be Fit (RR)</div> <div>11:30 LL Lunch</div> <div>12:30 LL Bus Adventure Drive- Must Sign Up</div> <div>1:30 LL Bus Adventure Drive- Must Sign Up</div> <div>3:15 LL Movie (RR)</div> <div>4:30 LL Dinner</div> <div>13</div>	<div>7:30 LL Breakfast</div> <div>9:45 LL Hydration (Door to Door)</div> <div>11:30 LL Lunch</div> <div>12:30 PE WII Bowling- Must Sign Up (RR)</div> <div>1:30 LL Saturday Movie</div> <div>4:30 LL Dinner</div> <div>14</div>
<div>HAPPY SUNDAY</div> <div>Happy Birthday Kristen S.</div> <div>7:30 LL Breakfast</div> <div>9:45 LL Hydration (Door to Door)</div> <div>10:00 SS Church Services "Live Stream" (Calvary Baptist)</div> <div>11:30 LL Lunch</div> <div>1:00 SS Church Service "Live Stream" (Calvary Baptist)</div> <div>4:30 LL Dinner</div> <div>15</div>	<div>7:30 LL Breakfast</div> <div>9:45 LL Hydration (Door to Door)</div> <div>10:15 PE Sit and Be Fit (RR)</div> <div>11:30 LL Lunch</div> <div>12:30 LL Manicures By Appointment Only (LAR)</div> <div>1:00 LL Tea with Friends</div> <div>2:30 AE Christmas Craft (RR)</div> <div>4:30 LL Dinner</div> <div>16</div>	<div>7:30 LL Breakfast</div> <div>9:45 LL Hydration (Door to Door)</div> <div>10:00 LL Dollar Store (Room to Room)</div> <div>10:15 PE Sit and Be Fit (RR)</div> <div>11:30 LL Lunch</div> <div>1:00 LL BINGO (RR)</div> <div>2:30 AE Knitting & Crocheting (RR)</div> <div>4:30 LL Dinner</div> <div>17</div>	<div>7:30 LL Breakfast</div> <div>9:45 LL Hydration (Door to Door)</div> <div>10:15 PE Sit and Be Fit (RR)</div> <div>11:30 LL Lunch</div> <div>12:30 LL Cozy Cart- Hot Drinks</div> <div>2:00 LL Tea with Friends (RR)</div> <div>3:00 AE Crafts (LAR)</div> <div>4:30 LL Dinner</div> <div>18</div>	<div>7:30 LL Breakfast</div> <div>9:45 LL Hydration (Door to Door)</div> <div>10:15 PE Sit and Be Fit (RR)</div> <div>11:30 LL Lunch</div> <div>12:30 LL Hallway Happy Hour</div> <div>1:00 LL Bingo (RR)</div> <div>2:45 LL Movie- "The Thanksgiving Treasure"- Must Sign Up (RR)</div> <div>4:30 LL Dinner</div> <div>19</div>	<div>Happy Birthday Rose B. (Terrace)</div> <div>7:30 LL Breakfast</div> <div>9:45 LL Hydration (Door to Door)</div> <div>10:15 PE Sit and Be Fit (RR)</div> <div>11:30 LL Lunch</div> <div>12:30 LL Bus Adventure Drive- Must Sign Up</div> <div>1:30 LL Bus Adventure Drive- Must Sign Up</div> <div>3:15 LL Movie (RR)</div> <div>4:30 LL Dinner</div> <div>20</div>	<div>Happy Birthday Norma Bi.</div> <div>7:30 LL Breakfast</div> <div>9:45 LL Hydration (Door to Door)</div> <div>11:30 LL Lunch</div> <div>12:30 PE WII Bowling- Must Sign Up (RR)</div> <div>1:30 LL Saturday Movie</div> <div>4:30 LL Dinner</div> <div>21</div>
<div>HAPPY SUNDAY</div> <div>7:30 LL Breakfast</div> <div>9:45 LL Hydration (Door to Door)</div> <div>10:00 SS Church Services "Live Stream" (Calvary Baptist)</div> <div>11:30 LL Lunch</div> <div>1:00 SS Church Service "Live Stream" (Calvary Baptist)</div> <div>1:30 AE Crafts (LAR)</div> <div>4:30 LL Dinner</div> <div>22</div>	<div>Happy Birthday William J.</div> <div>7:30 LL Breakfast</div> <div>9:45 LL Hydration (Door to Door)</div> <div>10:15 PE Sit and Be Fit (RR)</div> <div>11:30 LL Lunch</div> <div>12:30 LL Manicures By Appointment Only (LAR)</div> <div>1:00 LL Tea with Friends</div> <div>2:30 AE Christmas Craft (RR)</div> <div>4:30 LL Dinner</div> <div>23</div>	<div>7:30 LL Breakfast</div> <div>9:45 LL Hydration (Door to Door)</div> <div>10:00 LL Dollar Store (Room to Room)</div> <div>10:15 PE Sit and Be Fit (RR)</div> <div>11:30 LL Lunch</div> <div>1:00 LL BINGO (RR)</div> <div>2:30 AE Knitting & Crocheting (RR)</div> <div>4:30 LL Dinner</div> <div>24</div>	<div>7:30 LL Breakfast</div> <div>9:45 LL Hydration (Door to Door)</div> <div>10:15 PE Sit and Be Fit (RR)</div> <div>11:30 LL Lunch</div> <div>12:30 LL Cozy Cart- Hot Drinks</div> <div>2:00 LL Tea with Friends (RR)</div> <div>4:30 LL Dinner</div> <div>25</div>	<div>Thanksgiving</div> <div>7:30 LL Breakfast</div> <div>9:45 LL Hydration (Door to Door)</div> <div>10:15 PE Sit and Be Fit (RR)</div> <div>10:30 CC Thanksgiving Cart (Door to Door)</div> <div>11:30 LL Lunch</div> <div>12:30 LL Hallway Happy Hour</div> <div>1:00 LL Bingo (RR)</div> <div>2:45 LL Movie "Holiday Rush" -Must Sign Up (RR)</div> <div>4:30 LL Dinner</div> <div>26</div>	<div>Happy Birthday Pat B.</div> <div>7:30 LL Breakfast</div> <div>9:45 LL Hydration (Door to Door)</div> <div>10:15 PE Sit and Be Fit (RR)</div> <div>11:30 LL Lunch</div> <div>12:30 LL Bus Adventure Drive- Must Sign Up</div> <div>1:30 LL Bus Adventure Drive- Must Sign Up</div> <div>3:15 LL Movie (RR)</div> <div>4:30 LL Dinner</div> <div>27</div>	<div>7:30 LL Breakfast</div> <div>9:45 LL Hydration (Door to Door)</div> <div>11:30 LL Lunch</div> <div>12:30 PE WII Bowling- Must Sign Up (RR)</div> <div>1:30 LL Saturday Movie</div> <div>4:30 LL Dinner</div> <div>28</div>
<div>HAPPY SUNDAY</div> <div>Happy Birthday Gwen F.</div> <div>7:30 LL Breakfast</div> <div>9:45 LL Hydration (Door to Door)</div> <div>10:00 SS Church Services "Live Stream" (Calvary Baptist)</div> <div>11:30 LL Lunch</div> <div>1:00 SS Church Service "Live Stream" (Calvary Baptist)</div> <div>1:30 AE Crafts (LAR)</div> <div>4:30 LL Dinner</div> <div>29</div>	<div>Happy Birthday Wally H.</div> <div>7:30 LL Breakfast</div> <div>9:45 LL Hydration (Door to Door)</div> <div>10:15 PE Sit and Be Fit (RR)</div> <div>11:30 LL Lunch</div> <div>12:30 LL Manicures By Appointment Only (LAR)</div> <div>1:00 LL Tea with Friends</div> <div>2:30 AE Christmas Craft (RR)</div> <div>4:30 LL Dinner</div> <div>30</div>	<div></div> <div>AE Artistic Expression</div> <div>CC Community Connections</div> <div>LL Lifestyle & Leisure</div> <div>PE Physical Engagement</div> <div>SS Spiritual Support</div>				