

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# October 2020



<p>9:30-10:00: Daily Chronicle 10:00-10:30: Arm Band Training 10:30-11:00: Hydration 11:00-11:30: Welcome October Season 11:30-12:30: Lunch 12:30-1:00: Relaxation 1:00-1:30: Season Changing Video 1:30-2:00: Balloon Toss 2:00-2:30: Art Expressions 2:30-3:00: Inspirational Readings 3:00-3:30: Snacks 3:30-4:00: October Facts 4:00-4:30: Residents Choice</p>	<p>9:30-10:00: Friday News! 10:00-10:30: Exercise! 10:30-11:00: Hydration 11:00-11:30: Friday Comedy 11:30-12:30: Lunch 12:30-1:00: Relaxation 1:00-1:30: Musical Memories 1:30-2:00: Anything Ball! 2:00-2:30: Guess That Movie 2:30-3:00: Movie and Popcorn 3:00-3:30: Snacks 3:30-4:00: Sentimental Reflections 4:00-4:30: Residents Choice Sukkot Begins</p>	<p>9:30-10:00: Daily Chronicle 10:00-10:30: Exercise Fun! 10:30-11:00: Hydration 11:00-11:30: Timeless Trivia 11:30-12:30: Lunch 12:30-1:00: Relaxation 1:00-1:30: Sentimental Journey Music 1:30-2:00: Hand Massages 2:00-2:30: Balloon Grab Game! 2:30-3:00: Inspirational Readings 3:00-3:30: Snacks 3:30-4:00: Ray Charles Music 4:00-4:30: Residents Choice</p>				
<p>9:30-10:00: On This Day! 10:00-10:30: Exercise Time! 10:30-11:00: Hydration 11:00-11:30: Religious Reading 11:30-12:30: Lunch 12:30-1:00: Relaxation 1:00-1:30: Mediation 1:30-2:00: Sensory Time 2:00-2:30: Musical Memories 2:30-3:00: Comedy With Dean Martin 3:00-3:30: Snacks 3:30-4:00: Free Draw 4:00-4:30: Residents Choice</p>	<p>9:30-10:00: Daily Chronicle 10:00-10:30: Monday Muscles 10:30-11:00: Hydration 11:00-11:30: Think About It! *Game* 11:30-12:30: Lunch 12:30-1:00: Relaxation 1:00-1:30: Musicals 1:30-2:00: Manicures 2:00-2:30: Hand Massages 2:30-3:00: Mass Monday 3:00-3:30: Snacks 3:30-4:00: Sing-a-long Circle 4:00-4:30: Residents Choice</p>	<p>9:30-10:00: Daily Scoop! 10:00-10:30: Band Fitness! 10:30-11:00: Hydration 11:00-11:30: Tuesday Trivia 11:30-12:30: Lunch 12:30-1:00: Relaxation 1:00-1:30: Rosary and Prayers 1:30-2:00: Balloon Toss 2:00-2:30: Art Expressions 2:30-3:00: Finishing Phrase 3:00-3:30: Snacks 3:30-4:00: Nat King Cole Music 4:00-4:30: Residents Choice</p>	<p>9:30-10:00: Scoop of the Day! 10:00-10:30: Cardio Challenge 10:30-11:00: Hydration 11:00-11:30: Question Ball 11:30-12:30: Lunch 12:30-1:00: Relaxation 1:00-1:30: Lets Get Up and Walk! 1:30-2:00: Football 2:00-2:30: Famous Faces 2:30-3:00: Coloring 3:00-3:30: Candy and Beverage Social 3:30-4:00: Travelogue to China 4:00-4:30: Residents Choice</p>	<p>9:30-10:00: Daily Chronicle 10:00-10:30: Chair Dancing 10:30-11:00: Hydration 11:00-11:30: Timeless Trivia 11:30-12:30: Lunch 12:30-1:00: Relaxation 1:00-1:30: Soft Tunes 1:30-2:00: Toss Ball 2:00-2:30: Art Expressions 2:30-3:00: Who Am I? 3:00-3:30: Snacks 3:30-4:00: Sentimental Sing-a-Long 4:00-4:30: Residents Choice</p>	<p>9:30-10:00: Friday News! 10:00-10:30: Sit Down Dancing! 10:30-11:00: Hydration 11:00-11:30: Friday Funnies 11:30-12:30: Lunch 12:30-1:00: Relaxation 1:00-1:30: Kenny Rogers Music 1:30-2:00: Guess That Sound! *Game* 2:00-2:30: Movie Trivia 2:30-3:00: Movie and Popcorn 3:00-3:30: Snacks and Hydration 3:30-4:00: Musical Memories 4:00-4:30: Residents Choice</p>	<p><b>Happy Birthday Roberta S!</b> 9:30-10:00: Daily Chronicle 10:00-10:30: Freestyle Exercise 10:30-11:00: Hydration 11:00-11:30: Timeless Trivia 11:30-12:30: Lunch 12:30-1:00: Relaxation 1:00-1:30: Saturday Jazz 1:30-2:00: Hand Massages 2:00-2:30: Balloon Grab Game! 2:30-3:00: Inspirational Readings 3:00-3:30: Snacks 3:30-4:00: America the Beautiful *Video* Simchat Torah Begins</p>
<p>9:30-10:00: On This Day! 10:00-10:30: Sunday Stretch! 10:30-11:00: Hydration 11:00-11:30: Religious Reading 11:30-12:30: Lunch 12:30-1:00: Relaxation 1:00-1:30: Mediation 1:30-2:00: Sensory Time 2:00-2:30: Musical Memories 2:30-3:00: Romantic Comedy 3:00-3:30: Snacks 3:30-4:00: Free Draw 4:00-4:30: Residents Choice</p>	<p>9:30-10:00: Daily Chronicle 10:00-10:30: Monday Muscles 10:30-11:00: Hydration 11:00-11:30: All About Columbus Day 11:30-12:30: Lunch 12:30-1:00: Relaxation 1:00-1:30: Musicals 1:30-2:00: Manicures 2:00-2:30: Hand Massages 2:30-3:00: Mass Monday 3:00-3:30: Snacks 3:30-4:00: Hymn Circle 4:00-4:30: Residents Choice Columbus Day (US)</p>	<p>9:30-10:00: Daily Scoop! 10:00-10:30: Sit and Fit 10:30-11:00: Hydration 11:00-11:30: Deal or No Deal 11:30-12:30: Lunch 12:30-1:00: Relaxation 1:00-1:30: Sensory Time 1:30-2:00: Bingo 2:00-2:30: Art Expressions 2:30-3:00: Finishing Lines 3:00-3:30: Snacks 3:30-4:00: Music Time 4:00-4:30: Residents Choice</p>	<p>9:30-10:00: Scoop of the Day! 10:00-10:30: Musical Moves 10:30-11:00: Hydration 11:00-11:30: Wacky Wednesday Trivia 11:30-12:30: Lunch 12:30-1:00: Relaxation 1:00-1:30: Sensory Meditation 1:30-2:00: Baking Bunch! 2:00-2:30: Famous Faces 2:30-3:00: Coloring 3:00-3:30: Snack and Social 3:30-4:00: Travelogue to France 4:00-4:30: Residents Choice</p>	<p>9:30-10:00: Daily Chronicle 10:00-10:30: Strength and Stretch 10:30-11:00: Hydration 11:00-11:30: Timeless Trivia 11:30-12:30: Lunch 12:30-1:00: Relaxation 1:00-1:30: Soft Tunes 1:30-2:00: Toss Ball 2:00-2:30: Art Expressions 2:30-3:00: Trivia Quest 3:00-3:30: Snacks 3:30-4:00: Sentimental Sing-a-Long 4:00-4:30: Residents Choice</p>	<p>9:30-10:00: Friday News! 10:00-10:30: Hustle and Bustle 10:30-11:00: Hydration 11:00-11:30: Friday Comedy 11:30-12:30: Lunch 12:30-1:00: Relaxation 1:00-1:30: Johnny Ray Music 1:30-2:00: Parachute 2:00-2:30: Guess that Movie 2:30-3:00: Movie and Popcorn 3:00-3:30: Snacks and Hydration 3:30-4:00: Sentimental Reflections 4:00-4:30: Residents Choice</p>	<p>9:30-10:00: Daily Chronicle 10:00-10:30: Lets Walk 10:30-11:00: Hydration 11:00-11:30: Timeless Trivia 11:30-12:30: Lunch 12:30-1:00: Relaxation 1:00-1:30: Sinatra Saturdays 1:30-2:00: Hand Massages 2:00-2:30: Balloon Grab Game! 2:30-3:00: Inspirational Readings 3:00-3:30: Snacks 3:30-4:00: Buddy Holly Music 4:00-4:30: Residents Choice</p>
<p>9:30-10:00: On This Day! 10:00-10:30: Get Up and Exercise! 10:30-11:00: Hydration 11:00-11:30: Religious Reading 11:30-12:30: Lunch 12:30-1:00: Relaxation 1:00-1:30: Mediation 1:30-2:00: Sensory Time 2:00-2:30: Musical Memories 2:30-3:00: Romance with Elvis 3:00-3:30: Snacks 3:30-4:00: Free Draw 4:00-4:30: Residents Choice</p>	<p>9:30-10:00: Daily Chronicle 10:00-10:30: Monday Muscles 10:30-11:00: Hydration 11:00-11:30: Brain Busters 11:30-12:30: Lunch 12:30-1:00: Relaxation 1:00-1:30: Musicals 1:30-2:00: Manicures 2:00-2:30: Hand Massages 2:30-3:00: Mass Monday 3:00-3:30: Snacks 3:30-4:00: Sing-a-long Circle 4:00-4:30: Residents Choice</p>	<p>9:30-10:00: Daily Scoop! 10:00-10:30: No Water Aerobics 10:30-11:00: Hydration 11:00-11:30: Skatergories *Game* 11:30-12:30: Lunch 12:30-1:00: Relaxation 1:00-1:30: How It Was Made *Video* 1:30-2:00: Balloon Toss 2:00-2:30: Art Expressions 2:30-3:00: Household Trivia 3:00-3:30: Snacks 3:30-4:00: Brenda Lee Music 4:00-4:30: Residents Choice</p>	<p>9:30-10:00: Scoop of the Day! 10:00-10:30: Music and Movement 10:30-11:00: Hydration 11:00-11:30: Question Ball 11:30-12:30: Lunch 12:30-1:00: Relaxation 1:00-1:30: Lets Get Up and Walk! 1:30-2:00: Anything Ball 2:00-2:30: Famous Faces 2:30-3:00: Coloring 3:00-3:30: Banana Smoothie Social 3:30-4:00: Travelogue to Ireland 4:00-4:30: Residents Choice</p>	<p>9:30-10:00: Daily Chronicle 10:00-10:30: Musical Memories in Motion 10:30-11:00: Hydration 11:00-11:30: Name 5 11:30-12:30: Lunch 12:30-1:00: Relaxation 1:00-1:30: Dean Martin Music 1:30-2:00: Basketball 2:00-2:30: Art Expressions 2:30-3:00: Q's and A's 3:00-3:30: Snacks 3:30-4:00: Country Sing-a-Long 4:00-4:30: Residents Choice</p>	<p>9:30-10:00: Friday News! 10:00-10:30: Music in Motion 10:30-11:00: Hydration 11:00-11:30: Friday Funnies 11:30-12:30: Lunch 12:30-1:00: Relaxation 1:00-1:30: Musical Memories 1:30-2:00: Balloon Toss 2:00-2:30: Movie Trivia 2:30-3:00: Movie and Popcorn 3:00-3:30: Snacks and Hydration 3:30-4:00: Musical Memories 4:00-4:30: Residents Choice</p>	<p>9:30-10:00: Daily Chronicle 10:00-10:30: Stretch those Legs! 10:30-11:00: Hydration 11:00-11:30: Timeless Trivia 11:30-12:30: Lunch 12:30-1:00: Relaxation 1:00-1:30: Memory Lane Music 1:30-2:00: Hand Massages 2:00-2:30: Balloon Grab Game! 2:30-3:00: Inspirational Readings 3:00-3:30: Snacks 3:30-4:00: Perry Como Music 4:00-4:30: Residents Choice</p>
<p>9:30-10:00: On This Day! 10:00-10:30: Shake It Up! 10:30-11:00: Hydration 11:00-11:30: Religious Reading 11:30-12:30: Lunch 12:30-1:00: Relaxation 1:00-1:30: Mediation 1:30-2:00: Sensory Time 2:00-2:30: Musical Memories 2:30-3:00: Halloween Movie Special 3:00-3:30: Snacks 3:30-4:00: Free Draw 4:00-4:30: Residents Choice</p>	<p>9:30-10:00: Daily Chronicle 10:00-10:30: Monday Muscles 10:30-11:00: Hydration 11:00-11:30: Guess Who! 11:30-12:30: Lunch 12:30-1:00: Relaxation 1:00-1:30: Musicals 1:30-2:00: Manicures 2:00-2:30: Hand Massages 2:30-3:00: Mass Monday 3:00-3:30: Snacks 3:30-4:00: Hymn Circle 4:00-4:30: Residents Choice</p>	<p>9:30-10:00: Daily Scoop! 10:00-10:30: Boxing 10:30-11:00: Hydration 11:00-11:30: Deal or No Deal 11:30-12:30: Lunch 12:30-1:00: Relaxation 1:00-1:30: Sensory Time 1:30-2:00: Bingo 2:00-2:30: Art Expressions 2:30-3:00: Finishing Lines 3:00-3:30: Snacks 3:30-4:00: Music Time 4:00-4:30: Residents Choice</p>	<p>9:30-10:00: Scoop of the Day! 10:00-10:30: Toe Tapping Exercise 10:30-11:00: Hydration 11:00-11:30: Outburst! 12:30-1:00: Relaxation 1:00-1:30: Mediation 1:30-2:00: Snow Ball Toss 2:00-2:30: Famous Faces 2:30-3:00: Baking Bunch! 3:00-3:30: Pudding Party Social 3:30-4:00: Travelogue to United Kingdom 4:00-4:30: Residents Choice</p>	<p><b>Happy Birthday Ian B!</b> 9:30-10:00: Daily Chronicle 10:00-10:30: Lets Get Movin' 10:30-11:00: Hydration 11:00-11:30: Did you Know? 11:30-12:30: Lunch 12:30-1:00: Relaxation 1:00-1:30: Sensory Music 1:30-2:00: Volleyball 2:00-2:30: Art Expressions 2:30-3:00: Trivia Crack 3:00-3:30: Snacks 3:30-4:00: Circle of Friends 4:00-4:30: Residents Choice</p>	<p>9:30-10:00: Friday News! 10:00-10:30: Arm Chair Exercise 10:30-11:00: Hydration 11:00-11:30: Friday Funnies 11:30-12:30: Lunch 12:30-1:00: Relaxation 1:00-1:30: Johnny Cash Music 1:30-2:00: Noddle Toss 2:00-2:30: Movie Trivia 2:30-3:00: Movie and Popcorn 3:00-3:30: Snacks and Hydration 3:30-4:00: Musical Memories 4:00-4:30: Residents Choice</p>	<p><b>Happy Birthday Lenny K!</b> 9:30-10:00: Not So Spooky Scoop 10:00-10:30: Thriller Abs Exercise! 10:30-11:00: Hydration 11:00-11:30: Halloween Pictonary 11:30-12:30: Lunch 12:30-1:00: Relaxation 1:00-1:30: Halloween Special Talk Show 1:30-2:00: Spooky Halloween Social! 2:00-2:30: Balloon Grab Game! 2:30-3:00: Remember This? 3:00-3:30: Snacks 3:30-4:00: Thriller Musicals Halloween</p>

All Activities Are Subject To Change