

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Saints and Angels Day 1 9:30 PE Sit & Be Fit 10:30 CE Daily Chronicle 11:00 CE All Hallows Trivia 1:30 PE Chair Yoga 2:00 CE All Saints Day Word Search 3:00 AE Art Coloring: Autumn Arrangement 4:00 CE Spelling CROSSWORD 4:30 CE The Story Of Saint David 5:30 SS Angel Quotes 6:00 LL Movie night	Nature's Beauty 2 9:30 PE Sit & Be Fit 10:30 CE Daily Chronicle 11:00 CE Nature Trivia 1:30 PE Chair boxing 2:00 AE Popsicle Stick Coaster 3:00 CE Nature Maze 4:00 CE Really Look At Nature 4:30 PE Squirrel Gather Nuts 5:30 SS The Miracle Tree 6:00 LL Nature: History Channel	Cornucopia Day of Fun 3 9:30 PE Sit & Be Fit 10:30 CE Daily Chronicle 11:00 CE Fill In The Blanks 1:30 PE Chair Zumba 2:00 AE Painting Cornucopia 3:00 CE Autumn Crossword 4:00 AE Decorating Cookie Snack 4:30 CE A-Mazing Squash 5:30 SS Turkey Soup For Soul 6:00 LL Netflix Movie	One Room School House 4 9:30 PE Sit & Be Fit 10:30 CE Daily Chronicle 11:00 CE One Room School House Supplies 1:30 PE Chair Yoga 2:00 AE Placemat Weaving 3:00 CE Lunch Items Memory 4:00 CE What Did Students Eat For Lunch? 4:30 PE Game Of Statue 5:30 SS Lord's Prayer 6:00 LL Movie: Back To School	Children's Book Day 5 9:30 PE Sit & Be Fit 10:30 CE Daily Chronicle 11:00 CE Story Book Quiz 1:30 PE Chair boxing 2:00 AE Turkey Crafts 3:00 CE Book Title Hang-Man 4:00 CE Reading Children's Story 4:30 CE Linking Letters 5:30 SS Poetry Reading 6:00 LL Movie Marathon	Life as a Puritan 6 9:30 PE Sit & Be Fit 10:30 CE Daily Chronicle 11:00 CE Puritan Lifestyle 1:30 PE Chair Zumba 2:00 AE Materials Collection for Nature Art 3:00 CE Inventions: Then and Now 4:00 CE Inventions: Trivia Game 4:30 CE Name That Invention Questions 5:30 SS Meditation: Puritans Famous Art Work 6:00 CC YouTube: Life as a Puritan	Think of Thanksgiving 7 9:30 PE Sit & Be Fit 10:30 CE Daily Chronicle 11:00 CE Autumn Words 1:30 PE Chair Yoga 2:00 AE Painting Turkeys 3:00 CE Crossing the Mayflower 4:00 CC Healthy Autumn Snack 4:30 PE Adapted Volleyball 5:30 CE Know Thy Neighbor 6:00 LL Family Movie	
First Thanksgiving 8 9:30 PE Sit & Be Fit 10:30 CE Daily Chronicle 11:00 CE First Thanksgiving Facts 1:30 PE Chair boxing 2:00 AE Painting Turkeys 3:00 AE Thankful Wreaths 4:00 CE First Thanksgiving Quiz 4:30 AE Gobble 'em Up Cookies 5:30 SS Sharing Thanksgiving Memories 6:00 LL Bingo Bonanza	Bee My Honey Day 9 9:30 PE Sit & Be Fit 10:30 CE Daily Chronicle 11:00 CE Test your Bee and Honey Knowledge 1:30 PE Chair Zumba 2:00 AE Painting Bees 3:00 AE Honey Bear Center Pieces 4:00 CE Bee Knowledge Crossword 4:30 LL Honey Lemonade 5:30 CC Remembering Comfort Food 6:00 LL Killer Bees	Native American Day 10 9:30 PE Sit & Be Fit 10:30 CE Daily Chronicle 11:00 CE Native American Indian Facts 1:30 PE Chair Yoga 2:00 AE Painting Indians 3:00 AE Creating Indian Tepees 4:00 CE Indian Tribe Scramble 4:30 LL Navajo Corn 5:30 SS Remembering Native Americans 6:00 LL Indian Movie	Veterans Day 11 9:30 PE Sit & Be Fit 10:30 CE Daily Chronicle 11:00 CE Veterans Day Discussion 1:30 PE Chair boxing 2:00 AE Painting Soldiers 3:00 AE Stand Alone Star 4:00 CE Famous Battles 4:30 LL Red White and Blue Treat 5:30 SS Reminiscing Time 6:00 LL War Horse	Great American Day 12 9:30 PE Sit & Be Fit 10:30 CE Daily Chronicle 11:00 CE Great Americans Quiz 1:30 PE Chair Zumba 2:00 AE Painting Heroes 3:00 AE Patriotic Pinwheel 4:00 CE Clara Barton Word Search 4:30 CE Abraham Lincoln Trivia 5:30 CE What Make Someone Great 6:00 SS The Greatest Thing I Ever Did	Random Kindness Day 13 9:30 PE Sit & Be Fit 10:30 CE Daily Chronicle 11:00 CE Random Act of Kindness Trivia 1:30 PE Chair Yoga 2:00 AE Show your Kindness Painting 3:00 AE Kindness Virtue Tree/Crafting 4:00 CE Kindness Riddle Word Game 4:30 CC Little Moment of Joy 5:30 SS Inspirational Quotes of Kindness 6:00 LL Netflix Movie	Claude Monet Day 14 9:30 PE Sit & Be Fit 10:30 CE Daily Chronicle 11:00 CE Claude Monet Facts 1:30 PE Chair boxing 2:00 AE Scenery Painting 3:00 CE A Look at: Claude Monet Paintings 4:00 CE Famous Artist Word Search 4:30 CE Name That Artists 5:30 SS French Impressionist Poem 6:00 LL Seraphine	
Cow Palace Day 15 9:30 PE Sit & Be Fit 10:30 CE Daily Chronicle 11:00 CE Farm Words Unscramble 1:30 PE Chair Zumba 2:00 AE Animal Painting 3:00 AE Farm - tistic 4:00 CE "Name that Farm Word" 4:30 CE Cow Trivia 5:30 SS How Heavy is your Glass 6:00 LL Movie: Animal Planet	Get Ready for Turkeys 16 9:30 PE Sit & Be Fit 10:30 CE Daily Chronicle 11:00 CE Turkey Facts 1:30 PE Chair Yoga 2:00 AE Paint the Turkey 3:00 AE Turkey Banner 4:00 CE Thanksgiving Trivia 4:30 LL Thanksgiving Cup Cake Decorating Class 5:30 PE Relaxing with Body Builders 6:00 LL Netflix Movie	Punderful Life 17 9:30 PE Sit & Be Fit 10:30 CE Daily Chronicle 11:00 CE It's a Punderful Life 1:30 PE Chair boxing 2:00 AE Wonderful Live Painting 3:00 LL Gear Up for Gardening 4:00 CE Punderful Slogan 4:30 LL Joke Fest 5:30 SS Humor & Happiness 6:00 LL Comedy Movie	Elmer's Glue Day 18 9:30 PE Sit & Be Fit 10:30 CE Daily Chronicle 11:00 CE The Invention of Glue 1:30 PE Chair Zumba 2:00 AE Elmer's Glue Painting 3:00 AE Elmer's Clay Molding 4:00 CE "Glue's" The Word 4:30 LL Glue to your Mouth: Peanut Butter Bars 5:30 SS Glued Together 6:00 LL Bingo Bonanza	History of Aircraft 19 9:30 PE Sit & Be Fit 10:30 CE Daily Chronicle 11:00 CE Myths & Legends of Flight 1:30 PE Chair Yoga 2:00 AE Airplane Painting 3:00 AE Painting: Historical Early Aircraft 4:00 CE The Wright Brothers 4:30 CE Early Aircraft 5:30 SS Meditation: Up Up & Away 6:00 LL History Channel: The Wright Brothers	It's Almost Turkey Day 20 9:30 PE Sit & Be Fit 10:30 CE Daily Chronicle 11:00 CE Thanksgiving Spelling Bee 1:30 PE Chair boxing 2:00 AE Gobble Gobble: Arts and Crafts 3:00 AE Draw a Turkey 4:00 CE Thanksgiving Synonyms 4:30 AE Thanksgiving Place Cards 5:30 LL Sing-A-Long for Relaxation 6:00 SS Thanksgiving Family Movie	National Fish Day 21 9:30 PE Sit & Be Fit 10:30 CE Daily Chronicle 11:00 CE Fishy Facts 1:30 PE Chair Zumba 2:00 AE Fish Painting 3:00 AE Hanging Japanese Fish 4:00 CE Fish Unscramble 4:30 CE Fish Anatomy 5:30 SS Fish Swimming 6:00 PE Bull's Eye Target Toss	
Candy Corn Day 22 9:30 PE Sit & Be Fit 10:30 CE Daily Chronicle 11:00 CE Candy Corn Facts 1:30 PE Chair Yoga 2:00 AE Candy Corn Painting 3:00 AE Candy Corn Pinning 4:00 CE Candy Corn Trivia 4:30 CE Home-Made Candy Corn 5:30 SS What is the Missing Word 6:00 LL Movie night	Family Stories 23 9:30 PE Sit & Be Fit 10:30 CE Daily Chronicle 11:00 CE Family Reminiscence 1:30 PE Chair boxing 2:00 AE Family Painting 3:00 AE Admiration Card 4:00 CE Family Member Name Unscramble 4:30 CE Family of Friends 5:30 SS Happy Home Recipe 6:00 LL Family Movie	John F. Kennedy Day 24 9:30 PE Sit & Be Fit 10:30 CE Daily Chronicle 11:00 CE John F. Kennedy Biography 1:30 PE Chair Zumba 2:00 AE Painting: American History 3:00 CE U.S History: Presidents of United States 4:00 CE Presidential Quiz 4:30 CE Crossword Puzzle: The Original 13 States 5:30 SS Sing-A-Long: Patriotic Songs 6:00 LL History Channel: JFK	National Banana Day 25 9:30 PE Sit & Be Fit 10:30 CE Daily Chronicle 11:00 CE History of Banana 1:30 PE Chair Yoga 2:00 AE Banana Origami 3:00 AE Painting: Monkey Pictures 4:00 CE Health Benefits of Banana 4:30 LL Banana Shakes 5:30 SS Going Bananas 6:00 LL Food Channel	Thanksgiving Feast 26 9:30 PE Sit & Be Fit 10:30 CE Daily Chronicle 11:00 CE The First Thanksgiving Feast 1:30 PE Chair boxing 2:00 AE Thanksgiving Celebration Painting 3:00 AE Thanksgiving Floral Arrangements 4:00 CE Thanksgiving Foods 4:30 LL Mashed Potato Dance 5:30 SS The Courtship of Miles Standish 6:00 LL History Channel: The First Thanksgiving	Indian Fables 27 9:30 PE Sit & Be Fit 10:30 CE Daily Chronicle 11:00 CE Native American Fables 1:30 PE Chair Zumba 2:00 AE Indian Tribe Painting 3:00 AE God's Eyes Craft 4:00 CE Native American Crossword Puzzle 4:30 CE Native American Food Storage 5:30 SS Write a Family Fable 6:00 LL Western Movie	Algonquin Tribes 28 9:30 PE Sit & Be Fit 10:30 CE Daily Chronicle 11:00 CE About the Algonquin 1:30 PE Chair Yoga 2:00 AE Algonquin Painting 3:00 AE How to Make: Natural Bath Products 4:00 CE Analyze Algonquin Poetry 4:30 CC Herb Planting 5:30 SS What is your Wildest Dream? 6:00 LL Cowboys & Indians Movie	
Inventions from 1800s 29 9:30 PE Sit & Be Fit 10:30 CE Daily Chronicle 11:00 CE 19th Century Inventions 1:30 PE Chair boxing 2:00 AE Paint 19th Century Inventions 3:00 CE Inventors & Inventions from 1851-1900 4:00 CE Thomas Edison: Electric Light Bulb 4:30 CE Invention: Vacuum Cleaner 5:30 SS Appreciating Inventions 6:00 LL History Channel: How things are Made	Red Nose Day 30 9:30 PE Sit & Be Fit 10:30 CE Daily Chronicle 11:00 CE Rudolph's History 1:30 PE Chair Zumba 2:00 AE Reindeer Painting 3:00 AE Rudolph's Puzzle Pin 4:00 CE All About Reindeer 4:30 CE Reindeer Label Me 5:30 PE March to the Music: Rudolph the Red Nosed Reindeer 6:00 LL Reindeer Movie	 <p>Caring · Inspiring · Rewarding</p>				<p> AE Artistic Expression CC Community Connections CE Continuing Education LL Lifestyle & Leisure PE Physical Engagement SS Spiritual Support </p> <p style="text-align: center;">Healthy Snacks & Hydration offered throughout each day!</p>	