

November 2020

Assisted Living Lifestyle & Leisure



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>10:00 SS Sunday Worship [AR] 1</p> <p>11:30 LL Board Games! [AR]</p> <p>12:15 LL Board Games! [AR]</p> <p>1:45 LL Movie Madness! [T]</p> <p>2:00 PE Afternoon Walk! [L]</p> <p>3:00 LL Fun Trivia & Snacks! [AR]</p> <p>6:30 LL Movie Madness! (Second Group) [T]</p>	<p>10:00 PE Rise & Shine Exercise! [AR] 2</p> <p>10:45 PE Rise & Shine Exercise [AR]</p> <p>11:30 CE Healthy Minds Brain Games! [AR]</p> <p>1:15 CE Healthy Minds Brain Games! [AR]</p> <p>1:45 LL Movie Madness! [T]</p> <p>2:00 PE Afternoon Walk! [L]</p> <p>3:00 LL Armchair Travel! Banff National Park</p> <p>3:45 LL Armchair Travel! Banff National Park</p>	<p>10:00 PE Rise & Shine Exercise! [AR] 3</p> <p>10:45 PE Rise & Shine Exercise [AR]</p> <p>11:30 CE Healthy Minds Brain Games! [AR]</p> <p>1:15 CE Healthy Minds Brain Games! [AR]</p> <p>1:45 LL Movie Madness! [T]</p> <p>2:00 PE Afternoon Walk! [L]</p> <p>2:00 LL Scenic Drive!</p> <p>3:00 LL Connect Four! [AR]</p> <p>3:45 LL Connect Four! [AR]</p> <p>6:30 LL Movie Madness! (Second Group) [T]</p>	<p>10:00 PE Rise & Shine Exercise! [AR] 4</p> <p>10:45 PE Rise and Shine Exercise! [AR]</p> <p>11:30 CE Healthy Minds Brain Games! [AR]</p> <p>1:15 CE Healthy Minds Brain Games! [AR]</p> <p>1:45 LL Movie Madness! [T]</p> <p>2:00 PE Afternoon Walk! [L]</p> <p>3:00 AE Let's get Crafty! [AR]</p> <p>3:45 CE Let's Get Crafty! [AR]</p> <p>6:30 LL Movie Madness! (Second Group) [T]</p>	<p>10:00 PE Rise & Shine Exercise [AR] 5</p> <p>10:45 PE Rise & Shine Exercise [AR]</p> <p>11:30 CE Healthy Minds Brain Games! [AR]</p> <p>1:15 CE Healthy Minds Brain Games! [AR]</p> <p>2:00 PE Afternoon Walk! [L]</p> <p>2:00 LL Scenic Drive!</p> <p>3:00 LL Happy Half Hour & National Donut Day! [LR]</p> <p>3:45 LL Happy Half Hour & National Donut Day! [LR]</p>	<p>10:00 PE Rise & Shine Exercise! [AR] 6</p> <p>10:45 PE Rise & Shine Exercise [AR]</p> <p>11:30 CE Healthy Minds Brain Games! [AR]</p> <p>1:15 CE Healthy Minds Brain Games! [AR]</p> <p>1:45 LL Movie Madness! [T]</p> <p>2:00 PE Afternoon Walk! [L]</p> <p>3:00 LL Mini Golf Madness! [AR]</p> <p>3:45 LL Mini Golf Madness! [AR]</p> <p>6:30 LL Movie Madness! (Second Group) [T]</p>	<p>10:00 PE Morning Stroll 7</p> <p>11:30 LL Puzzle Club! [AR]</p> <p>12:15 LL Puzzle Club! [AR]</p> <p>1:45 LL Movie Madness! [T]</p> <p>2:00 PE Afternoon Walk! [L]</p> <p>3:00 LL BINGO! [AR]</p> <p>3:45 LL BINGO! [AR]</p> <p>6:30 LL Movie Madness! (Second Group) [T]</p>	
<p>10:00 SS Sunday Worship [AR] 8</p> <p>11:30 LL Board Games! [AR]</p> <p>12:15 LL Board Games! [AR]</p> <p>1:45 LL Movie Madness! [T]</p> <p>2:00 PE Afternoon Walk! [L]</p> <p>3:00 LL Fun Trivia & Snacks! [AR]</p> <p>3:45 LL Fun Trivia & Snacks! [AR]</p> <p>6:30 LL Movie Madness! (Second Group) [T]</p>	<p>10:00 PE Rise & Shine Exercise! [AR] 9</p> <p>10:45 PE Rise & Shine Exercise [AR]</p> <p>11:30 CE Healthy Minds Brain Games! [AR]</p> <p>1:15 CE Healthy Minds Brain Games! [AR]</p> <p>1:45 LL Movie Madness! [T]</p> <p>2:00 PE Afternoon Walk! [L]</p> <p>3:00 LL Rollin' Bowlin! [AR]</p> <p>3:45 LL Rollin' Bowlin! [AR]</p>	<p>10:00 PE Rise & Shine Exercise! [AR] 10</p> <p>10:45 PE Rise & Shine Exercise [AR]</p> <p>11:30 CE Healthy Minds Brain Games! [AR]</p> <p>1:15 CE Healthy Minds Brain Games! [AR]</p> <p>1:45 LL Movie Madness! [T]</p> <p>2:00 PE Afternoon Walk! [L]</p> <p>2:00 LL Scenic Drive!</p> <p>3:00 LL Connect Four! [AR]</p> <p>3:45 LL Connect Four! [AR]</p> <p>6:30 LL Movie Madness! (Second Group) [T]</p>	<p>10:00 PE Rise & Shine Exercise! [AR] 11</p> <p>10:45 PE Rise and Shine Exercise! [AR]</p> <p>11:30 CE Healthy Minds Brain Games! [AR]</p> <p>1:15 CE Healthy Minds Brain Games! [AR]</p> <p>1:45 LL Movie Madness! [T]</p> <p>2:00 PE Afternoon Walk! [L]</p> <p>3:00 LL Boccie Ball! [AR]</p> <p>3:45 LL Boccie Ball! [AR]</p> <p>6:30 LL Movie Madness! (Second Group) [T]</p>	<p>10:00 PE Rise & Shine Exercise [AR] 12</p> <p>10:45 PE Rise & Shine Exercise [AR]</p> <p>11:30 CE Healthy Minds Brain Games! [AR]</p> <p>1:15 CE Healthy Minds Brain Games! [AR]</p> <p>2:00 PE Afternoon Walk! [L]</p> <p>2:00 LL Scenic Drive!</p> <p>3:00 LL Happy Half Hour! [LR]</p> <p>3:45 LL Happy Half Hour! [LR]</p>	<p>10:00 PE Rise & Shine Exercise! [AR] 13</p> <p>10:45 PE Rise & Shine Exercise [AR]</p> <p>11:30 CE Healthy Minds Brain Games! [AR]</p> <p>1:15 CE Healthy Minds Brain Games! [AR]</p> <p>1:45 LL Movie Madness! [T]</p> <p>2:00 PE Afternoon Walk! [L]</p> <p>3:00 LL Shuffleboard! [AR]</p> <p>3:45 LL Shuffleboard! [AR]</p> <p>6:30 LL Movie Madness! (Second Group) [T]</p>	<p>10:00 PE Morning Stroll 14</p> <p>11:30 LL Puzzle Club! [AR]</p> <p>12:15 LL Puzzle Club! [AR]</p> <p>1:45 LL Movie Madness! [T]</p> <p>2:00 PE Afternoon Walk! [L]</p> <p>3:00 LL BINGO! [AR]</p> <p>3:45 LL BINGO! [AR]</p> <p>6:30 LL Movie Madness! (Second Group) [T]</p>	
<p>10:00 SS Sunday Worship [AR] 15</p> <p>11:30 LL Board Games! [AR]</p> <p>12:15 LL Board Games! [AR]</p> <p>1:45 LL Movie Madness! [T]</p> <p>2:00 PE Afternoon Walk! [L]</p> <p>3:00 LL Fun Trivia & Snacks! [AR]</p> <p>3:45 LL Fun Trivia & Snacks! [AR]</p> <p>6:30 LL Movie Madness! (Second Group) [T]</p>	<p>10:00 PE Rise & Shine Exercise! [AR] 16</p> <p>10:45 PE Rise & Shine Exercise [AR]</p> <p>11:30 CE Healthy Minds Brain Games! [AR]</p> <p>1:15 CE Healthy Minds Brain Games! [AR]</p> <p>1:45 LL Movie Madness! [T]</p> <p>2:00 PE Afternoon Walk! [L]</p> <p>3:00 CE Armchair Travel! Glacier National Park</p> <p>3:45 CE Armchair Travel! Glacier National Park [AR]</p>	<p>10:00 PE Rise & Shine Exercise! [AR] 17</p> <p>10:45 PE Rise & Shine Exercise [AR]</p> <p>11:30 CE Healthy Minds Brain Games! [AR]</p> <p>1:15 CE Healthy Minds Brain Games! [AR]</p> <p>1:45 LL Movie Madness! [T]</p> <p>2:00 PE Afternoon Walk! [L]</p> <p>2:00 LL Scenic Drive!</p> <p>3:00 LL Connect Four & Baklava Treat! [AR]</p> <p>3:45 LL Connect Four & Baklava Treat! [AR]</p> <p>6:30 LL Movie Madness! (Second Group) [T]</p>	<p>10:00 PE Rise & Shine Exercise! [AR] 18</p> <p>10:45 PE Rise and Shine Exercise! [AR]</p> <p>11:30 CE Healthy Minds Brain Games! [AR]</p> <p>1:15 CE Healthy Minds Brain Games! [AR]</p> <p>1:45 LL Movie Madness! [T]</p> <p>2:00 PE Afternoon Walk! [L]</p> <p>3:00 AE Let's get Crafty! [AR]</p> <p>3:45 CE Let's Get Crafty! [AR]</p> <p>6:30 LL Movie Madness! (Second Group) [T]</p>	<p>10:00 PE Rise & Shine Exercise [AR] 19</p> <p>10:45 PE Rise & Shine Exercise [AR]</p> <p>11:30 CE Healthy Minds Brain Games! [AR]</p> <p>1:15 CE Healthy Minds Brain Games! [AR]</p> <p>2:00 PE Afternoon Walk! [L]</p> <p>2:00 LL Scenic Drive!</p> <p>3:00 LL Happy Half Hour & Root Beer Floats! [LR]</p> <p>3:45 LL Happy Half Hour & Root Beer Floats! [LR]</p>	<p>10:00 PE Rise & Shine Exercise! [AR] 20</p> <p>10:45 PE Rise & Shine Exercise [AR]</p> <p>11:30 CE Healthy Minds Brain Games! [AR]</p> <p>1:15 CE Healthy Minds Brain Games! [AR]</p> <p>1:45 LL Movie Madness! [T]</p> <p>2:00 PE Afternoon Walk! [L]</p> <p>3:00 LL Mini Golf Madness! [AR]</p> <p>3:45 LL Mini Golf Madness! [AR]</p> <p>6:30 LL Movie Madness! (Second Group) [T]</p>	<p>10:00 PE Morning Stroll 21</p> <p>11:30 LL Puzzle Club! [AR]</p> <p>12:15 LL Puzzle Club! [AR]</p> <p>1:45 LL Movie Madness! [T]</p> <p>2:00 PE Afternoon Walk! [L]</p> <p>3:00 LL BINGO! [AR]</p> <p>3:45 LL BINGO! [AR]</p> <p>6:30 LL Movie Madness! (Second Group) [T]</p>	
<p>10:00 SS Sunday Worship [AR] 22</p> <p>11:30 LL Board Games! [AR]</p> <p>12:15 LL Board Games! [AR]</p> <p>1:45 LL Movie Madness! [T]</p> <p>2:00 PE Afternoon Walk! [L]</p> <p>3:00 LL Gobble Gobble Trivia & Snacks! [AR]</p> <p>3:45 LL Gobble Gobble Trivia & Snacks! [AR]</p> <p>6:30 LL Movie Madness! (Second Group) [T]</p>	<p>10:00 PE Rise & Shine Exercise! [AR] 23</p> <p>10:45 PE Rise & Shine Exercise [AR]</p> <p>11:30 CE Healthy Minds Brain Games! [AR]</p> <p>1:15 CE Healthy Minds Brain Games! [AR]</p> <p>1:45 LL Movie Madness! [T]</p> <p>2:00 PE Afternoon Walk! [L]</p> <p>3:00 CE Person of Interest: Thanksgiving [AR]</p> <p>3:45 CE Person of Interest: Thanksgiving [AR]</p>	<p>10:00 PE Rise & Shine Exercise! [AR] 24</p> <p>10:45 PE Rise & Shine Exercise [AR]</p> <p>11:30 CE Healthy Minds Brain Games! [AR]</p> <p>1:15 CE Healthy Minds Brain Games! [AR]</p> <p>1:45 LL Movie Madness! [T]</p> <p>2:00 PE Afternoon Walk! [L]</p> <p>2:00 LL Scenic Drive!</p> <p>3:00 AE Gourd Crafting! [AR]</p> <p>3:45 LL Gourd Crafting! [AR]</p> <p>6:30 LL Movie Madness! (Second Group) [T]</p>	<p>10:00 PE Rise & Shine Exercise! [AR] 25</p> <p>10:45 PE Rise and Shine Exercise! [AR]</p> <p>11:30 CE Healthy Minds Brain Games! [AR]</p> <p>1:15 CE Healthy Minds Brain Games! [AR]</p> <p>1:45 LL Movie Madness! [T]</p> <p>2:00 PE Afternoon Walk! [L]</p> <p>2:15 LL Bushel of Blessings Celebration [LR]</p> <p>3:00 LL Bushel of Blessings Celebration [LR]</p> <p>3:45 LL Bushel of Blessings Celebration [LR]</p> <p>6:30 LL Movie Madness! (Second Group) [T]</p>	<p>10:00 PE Rise & Shine Exercise [AR] 26</p> <p>10:45 PE Rise & Shine Exercise [AR]</p> <p>11:30 CE Healthy Minds Brain Games! [AR]</p> <p>1:15 CE Healthy Minds Brain Games! [AR]</p> <p>2:00 PE Afternoon Walk! [L]</p> <p>2:00 LL Scenic Drive!</p> <p>3:00 LL Turkey Bingo [AR]</p> <p>3:45 LL Turkey Bingo [AR]</p>	<p>10:00 PE Rise & Shine Exercise! [AR] 27</p> <p>10:45 PE Rise & Shine Exercise [AR]</p> <p>11:30 CE Healthy Minds Brain Games! [AR]</p> <p>1:15 CE Healthy Minds Brain Games! [AR]</p> <p>1:45 LL Movie Madness! [T]</p> <p>2:00 PE Afternoon Walk! [L]</p> <p>3:00 LL Shuffleboard! [AR]</p> <p>3:45 LL Shuffleboard! [AR]</p> <p>6:30 LL Movie Madness! (Second Group) [T]</p>	<p>10:00 PE Morning Stroll 28</p> <p>11:30 LL Puzzle Club! [AR]</p> <p>12:15 LL Puzzle Club! [AR]</p> <p>1:45 LL Movie Madness! [T]</p> <p>2:00 PE Afternoon Walk! [L]</p> <p>3:00 LL BINGO! [AR]</p> <p>3:45 LL BINGO! [AR]</p> <p>6:30 LL Movie Madness! (Second Group) [T]</p>	
<p>10:00 SS Sunday Worship [AR] 29</p> <p>11:30 LL Board Games! [AR]</p> <p>12:15 LL Board Games! [AR]</p> <p>1:45 LL Movie Madness! [T]</p> <p>2:00 PE Afternoon Walk! [L]</p> <p>3:00 LL Fun Trivia & Snacks! [AR]</p> <p>3:45 LL Fun Trivia & Snacks! [AR]</p> <p>6:30 LL Movie Madness! (Second Group) [T]</p>	<p>10:00 PE Rise & Shine Exercise! [AR] 30</p> <p>10:45 PE Rise & Shine Exercise [AR]</p> <p>11:30 CE Healthy Minds Brain Games! [AR]</p> <p>1:15 CE Healthy Minds Brain Games! [AR]</p> <p>1:45 LL Movie Madness! [T]</p> <p>2:00 PE Afternoon Walk! [L]</p> <p>3:00 CE Armchair Travel Scotland [AR]</p> <p>3:45 CE Armchair Travel Scotland [AR]</p>	<div style="display: flex; align-items: center; justify-content: center;"> <div style="text-align: center;"> <p>3499 Grande Vista Drive Thousand Oaks, California 91320 (805)375-0695</p> </div> <div style="margin-left: 20px;"> <p>AE Artistic Expression</p> <p>CE Continuing Education</p> <p>LL Lifestyle & Leisure</p> <p>PE Physical Engagement</p> <p>SS Spiritual Support</p> </div> <div style="margin-left: 20px;"> <p>Location Keys</p> <p>ACTIVITY ROOM AR</p> <p>LIVING ROOM LR</p> <p>LOBBY L</p> <p>THEATRE T</p> </div> </div>					<p>Don't forget to sign up at front desk for movie's in the theater!</p>