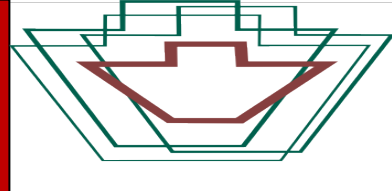




INDEPENDENT LIVING NOVEMBER 2020



Keystone Commons

A Life Fulfilling Retirement Community

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Day of Rest and Face Timing with Families <i>If you need assistance Danielle is in the building from 9-3pm</i> 2pm- Read Aloud Short Stories with Brooke- Piano Room 1st Floor	2 9:00- Shopping- 5 person limit 9:30- News and Views 10:30- Communion w/Deacon Tom- IL Dining Room 12:30- Scrabble- 3 rd Floor Act Rm 2pm- Pokeno- 3 rd Floor Hallway 3pm- Wii Bowling- Theater 3:30pm- 1 st Floor Exercises- 1 st Floor Stonybrook Side	3 ELECTION DAY 9:30- Tuesday Morning Tunes- 2 nd Floor Act Room 10:30- Crossword Puzzle- 3 rd Floor Hallway 1pm- The Choice 2020- Biden vs Trump- Documentary- Theater 10 person limit 2:30- Willie Nininger Performs Stonybrook Dining Room	4 9:30- Coffee Talk Fireside-2A 10:30- Morning Exercises- 3 rd Floor Scenic Rides 12:30- Rosary- 3 rd Floor 1:00- Ballads with Brianna 2:00- Throw Blanket Bingo- 3rd Floor 3:00- Wii Bowling- Theater 3:30- 1 st Floor Exercises- Strength Training- 1 st Floor	5 9:30- Concentration Puzzles-2A 10:30- Get Dressed Quickly Game 3rd Floor Hallway 1pm- Drumming in the Hallways- 1pm- Manicures done by appointment- Call Activities to schedule a time- in the Act Rm 3:00- Documentary- Autumn Watch PBS Series on New England	6 9:30- Smile Club Card Making-2A 10:30-Fleece Pillow Making 3rd Floor Act Room- 10 person limit 1pm- Ice Wine Tasting in the Courtyard- Bundle up and enjoy the history behind ice wine and some tasty treats 2:30- Keystone's Got Talent 3 rd Floor Act Room 3:00- Horse Racing-1.00 buy in 3 rd Floor Act Room- 10 person limit	7 Visit the Bored Board for a craft and things to do
8 Day of Rest and Face Timing with Families <i>If you need assistance Danielle is in the building from 9-3pm</i> 2pm- Read Aloud Short Stories with Brooke- Piano Room 1st Floor	9 9:00- Shopping- 5 person limit 9:30- News and Views-2A 10:30- Communion w/ Deacon Tom- IL Dining Room 12:30- Scrabble- 3 rd Floor Act Rm 2:00- Pokeno- 3 rd Floor Hallway 3:00- Wii Bowling- Theater 3:30- 1 st Floor Exercises- 1 st Floor Stonybrook Side	10 Wear Your Favorite Sweater Day 9:30- Tuesday Morning Tunes 10:30- Warm and Cozy Bubble Talk 3rd Floor Hallway 2:00- Painting Class- Winter Scenes 3rd Floor Activity Room 3:30- Blackjack (Dollar Buy-in) Music Therapy 1:1's	11 Veteran's Day 9:30- Coffee Talk-2A 10:30- Morning Exercise- 3 rd Floor Scenic Rides 12:00- Veteran's Lunch- IL Dining Room followed by Virtual Patriotic Performance with Patty Carver 12:30- Rosary- 3 rd Floor 10 person limit 3:00- Wii Bowling- Theater 3:30- 1 st Floor Exercises- Strength Training -1 st Floor	12 9:30- Concentration Puzzles-2A 10:30- Drumming in the Hallways- 3 rd Floor 1pm- Manicures done by appointment 3:00-Writing Club Meets- 3 rd Floor Act Room- 10 person limit	13 9:30- Smile Club Card Making-2A 10:00- Specialty Coffee/Tea Cart With the Daily News Door to Door on Hubbard 1pm- Who Said That?- 3 rd Floor Hallway 2:30- Keystone's Got Talent 3 rd Floor Act Room Afternoon Happy Hour for Hubbard Door to Door	14 Visit the Bored Board for a craft and things to do
15 Day of Rest and Face Timing with Families <i>If you need assistance Danielle is in the building from 9-3pm</i> 2pm- Read Aloud Short Stories with Brooke- Piano Room 1st Floor	16 9:00- Shopping- 5 person limit 9:30- News and Views 10:30-Communion w/ Deacon Tom IL Dining Room 12:15- Scrabble- 3 rd Floor Act Room 2:00- Pokeno- 3 rd Floor 3:00-Wii Bowling- Theater- 4 person limit 3:30- 1 st Floor Arthritis Exercises- 1 st Floor Stonybrook Side	17 9:30- Tuesday Morning Tunes 10:30- Knitting Corner- Bring your knitting and sit by the fire- 3 rd Floor 12pm- Soup and Bread Bar To-Go 3rd Floor Act Room- Sign up 2:00-Painting Class - 3 rd Floor Act Room- 10 person limit 3:30- Horse Racing- 3 rd Floor Act Room- 10 person limit Music Therapy 1:1's	18 Passport to Fun 10:30- Morning Exercise- 3 rd Floor Scenic Rides 12:30- Rosary- 3 rd Floor 10 person limit 2:00- Breath Taking Scenes of Norway- 3rd Floor 3:00- Wii Bowling- Theater 4 person limit 3:00- Food and Facts of Norway Door to Door 5:15- Norwegian Themed Dinner	19 9:30- Concentration Puzzles-2A 10:30- Johnny P Performs- Stonybrook Dining Room 11:30- Monthly Birthday Lunch 1pm- Manicures done by appointment- Call Activities to schedule a time- in the Act Rm 3:00- Book Club- 3 rd Floor 10- person limit	20 9:30- Smile Club Card Making-2A 1pm-Comedy Club- 3 rd Floor Hallway 2:30- Keystone's Got Talent Finale 3 rd Floor Act Room Afternoon Happy Hour for Hubbard Door to Door	21 Visit the Bored Board for a craft and things to do
22 Day of Rest and Face Timing with Families <i>If you need assistance Danielle is in the building from 9-3pm</i> 2pm- Read Aloud Short Stories with Brooke- Piano Room 1st Floor	23 9:30- News and Views-2A 10:30- Communion w/Deacon Tom- IL Dining Room 12:15- Scrabble- 3 rd Floor Act Room 2:30 Dave Collucci Performs Stonybrook Dining Room 3:00-Wii Bowling- Theater- 4 person limit 3:30- 1 st Floor Exercises- 1 st Floor Stonybrook Side	24 Friendsgiving Pot-Luck 9:30- Tuesday Morning Tunes 10:00- Making Stuffing and Mashed Potatoes- 10 person limit 12:00pm- Friendsgiving IL Dining room for those who signed up and brought a dish- More to Come 	25 9:30- Coffee Talk-2A 10:30- Morning Exercise-3 rd Floor Scenic Rides 12:30- Rosary- 3 rd Floor 10 person limit 1:00- Ballads with Brianna 2:00- Fitness Bingo- 2A and 3A 3:00- Wii Bowling-Theater 4- Person Limit 3:30- 1 st Floor Exercises	26 Thanksgiving 	27- PJ Day/ Breakfast for Dinner 9:30- Smile Club Card Making-2A 10:30- Decorate for the Holidays 1pm- Online Christmas Shopping Help if Needed/Wrapping workshop to come in Dec. 1pm- Afternoon Matinee- Popcorn Club 10 person limit Afternoon Happy Hour for Hubbard Door to Door	28 Visit the Bored Board for a craft and things to do
29 Day of Rest and Face Timing with Families <i>If you need assistance Danielle is in the building from 9-3pm</i> 2pm- Read Aloud Short Stories with Brooke- Piano Room 1st Floor	30 9:30- News and Views-2A 10:30- Communion with Deacon Tom Resident Council In Room 12:15- Scrabble- 3 rd Floor Act Room 2:00- Pokeno- 3 rd Floor 10-person limit 3:00-Wii Bowling- Theater 4- Person limit 3:30- 1 st Floor Exercises- 1 st Floor	FriendsGiving Pot-Luck November 24 th - Sign up to participate. You must make or bring something to partake. We will take orders for those who are participating and we will eat together in the IL Dining Room. 	MITTEN and HAT TREE Looking for donations of mittens and hats for the boys and girls club for our warm and cozy month Donation needs to be new with tags	Read A loud with Resident, Brooke in the Plano Room on the 1st Floor Nightly at 6:30 New Riveting Topic Nightly	*Activities are Subject to Change Amy Creasia Programming Specialist ACreasia@keystonesenior.com	Monthly Theme Warm & Cozy 