




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 All Saints' Day Daylight Savings Fall Back 10:00 Catholic Mass (R) KCDO-TV (Channel 3) 10:00 Walking Partners (E) Keep moving!	2 All Souls' Day 10:00 Scenic Drive Outing (O) 11:00 Courtyard Strolls (E) 11:00 If you have a Ballot you need us to drop off- bring to the front desk by 12:00 noon 1:30 1st Floor Bingo (C) 2:15 2nd Floor Bingo (C) 3:00 3rd Floor Bingo (C)	3 Election Day 9:30 Exercise w/ Karen (E) Studio Lane Floor Residents 10:00 Exercise w/ Karen (E) 1st & 3rd Floor Residents 10:30 Exercise w/ Karen (E) 2nd Floor Residents 12:00 Family Visits (12-4) (P) <u>Visits subject to change based on Covid precautions today</u>	4 10:00 Walking Club (E) 1:30 Afternoon Trivia (C) 2:00 Wii Games (S/C) 3:00 Aquacise w/ Karen (E)	5 9:30 Exercise w/ Karen (E) Studio Lane Floor Residents 10:00 Exercise w/ Karen (E) 1st & 3rd Floor Residents 10:30 Exercise w/ Karen (E) 2nd Floor Residents 2:00 Moving & Walking (E)	6 National Nachos Day 10:00 Walking Partners 11:30 Keystone's Got Talent Luncheon begins (S) 12:30 Judging for KGT Acts *Sign up in the outing book* *please allow others to sign up weeks following* (S/A/M)	7 10:00 Walking Partners (E) 1:00 Bored Board- Lobby Choose something to do on your own! (C/A) 2:00 Christian Worship Hour (Channel 20) (S)
8 10:00 Catholic Mass (R) KCDO-TV (Channel 3) 11:00 Broncos @ Falcons 200 Walking Partners (E) Keep moving!	9 TRAVEL to MEXICO (Wear your Red/White/Green) 10:30 Speak Spanish To Me (C) 1:30 1st Floor Mexican (C/S) Bingo "Loteria" 2:15 2nd Floor Mexican (C/S) Bingo "Loteria" 3:00 3rd Floor Mexican (C/S) Bingo "Loteria"	10 Marine Corps B-day 9:30 Exercise w/ Karen (E) Studio Lane Floor Residents 10:00 Exercise w/ Karen (E) 1st & 3rd Floor Residents 10:30 Exercise w/ Karen (E) 2nd Floor Residents 12:00 Family Visits (12-4) (P) *visits must be scheduled* <u>Visits subject to change based on Covid precautions today</u>	11 Veteran's Day 10:00 Thank A Veteran (P/S) 10:30 Wii Jeopardy (C) 1:30 Chair Soccer (S/E) (we are Team Mexico) 2:15 Churro Break (S) 3:00 Aquacise w/ Karen (E)	12 9:30 Exercise w/ Karen (E) Studio Lane Floor Residents 10:00 Exercise w/ Karen (E) 1st & 3rd Floor Residents 10:30 Exercise w/ Karen (E) 1st & 3rd Floor Residents 1:00 Blackjack (C/S) *blackjack will be 45 mins* 2:00 Grab and Go Activity (C/A)	13 11:30 Keystone's Got Talent Luncheon begins (S) 12:30 Judge Time (S/A/M) Keystone's Got Talent Acts 2:00 Wii Bowling (C) & Smarter than a 5th grader	14 World Diabetes Day 10:00 Walking Partners (E) 1:00 Bored Board- Lobby Choose something to do on your own! (C/A) 2:00 Christian Worship Hour (Channel 20) (S)
15 I Love to Write Day 10:00 Catholic Mass (R) KCDO-TV (Channel 3) 1100 Walking Partners (E) Keep moving! 1:00 Write a note to your (P) Loved one 2:05 Broncos @ Raiders	16 10:45 Scenic Drive (O) 1:00 Virtual Active Minds (C) "London: Biography of a City" 1:30 1st Floor Bingo (C) 2:15 2nd Floor Bingo (C) 3:00 3rd Floor Bingo (C) 3:30 Walking Club (E)	17 9:30 Studio Lane Drive (O) 10:00 Exercise w/ Karen (E) 1st & 3rd Floor Residents 10:30 Exercise w/ Karen (E) 2nd Floor Residents 2:00 Sunshine Cart (S) We will come door to door	18 Mickey Mouse Day 10:00 Singing in the Morning Join us to sing some classics (M) 1:00 Holiday Store (P) Stop by 1pm-2:30pm & shop for your loved ones- use Keystone Bucks to buy items 2:30 Micky Mouse Facts (C) 3:00 Aquacise w/ Karen €	19 Gettysburg Address Day 9:30 Exercise w/ Karen (E) Studio Lane Floor Residents 10:00 Exercise w/ Karen (E) 1st & 3rd Floor Residents 10:30 Exercise w/ Karen (E) 2nd Floor Residents 2:00 Resident Support Group (by invitation) 2:00 Grab and Go Activity (C/A)	20 Keystone's Got Talent Finale 11:30 Keystone's Got Talent Luncheon begins (S) 12:30 Judge Time (S/A/M) Keystone's Got Talent Acts 2:30 Resident Store (P) Bring keystone bucks and buy items for yourself and for loved ones!	21 8:00 Family Visits (8-12) (P) <u>Visits subject to change based on Covid precautions today</u> 10:00 Walking Partners (E) 1:00 Bored Board- Lobby Choose something to do on your own! (C/A) 2:00 Christian Worship Hour (Channel 20) (S)
22 Thanksgiving Brunch 10:00 Catholic Mass (R) KCDO-TV (Channel 3) 11:00 Brunch 1st Seating (S) 12:00 Brunch 2nd Seating (S) 1:00 Brunch 3rd Seating (S) (sign up at the front desk for a seating- Residents Only) 2:05 Broncos vs. Chargers	23 Travel to Russia 9:45 Russia Trivia (C) 10:30 Scenic Drive w/ Karen (O) 1:30 Write your name in Russian (C/S) 2:30 Walking Club (E)	24 9:30 Exercise w/ Karen (E) Studio Lane Floor Residents 10:00 Exercise w/ Karen (E) 1st & 3rd Floor Residents 10:30 Exercise w/ Karen (E) 2nd Floor Residents 12:00 Family Visits (12-4) (P) <u>Visits subject to change based on Covid precautions today</u>	25 International Hat Day 10:00 Tree of Thanks (P/C) Create a tree with us 1:30 Unique Russian Items (S) 2:30 Bored Board- Lobby (C/A) Choose something to do on your own!	26 HAPPY THANKSGIVING 10:00 Walking Partners (E) 1:30 Afternoon Movie (S) 3:30 Thanksgiving Word Search - stop by the front desk (C)	27 Black Friday 10:00 Make Holiday Décor (A) 1:00 Help with Online (S/P) Ordering for Black Friday 3:00 Share your Adventures -bring your most outrageous life stories to share with us!-	28 10:00 Walking Partners (E) 1:00 Bored Board- Lobby Choose something to do on your own! (C/A) 2:00 Christian Worship Hour (Channel 20) (S)
29 Electronic Greetings Day 10:00 Catholic Mass (R) KCDO-TV (Channel 3) 1100 Walking Partners (E) Keep moving! 2:05 Broncos vs. Saints	30 Blue Beanie Day 10:45 Holiday Decorating (P) & Signing (M) 1:30 1st Floor Bingo (C) 2:15 2nd Floor Bingo (C) 3:00 3rd Floor Bingo (C) 3:30 Walking Club (E)	Daisy Marshall Life Enrichment Director 11150 Irving Dr. Westminster, CO 80031 ddarnell@keystonesenior.com www.keystonesenior.com		KEY to Programs: (S)= Spiritual (O)= Outing (E)= Exercise (A)= Art (M)= Music (R)= Religious (C)= Cognitive Skills (P)= Meaningful Purpose	☆ Calendar Subject to Change & COVID Precautions ☆	PLEASE NOTE- *All programs attendees do require masks *All programs do require everyone to be minimum 6 feet apart *All programs limited to 10 participants

Passport to Fun

This month we are
traveling to

Mexico!!!

We will have some fun
programs— watch your
dailies!

*We may not be able to
have a huge Veteran's
Celebration this year,
but we do want to tell
you how special you
are!!! To All Veterans:
Thank you for your
service!!!*



OnSite Dermatology

November 10th @ 9:00am

To schedule and appointment, sign
up at the front desk

VNA Foot Care

November 16th at 8:30 am– 1 pm

By Appointment Only

*to Signup Call- (303) 744-6363

Curbside Hearing Aid Checks

To be announced on your dailies.
Their usual day lands on Thanksgiving

Keystone Place News

Keystone's Got Talent

Friday, November

6th, 13th, & 20th

Sign up in the
outing book.

please choose one date

Max 10
participants

11:30am– luncheon
&
12:30am– watch
And judge the show!

*Thanksgiving
Resident Brunch
(Residents Only)*

*Sunday,
November 22nd*

11:00, 12:00 & 1:00

*Sign up at the front desk
for one seating*

**limit 20 residents
per seating**



Birthday

November:

13th Madeline H.

20th Bernard S.

22nd Dan H.

24th Bill W.



For additional questions or comments, please contact Daisy at 303-465-5600
Or by e-mail: dmarshall@keystonesenior.com · Like us on facebook!

Virtual Active Minds presents: "London: Biography of a City"

Monday, November 16th @ 1:00 pm.

Join Active minds as we tell the story of one of the world's greatest cities. From the Roman to the Anglo-Saxons, the Norman Conquest, and more, we will tell the story of London right up to the present day. Along the way, we'll visit some of London's most colorful characters and notable places, including the Tower of London, where Elizabeth I was held before becoming queen. Come float with us down the river Thames for a front row seat. It's the next best thing to being there!

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