

# November 2020



**MASKS ARE  
REQUIRED FOR  
ALL ACTIVITIES**

SUN

MON

TUE

WED

THU

FRI

SAT

**FALLBACK**  
DON'T FORGET TO SET  
YOUR CLOCKS  
**SUNDAY, NOV 1**

**HAPPY BIRTHDAY!**

11/3 Monica Moser	11/11 Diane Regier
11/6 Lynn Serfass	11/13 Johnnie Carter
11/8 Willis Regier	11/13 Bob Mefford
11/9 Bill Hause	11/14 Shirley Wernke
11/9 Christa Pilachowski	11/18 Rena Klerman
11/10 Wandie Nelson	11/23 Kathleen Prince
11/11 Myra Mallett	

**1 Daylight Saving Set Clocks Back 1 hour**  
9:00 Walk a Lap  
10:30(T) Mass on TV channel # 1008  
 11:00(T) Living Word Church-channel #22  
2:00(C) Independent Living Only Bingo  
3:15(L) Ice Cream

**2** 10:00(X) Exercise  
11:00(T) "Our Daily Bread" Devotions  
1:15(T) First Presbyterian with Pastor Mike Elliott  
2:00(C) Door Decor  
3:30(T) Netflix Movie: Patrick

**3 Election Day**  
10:00(X) Exercise  
11:00(T) "Our Daily Bread" Devotions  
11:30(C) President Quiz  
1:00(C) Universal Yums! Welcome to Brazil  
2:00(D) Kim's Farewell Party  
 3:00(C) Dominoes

**4** 10:00(X) Exercise  
11:00(T) Rosary  
1:00(T) "Faustian Tale" by resident Mike Fahey  
2:30(D) Music in the Dining Room by Tim Javorsky  
3:45(L) Conversation & Coffee

**5** 10:00(X) Exercise  
11:00(T) "Our Daily Bread" Devotions  
1:00(C) TOWN HALL—Meet the New Director  
1:30 Bus Ride  
2:00(C) Assisted Living Only Bingo  
3:00 Bus Ride

**6** 10:00(X) Exercise  
11:00(T) "Our Daily Bread" Devotions  
1:30(T) Netflix Show: NIGHT ON EARTH  
 2:30 Happy Hour—Ice Cream Birthday Treats  
Pick up in the Library

**7** 10:00(X) Dancercise  
11:00(T) Nebraska vs Northwestern Wildcats  
1:30(C) CRAFT TIME:  
 3:30 Walking Club

**8** 9:00 Walk a Lap  
10:30(T) Mass on TV channel # 1008  
11:00(T) Living Word Church-channel #22  
2:00(C) Independent Living Only Bingo  
3:15(L) Ice Cream

**9** 10:00(X) Exercise  
11:00(T) "Our Daily Bread" Devotions  
1:00(T) Hymn Sing  
2:00(A) Craft Time: Wooden Turkeys  
 3:30(C) Trivia: Prices of the 1940's

**10** 10:00(X) Exercise  
11:00(T) "Our Daily Bread" Devotions  
1:00(C) Trivia Time  
2:00(C) Universal Yums! Welcome to Scandinavia  
 3:00(C) Blank Slate Game

**11 Veterans Day**  
10:00(X) Exercise  
11:00(T) "Our Daily Bread" Devotions  
1:30(C) Catholic Mass & Communion Confession available at the end  
3:00(D) Music in the Dining Room by Wayne Miller  
4:00(T) Facebook Live Salute to Veterans details below

**12** 10:00(X) Exercise  
11:00(T) "Our Daily Bread" Devotions  
1:00(T) You Be the Judge  
1:30 Bus Ride  
2:00(C) Assisted Living Only Bingo  
3:00 Bus Ride

**13** 10:00(L) Scatter Joy Acres Animal Visit  
11:00(T) "Our Daily Bread"  
1:30(T) Netflix Show: OUR PLANET  
 2:30 Happy Hour  
Pick up in the Library

**14** 10:00(X) Dancercise  
1:30(C) BAKING FUN: Decorating Turkey Cupcake  
 TBA(T) Nebraska vs Penn State Lions  
3:30 Walking Club

**15** 9:00 Walk a Lap  
10:30(T) Mass on TV channel # 1008  
 11:00(T) Living Word Church-channel #22  
2:00(C) Independent Living Only Bingo  
3:15(L) Ice Cream

**16** 9:00(T) AL & 9:30(T) IL Custom Hearing Solutions  
10:00(X) Exercise  
11:00(T) "Our Daily Bread" Devotions  
1:00(L) Jukebox  
2:00(A) Craft Time: Turkey Craft  
3:30(T) Netflix: Mary Poppins Returns

**17** 10:00(X) Exercise  
11:00(T) "Our Daily Bread" Devotions  
1:00(C) Trivia Time  
2:00(C) Universal Yums! Welcome to Philippines  
 3:00(C) Canasta

**18** 10:00(X) Exercise  
11:00(T) "Our Daily Bread" Devotions  
11:00(T) Rosary  
1:00 Walk a Lap  
2:30(D) Music by Billy Troy  
3:45(L) Conversation & Coffee

**19** 10:00(X) Exercise  
1:00(T) You Be the Judge  
1:30 Bus Ride  
2:00(C) Assisted Living Only Bingo  
3:00 Bus Ride  
3:30 Walking Club

**20** 10:00(X) Exercise  
11:00(T) "Our Daily Bread" Devotions  
1:30(T) Netflix Show: Dancing with the Birds  
 2:30 Happy Hour  
Pick up in the Library

**21** 10:00(X) Dancercise  
1:00 Bus Ride  
2:00 Bus Ride  
 TBA(T) Nebraska vs Illinois  
3:30 Walking Club

**22** 9:00 Walk a Lap  
10:00(T) Mass on TV channel # 1008  
11:00(T) Living Word Church-channel #22  
2:00(C) Independent Living Only Bingo  
3:15(L) Ice Cream

**23** 10:00(X) Exercise  
11:00(T) "Our Daily Bread" Devotions  
1:00(L) YouTube "Turkeys"  
2:00(A) Craft Time Candy Cane Beading  
3:30(T) Netflix: Employee of the Month

**24** 10:00(X) Exercise  
11:00(T) "Our Daily Bread" Devotions  
1:00(C) Trivia Time  
2:00(C) Universal Yums! Welcome Philippines #2  
 3:00(C) Scrabble

**25** 10:00(X) Exercise  
11:00(T) "Our Daily Bread" Devotions  
11:00(T) Rosary  
1:00 Walk a Lap  
2:30(D) Music by "Elvis" Craig Florian  
3:45(L) Conversation & Coffee

**26 Happy Thanksgiving**  
10:00(T) Thanksgiving Parade NBC ch#1008  
 Gobble up a delicious Turkey Dinner in our Dining Room!  
2:00(D) Bingo and Ice Cream "Drumsticks"  
3:00(C) Walking Club

**27** 10:00(X) Exercise  
11:00(T) "Our Daily Bread" Devotions  
1:30(T) Nebraska vs Iowa Hawkeyes  
 ~Come Enjoy Pop & Chips in the Theater~  
2:30 Happy Hour  
Pick up in the Library

**28** 10:00(X) Dancercise  
Decorate for Christmas  
2:00(T) Netflix  
 3:30 Walking Club

**29** 9:00 Walk a Lap  
10:00(T) Mass on TV channel # 1008  
 11:00(T) Living Word Church-channel #22  
2:00(C) Independent Living Only Bingo  
3:15(L) Ice Cream

**30** 10:00(X) Exercise  
11:00(T) "Our Daily Bread" Devotions  
1:00(L) Jukebox  
2:00(A) Craft Time: Ornament Painting  
3:30(T) Netflix Movie: Dennis the Menace

**ROOM KEY**  
C—Community Room  
Floor 2 Assisted Side  
D—Dining Room  
Floor 1  
L—Library/Lobby  
Floor 1  
T—Theater Floor  
Floor 1 Assisted Side  
X—Exercise Room  
Floor 1 Assisted Side near room #134

**Facebook Live Salute to Veterans November 11**  
Enjoy watching it from the Library, Pub, or on your private Facebook page.  
LaVista Community Foundation

**Walking Club & Let's Take a Walk**  
Just 30 minutes every day can increase cardiovascular fitness, strengthen bones, reduce excess body fat, and boost muscle power and endurance. Start with 1 a short distance and add a few steps a day.  
7 laps around = 1 mile!

**Bus Rides**  
Join us for a ride in the bus! Get some fresh air and see the countryside! We will not be getting off the bus but be sure to wear a coat when it is cold outside!  
**MASKS REQUIRED!**

**MEAL TIMES:**  
Assisted Living  
Breakfast 7:30 or 9:00  
Independent Living  
Breakfast 6:30 or 8:00  
Lunch 11:00 or 12:30  
\*\*\*\*\*  
The Podiatrist will be here December 14-16  
First timers: Pick up your paperwork at the front desk and return it by Friday, Nov 27.