November 2020

In The Moment – Memory Support



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Daylight Saving Time Begins 9:00 SS Morning Devotions/ Hydration Station 11:00 PE Courtyard Stretches 1:00 GE Mobile Activity Station 2:00 Activity Packets 3:00 Hallway Zumba 4:00 AE Music Sing Along	9:00 SS Morning Devotions/ Hydration Station 11:00 PE Courtyard Stretches 1:00 PE Mobile Activity Station 2:00 Activity Packets 3:00 Hallway Zumba 4:00 PE Music Sing Along	9:00 SS Morning Devotions/ Hydration Station 11:00 PE Courtyard Stretches 1:00 PE Mobile Activity Station 2:00 Activity Packets 3:00 Hallway Zumba 4:00 AE Music Sing Along	National Candy Day 9:00 SS Morning Devotions/ Hydration Station 11:00 PE Courtyard Stretches 1:00 PM Mobile Activity Station 2:00 Activity Packets 3:00 Hallway Zumba 4:00 AE Music Sing Along	National Monopoly Day 9:00 SS Morning Devotions/ Hydration Station 11:00 PE Courtyard Stretches 1:00 Mobile Activity Station 2:00 Happy Hour 3:00 Hallway Zumba 4:00 AE Music Sing Along	9:00 SS Morning Devotions/	9:00 SS Morning Devotions/ Hydration Station 11:00 PE Courtyard Stretches 1:00 S Mobile Activity Station 2:00 Activity Packets 3:00 Hallway Zumba 4:00 AE Music Sing Along
9:00 SS Morning Devotions/ Hydration Station 11:00 PE Courtyard Stretches 1:00 E Mobile Activity Station 2:00 Activity Packets 3:00 Hallway Zumba 4:00 AE Music Sing Along	9:00 SS Morning Devotions/ Hydration Station 11:00 PE Courtyard Stretches 1:00 E Mobile Activity Station 2:00 Activity Packets 3:00 Hallway Zumba 4:00 AE Music Sing Along	9:00 SS Morning Devotions/ Hydration Station 11:00 PE Courtyard Stretches 1:00 E Mobile Activity Station 2:00 Activity Packets 3:00 Hallway Zumba 4:00 AE Music Sing Along	Veterans Day 9:00 SS Morning Devotions/ Hydration Station 11:00 PE Courtyard Stretches 1:00 PE Mobile Activity Station 2:00 Activity Packets 3:00 Hallway Zumba 4:00 AE Music Sing Along	9:00 SS Morning Devotions/ Hydration Station 11:00 PE Courtyard Stretches 1:00 E Mobile Activity Station 2:00 Happy Hour 3:00 Hallway Zumba 4:00 AE Music Sing Along	National Kindness Day 9:00 SS Morning Devotions/ Hydration Station 11:00 PE Courtyard Stretches 1:00 SE Mobile Activity Station 2:00 Activity Packets 3:00 Hallway Zumba 4:00 AE Music Sing Along	Spicy Guacamole & Pickle Day 9:00 SS Morning Devotions/ Hydration Station 11:00 FE Courtyard Stretches 1:00 FE Mobile Activity Station 2:00 Activity Packets 3:00 Hallway Zumba 4:00 AE Music Sing Along
9:00 SS Morning Devotions/ Hydration Station 11:00 PE Courtyard Stretches 1:00 SE Mobile Activity Station 2:00 Activity Packets 3:00 Hallway Zumba 4:00 AE Music Sing Along	9:00 SS Morning Devotions/ Hydration Station 11:00 PE Courtyard Stretches 1:00 PE Mobile Activity Station 2:00 Activity Packets 3:00 Hallway Zumba 4:00 PE Courtyard Stretches 1:00 PE Courtyard Stre	9:00 SS Morning Devotions/ Hydration Station 11:00 PE Courtyard Stretches 1:00 PE Mobile Activity Station 2:00 Activity Packets 3:00 Hallway Zumba 4:00 AE Music Sing Along	National Mickey Mouse & Apple Cider Day 9:00 SS Morning Devotions/ Hydration Station 11:00 PE Courtyard Stretches 1:00 Mobile Activity Station 2:00 Activity Packets 3:00 Hallway Zumba 4:00 AE Music Sing Along		, — ·	9:00 SS Morning Devotions/ Hydration Station 11:00 PE Courtyard Stretches 1:00 SE Mobile Activity Station 2:00 Activity Packets 3:00 Hallway Zumba 4:00 AE Music Sing Along
National Humane Society Day 9:00 SS Morning Devotions/ Hydration Station 11:00 PE Courtyard Stretches 1:00 Mobile Activity Station 2:00 Activity Packets 2:00 Activity Packets 3:00 Hallway Zumba 4:00 AE Music Sing Along		9:00 SS Morning Devotions/ Hydration Station 11:00 PE Courtyard Stretches 1:00 E Mobile Activity Station 2:00 Activity Packets 3:00 Hallway Zumba 4:00 AE Music Sing Along	National Hat & Juke Box Day 9:00 SS Morning Devotions/ Hydration Station 11:00 PE Courtyard Stretches 1:00 PE Mobile Activity Station 2:00 Activity Packets 3:00 Hallway Zumba 4:00 AE Music Sing Along	Thanksgiving 9:00 SS Morning Devotions/ Hydration Station 11:00 PE Courtyard Stretches 1:00 S Mobile Activity Station 2:00 Happy Hour 3:00 Hallway Zumba 4:00 A Music Sing Along	Hydration Station 🔼 🖊	9:00 SS Morning Devotions/ Hydration Station 11:00 PE Courtyard Stretches 1:00 SE Mobile Activity Station 2:00 Activity Packets 3:00 Hallway Zumba 4:00 AE Music Sing Along
9:00 SS Morning Devotions/ Hydration Station 11:00 PE Courtyard Stretches 1:00 E Mobile Activity Station 2:00 Activity Packets 3:00 Hallway Zumba 4:00 AE Music Sing Along	9:00 SS Morning Devotions/ Hydration Station 11:00 PE Courtyard Stretches 1:00 Mobile Activity Station 2:00 Activity Packets 3:00 Hallway Zumba 4:00 ME Music Sing Along	KINGSTON BAY		AE Artistic Expression CC Community Connections CE Continuing Education LL Lifestyle &Leisure	Healthy Snacks & Hydration offered throughout each day!	



PE Physical Engagement

SS Spiritual Support