

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00 Coffee Social 9:30 Daily Chronicle 10:00 Morning Stretches 10:00 Activity Room Clean Up 11:00 Day of The Day Art 1:00 Dia De Los Muertos Music 2:00 November TRIVIA 3:00 Autumn Sensory 4:00 Food Talk Daylight Saving Time Ends	9:00 Coffee Social 9:30 Daily Chronicle 10:00 Fun Fitness w/ Karla 10:30 Brain Aerobics 11:00 Sing Along 1:00 Puzzlemania 2:00 Memorabilia Monday 3:00 BOWLING 4:00 Reminiscing 6:00 Movie Classics	9:00 Coffee Social 9:30 Daily Chronicle 10:00 Sit & Fit w/ Tori 10:30 Ring Toss 11:00 Patio Talk 1:00 Election History 2:00 Patriotic Music 3:00 Wizard Of Oz Anniversary 4:00 Folding & Sorting 6:00 Movie Classics	9:00 Coffee Social 9:30 Daily Chronicle 10:00 Conductorsize 10:30 Andrea Bocelli Concert 11:00 Finishing Lines 1:00 Puzzlemania 2:00 Ice Cream Social 3:00 Painting w/ Bob Ross 4:00 Favorite Musical Scenes 6:00 Movie Classics	9:00 Coffee Social 9:30 Daily Chronicle 10:00 Fun Fitness 10:30 PARACHUTE 11:00 What's In The Box 1:00 Hoedown w/ Roy Rogers 2:30 Dog Show (Patio) 3:30 Westminster Dog Show 4:00 Food Talk 6:00 Movie Classics	9:00 Coffee Social 9:30 Daily Chronicle 10:00 Morning Stretches 10:30 Relaxing Sounds 11:00 Hand Spa 1:00 Spa Day (Continued) 2:00 Harvest COLORAMA 3:30 PATIO HAPPY HOUR 4:00 Saxophone Music 6:00 Movie Classics	9:00 Coffee Social 9:30 Daily Chronicle 10:00 Fitness w/ Karla 10:30 Splash Hoop 11:00 Music Makers 1:00 Madame Currie Facts 2:00 Folding & Sorting 3:30 Westminster Show 4:00 Food Talk 6:00 Movie Classics
9:00 Coffee Social 9:30 Daily Chronicle 10:00 Morning Stretches 10:30 Tennessee Waltz Day 11:00 Spiritual Corner 1:00 Colors of the Season 2:00 Reading Hour 3:00 Autumn Sensory 4:00 Splash Hoop 6:00 Movie Classics	9:00 Coffee Social 9:30 Daily Chronicle 10:00 Fun Fitness w/ Karla 10:30 Brain Aerobics 10:30 Sing Along w/ Mark 1:00 Puzzlemania 2:00 Memorabilia Monday 3:00 HEALTHY Happy Hour 4:00 Reminiscing 6:00 Movie Classics	9:00 Coffee Social 9:30 Daily Chronicle 10:00 Sit & Fit w/ Tori 10:30 Ring Toss 11:00 Patio Talk 1:00 KARAOKE 2:00 Times We Treasure 3:00 Food History 4:00 Folding & Sorting 6:00 Movie Classics	9:00 Coffee Social 9:30 Daily Chronicle 10:00 Veterans Day Ceremony 10:30 Bean Bag Toss 11:00 American Sing Along 1:00 Afternoon Fitness 2:00 Smoothies! 3:00 Anchors Aweigh! (Musical) 6:00 Resident's Choice Veterans Day Remembrance Day (Canada)	9:00 Coffee Social 9:30 Daily Chronicle 10:00 Music & Motion 10:30 PARACHUTE 11:00 What's In The Box 1:00 Fantasia Anniversary 2:00 Conductorsize 3:00 Flower Arranging 4:00 Food Talk 6:00 Movie Classics	9:00 Coffee Social 9:30 Daily Chronicle 10:00 Morning Stretches 10:30 Relaxing Sounds 11:00 Hand Spa 1:00 Spa Day (Continued) 2:30 Harvest Festival 3:30 Clean Up 4:00 Sensory Relaxation 6:00 Movie Classics	9:00 Coffee Social 9:30 Daily Chronicle 10:00 Fitness w/ Karla 10:30 Splash Hoop 11:00 Music Makers 1:00 Swan Lake & Art 2:00 Folding & Sorting 3:00 Brain Aerobics 4:00 Frank Sinatra Happy Hour 6:00 Movie Classics
9:00 Coffee Social 9:30 Daily Chronicle 10:00 Morning Stretches 10:30 Drum Circle 11:00 Funny Baby Videos 1:00 Massage Therapy 2:00 Balloon Volleyball 3:00 Watercolor Art 4:00 Music Remembered 6:00 Movie Classics	9:00 Coffee Social 9:30 Daily Chronicle 10:00 Fun Fitness w/ Karla 10:30 Brain Aerobics 10:30 Sing Along w/ Mark 1:00 Puzzlemania 2:00 Memorabilia Monday 3:00 HEALTHY Happy Hour 4:00 Reminiscing 6:00 Movie Classics	9:00 Coffee Social 9:30 Daily Chronicle 10:00 Sit & Fit w/ Tori 10:30 Ring Toss 11:00 Patio Talk 1:00 KARAOKE 2:00 Times We Treasure 3:00 Food History 4:00 Folding & Sorting 6:00 Movie Classics	9:00 Coffee Social 9:30 Daily Chronicle 10:00 Sit & Fit w/ Tori 10:30 Ribbon Dance 11:00 Finishing Lines 1:00 Puzzlemania 2:00 Harp Music by Maggie 2:30 Ice Cream Social 4:00 Gene Kelly Musical Scenes 6:00 Movie Classics	9:00 Coffee Social 9:30 Daily Chronicle 10:00 Music & Motion 10:30 PARACHUTE 11:00 International Men's Day 1:00 Rittz and Glittz 2:00 Resident Bday Party! 3:00 Casablanca Movie 4:00 Food Talk 6:00 PlanetEarth	9:00 Coffee Social 9:30 Daily Chronicle 10:00 Morning Stretches 10:30 Relaxing Sounds 11:00 Hand Spa 1:00 Spa Day (Continued) 2:00 Harvest COLORAMA 3:30 PATIO HAPPY HOUR 4:00 Patio Clean Up 6:00 Movie Classics	9:00 Coffee Social 9:30 Daily Chronicle 10:00 Fitness w/ Karla 10:30 World Hello Day 11:00 Music Makers 1:00 Fuzzy COLORAMA 2:00 All Sorts of Sorting 3:00 Brain Aerobics 4:00 Big Band Happy Hour 6:00 Movie Classics
9:00 Coffee Social 9:30 Daily Chronicle 10:00 Morning Stretches 10:30 Drum Circle 11:00 Beautiful Cathedrals 1:00 Colors of the Season 2:00 Bean Toss 3:00 Autumn Sensory 4:00 Music Remembered 6:00 Movie Classics	9:00 Coffee Social 9:30 Daily Chronicle 10:00 Fun Fitness w/ Karla 10:30 Brain Aerobics 11:00 Sing Along 1:00 Puzzlemania 2:00 Memorabilia Monday 3:00 BOWLING 4:00 Reminiscing 6:00 Movie Classics	9:00 Coffee Social 9:30 Daily Chronicle 10:00 Sit & Fit w/ Tori 10:30 Ring Toss 11:00 Patio Talk 1:00 ANIMAL FACTS 2:00 Times We Treasure 3:00 COZY KITCHEN 4:00 Folding & Sorting 6:00 Movie Classics	9:00 Coffee Social 9:30 Daily Chronicle 10:00 Conductorsize 10:30 Andrea Bocelli Concert 11:00 Finishing Lines 1:00 Puzzlemania 2:00 Ice Cream Social 3:00 Painting w/ Bob Ross 4:00 Favorite Musical Scenes 6:00 Movie Classics	9:00 Coffee Social 9:30 Daily Chronicle 10:00 Fun Fitness 10:30 IM GREATFUL FOR... 11:00 Macy's Thanksgiving Parade 1:00 KARAOKE 2:00 Pinecone Turkeys Crafts 3:00 Reminiscing 4:00 Food Talk Thanksgiving Day (US)	9:00 Coffee Social 9:30 Daily Chronicle 10:00 Morning Stretches 10:30 Relaxing Sounds 11:00 COLORAMA 1:00 TREE TRIMMING! 2:00 Holiday Cheer 3:00 HOT CHOCOLATE HH 4:00 Frozen Plane 6:00 Movie Classics	9:00 Coffee Social 9:30 Daily Chronicle 10:00 Fitness w/ Karla 10:30 World Hello Day 11:00 OLD TIME CAROLERS 1:00 Fuzzy COLORAMA 2:00 All Sorts of Sorting 3:00 Meet Me In St. Louis 4:00 HAPPY HOUR 6:00 Movie Classics
9:00 Coffee Social 9:30 Daily Chronicle 10:00 Morning Stretches 10:30 Drum Circle 11:00 Hand Spa 1:00 Spa Day (Continued) 2:00 Balloon Volleyball 3:00 Sip & Paint 4:00 Music Remembered 6:00 Movie Classics	9:00 Coffee Social 9:30 Daily Chronicle 10:00 Fun Fitness w/ Karla 10:30 Brain Aerobics 11:00 BOWLING 1:00 Puzzlemania 2:00 Tea Party 3:00 Sing Along 4:00 Reminiscing 6:00 Movie Classics	 November 2020 Journey Programs 				

For questions regarding Programs please contact Elizabeth Colunga (626)791-1981