

St. Mary Healthcare Activity Calendar
Health Center

NOVEMBER 2020

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|--|--|--|---|---|
| 1 Daylight Saving Ends K 9:00 Hospitality cart M 9:30 Hymn Sing along - Channel 2 MM 1:15 Theme Sensations - Cooking I 2:00 Worship Services - Channel 2 S 3:00 Ice Cream Cart | 2 K 10:15 Hospitality Cart M 11:00 Sentimental Sing Along - Channel 2 MM 1:15 Theme Sensations - Spring Things A 2:00 Creative Cooking V 3:30 Walking Club V 3:30 Chair Fitness -Channel 2 | 3 Election Day K 10:15 Hospitality Cart V 11:00 Noodle Ball O 1:00 Scenic Drive (1-4pm, must sign up with activities) MM 1:15 Theme Sensations - Garden Time K 2:00 Bingo M 3:30 Elvis Presley Sing along - | 4 K 10:15 Hospitality Cart V 11:00 Chair Fitness- Channel 2 and Activity Room MM 1:15 Theme Sensations - Baby Things A 2:00 Artistic Flare "Tree of Thanksgiving" I 3:30 Catholic Mass -Channel 2 | 5 K 10:15 Hospitality Cart I 10:30 Guided Meditation - Channel 2 V 11:00 Balloon Volleyball MM 1:15 Theme Sensations - Good old fashioned cooking K 2:00 Bingo S 3:30 Chef's Corner | 6 K 10:15 Hospitality Cart with Donuts L 11:00 Silver Strings Dulcimers 101 M 11:00 Grand Ole Opry Stars of the 50's -Channel 2 MM 1:15 Theme Sensations - Aroma Therapy V 1:30 Senior Walking Club | 7 K 9:00 Hospitality cart S 9:30 Saturday Netflix Movie "The Healer"- -Channel 2 MM 1:15 Theme Sensations - Sports K 2:00 Pokeno S 3:30 Bingo Store Shopping |
| 8 K 9:00 Hospitality cart M 9:30 Hymn Sing along - Channel 2 MM 1:15 Theme Sensations - Cooking I 2:00 Worship Services - Channel 2 S 3:00 Ice Cream Cart | 9 K 10:15 Hospitality Cart M 11:00 Sentimental Sing Along - Channel 2 MM 1:15 Theme Sensations - Spring Things A 2:00 Creative Cooking V 3:30 Walking Club V 3:30 Chair Fitness -Channel 2 | 10 K 10:15 Hospitality Cart V 11:00 Noodle Ball O 1:00 Scenic Drive (1-4pm, must sign up with activities) MM 1:15 Theme Sensations - Garden Time K 2:00 Bingo M 3:30 Elvis Presley Sing along - | 11 Veterans Day V 10:00 Chair Fitness- Channel 2 K 10:15 Hospitality Cart CC 11:00 Community Outreach- "Homemade Thank You cards to our Veterans" MM 1:15 Theme Sensations - Baby Things A 2:00 Artistic Flare "Homemade Thank You cards to our | 12 K 10:15 Hospitality Cart I 10:30 Guided Meditation - Channel 2 V 11:00 Balloon Volleyball MM 1:15 Theme Sensations - Good old fashioned cooking K 2:00 Bingo S 3:30 Chef's Corner | 13 K 10:15 Hospitality Cart with Donuts L 11:00 Silver Strings Dulcimers 101 M 11:00 Grand Ole Opry Stars of the 50's -Channel 2 MM 1:15 Theme Sensations - Aroma Therapy V 1:30 Senior Walking Club | 14 K 9:00 Hospitality cart S 9:30 Saturday Netflix Movie "Riding Faith"- -Channel 2 MM 1:15 Theme Sensations - Sports K 2:00 Pokeno S 3:30 Bingo Store Shopping |
| 15 K 9:00 Hospitality cart M 9:30 Hymn Sing along - Channel 2 MM 1:15 Theme Sensations - Cooking I 2:00 Worship Services - Channel 2 S 3:00 Ice Cream Cart | 16 K 10:15 Hospitality Cart M 11:00 Sentimental Sing Along - Channel 2 MM 1:15 Theme Sensations - Spring Things A 2:00 Creative Cooking V 3:30 Walking Club V 3:30 Chair Fitness -Channel 2 | 17 K 10:15 Hospitality Cart V 11:00 Noodle Ball O 1:00 Scenic Drive (1-4pm, must sign up with activities) MM 1:15 Theme Sensations - Garden Time K 2:00 Bingo M 3:30 Elvis Presley Sing along - | 18 K 10:15 Hospitality Cart V 11:00 Chair Fitness- Channel 2 and Activity Room MM 1:15 Theme Sensations - Baby Things A 2:00 Artistic Flare "Q-Tip Fall Trees" I 3:30 Catholic Mass -Channel 2 | 19 K 10:15 Hospitality Cart I 10:30 Guided Meditation - Channel 2 V 11:00 Balloon Volleyball MM 1:15 Theme Sensations - Good old fashioned cooking K 2:00 Bingo S 3:30 Chef's Corner | 20 K 10:15 Hospitality Cart with Donuts L 11:00 Silver Strings Dulcimers 101 M 11:00 Grand Ole Opry Stars of the 50's -Channel 2 MM 1:15 Theme Sensations - Aroma Therapy V 1:30 Senior Walking Club | 21 K 9:00 Hospitality cart S 9:30 Saturday Netflix Movie "God Bless the Broken Road"- -Channel 2 MM 1:15 Theme Sensations - Sports K 2:00 Pokeno S 3:30 Bingo Store Shopping |
| 22 K 9:00 Hospitality cart M 9:30 Hymn Sing along - Channel 2 MM 1:15 Theme Sensations - Cooking I 2:00 Worship Services - Channel 2 S 3:00 Ice Cream Cart | 23 K 10:15 Hospitality Cart M 11:00 Sentimental Sing Along - Channel 2 MM 1:15 Theme Sensations - Spring Things A 2:00 Creative Cooking V 3:30 Walking Club V 3:30 Chair Fitness -Channel 2 | 24 K 10:15 Hospitality Cart V 11:00 Noodle Ball O 1:00 Scenic Drive (1-4pm, must sign up with activities) MM 1:15 Theme Sensations - Garden Time K 2:00 Bingo M 3:30 Elvis Presley Sing along - | 25 V 10:00 Chair Fitness- Channel 2 K 10:15 Hospitality Cart MM 1:15 Theme Sensations - Baby Things A 2:00 Artistic Flare "Ribbon Tree Ornament" S 3:30 Monthly Birthday Celebration in Hallway | 26 Thanksgiving K 10:15 Hospitality Cart I 10:30 Guided Meditation - Channel 2 V 11:00 Balloon Volleyball MM 1:15 Theme Sensations - Good old fashioned cooking K 2:00 Bingo S 3:30 Chef's Corner | 27 K 10:15 Hospitality Cart with Donuts L 11:00 Silver Strings Dulcimers 101 M 11:00 Grand Ole Opry Stars of the 50's -Channel 2 MM 1:15 Theme Sensations - Aroma Therapy V 1:30 Senior Walking Club | 28 K 9:00 Hospitality cart S 9:30 Saturday Netflix Movie "Christmas in the Smokies"- -Channel 2 MM 1:15 Theme Sensations - Sports K 2:00 Pokeno S 3:30 Bingo Store Shopping |
| 29 K 9:00 Hospitality cart M 9:30 Hymn Sing along - Channel 2 MM 1:15 Theme Sensations - Cooking I 2:00 Worship Services - Channel 2 S 3:00 Ice Cream Cart | 30 K 10:15 Hospitality Cart M 11:00 Sentimental Sing Along - Channel 2 MM 1:15 Theme Sensations - Spring Things A 2:00 Creative Cooking V 3:30 Walking Club V 3:30 Chair Fitness -Channel 2 | A - Artisans CC - Community Connections I - Inspirations K - Keeping it Sharp/Reminisce L - Lifelong Learning MM - Mindful Moments M - Music to My Ears O - Out & About S - Signature Events V - Vitality | Resident Mail is delivered Monday - Saturday to residents rooms. The Life Enrichment team would be happy to assist with outgoing mail, or it can be taken to the front desk during regular business hours. | Resident Birthdays: Helen W. 11/11 Elizabeth W. 11/23 | Local Ombudsman Andrea Smothers (765) 423-5327 | *All activities are subject to change. All changes will be posted on the LifeShare Monitor. Please be sure to check daily for updates. |

NOVEMBER 2020

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|--|---|---|---|---|
| 1 Daylight Saving Ends V Pumpkin Pass K Yard Sale CC Apple Cranberry Crumb Bars CC Cinnamon Rolls Relax & Recharge A Cornucopia Painting O Senior Scenic Travels -Channel 2 M Celebrity Sunday GG Category Snap | 2 V Burn Before the Bird K Memory Monday CC Monster Cookies Relax & Recharge A Orange Clove Gift M I Like You GG Horseshoes Healthy Hands GF Aquapainting | 3 Election Day V Basketball K Let's Reminisce: Election Day CC Sandwich Cookies Relax & Recharge O Scenic Drive (1-4pm, must sign up with activities) A Creative Coloring M Music Bingo GG Roll the Dice & Break the Ice | 4 V Chair Swimming K Quick Words CC Layered Chili Cheese Dip Relax & Recharge A Gourd-geous Craft M Pass The Beat GG Pair Up "Owls" Healthy Hands GF Garden Scentscape | 5 V Turkey Trot K Let's Spell Fall CC S'more Crescent Rolls Relax & Recharge A Creative Storytelling M Groovin' Gospel GG Lollipop Paddle Healthy Hands GF Reminiscing Through Photos | 6 V Cornucopia Pass K Best Friends CC Donuts and Kitchen Tool Reminisce Relax & Recharge A Thanksgiving Gratitude Tree M Happy Hour GG Turkey Toss Healthy Hands GF Old Time Theater | 7 V Smile Yoga K Inspired Tales CC Dump Cake Relax & Recharge A Deck of Wit & Wisdom M Let's Dance! GG Life on the Farm Healthy Hands GF Lifeshare Games |
| 8 V Pumpkin Pass K Yard Sale CC Cinnamon Rolls Relax & Recharge A Paint By Number O Senior Scenic Travels -Channel 2 M Celebrity Sunday GG Category Snap Healthy Hands | 9 V Burn Before the Bird K Memory Monday CC Peanut Butter Pudding Cake Relax & Recharge A Foam Fortune Cookies M I Like You GG Horseshoes Healthy Hands GF Aquapainting | 10 V Basketball K Make Me Laugh CC Homemade Vanilla Cupcakes Relax & Recharge O Scenic Drive (1-4pm, must sign up with activities) A Creative Coloring M Music Bingo GG Roll the Dice & Break the Ice | 11 Veterans Day V Chair Swimming K Let's Spell Veterans Day CC Navy Bean Vegetable Soup Relax & Recharge A Veterans Day Heart Card M Salute to Veterans GG Pair Up "Owls" Healthy Hands GF Garden Scentscape | 12 V Turkey Trot K Let's Spell Fall CC Sugar-free Pumpkin Cake Relax & Recharge A Autumn Leaf Stamping M Groovin' Gospel GG Lollipop Paddle Healthy Hands GF Reminiscing Through Photos | 13 V Cornucopia Pass K Best Friends CC Donuts and Kitchen Tool Reminisce Relax & Recharge A Beaded Pumpkins M Happy Hour GG Turkey Toss Healthy Hands GF Old Time Theater | 14 V Smile Yoga K Inspired Tales CC Dump Cake Relax & Recharge A A Man's Masterpiece M Let's Dance! GG Life on the Farm Healthy Hands GF Lifeshare Games |
| 15 V Pumpkin Pass K Yard Sale CC Cinnamon Rolls Relax & Recharge A Q-tip Fall Trees O Senior Scenic Travels -Channel 2 M Celebrity Sunday GG Category Snap Healthy Hands | 16 V Burn Before the Bird K Memory Monday CC Cranberry Orange Salsa Spread Relax & Recharge A Sensory Paint M I Like You GG Horseshoes Healthy Hands GF Aquapainting | 17 V Basketball K Make Me Laugh CC Fruit Bread Relax & Recharge O Scenic Drive (1-4pm, must sign up with activities) A Creative Coloring M Campfire Time M Music Bingo | 18 V Chair Swimming K Quick Words CC Tuscan Pumpkin Soup Relax & Recharge A Collaborative Weaving M Pass The Beat GG Pair Up "Owls" Healthy Hands GF Garden Scentscape | 19 V Turkey Trot K Let's Spell Fall CC Caramel Stuffed Snickerdoodles Relax & Recharge A Thumbprint Dandelion M Groovin' Gospel GG Lollipop Paddle Healthy Hands GF Reminiscing Through Photos | 20 V Cornucopia Pass K Best Friends CC Donuts and Kitchen Tool Reminisce Relax & Recharge A Poppy Field Collage M Happy Hour GG Turkey Toss Healthy Hands GF Old Time Theater | 21 V Smile Yoga K Inspired Tales CC Dump Cake Relax & Recharge A Picture Prompts M Let's Dance! GG Life on the Farm Healthy Hands GF Lifeshare Games |
| 22 V Pumpkin Pass K Yard Sale CC Cinnamon Rolls Relax & Recharge A Spice Painting O Senior Scenic Travels -Channel 2 M Celebrity Sunday GG Category Snap Healthy Hands | 23 V Burn Before the Bird K Memory Monday CC Mini Pecan Pies Relax & Recharge A Chihuly Inspired Glass Art M I Like You GG Horseshoes Healthy Hands GF Aquapainting | 24 V Basketball K Make Me Laugh CC Baked BLT Dip Relax & Recharge O Scenic Drive (1-4pm, must sign up with activities) A Creative Coloring M Campfire Time M Music Bingo | 25 V Chair Swimming K Quick Words CC Birthday cake CC Ham and Potato Soup Relax & Recharge A Mystery Drawing M Birthday Party Celebration M Pass The Beat GG Pair Up "Owls" | 26 Thanksgiving V Turkey Trot K Quick Words and Blessings CC Turkey Peanut Butter Cup Cookies Relax & Recharge A Thankfulness Collage M Give Thanks GG Lollipop Paddle Healthy Hands GF Gratitude Game | 27 V Cornucopia Pass K Best Friends CC Donuts and Kitchen Tool Reminisce Relax & Recharge A Drama Club-Short Story M Happy Hour GG Turkey Toss Healthy Hands GF Old Time Theater | 28 V Smile Yoga K Inspired Tales CC Dump Cake Relax & Recharge A Seasonal Adult Coloring M Let's Dance! GG Life on the Farm Healthy Hands GF Lifeshare Games |
| 29 V Pumpkin Pass K Yard Sale CC Cinnamon Rolls Relax & Recharge A Ribbon Tree Ornament O Senior Scenic Travels -Channel 2 M Celebrity Sunday GG Category Snap Healthy Hands | 30 V Burn Before the Bird K Memory Monday CC Chewy Gingersnap Cookies Relax & Recharge A Creative Storytelling M I Like You GG Horseshoes Healthy Hands GF Aquapainting | A - Artisans CC - Creative Cooking GF - Gathering of Friends GG - Group Games K - Keeping it Sharp/Reminisce M - Music to My Ears O - Out & About V - Vitality | | Resident Mail is delivered Monday - Saturday to residents rooms. | | |