Cypress Pointe Health Campus Legacy

Healthy Hands

GF Hangman/Scrabble Cards

Healthy Hands

GF Aquapainting

Cypress Pointe I Legacy Memory Care	Health Campus	NOVEMBER 2020						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
Daylight Saving Ends	2	3 Election Day	4	5	6	7		
Pumpkin Pass Yard Sale Apple Cranberry Crumb Bars Relax & Recharge Corncob Painting Celebrity Sunday Category Snap Healthy Hands Hangman/Scrabble Cards	W Burn Before the Bird Memory Monday Monster Cookies Relax & Recharge Orange Clove Gift I Like You GC Horseshoes Healthy Hands GF Aquapainting	W Basketball Let's Reminisce: Election Day Sandwich Cookies Relax & Recharge Button Trees Campfire Time GC Roll the Dice & Break the Ice Healthy Hands Charades/Noodleball	V Chair Swimming K Quick Words CC Layered Chili Cheese Dip Relax & Recharge A Gourd-geous Craft M Pass The Beat GG Pair Up "Owls" Healthy Hands GF Garden Scentscape	Turkey Trot Let's Spell Fall SC S'more Crescent Rolls Relax & Recharge Creative Storytelling Groovin' Gospel Lollipop Paddle Healthy Hands Reminiscing Through Photos	V Cornucopia Pass K Best Friends Hearty Ham and Bean Soup Relax & Recharge A Thanksgiving Gratitude Tree M November Happy Hour GG Turkey Toss Healthy Hands GF Old Time Theater	 V Smile Yoga K Inspired Tales Mother's Pumpkin Bread Relax & Recharge Deck of Wit & Wisdom Let's Dance! Life on the Farm Healthy Hands Lifeshare Games/Memory Mar 		
Pumpkin Pass Yard Sale Orange Cranberry Bread with Glaze Relax & Recharge Paint By Number Celebrity Sunday Category Snap Healthy Hands Hangman/Scrabble Cards	9 W Burn Before the Bird K Memory Monday C Peanut Butter Pudding Cake Relax & Recharge A Foam Fortune Cookies I Like You G Horseshoes Healthy Hands GF Aquapainting	W Basketball K Make Me Laugh CC Homemade Vanilla Cupcakes Relax & Recharge Feather Paint Campfire Time GC Roll the Dice & Break the Ice Healthy Hands Charades/Noodleball	Veterans Day V Chair Swimming K Let's Spell Veterans Day C Navy Bean Vegetable Soup Relax & Recharge A Veterans Day Heart Card M Salute to Veterans G Pair Up "Owls" Healthy Hands GF Garden Scentscape	V Turkey Trot K Let's Spell Fall C Sugar-free Pumpkin Cake Relax & Recharge A Autumn Leaf Stamping M Groovin' Gospel GC Lollipop Paddle Healthy Hands GF Reminiscing Through Photos	V Cornucopia Pass K Best Friends CC Pretzel No Bake Cookies Relax & Recharge A Beaded Pumpkins M November Happy Hour GG Turkey Toss Healthy Hands GF Old Time Theater	V Smile Yoga K Inspired Tales C Apple Praline Bread Relax & Recharge A A Man's Masterpiece M Let's Dance! G Life on the Farm Healthy Hands GF Lifeshare Games/Memory Mag		
Pumpkin Pass Yard Sale Grands Monkey Bread Relax & Recharge Q-tip Fall Trees Celebrity Sunday Category Snap Healthy Hands Hangman/Scrabble Cards	V Burn Before the Bird K Memory Monday C Cranberry Orange Salsa Spread Relax & Recharge A Sensory Paint I Like You GG Horseshoes Healthy Hands GF Aquapainting	V Basketball K Make Me Laugh CC Fruit Bread Relax & Recharge A Creative Storytelling M Campfire Time GC Roll the Dice & Break the Ice Healthy Hands Charades/Noodleball	V Chair Swimming K Quick Words C Tuscan Pumpkin Soup Relax & Recharge A Collaborative Weaving M Pass The Beat G Pair Up "Owls" Healthy Hands GF Garden Scentscape	V Turkey Trot K Let's Spell Fall C Caramel Stuffed Snickerdoodles Relax & Recharge Thumbprint Dandelion M Groovin' Gospel GC Lollipop Paddle Healthy Hands GF Reminiscing Through Photos	V Cornucopia Pass K Best Friends CC Sugar- Free Oatmeal Spice Muffins Relax & Recharge A Poppy Field Collage M November Happy Hour GC Turkey Toss Healthy Hands GF Old Time Theater	V Smile Yoga K Inspired Tales C Jiffy Cornbread Casserole Relax & Recharge Picture Prompts M Let's Dance! GG Life on the Farm Healthy Hands GF Lifeshare Games/Memory Ma		
Pumpkin Pass Yard Sale Autumn Cheese Ball Relax & Recharge Spice Painting Celebrity Sunday Category Snap Healthy Hands Hangman/Scrabble Cards	V Burn Before the Bird K Memory Monday C Mini Pecan Pies Relax & Recharge A Chihuly Inspired Glass Art I Like You G Horseshoes Healthy Hands GF Aquapainting	V Basketball K Make Me Laugh CC Baked BLT Dip Relax & Recharge A Thanksgiving Napkin Rings Campfire Time GC Roll the Dice & Break the Ice Healthy Hands Charades/Magic Memory	V Chair Swimming K Quick Words C Ham and Potato Soup Relax & Recharge A Mystery Drawing M Pass The Beat G Pair Up "Owls" Healthy Hands GF Garden Scentscape	Thanksgiving V Turkey Trot K Quick Words and Blessings CC Turkey Peanut Butter Cup Cookies Relax & Recharge Thankfulness Collage M Give Thanks GC Lollipop Paddle Healthy Hands GF Gratitude Game	V Cornucopia Pass K Best Friends CC Sugar-free Pumpkin Custard Cups Relax & Recharge A Drama Club-Short Story M November Happy Hour GC Turkey Toss Healthy Hands GF Old Time Theater	V Smile Yoga K Inspired Tales C Warm Apple Dip Relax & Recharge A Seasonal Adult Coloring M Let's Dance! GG Life on the Farm Healthy Hands GF Lifeshare Games/Memory Mag		
Pumpkin Pass Yard Sale Peanut Butter Fudge Relax & Recharge Ribbon Tree Ornament Celebrity Sunday Category Snap Healthy Hands	W Burn Before the Bird K Memory Monday C Chewy Gingersnap Cookies Relax & Recharge A Creative Storytelling I Like You G Horseshoes Healthy Hands		A - Artisans CC - Creative Cooking GF - Gathering of Friends GG - Group Games K - Keeping it Sharp/Reminisce M - Music to My Ears V - Vitality	"About Times" 10:00 A.M. Vitality 10:30 A.M. Keeping It Sharp 11:00 A.M. Creative Cooking 11:30 A.M. Lunch Prep 12:00 P.M. Lunch 1:00 P.M. Rest & Relaxation 2:00 P.M. Snacks 2:30 P.M. Artisans	3:00 P.M. Music To My Ears 3:30 P.M. Group Games 4:00 P.M. Keeping It Sharp 4:30 P.M. Dinner Prep 5:00 P.M Dinner 6:00 P.M. Gathering of Friends 6:30 P.M. Nighttime Traditions "Activities Subject To Change"			

2:30 P.M. Artisans

Cypress Pointe Independent Living

NOVEMBER 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Daylight Saving Ends 2:00 Billiards Club 2:00 Resident Choice.	10:30 Chair Yoga- 30-45 minutes 11:00 Soup of the Day 2:00 Virtual Reality Experience 60-90 minutes	10:30 Harvest Craft 30 minutes 12:00 Soup and Sandwich Lunch until 1PM	10:30 Walking Club 30-45 minutes 2:00 You Tube Learning Series: History of The Mayflower 60min	10:00 Coffee Clash & Dunkin' Danishes 30-60 minutes 2:00 Villa Community Meeting 1 hour	10:30 Chair Yoga- 30-45 minutes 2:30 Happy Hour and UNO 60-90 minutes	10:00 Open Exercise Room 6:00 Resident choice Movie night
2:00 Billiards Club	9 10:30 Chair Yoga- 30-45 minutes 11:00 Soup of The Day	10:30 You Tube Learning: Guided Meditation 30-60 minutes 2:00 Men's Club 60 minutes	10:30 You Tube: Chicken Soup for the Soul 30-45 minutes 11:00 Soup of The Day	10:00 RESERVED FROM 10-4	10:30 Chair Yoga- 30-45 minutes 2:30 Happy Hour Bingo 60-90 minutes	10:00 Open Exercise Room
2:00 Billiards Club	10:30 Chair Yoga- 30-45 minutes 11:00 Soup of The Day	10:30 Let's bake!! Green Bean Casserole 2:00 You Tube Lecture Series: Staying Healthy During Cold/Covid/Flu Season 60minutes	10:30 You Tube: Chicken Soup for the Soul 30-45 minutes 11:00 Soup of The Day	10:30 Coffee Clash and Dunkin' Danishes 60minutes 2:00 Chair Exercise 30- 45minutes	10:30 Chair Yoga- 30-45 minutes 2:30 Happy Hour Scrabble 60-90 minutes	10:00 Open Exercise Room 6:00 Game Night Social
2:00 Billiards Club	10:30 Chair Yoga- 30-45 minutes 11:00 Soup of The Day 2:00 Thanksgiving Trivia 60 minutes	11:00 Let's Bake!!!! Sweet Potato Casserole 60 minutes 2:30 You Tube Series: Stress Relief Through The Holidays	10:30 Coffee and Donuts 2:30 You Tube: Chicken Soup for the Soul 30-45 minutes	1:30 HAPPY THANKSGIVING!!!!!!	10:30 Resident Choice	10:00 Open Exercise Room
2:00 Billiards Club	10:30 Chair Yoga- 30-45 minutes 11:00 Soup of The Day	Note: Please download/check the Spectrio "Share" app, on your mobile device, to view the most current activities, events, menu, etc.				