## NOVEMBER 2020 NEWSLETTER





# Upcoming Events 11/3/2020

Election Survival Kit Stop by and show us your "I Voted" sticker for a special treat.

#### 11/11/2020 Veteran's Day Silent Auction at Amaran

Visit our Facebook page to bid for your favorite community basket.

#### 11/18/2020 Senior 101 – Safely at Home During the Holidays

We will discuss tips and tricks for keeping your loved one safe while visiting home for the holidays.

#### 11/25/2020 Amaran Senior Living Food Drive

Amaran cares about our community and will be partnering with Beehive Homes for a Food Drive. We will be donating food from this event to Silver Horizons Food Market.

Call 505-934-4774 for info if you want to donate.

Amaran Senior Living is proud to partner with Touchtown to bring you an interactive and real time experience through the Amaran App

The Amaran App is the community portal that puts engagement in the palms of your hands. Visualize the possibilities in your new home with access to community info and virtual tours.

With the Amaran App you can:

- · Schedule a Tour
- View and RSVP to events you want to attend
- · View our various floor plans
- Learn about what makes us Uniquely Amaran

- Learn the basics of Montessori Principles
- Discover our Connections Programs
- · Review our Dining Options
- Join the Founders Club
- Ask a Question about Amaran Senior Living
- View News Articles about Amaran

Simply go to Touchtown Community Apps in the Play Store for Android and App Store for Apple devices.

> Username: Amaran Password: Amaran

To log in and view some of what Amaran Senior Living has to offer.

## Meet our Founders Club Member: Glenda



Glenda
Elizabeth
M. (nee
Christian)
was born
July 10,
1945 in
Dahlonega,
Georgia.
She worked
her way
through

college at North Georgia and earned a degree in education. Glenda was responsible for teaching the first desegregated elementary classroom in Georgia. Her desire to learn more about other parts of the country and minority cultures led her to apply for a position with the Bureau of Indian Affairs teaching in the remote four corners area of Teec Nos Pos. Arizona.

Glenda met her husband Dr. James M. (d. 1990) when he met her at the airport to drive her to Teec Nos Pos where he was also a teacher. For Glenda it was love at first sight and she wrote her sister that she had met the man she was going to marry. Jim proposed six months later and they were married May 24, 1969. Glenda has three children: Michelle, Laura, and James.

She dedicated her entire career to the education and advancement of minorities. As a teacher at Santa Fe Indian School, she worked with special education students and was regarded as an expert in her field. Glenda earned a Master's Degree at the University of Illinois at Urbana-Champaign in 1993. She retired from Santa Fe Indian School in 2006 after serving as a teacher, Middle and Senior High Principal, Director of Planning and Evaluation, and Assistant Superintendent.

She is the proud grandmother or five and is looking forward to being part of the Amaran community.

### A LETTER FROM THE ADMINISTRATOR

As we move closer to the completion of construction at Amaran Senior Living, we are thrilled to have 13 of our first 20 Founder's Club members ready for move in day! Founders Club members receive special perks and discounts for the first 20 residents who take advantage our special promotion. Call Carrie at 505-934-4774 to learn more!

Autumn is here and with it comes cooler weather. Enjoy individually temperature-controlled apartments for the crisp mornings and continued warm evenings. Grab a cup of coffee and relax by the beautiful two-sided fireplace in our library/Cyber Café patio area. Our Dining Services Director will implement our signature Culinary Connections program to bring you traditional and new seasonal favorites for your dining experience. We know many people love this special time of year and the team at Amaran Senior Living is looking forward to sharing the season with you.

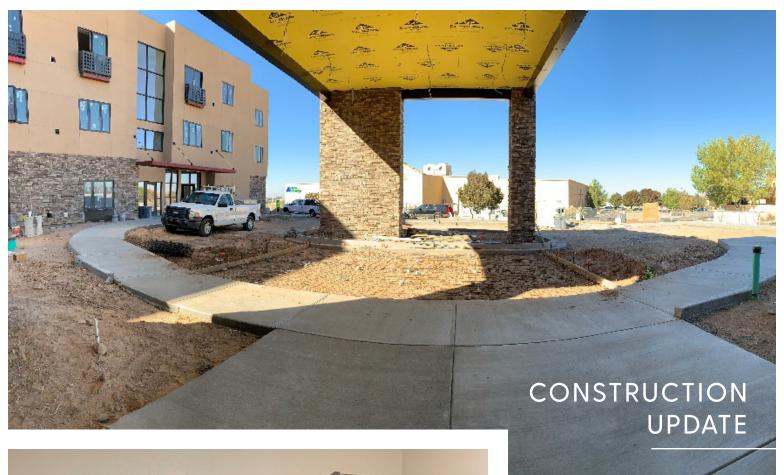
#### Word Search

Find and circle the 15 words listed below.

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D	В	L	Н	U	Т	0	U	С	Н	Τ	0	W	Ν	Ε
C	X	Z	Z	Α	J	G	Т	С	С	V	L		C	С
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APP
COMMUNITY
CONNECT
CONSTRUCTION
ELECTION

EVENTS FOUNDER GRATEFUL GRATITUDE HOLIDAYS INTERACTIVE THANKSGIVING TOUCHTOWN VETERANS VOTE





#### Above:

The cement walkways are poured, which will create walking paths along our beautifully landscaped entry way. We can't wait for you to experience this grand entrance.

#### Left:

The bathrooms have sinks with built in cabinetry installed. We can't wait for you to see our upscale finishes!

Schedule your tour now with Carrie at 505-934-4774.



9100 Holly Ave NE, Albuquerque, NM 87122

505-227-8366 AmaranSeniorLiving.com

Managed by INSIGHT

### Meet our Health Services Director. Eric Freeze

Eric was born in the small village of Ruidoso, New Mexico. He was raised by his grandparents and was brought up with the concept of treating others with kindness, respect, and dignity. Eric entered healthcare at the early age of 18 as a Certified Nursing Assistant, working in Long-Term Care.

Eric has a bachelor's degree in Nursing, with 10 years of nursing experience. His passion to help others was fostered at a young age while watching his mother go through her own nursing training. He has fond memories of staying up late with her to watch medical reality TV shows. Eric quickly became fascinated in the science of medicine and how it can be used to help people live full, happy, and healthy lives.

Professionally, Eric has a varied background in many different areas of nursing. These fields include Medical-Surgical, Intensive Care, Hospice administration, Long-Term Care, Pediatrics, Geriatric Psychiatry, and Dementia care. Before joining Amaran, Eric was a large contributor in the development of a New Mexico Board of Health recognized Certified Nursing Assistant educational program.

Hobbies Eric enjoys are painting, cooking, hiking, and traveling. He also loves to spend time with his family and friends and values those individuals tremendously. Eric has four sisters, two brothers, and two nephews. He also has a miniature Australian Shepherd named Penny.



Eric is thrilled to be a part of the excellent care team at Amaran Senior Living. He passionately believes that Amaran is a place where beautiful memories are to be made and amazing experiences are to be had.