

November



A Note From Our Director

The smell of fall is fresh in the air, we see all the leaves falling and get ready for this time of year. I want to remind everyone that we are still VIRUS free at Moran Vista but, currently in stage two of Governor Inslee 's safe start program. I do want residents that typically go out for the holidays to be thinking of alternate plans for the holidays this year. We will be having our traditional thanksgiving dinner here at Moran Vista at the end of November. We have a lot to be thankful and grateful for here at Moran Vista. I want to say how thankful I am to see all of you every day and that we are in a safe environment here and still having activities and fun together! Please everyone check out our increased activity calendar this month and notice all of the new upcoming events that will be in the sign up list. Remember too that we will be having less daylight soon so please take your time if you are coming back from outings or appointments with your family in the evening.

I wish each and everyone of you a very special thanksgiving and safe holiday. There is no treasure equal to contentment and no virtue equal to fortitude.

*Blessings,
Andrew Steighner*



Resident of the Month

Max F

When did you move to Moran Vista?

Max moved into Moran Vista Back in September of 2020.

What do you like the most about living at Moran Vista?

Max said he loves the people at Moran Vista. Max enjoys the residents and he made it very clear he LOVES the staff. He said “ The workers are angels, if they had wings they would fly!”

What did you do before retiring?

Max had many jobs in his life time, some that he is proud of are: He was a small farm owner, he was co-owner of a cold storage plant, and he worked for Boeing.

If you had one Super Power, what would it be?

Max said he would stop all war and create World Peace.

What is your favorite food?

His mother's Jambalaya

*Welcome to Moran Vista,
we're so glad you're here!*



Activity Highlights

All Activities are Limited Seating

Independent & Assisted

11/2 – Papa Murphy 's Luncheon
11/3 – IL Town Hall Meeting
11/5 – Western Themed Happy Hour
11/6 – Catholic Mass
11/10 – AL Resident Council
11/11 – "Pie for a Veteran" Party
11/19 – Thanksgiving Themed Happy Hour
11/24 – Sip & Paint with Christie
11/27 – Moran Vista 's Craft Show
11/30 – Seahawks Tailgate Party

Memory Care

11/2 – November Craft
11/4 – Bing Crosby Biography
11/6 – Catholic Mass
11/9 – Turkey Watercolor Art
11/11- "Pie for a Veteran" Party
11/13 – History of Thanksgiving
11/18 – Art History: Vincent Van Gogh
11/23 – Wild Wild West Party
11/27 – Moran Vista 's Craft Show
11/27 – Happy Hour



Fall Word Scramble



LEPAPS

NOCRA

QUSASH

REINOBF

UNMTUA

OTOBLFAL

ESRET

KNPIUPM



Andrew Steighner
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Tali Richardson
Community Relations
Coordinator

Ryan Walker
Director of Health
Services

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Resident Care
Coordinator

Julie Jorgensen
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MORAN VISTA
SENIOR LIVING

Nurses Notes

Ryan Walker, RN



Hello wonderful people of Moran Vista!

I want to give you the final update on the flu shot clinic that will be hosted here at Moran Vista and provided by Walgreens.

A Walgreens representative will be here on either November 3rd, 4th, or 5th from 9:00AM-12:00PM to provide flu shot vaccinations to all employees and residents who signed up to receive one. I will soon be receiving confirmation of which date from them and will place flyers around the building with the date and time and where in the building we will be doing it.

Please be sure to bring \$70 in cash along with your most updated insurance cards. The shot will not be administered unless you have the insurance information and ability to pay. The Walgreens representative will then be able to communicate to you exactly how the shot will be paid for, whether fully by your insurance, fully with cash, or a mixture of the two with a co-payment.

Thank you for your patience everyone and remember the most effective way to not get sick is to frequently wash your hands!

*Many Blessings,
Ryan Walker, RN*

