

Quail Park on Cypress
4520 W. Cypress Ave.
Visalia, CA 93277

Postage
Information



The Executive Team for Quail Park on Cypress for the Lodge & EAL (559) 624-3500



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Check out and like our Quail Park on Cypress Facebook & Instagram pages



Lodge Quail Tales

October 2020

Quail Park on Cypress* 4520 W. Cypress Ave. Visalia, CA 93277 * 559-624-3500 * qpcypress.com



Celebrating October

Country Music Month

**Global Diversity
Awareness Month**

Emotional Wellness Month

World Smile Day
October 2

World Teachers Day
October 5

Indigenous Peoples Day
October 12

Character Counts Week
October 18-24

International Chefs Day
October 20

International Artist Day
October 25

Halloween
October 31



QUAIL PARK ON CYPRESS

Please Join Us for a
"Paintarita" Party!!
We will be painting a
cute and easy pumpkin
picture while sipping
on Margaritas!!
Wednesday,
October 7th
at 3pm
Cedar Lounge

Outdoor Movie Night Featuring: "Young Frankenstein"

FRIDAY,
OCTOBER
30TH AT
7PM
COURTYARD

COME AND
ENJOY SPOOKY
TREATS AND A
NOT SO SCARY
MOVIE FUN
NIGHT!





Pumpkin Decorated Contest

Your carved or decorated pumpkin must be in the Pine Room no later than Friday, October 30th, at 11am.

Votes will be cast between 11am & 2pm in the Pine Room.

Votes will be announced at 2:30pm. Cash prizes to winners.

Costume Contest

All residents and staff are encouraged to dress in their favorite costume on Friday, October 30st.

The Costume Contest will be held at 2:15pm in the Cedar Lounge.


We are excited to see everyone's creativity shine.



QUAIL PARK ON CYPRESS

HAPPY HOUR FRIDAYS ARE BACK IN THE OAK CLUB ROOM

Starting at 3:30pm
Please join your new Happy Hour Hostess "Laura" as she creates exciting new drinks and tasty hors d'oeuvres.



WE HOPE TO SEE YOU THERE!

Pasta's Path to Italy

Pasta is a food beloved by cultures all over the world. While many associate this pantry staple with Italy (thanks to gorgeous visions of spaghetti mounds topped with meatballs), nearly every country has its own version of noodles made from flour, water, and eggs. On October 25, World Pasta Day, enjoy spaghetti from Italy, lo mein from China, ramen from Japan, orzo from Greece, or spaetzle from Germany.

Many myths describe how pasta was brought from China to Italy during the 13th century by explorer and merchant Marco Polo. Historians believe it is more likely that noodles originated in central Asia thousands of years prior. Noodles reached East Asia and even moved westward to Europe long before the triumphant return of Marco Polo. Yet none can dispute that in Italy pasta was transformed and refined, thanks to the cultivation of durum wheat, which is high in gluten and long-lasting on the shelf. The Mediterranean climate was suited to growing vegetables and herbs, which led to the development of the many tomato-based sauces that are today synonymous with pasta.

A Home for the "Gentle Giants"

The massive redwood trees have graced the coast of California for thousands of years, yet it wasn't until October 2, 1968, that Redwood National Park was founded to protect these "gentle giants" as national treasures. After the discovery of gold along the Trinity River in 1850, Northern California experienced a mini-gold rush, and many miners turned to logging, which decimated the redwood population. Various conservation groups attempted to save the old-growth forests, and many stands of trees were saved. The outbreak of World War II led to a construction boom, and once again the trees were eyed as a rich source of lumber. It was not easy for President Lyndon Johnson to sign legislation establishing Redwood National Park, especially in the face of opposition from timber companies. But thankfully, 58,000 acres of forest were set aside for preservation. Today that number has grown to over 130,000 acres, providing a vast coastal shelter for the tallest trees in the world. Nurtured by the dense fog of the coast, some of these trees soar more than 300 feet into the sky. Even the smallest specimens are wondrous to behold.



LOOK FOR SOMETHING POSITIVE IN EACH DAY, EVEN IF SOME DAYS YOU HAVE TO LOOK A LITTLE HARDER.

QUAIL PARK ON CYPRESS

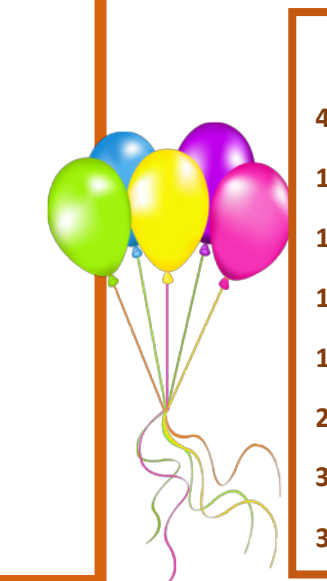
CHURCH SERVICE WITH THE GILBERT'S & JIMMY & LINDA ALLEN

Sunday, October 4th at 9:30 AM
Sunday, October 11th & 25th at 9:30 AM
Seating in Cedar Lounge

PLEASE JOIN US FOR THREE MORNINGS OF WORSHIP

RESIDENTS:

2nd	May Takata
10 th	Carol Whiteside
13 th	Levera Souza
21 st	William "Bill" Kelly
21 st	Colleen Bardone
24 th	Evan Long
26 th	Janet Brown
26 th	Phyllis Humason
29 th	Patsy Williams
31 st	Carol Ludenkens



STAFF:

4 th	Amanda Dover
10 th	Selina Perez
13 th	Brenda Contreras Alba
13 th	Karla Silva
15 th	Kimberly Jensen
20 th	Elizabeth Anaya
30 th	Maria Cervantes
30 th	Rebecca Killinger

