



October 2020 Memory Care

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
*Bring Dick to as many AL things as possible, i.e. Book Club, Current Events, Word Games	*Please keep me informed about the gas levels in the bus	*Fill in times with other activities that you can fit it, i.e. try the headsets with the music programmed on them.		1 Jenny MC Vitals MC Exercises MC Singalong MC Story Time	2 Jenny & Kat MC Vitals MC Exercises Word Games in AL MC Bus Ride	3 Kat MC Vitals MC Exercises MC-Musical Activity AL-Sat. Matinee w/popcorn
4 Kat MC Vitals AL 10:00 Seahawks MC Chicken Soup Story Time MC Walk & Talk	5 Kat Early A.M.--#36 moving to MC/keep him busy! MC Vitals 2:00 "Church"—learn how to do it MC Walk & Talk	6 Jenny MC Vitals Walk "E" MC Exercises AL 2:00 Word Games MC Story Time MC Fingernails and Arm & Hand Massage	7 Jenny (Fern Off) MC Vitals Walk "E" MC Exercises 2:00 AL Word Games MC Singalong	8 Jenny MC Vitals ???Walk "E" (???9:00-11:00 Webinar-Mtn Rm) MC Exercises MC Story Time	9 Jenny & Kat MC Vitals Walk "E" AL 10:00 Cornhole 2:00 MC Bus Ride MC Bus Ride MC Singalong	10 Kat MC Vitals MC Exercises AL Saturday Matinee w/popcorn MC Craft and/or One-on-ones
11 Kat MC Vitals AL 10:00 (or 10:30) Church MC Chicken Soup Story Time AL Put Seahawks on before leaving	12 Kat MC Vitals Walk E MC Walk & Talk & other physical activities MC Musical Activity	13 Jenny MC Vitals Walk "E" MC Exercises AL 2:00 Word Games MC Story Time MC Fingernails and Arm & Hand Massage	14 Jenny MC Vitals Walk "E" MC Exercises MC Fall Craft AL Help with Bingo MC Story Time	15 Jenny MC Vitals MC Exercises MC Singalong MC Story Time	16 Jenny & Kat MC Vitals Walk "E" AL 10:00 Bowling 2:00 MC Bus Ride MC Bus Ride MC Singalong	17 Kat MC Vitals MC Exercises MC-Musical Activity AL-Sat. Matinee w/popcorn
18 Kat MC Vitals AL 10:00 (or 10:30) Church MC Chicken Soup Story Time	19 Kat MC Vitals Walk E MC Walk & Talk & other physical activities MC Musical Activity	20 Jenny MC Vitals Walk "E" MC Exercises AL 2:00 Word Games MC Story Time MC Fingernails & Arm & Hand Massage	21 Jenny (Fern Off) MC Vitals Walk "E" MC exercises AL Documentary MC Craft MC Story Time	22 Jenny (Fern Off) MC Vitals Walk "E" MC Exercises AL Word Games MC Story Time	23 Jenny & Kat MC Vitals MC Exercises Jenny taking Barb S. to appointment MC Walk & Talk	24 Kat MC Vitals MC Exercises AL Saturday Matinee w/popcorn MC Craft and/or One-on-ones
25 Kat MC Vitals AL 10:00 (or 10:30) Church AL Seahawks-1:05 MC Chicken Soup Story Time	26 Kat (Fern off in a.m.) MC Vitals Walk E MC Walk & Talk & other physical activities MC Musical Activity	27 Jenny MC Vitals Walk "E" MC Exercises AL 2:00 Word Games MC Story Time One-on-ones	28 Jenny MC Vitals Walk "E" MC Exercises MC Craft MC Story Time	29 Jenny MC Vitals ???Walk "E" (???9:00-11:00 Webinar-Mtn Rm) MC Exercises	30 Jenny & Kat MC Vitals Walk "E" AL 10:00 Bowling 2:00 MC Bus Ride MC Bus Ride MC Singalong	31 Kat MC Vitals MC Exercises MC-Musical Activity AL-Sat. Matinee w/popcorn