



October 2020 Assisted Living

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 Fern 10:00 Current Events 2:00 Bus Ride	2 Jenny & Kat 10:00 One do Word Games in AL & One do vitals 2:00 MC Bus Ride	3 Kat Do Vitals Exercise in MC DR and Walks AL-Saturday Matinee (Popcorn)
4 Kat AL-10:00 Movie	5 Fern/Kat 10:00 Book Club 2:00 Church (Teach Kat the system) 3:30 Book Club	6 Fern/Jenny 10:00 Current Events 2:00 Current Events	7 Jenny Do Vitals in A.M. & Exercise in MC 2:00 AL-Word Games	8 Fern/Jenny (9:00-11:00 Activities in a Webinar) 2:00 Bus Ride	9 Jenny & Kat Do Vitals AL & MC-Cornhole 2:00 MC Bus Ride 3:30 AL Singalong	10 Kat Do Vitals MC Exercise in DR AL & MC Saturday Matinee (Popcorn)
11 Kat 10:00-10:30 Church Service 5:20 Seahawks /Vikings	12 Fern/Kat 10:00 Word Games 2:00 Book Club 3:30 Book Club	13 Fern/Jenny 10:00 Word Games 2:00 Resident Council	14 Fern/Jenny 10:00 "Being Mortal" Discussion Group 2:00 Bingo	15 Fern/Jenny 10:00 Current Events 2:00 Current Events	16 Jenny & Kat Do Vitals 2:00 MC Bus Ride MC 3:30 Singalong	17 Kat Do Vitals MC Exercise in DR AL & MC Saturday Matinee (Popcorn)
18 Kat 1000-10:30 Church Service	19 Fern/Kat 10:00 Word Games 2:00 Book Club 3:30 Book Club	20 Fern/Jenny 10:00 Word Games 2:00 Current Events 3:30 Current Events	21 Fern/Jenny 10:00 Documentary 2:00 Movie	22 Fern/Jenny 10:00 Walks 2:00 Walks	23 Jenny & Kat Do Vitals Jenny Taking Barb to Appointment 2:00 MC Bus Ride AL	24 Kat Do Vitals MC Exercise in DR AL & MC Saturday Matinee (Popcorn)
25 Kat 10:00-10:30 Church Service 1:05 Seahawks /Cardinals	26 Fern/Kat 10:00 Word Games 2:00 Book Club 3:30 Book Club (8:30 Ed's CT & Brain Scan)	27 Fern/Jenny 10:00 Word Games 2:00 Current Events 3;30 Current Events	28 Fern/Jenny 10:00 Bus Ride 2:00 Bus Ride	29 Fern/Jenny (9-11:00 Webinar) 10:30 Walks 2:00 Walks	30 Jenny & Kat Do Vitals 2;00 MC Bus Ride 3:30 Singalong	31 Kat Do Vitals MC Exercise in DR AL & MC Saturday Matinee (Popcorn)