

KEYSTONE PLACE at Four Mile Cove
 1701 Four Mile Cove
 Cape Coral, FL 33990
 239-677-3969

The Isles Calendar



October Calendar 2020



Key

Mainsail—Mainsail Theater on 2nd floor
 Sky Lounge—The outside lounge on the 3rd floor
 Shipyard—Shipyard Game room on 3rd floor
 Yoga/Gym—1st Floor
 Shore LEC Court yard—Court Yard on the Assisted Living through the Life Enrichment Center
 Shores LEC—Life Enrichment Center on the Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>4 **National Taco Day 11 am Billiard Club (Shipyard) 1:30 pm Aqua Club (Pool Deck) 3 pm Games (Shipyard) 7 pm Sun Set Cheers</p> <p>11 11 am Billiard Club (Shipyard) 1:30 pm Aqua Club (Pool Deck) 3 pm Games (Shipyard) 7 pm Sun Set Cheers</p> <p>18 11 am Billiard Club (Shipyard) 1:30 pm Aqua Club (Pool Deck) 3 pm Games (Shipyard) 7 pm Sun Set Cheers</p> <p>25 11 am Billiard Club (Shipyard) 1:30 pm Aqua Club (Pool Deck) 3 pm Games (Shipyard) 7 pm Sun Set Cheers</p>	<p>5 **Medical Appointments 11 am Yoga/Stretching 1 pm Dominoes – Mexican Train 1:30 pm Craft (Shores LEC) 3:30 pm Happy Hour – Mad Hatter Day Tea Party 7 pm Movie Night</p>	<p>6 11 am Strength Training 1:30 pm Bingo (Shores LEC) 1:30 pm Aqua Aerobics 6:00 pm Game Night 3/13</p>	<p>7 **Medical Appointments ** 9 -11 am National Coffee with an Officer Day 10 am Corn Hole & Connect 4 11 am Yoga/Stretching 1:30 pm Painting (Shores LEC) 4 pm Happy Hour – Sip and Paint 7 pm Movie Night</p>	<p>1 **Homemade Cookies Day 10:30 am Activity Meeting 11:30 am Strength Training 1:30 pm Aqua Aerobics 6:00 pm Game Night 3/13</p> <p>8 10:30 am Food planning 11:30 am Strength Training 1:30 pm Aqua Aerobics 1:30 pm Cooking (AL LEC) 6:00 pm Game Night 3/13</p>	<p>2 ** World Smile Day 11 am Yoga/Stretching 1:30 pm Dominoes (Shores) 3:30 pm Happy Hour – Football Friday 7 pm Movie Night</p> <p>9 11 am Yoga/Stretching 1:30 pm Dominoes (Shores) 3:30 pm Happy Hour – Football Friday 7 pm Movie Night</p>	<p>3 11 am Scrabble 2 pm Bingo (IL Dining Room) 3 pm Aqua Club (Pool Deck)</p> <p>10 10 am National Cake Decorating Day (AL LEC) 11 am Scrabble 2 pm Bingo (IL Dining Room) 3 pm Aqua Club (Pool Deck)</p>	
	<p>11 11 am Billiard Club (Shipyard) 1:30 pm Aqua Club (Pool Deck) 3 pm Games (Shipyard) 7 pm Sun Set Cheers</p>	<p>12 **Medical Appointments 11 am Yoga/Stretching 1 pm Dominoes – Mexican Train 1:30 pm Craft (Shores LEC) 3:30 pm Happy Hour – Navy’s Birthday Celebration 7 pm Movie Night</p>	<p>13 **Navy Birthday 11 am Strength Training 1:30 pm Bingo (Shores LEC) 1:30 pm Aqua Aerobics 6:30 pm Game Night 3/13</p>	<p>14 **Medical Appointments 10 am Corn Hole & Connect 4 11 am Yoga/Stretching 1:30 pm Painting (Shores LEC) 4 pm Happy Hour – Bring your Teddy Bear to Work Day 7 pm Movie Night</p>	<p>15 **National I Love Lucy Day 10:30 am Resident Meeting 11:30 am Strength Training 1:30 pm Aqua Aerobics 6:00 pm Game Night 3/13</p>	<p>16 11 am Yoga/Stretching 1:30 pm Dominoes (Shores) 3:30 pm Happy Hour – Football Friday 7 pm Movie Night</p>	<p>17 **National Pasta Day 11 am Scrabble 2 pm Bingo (IL Dining Room) 3 pm Aqua Club (Pool Deck)</p>
	<p>18 11 am Billiard Club (Shipyard) 1:30 pm Aqua Club (Pool Deck) 3 pm Games (Shipyard) 7 pm Sun Set Cheers</p>	<p>19 **Medical Appointment 11 am Yoga/Stretching 1 pm Dominoes – Mexican Train 1:30 pm Craft (Shores LEC) 3:30 pm Happy Hour – Mystery Monday 7 pm Movie Night</p>	<p>20 11 am Strength Training 1:30 pm Bingo (Shores LEC) 1:30 pm Aqua Aerobics 6:00 pm Game Night 3/13</p>	<p>21 **Medical Appointments 10 am Corn Hole & Connect 4 11 am Yoga/Stretching 1:30 pm Painting (Shores LEC) 4 pm Happy Hour – Halloween Party 7 pm Movie Night</p>	<p>22 11:30 am Strength Training 1:30 pm Aqua Aerobics 1:30 pm Cooking (AL LEC) 6:00 pm Game Night 3/13</p>	<p>23 **10 am Alzheimer’s Walk 11 am Yoga/Stretching 1:30 pm Dominoes (Shores) 3:30 pm Happy Hour – Football Friday 7 pm Movie Night</p>	<p>24 11 am Scrabble 2 pm Bingo (IL Dining Room) 3 pm Aqua Club (Pool Deck)</p>
	<p>25 11 am Billiard Club (Shipyard) 1:30 pm Aqua Club (Pool Deck) 3 pm Games (Shipyard) 7 pm Sun Set Cheers</p>	<p>26 **Medical Appointments 11 am Yoga/Stretching 1 pm Dominoes – Mexican Train 1:30 pm Craft (Shores LEC) 3:30 pm Happy Hour – National Pumpkin Day 7 pm Movie Night</p>	<p>27 11 am Strength Training 1:30 pm Aqua Aerobics 6:00 pm Game Night 3/13</p>	<p>28 **Medical Appointments ** National Chocolate Day 10 am Corn Hole & Connect 4 11 am Yoga/Stretching 1:30 pm Painting (Shores LEC) 4 pm Happy Hour – Water balloon Wednesday 7 pm Movie Night</p>	<p>29 **World Stroke Day 11:30 am Strength Training 1:30 pm Aqua Aerobics 6:00 pm Game Night 3/13</p>	<p>30 ** National Candy Corn Day 11 am Yoga/Stretching 1:30 pm Dominoes (Shores) 3:30 pm Happy Hour – Football Friday 7 pm Movie Night</p>	<p>31 Halloween 11 am Scrabble 2 pm Bingo (IL Dining Room) 3 pm Aqua Club (Pool Deck)</p>

Calendar Subject to Change