

# Meadow Lakes Senior Living News

October 2020



## October History...

- In 1908 Henry Ford's Model T, a "universal car" designed for the masses, went on sale for the first time.
- In 1863 President Abraham Lincoln issued a proclamation designating the last Thursday in November as Thanksgiving Day.
- In 1932 Iraq gained independence from Britain and joined the League of Nations.
- On October 6, 1927 the first "talkie" opened in New York. The Jazz Singer starring Al Jolson was the first full length feature using spoken dialogue.
- In October 1962 the Second Vatican Council was opened in St. Peter's Basilica in Rome by Pope John XXIII. Sessions were held in four successive autumns from 1962-1965. Vatican II resulted in sweeping changes to the Catholic Church including the use of English and local native languages in the Mass instead of Latin, and openness and cooperation with other religious denominations.
- in 1521 King Henry VIII of England was given the title "Defender of the Faith" by Pope Leo X following the publication of the King's book against Martin Luther.
- In 1939 Albert Einstein warned President Franklin D. Roosevelt that his theories could lead to Nazi Germany's development of an atomic bomb. Einstein suggested the US develop its own bomb. This resulted in the top secret "Manhattan Project."

## HALLOWEEN COSTUMES

### Word Search



ANGEL  
BUMBLEBEE  
CAT  
COWBOY  
DOCTOR  
FIREFIGHTER  
GHOST  
GORILLA  
MONSTER  
MUMMY  
PRINCESS  
SUPERHERO  
VAMPIRE  
WEREWOLF  
WITCH

I B I C D M X D O C T O R I H F Z  
R S Q M N V N S G B R S T N P L E G  
O D J L K V G A T D S P U S Q W O  
W A N S P Y C R L E S P T B Q D N  
H C T I G E W R C D V L W I L S O  
S I K E E C H Q C G G O R E I L N D  
L S R E E C H Q C G G O R E I L N D  
Q R O I S T S E H G G O R E I L N D  
T O R I S T S E H G G O R E I L N D  
W D P I S S O W B C N I F R L S N  
M L M P I S S O W B C N I F R L S N  
Z U A M F C O S E H B L E K A T F V  
N U A M F C O S E H B L E K A T F V

Chicken Scratch NY



Bob Speer 10/5

Tim Meyer 10/6

Barb Waggle 10/9

Shirley Horneman

10/13

Roger Waggle

10/21

Bonnie Scharlow

10/26



## REMINDER

Flu Shots are  
Thursday

October 1 from 1:00-  
3:00pm. Deb will come  
for you when it is your  
turn!

## October

*O hushed October morning mild,  
Thy leaves have ripened to the fall;  
Tomorrow's wind, if it be wild,  
Should waste them all.*

*The crows above the forest call;  
Tomorrow they may form and go.  
O hushed October morning mild,  
Begin the hours of this day slow.  
Make the day seem to us less brief.  
Hearts not averse to being beguiled,  
Beguile us in the way you know.  
Release one leaf at break of day;  
At noon release another leaf;  
One from our trees, one far away.  
Retard the sun with gentle mist;  
Enchant the land with amethyst.*



Our "Covid Quilt" is  
now on display by  
the Activity Room.  
There is room for  
more squares! See  
deb!

## The New Seniors Alphabet

A's for Arthritis.

B's the bad back.

C's the Chest Pains. Perhaps Cardiac?

D is for dental decay and decline.

E is for eyesight, can't read that top line!

F is for Fissures and Fluid Retention.

G is for Gas which we'd rather not mention.

H is high blood pressure-we'd rather it low.

I is for incisions with scars you can show.

J is for joints, out of socket, won't mend

K is for knees that crack when they bend.

L's for libido, what happened to sex?

M is for Memory, we forget what comes next.

N is for Neuralgia, in nerves way down low.

O is for Osteo, bones that don't grow!

P is for Prescriptions, we have quite a few, just give us a pill and we'll be  
good as new!

Q is for queasy, is it fatal or flu?

R is for Reflux, one meal turns to two.

S is for sleepless nights, counting our fears.

T is for tinnitus –bells in our ears.

U is for urinary, troubles with flow.

V is for vertigo, that's dizzy, you know. W is for worry NOW what's going  
round? X is for X-ray and what might be found. Y for another year we've  
left behind. Z is for Zest we still have—in our minds.