

Reminder if you refer someone to move in and they stay for 30 days, you get a free month's rent.



REMINDER: In the Activity Room, there are Clinton Public Library books that you can read. Just remember that you must return them when you are finished reading them. There will be tickets in the book, please sign it and leave it on my desk. This is a special thing our library is doing for you to enjoy.



Veda Smith-1st
Lois Johannsen-10th
Wayne Newsom-31st
Irma Seamer-31st

On Sunday's, until we are able to resume normal church services, we are welcoming you to worship together in the Library at 1pm on Sundays. Bring your Bible if you would like enjoy some fellowship.

Happenings at the Hills



October Is a Hoot

In October, the black of night is deep and dark. Chill winds blow away the veil of clouds shrouding the crescent moon so that it casts faint shadows in the forest. A deep hoot echoes, sending a shiver down your spine. October is considered Owl Month for good reason. This is the time of year that many great horned owls are active. They begin to set up territory and look for a mate. Hooting, screeching, and other vocalizations are integral to these rituals. For this reason, October is sometimes called the hooting season.

For millennia, humankind has shared myths that depict owls as emissaries of doom, death, and evil magic. The ancient Greeks and Romans believed that witches could transform themselves into owls. The Hopis of North America believe that burrowing owls, which nest and roost underground, are associated with Maasaw, the god of the dead and the night. During the Gaelic festival of Samhain, which takes place on the night of October 31, the barrier between the living and the dead thins so that the spirits of deceased relatives can find their way home. Owls, it was believed, could snatch those wandering souls and eat them. Is it any wonder then that owls, with their midnight hooting and hunting on silent wings, are associated with Halloween? As creatures of the night, they are the perfect symbols for a festival that reveres all things spooky.

Not all cultures have feared the owl. The Greek goddess Athena, fed up with the trickster crow, adopted the owl as her companion animal thanks to its perceived wisdom and seriousness. Some Australian aboriginal groups believe that owls are the sacred spirits of women and are revered. In Afghanistan, it is said that the owl brought humans the gifts of flint and iron, tools to make fire. In return, humans gave owls their feathers. Owls are unique amongst birds. Their unusual characteristics—nocturnal nature, hooting calls, large eyes, and their uncanny ability to rotate their necks—all have captured our imaginations and, in many ways, let our fears get the better of us. Thankfully, most cultures have learned to share these myths while preserving the species, ensuring the survival of these magnificent animals for generations to come.

Celebrating October

World Smile Day
October 2

World Teachers Day
October 5

Halloween
October 31

Staff Birthday's

Welyn Spalding-16th

Nicole Parks-20th

Cindy's two cents:

Just a reminder that we are doing our very best to keep everybody safe and although it has been hard. We do appreciate everyone's patience. It's a lovely time of year and we are going to enjoy all of the things Fall has to offer in the coming month. Stop in to see me, I love getting to know you all!!



Our Assisted Living week looked a little different this year but we had a good time. Seeing all of the staff dressed in crazy costumes all week brought a few smiles and some giggles.

Great news:

We are able to start transitioning back out to communal dining, activities and outside visits. Here are the rules and guidelines to follow.

- *All visits need to be scheduled
- *Everyone must wear a face mask while out in common areas and with visits
- * We must remain 6 feet apart no hugging or kissing
- *Visitors will be screened to ensure there are no symptoms
- *Only 2 visitors at a time for a 30-minute visit and they must be 18 or older

These guidelines are created to keep everyone safe and healthy!!

We have some fun things going on in October. We will still be doing our community trick or treating. Instead of the kids coming into the building and going to your apartments we will do a drive by trick or treat. We have a couple days set to fill treat bags if you would like to help, we would appreciate it. On Friday, the 30th we will have a Halloween party we will have snacks and fun drinks maybe even a silly costume or two. If you have requests for your favorite drink or snack for the party let Becky know and she will do her best to get it done for you.



Nothing like a nice cold drink to finish off our week with.

