SEPTEMBER 2020

OCTOBER 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27 **Breakfast** Cinnamon Rolls Fresh Fruit **Lunch** Fried Chicken Mashed Potatoes and Gravy, Corn Banana Bread **Dinner** Beef and Vegetable Soup and Sandwich Ice Cream	**28** **Breakfast** Scrambled eggs and Bacon Fresh Fruit **Lunch** Chicken and Waffles Birthday Cake **Dinner** Egg Salad Sandwiches Peach Fluff	**29** **Breakfast** Scrambled Eggs and Sausage Fresh Fruit **Lunch** Hamburger Cucumber Salad, Fries Key Lime Pie **Dinner** Loaded Potato Salad Sandwiches Macerated fruit	**30** **Breakfast** Cereal and Oatmeal Fresh Fruit **Lunch** Bratwurst Peppers and Onions Potato Salad Apple Pie **Dinner** Pasta Salad Butterscotch Pudding	**1** **Breakfast** Scrambled Eggs and Sausage Fresh Fruit **Lunch** Pesto Chicken Pizza and Side Salad Birthday Cake **Dinner** Ham and Broccoli Pasta Ice Cream	**2** **Breakfast** Cereal and Oatmeal Fresh Fruit **Lunch** Breaded Walleye, Fries Asparagus Pistachio Pudding **Dinner** Chicken Tortellini Soup Apple Pie	**3** **Breakfast** Scrambled Eggs and Ham Fresh Fruit **Lunch** Stuffed Pepper Casserole Chocolate Brownie **Dinner** Brats, Fries Cucumber Salad Jello

OCTOBER 2020

Milestone Senior Living Cross Plains

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4 **Breakfast** Waffles Sausage Fresh Fruit **Lunch** Cheeseburger Casserole Green Beans Blue Berry Muffins **Dinner** Turkey Chili Corn Bread Ice Cream	**5** **Breakfast** Scrambled Eggs, Sausage and Cheese Fresh Fruit **Lunch** Kielbasa Black Beans and Rice Carrot Cake Roll **Dinner** BLT Macaroni Salad Banana Bread	**6** **Breakfast** Scrambled Eggs and Bacon Fresh Fruit **Lunch** Pork Chop Mashed Potato, Gravy Green Beans Strawberry Roll **Dinner** Caprese Salad Sandwiches Peas Molasses Cookies	**7** **Breakfast** Cereal and Oatmeal Fresh Fruit **Lunch** Chicken and Waffles Key Lime Tart **Dinner** Texas Corn Chowder w/Chicken Cherry Tart	**8** **Breakfast** Ham, Cheese and Egg Bake Fresh Fruit **Lunch** Pork and Asparagus Stir Fry Strawberry and Mango Pie **Dinner** Goulash Blushing Pears	**9** **Breakfast** Cereal and Oatmeal Fresh Fruit **Lunch** Salmon w/ garlic butter Roasted Potatoes, Green Beans Watermelon **Dinner** Asian Chicken Salad Sherbet	**10** **Breakfast** Scrambled Eggs and Sausage Fresh Fruit **Lunch** Herb Baked Chicken, Roasted Potatoes and Zucchini Cookies **Dinner** Hot Dogs Baked Beans Coleslaw Butterscotch Pudding

OCTOBER 2020

Milestone Senior Living Cross Plains

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11 **Breakfast** Pancakes and Bacon Fresh Fruit **Lunch** Macaroni & Cheese w/Bacon Applesauce Cake **Dinner** Chicken, Stuffing and Corn Cinnamon Roll Monkey Bread	**12** **Breakfast** Steak and Eggs Fresh Fruit **Lunch** Vegetarian Quesadillas Jello **Dinner** Hash Brown Casserole Peach Cobbler	**13** **Breakfast** Eggs, Sausage and Hash browns Fresh Fruit **Lunch** Shepherds Pie Triple Berry Buckle **Dinner** Chicken Salad Sandwiches Macaroni Salad Butter Pecan Bread Pudding	**14** **Breakfast** Cereal and Oatmeal Fresh Fruit **Lunch** Chicken Paprikash Chocolate Roll Cake **Dinner** Cheeseburger Casserole Mixed Vegetables Banana Pie	**15** **Breakfast** Scrambled Eggs and Bacon Fresh Fruit **Lunch** Roast Beef Mashed Potatoes, Brussels Sprouts Pound Cake **Dinner** Sausage and Scalloped Potatoes Corn Coconut Cream Pie	**16** **Breakfast** Cereal and Oatmeal Fresh Fruit **Lunch** Tilapia w/lemon butter Rice, Corn Cream Puffs **Dinner** Grilled Cheese Sandwiches and Tomato Soup Cupcakes	**17** **Breakfast** Scrambled Eggs and Sausage Fresh Fruit **Lunch** Steak, Mashed Potatoes and Asparagus Peaches and Cream **Dinner** French Onion Soup and Turkey Melt Peanut Butter Brownie

OCTOBER 2020

Milestone Senior Living Cross Plains

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
18 **Breakfast** English Muffin Sandwiches Fresh Fruit **Lunch** Italian Beef Sandwiches Cucumber Salad Caramel Fruit **Dinner** Broccoli & Cheddar Soup Turkey Sandwiches Molasses cookies	**19** **Breakfast** Ham and Egg Bake Fresh Fruit **Lunch** Chicken Parmesan, Garlic Bread, Asparagus Cherry Fluff **Dinner** Taco Salad Coffee Cake	**20** **Breakfast** Steak and Eggs Fresh Fruit **Lunch** Pulled Pork, Stuffing w/ Gravy Mixed Veg Apple Pie **Dinner** Country Fried Steak, Tatar Tots, Green Beans Sugar Cookies	**21** **Breakfast** Cereal and Oatmeal Fresh Fruit **Lunch** Pepper Steak over Rice Banana Bread **Dinner** Honey Garlic Meatballs Fries and Corn Jello	**22** **Breakfast** Pumpkin Pancakes Sausage Fresh Fruit **Lunch** Chicken Alfredo Green Beans Roll Birthday Cake **Dinner** Corn Beef and Swiss Sandwiches, Chips Sherbet	**23** **Breakfast** Cereal and Oatmeal Fresh Fruit **Lunch** Clam Chowder and ½ Turkey Sandwiches Ice Cream **Dinner** Herb Baked Chicken Wild Rice Mixed Vegetables Key Lime Pie	**24** **Breakfast** French Toast Bacon Fresh Fruit **Lunch** Spinach & Artichoke Melt Blushing Pears **Dinner** Ham Tetrazzini w/ Peas Peach Pie

OCTOBER 2020

Milestone Senior Living Cross Plains

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
25 **Breakfast** Cinnamon Rolls Fresh Fruit **Lunch** Fried Chicken Stuffing and Corn Birthday Cake **Dinner** Bistro Salad w/ Chicken Chocolate Chip Cookies	**26** **Breakfast** Eggs and Sausage Fresh Fruit **Lunch** Baked Macaroni and Cheese and Side Salad Smores **Dinner** Creamy Parmesan Chicken and Ozo Pasta Banana Muffins	**27** **Breakfast** Scrambled Eggs and Ham **Lunch** Onion Jam Burgers on Pretzel Bun w/ Muenster cheese and Fries Sugar Cookies **Dinner** Stuffed Pepper Casserole Strawberry Roll	**28** **Breakfast** Cereal and Oatmeal Fresh Fruit **Lunch** Chicken Marsala w/ Pasta Side Chocolate Roll **Dinner** Chicken Salad Sandwiches and Side Salad Cherry Tart	**29** **Breakfast** Waffles Sausage Fresh Fruit **Lunch** Sticky Ginger Chicken, Rice Green Beans Coconut Cream Pie **Dinner** Loaded Hash brown Casserole and Corn Snickerdoodle Cookies	**30** **Breakfast** Cereal and Oatmeal Fresh Fruit **Lunch** Walleye, Fries and Asparagus Pistachio Pudding **Dinner** Chicken, Spinach & Feta Pizza Cream Puffs	**31** **Breakfast** Pumpkin Muffins Scrambled Eggs Bacon Fresh Fruit **Lunch** Salisbury Steak, Roasted Pumpkin, Asparagus Pumpkin Roll **Dinner** Roasted Pumpkin Soup and ½ Sandwich Pumpkin Snickerdoodle