AVENIDA

Location Keys

Bistro	B
Club Room	CR
Courtyard	CY
Creative Arts Room	CAR
Great Room	GR
Meet in Lobby	LB
Sky Lounge	SL
Theater	T
Web Based Application	WEB
Yoga Room	YR
Zoom Conference	Z

5 to Thrive

Live Life
Live Confidently
Live in Motion
Live & Learn
Live Connected

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 8:00 Grab and Go Continental Breakfast [B] 9:00 Gocce Ball [CY] 9:30 Balance and Stability 10:30 Balance & Stability [YR] 1:00 Foreign Language: Spanish [WEB] 1:30 Water Fitness 4:00-4 Happy Hour 1st Floor [B] 4:15-4 Happy Hour 2nd Floor 4:30-4 Happy Hour 3rd Floor 6:00 Grief Support 101 [WEB]	**2** 8:00 Grab and Go Continental Breakfast [B] 10:00 Corn Hole [CY] 11-1 Jose's Kitchen Food Truck 1:30 Chair Yoga [YR] 2:00 Cards and Games [GR] 2:00 Matinee Movie: Greater [T] 2:30 Chair Yoga [YR] 4:00 Trivia [GR]	**3** 8:00 Grab and Go Continental Breakfast [B] 9:30 Balance and Stability [YR] 10:30 Balance & Stability [YR] 1:00 The Stitchers [SL] 1:30 Water Fitness 3:00 One Day University: The Philosophy of Humor [T] 3:00 Sagely Help Desk [GR] 6:00 Bible Study [GR]	**4** 8:00 Grab and Go Continental Breakfast [B] 11:00 A Rollercoaster Through History Series [T] 11-1 Jay's Chicago Hotdog Food Truck 12:00 Good Humor Truck 12:00 Lawless and Mae Live Entertainment [CY] 1:30 Chair Yoga [YR] 2:30 Chair Yoga [YR] 4:00 Afternoon Tea & Talks [GR] 6:00 Friday Night Movie: Greater [T]	**5** 9:00 Grab and Go Continental Breakfast [B] 10:30 Foreign Language: French [WEB] 6:00 Weekend Walking Club [LB]
6 6:00 Fellowship & Worship [GR] 6:00 Weekend Walking Club [LB]	**7** 8:00 Grab and Go Continental Breakfast [B] 9:00 Weekly Market Update [WEB] 10:00 Mixed Media Art [CAR] 1:30 Chair Yoga [YR] 3:00 Mahjong Monday [GR] 3:00 One Day University [T] 4:00 Meditation [YR] 6:00 Golf Chipping [CY] 6:00 Men's Poker Night [CR]	**8** 8:00 Grab and Go Continental Breakfast [B] 9:00 Gocce Ball [CY] 9:30 Balance and Stability [YR] 10:30 Balance & Stability [YR] 11:20- Free Balance Assessment | Register at Front Desk [YR] 1:00 Foreign Language: Spanish [WEB] 1:30 Canceled: Water Fitness 4:00 Happy Hour [B] 6:00 Grief Support 101 [WEB]	**9** 8:00 Grab and Go Continental Breakfast [B] 10:00 Corn Hole [CY] 1:00 Oil Painting [CAR] 1:30 Chair Yoga [YR] 2:00 Card Club [GR] 2:00 Matinee Movie: Something's Gotta Give [T] 2:30 Chair Yoga [YR] 4:00 Bingo [GR]	**10** 8:00 Grab and Go Continental Breakfast [B] 9:30 Balance and Stability [YR] 10:30 Balance & Stability [YR] 1:00 The Stitchers [SL] 1:30 Water Fitness 2:00 A Novel Idea [SL] 3:00 One Day University [T] 3:00 Sagely Help Desk [GR] 6:00 Bible Study [GR]	**11** 8:00 Grab and Go Continental Breakfast [B] 9:30 Line Dancing [YR] 10:30 Memorializing 9/11 Stair Climb Event 11:00 CANCELED: A Rollercoaster Through History Series [T] 1:30 Chair Yoga [YR] 2:30 Chair Yoga [YR] 3:30 The Price is Right [GR] 4:00 Afternoon Tea & Talks [GR] 6:00 Friday Night Movie: Something's Gotta Give [T]	**12** 8am-1 Canines And Coffee 9:00 Grab and Go Continental Breakfast [B] 10:30 Cardio Fit [YR] 10:30 Foreign Language: French [WEB] 6:00 Weekend Walking Club [LB]
13 8-10 Southerner's Coffee Truck 9-11 Loveless Cafe Food Truck 9-11 Make A Flower Bouquet [B] 6:00 Fellowship & Worship [GR] 6:00 Weekend Walking Club [LB]	**14** 8:00 Grab and Go Continental Breakfast [B] 9:00 Weekly Market Update [WEB] 10:00 Mixed Media Art [CAR] 10:30 Investment Club [B] 1:30 Chair Yoga [YR] 2:30 Chair Yoga [YR] 3:00 Mahjong Monday [GR] 3:00 One Day University [T] 4:00 Meditation [YR] 6:00 Golf Chipping [CY] 6:00 Men's Poker Night [CR]	**15** 8:00 Grab and Go Continental Breakfast [B] 9:00 Gocce Ball-CANCELED [CY] 9:30 Balance and Stability [YR] 10:30 Balance & Stability [YR] 1:00 Foreign Language: Spanish [WEB] 1:30 Water Fitness 3:00 Resident Forum [Z] 3:45 Happy Hour 1st Floor 3:45pm-4:05pm [B] 4:10pı Happy Hour 2nd Floor 4:10pm-4:30pm [B] 4:35pı Happy Hour 3rd Floor 4:35pm-4:55pm [B] 6:00 Grief Support 101 [WEB]	**16** 8:00 Grab and Go Continental Breakfast [B] 10:00 Corn Hole [CY] 11-1 Gypsy Crepe Company Food Truck 11:30 Men's Group Lunch [GR] 1:30 Chair Yoga [YR] 2:00 Cards and Games [GR] 2:00 Matinee Movie: Vertigo [T] 2:30 Chair Yoga [YR] 4:00 Trivia [GR]	**17** 8:00 Grab and Go Continental Breakfast [B] 9:30 Balance and Stability [YR] 10:30 Balance & Stability [YR] 1:00 The Stitchers [SL] 1:30 Water Fitness 3:00 One Day University [T] 3:00 Sagely Help Desk [GR] 6:00 Bible Study [GR]	**18** 8:00 Grab and Go Continental Breakfast [B] 11:00 A Rollercoaster Through History Series [T] 1:30 Chair Yoga [YR] 2:30 Chair Yoga [YR] 3:30 Name That Tune [GR] 4:00 Afternoon Tea & Talks [CY] 6:00 Friday Night Movie: Vertigo [T]	**19** 9:00 Grab and Go Continental Breakfast [B] 10:30 Foreign Language: French [WEB] 5:00 Live Entertainment Goose Gossett Music [CY] 6:00 Weekend Walking Club [LB]
20 6:00 Fellowship & Worship [GR] 6:00 Weekend Walking Club [LB]	**21** 8:00 Grab and Go Continental Breakfast [B] 9:00 Weekly Market Update [WEB] 10:00 Mixed Media Art [CAR] 1:30 Chair Yoga [YR] 2:30 Chair Yoga [YR] 3:00 Mahjong Monday [GR] 3:00 One Day University [T] 4:00 Meditation [YR] 6:00 Golf Chipping [CY] 6:00 Men's Poker Night [CR]	**22** 8:00 Grab and Go Continental Breakfast [B] 9:00 Gocce Ball [CY] 9:30 Balance and Stability [YR] 10:30 Balance & Stability [YR] 1:00 Foreign Language: Spanish [WEB] 1:30 Water Fitness 4:00 Happy Hour [B] 6:00 Grief Support 101 [WEB]	**23** 8:00 Grab and Go Continental Breakfast [B] 10:00 Corn Hole [CY] 1:00 Oil Painting [CAR] 1:30 Chair Yoga [YR] 2:00 Cards and Games [GR] 2:00 Matinee Movie: Spotlight [T] 2:30 Chair Yoga [YR] 4:00 Bingo [GR] 4:00 Page Turners-New Ladies Book Club [SL]	**24** 8:00 Grab and Go Continental Breakfast [B] 9:30 Balance and Stability [YR] 10:30 Balance & Stability [YR] 1:00 The Stitchers [SL] 1:30 Water Fitness 3:00 One Day University [T] 3:00 Sagely Help Desk [GR] 6:00 Bible Study [GR]	**25** 8:00 Grab and Go Continental Breakfast [B] 9:30 Line Dancing [YR] 10:00 Veterans Group Meeting [SL] 11:00 A Rollercoaster Through History Series [T] 12:00 Michael Bishop Presents Murder in Music City [GR] 1:30 Chair Yoga [YR] 2:30 Chair Yoga [YR] 3:30 Family Feud [GR] 4:00 Afternoon Tea & Talks [GR] 6:00 Friday Night Movie: Spotlight [T]	**26** 9:00 Grab and Go Continental Breakfast [B] 10:30 Cardio Fit [YR] 10:30 Foreign Language: French [WEB] 6:00 Weekend Walking Club [LB]
27 6:00 Fellowship & Worship [GR] 6:00 Weekend Walking Club [LB]	**28** 8:00 Grab and Go Continental Breakfast [B] 9:00 Weekly Market Update [WEB] 10:00 Mixed Media Art [CAR] 1:30 Chair Yoga [YR] 2:30 Chair Yoga [YR] 3:00 Mahjong Monday [GR] 3:00 One Day University [T] 4:00 Golf Chipping [CY] 4:00 Meditation [YR] 6:00 Men's Poker Night [CR]	**29** 8:00 Grab and Go Continental Breakfast [B] 9:00 Gocce Ball [CY] 9:30 Balance and Stability [YR] 9:30 New Resident Orientation [T] 10:30 Balance & Stability [YR] 1:00 Foreign Language: Spanish [WEB] 1:30 Water Fitness 4:00 Happy Hour [B] 6:00 Grief Support 101 [WEB]	**30** 8:00 Grab and Go Continental Breakfast [B] 10:00 Corn Hole [CY] 11-1 Chang Thai Fusion Food Truck 11:30 The Ladies Corner [LB] 1:30 Chair Yoga [YR] 2:00 Matinee Movie: Groundhog Day [T] 2:30 Chair Yoga [YR] 4:00 Trivia		

Created on Monday, September 14, 2020 3:57 PM