

Sunday Monday Tuesday Wednesday Thursday Friday Saturday



- AE Artistic Expression
- CE Continuing Education
- LL Lifestyle & Leisure
- PE Physical Engagement
- SS Spiritual Support

<p>9:30 SS Morning Blessings 4</p> <p>10:30 PE Upper Arm and Legs Workout</p> <p>11:00 SS Reading Angels Among Us</p> <p>1:00 SS Prayer Meeting</p> <p>1:30 LL Let's play bingo</p> <p>2:30 SS Joe Osteen And Snacks</p>	<p>9:30 LL Memory Box 5</p> <p>10:30 PE Leg Exercises</p> <p>12:45 AE Creating Autumn Leaves</p> <p>2:00 LL Learning How To Use Facetime</p> <p>3:00 CE Scrabble Game</p> <p>4:00 LL Picture Puzzles</p>	<p>9:30 LL You tell your story 6</p> <p>10:30 PE Stay Fit</p> <p>12:45 PE Walking Club</p> <p>2:00 LL Resident Council</p> <p>3:00 LL Bingo</p> <p>4:00 LL Watering the Plants</p>	<p>9:30 LL Table Talk 7</p> <p>10:30 PE Upper Arm Strength</p> <p>12:45 LL Halloween Nails</p> <p>2:00 LL Card Games</p> <p>3:00 LL Games and Fun</p> <p>4:00 AE Baking Holiday Goodies</p>	<p>9:00 LL Walking Club 1</p> <p>10:30 CE Exercise</p> <p>11:15 AE Chicken noodle soup for the soul</p> <p>1:45 AE Art Expressions</p> <p>2:30 LL Making fruit smoothie</p> <p>3:00 LL Bingo</p>	<p>9:30 PE Walk With Me 2</p> <p>10:30 PE Stretch your legs</p> <p>12:45 LL Socializing</p> <p>2:00 AE Making door hangings</p> <p>3:00 LL Card Game</p> <p>4:00 LL Cocktail Hour</p>	<p>9:30 SS Morning Blessings 3</p> <p>10:30 PE Exercise with Friends</p> <p>11:00 LL Nail Painting and Care</p> <p>1:00 LL Pumpkin Art & Craft</p> <p>1:30 LL Domino's</p> <p>2:30 LL Balloon Toss</p>
<p>9:30 LL Social Hour 11</p> <p>10:30 PE Exercise</p> <p>11:00 LL News you can use</p> <p>1:00 PE Hand Massage</p> <p>1:30 LL Bingo</p> <p>2:30 SS Relax with Church Music</p>	<p>Columbus Day 12</p> <p>9:30 LL Classical Music</p> <p>10:30 PE Let's get active</p> <p>12:45 LL 1950's Music</p> <p>2:00 AE Crafty Town</p> <p>3:00 CE Scrabble Game</p> <p>4:00 LL Puzzle Pieces</p>	<p>9:30 LL Cocoa Social 13</p> <p>10:30 PE Chair Workout</p> <p>12:45 LL Short Stories</p> <p>2:00 LL Mid-Day Stroll</p> <p>3:00 LL Call them out</p> <p>4:00 LL Mexican Train Domino's</p>	<p>9:30 LL Nature Walk 14</p> <p>10:00 PE Sit & Fit</p> <p>12:45 CE Remember When</p> <p>2:00 LL Group Talk</p> <p>3:00 LL Spades Card Game</p> <p>4:00 AE Clay Molding</p>	<p>9:30 CE Short Stories 15</p> <p>10:30 LL Workout Time</p> <p>12:45 AE Crossword Puzzle</p> <p>2:00 PE Bowling</p> <p>3:00 LL Away with Numbers</p> <p>4:00 CE Name that tune</p>	<p>9:30 LL Patio Talk 16</p> <p>10:30 PE Yoga</p> <p>12:45 AE Crafty Corner</p> <p>2:00 SS Music by Kelly Martin from Frontier Hospice</p> <p>3:00 LL Black Jack Game</p> <p>4:00 LL Cocktail in the Bistro</p>	<p>9:30 LL Outside Walk 17</p> <p>10:30 PE Work Out</p> <p>11:30 LL Art & Craft</p> <p>1:00 LL Pretty Nails</p> <p>1:30 LL Crafty Town</p> <p>2:30 LL Let's Talk</p>
<p>9:30 LL Drink Social 18</p> <p>10:30 PE Sit & Fit</p> <p>11:00 CE Visit the book shelf</p> <p>1:00 LL Trivia</p> <p>1:30 LL Away with Numbers</p> <p>2:30 SS TV Church</p>	<p>9:30 LL Fire place chat 19</p> <p>10:30 PE Fitness Fun Exercise</p> <p>12:45 LL Crack the Case</p> <p>2:00 AE Halloween Music Trivia</p> <p>3:00 CE Scrabble Game</p> <p>4:00 LL Puzzle Pieces</p>	<p>9:30 LL Getting to know you 20</p> <p>10:30 PE Leg Exercises</p> <p>12:45 LL Reading Angels Among Us</p> <p>2:00 LL Go Fish Card game</p> <p>3:00 LL Bingo</p> <p>4:00 LL Share Your Fall Traditions</p>	<p>9:30 LL Morning Chat 21</p> <p>10:30 PE Yoga Time</p> <p>12:45 LL Here to Help you</p> <p>2:00 LL Monthly Birthday Party by Interim health care</p> <p>3:00 LL Classical Music</p> <p>4:00 PE Board Games</p>	<p>9:30 LL Morning Blessings 22</p> <p>10:30 LL Workout Time</p> <p>12:45 CE Word Search</p> <p>2:00 PE Ball Toss</p> <p>3:00 LL Bingo</p> <p>4:00 AE Pumpkins decorating</p>	<p>9:30 CE News you can use 23</p> <p>10:30 PE Moving and Grooving</p> <p>12:45 LL Halloween Art</p> <p>2:00 PE Soft ball toss</p> <p>3:00 LL Domino's</p> <p>4:00 LL Drink Social</p>	<p>9:30 LL New Event Name 24</p> <p>10:30 PE Chair Exercise</p> <p>11:30 AE Art Work</p> <p>1:00 LL Movie Showing</p> <p>1:30 PE Hand Massage</p> <p>2:30 LL Go Fish Card game</p>
<p>9:30 LL Short Stories 25</p> <p>10:30 PE Stretch & Flex</p> <p>11:00 SS TD Jakes</p> <p>1:00 SS Inspirational Crafts</p> <p>1:30 LL Bingo Time</p> <p>2:30 LL Checkers Game</p>	<p>9:30 LL Word Search 26</p> <p>10:30 PE Fifteen-minute Fitness</p> <p>12:45 LL Hot Topics</p> <p>2:00 AE Inspirational Crafts</p> <p>3:00 CE Scrabble</p> <p>4:00 LL show what you know</p>	<p>9:30 LL Chicken Soup for the Soul 27</p> <p>10:30 PE Upper Arm and Legs Workout</p> <p>12:45 LL Spooky Crafts</p> <p>2:00 LL Soft ball throw</p> <p>3:00 LL Play Bingo</p> <p>4:00 LL Spooky Movies</p>	<p>9:30 LL Tapping Your Toes to the music 28</p> <p>10:30 PE Sit & Fit</p> <p>12:45 CE Learn to use your cell phone</p> <p>2:00 LL Checker Game</p> <p>3:00 LL Spades Card Game</p> <p>4:00 AE Nail Art</p>	<p>9:30 PE Morning Stroll 29</p> <p>10:30 LL Seniors at work</p> <p>12:45 AE Checkers Game</p> <p>2:00 AE Halloween Art</p> <p>3:00 LL Call them out</p> <p>4:00 CE Flash Cards</p>	<p>Halloween Trick-or-Treat 30</p> <p>9:30 LL Current Events Discussion</p> <p>10:30 PE Sit & Fit</p> <p>12:45 LL Crafty Town</p> <p>2:00 PE Memory Box</p> <p>3:00 LL UNO Card Game</p> <p>4:00 LL Cocktail Hour</p>	<p>Halloween 31</p> <p>9:30 LL Daily News</p> <p>10:30 PE Simple Stretches</p> <p>11:30 LL Art & Craft</p> <p>1:00 LL Games and Fun</p> <p>1:30 LL Manicure</p> <p>2:30 LL Table Talk and Halloween candy</p>