

October 2020  
Assisted Living Lifestyle & Leisure



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Location Keys</b>  <b>Activity Room</b> AR  <b>Dining Room</b> DR  <b>Lobby</b> LOB  <b>Media Room</b> MR</p> <p><b>Activity Keys</b>  <b>AE</b> Artistic Expression  <b>CC</b> Community Connections  <b>CE</b> Continuing Education  <b>LL</b> Lifestyle &amp; Leisure  <b>PE</b> Physical Engagement  <b>SS</b> Spiritual Support</p>						
<b>Happy Birthday Barbara E.</b> 4 <b>Story Starter Sunday- Pick up and drop off at the Front Desk if you Would Like to Share your Stories</b>	<b>Move it Monday- Walk, Stretch, and Move it Today!</b> 5 3:00 <b>SS</b> Men's Motivation Hour	<b>New Menus Handed Out</b> 6 10:00 <b>PE</b> Virtual Music and Movement Class- Seated Exercise [AR] 1:00 <b>AE</b> Diamond Painting- Small Groups- Sign Up at the Front Desk! [AR] 3:00 <b>CC</b> Chat with Jerry Lee (Executive Director) [DR] 6:00 <b>LL</b> Golf Card Game- Small Groups- Sign Up at the Front Desk [AR]	<b>Web Wednesday</b> 7 10:00 <b>PE</b> Let's Move it! Seated Exercise [AR] 1:00 <b>CC</b> Resident Meeting [DR] 2:00 <b>LL</b> Apples to Apples [AR] 3:00 <b>CE</b> Fly Away to Vancouver Canada [AR] 5:00 <b>LL</b> Women's Club -Pizza Party! [AR]	10:00 <b>PE</b> Let's Move it! Seated Yoga [AR] 1 1:30 <b>LL</b> Dining Room BINGO with RODGER!!! [DR] 3:00 <b>CC</b> Scenic Drive with Maureen - Small Groups Sign Up at the Front Desk!	<b>Fan Friday- Show your Team Pride!</b> 2 10:00 <b>PE</b> Let's Move it! Seated Exercise [AR] 1:00 <b>SS</b> Colorful Meditation [AR] 2:00 <b>CC</b> Scattegories- Word Recall game [AR] 3:00 <b>LL</b> UNO- Small Groups [AR]	<b>Happy Birthday Peggy M.</b> 3 <b>Menus Due to the Front Desk by 4:30pm</b> 10:00 <b>LL</b> Mingling and Munchies- Small Groups- Sign Up at the Front Desk! [LOB] 1:00 <b>SS</b> Nail Care with Amy- Sign Up at the Front Desk 3:00 <b>LL</b> Skip-Bo [AR]
<b>Happy Birthday Yvonne D.</b> 11 <b>Story Starter Sunday- Pick up and drop off at the Front Desk if you Would Like to Share your Stories</b>	<b>Move it Monday- Walk, Stretch, and Move it Today!</b> 12	<b>New Menus Handed Out</b> 13 10:00 <b>PE</b> Virtual Music and Movement Class- Seated Exercise [AR] 1:00 <b>CC</b> Chat with the Chef [DR] 2:00 <b>AE</b> Diamond Painting- Small Groups- Sign Up at the Front Desk! [AR] 6:00 <b>LL</b> Golf Card Game- Small Groups- Sign Up at the Front Desk [AR]	<b>Web Wednesday</b> 14 10:00 <b>PE</b> Let's Move it! Seated Exercise [AR] 1:00 <b>AE</b> Small Group Crafting! - Wood Painting [AR] 2:00 <b>SS</b> Build a bear for Teddy Bear Day! [AR] 3:00 <b>CE</b> Fly Away to Brazil [AR]	10:00 <b>PE</b> Let's Move it! Seated Yoga [AR] 15 1:30 <b>LL</b> Dining Room BINGO with RODGER!!! [DR] 2:30 <b>CC</b> Fire Safety Meeting with Leslie [DR] 3:00 <b>CC</b> Scenic Drive with Maureen - Small Groups Sign Up at the Front Desk!	<b>Fan Friday- Show your Team Pride!</b> 16 10:00 <b>PE</b> Let's Move it! Seated Exercise [AR] 1:00 <b>SS</b> Colorful Meditation [AR] 2:00 <b>CC</b> Scattegories- Word Recall game [AR] 3:00 <b>LL</b> UNO- Small Groups [AR]	<b>Menus Due to the Front Desk by 4:30pm</b> 17 10:00 <b>LL</b> Mingling and Munchies- Small Groups- Sign Up at the Front Desk! [LOB] 1:00 <b>SS</b> Nail Care with Amy- Sign Up at the Front Desk 2:00 <b>AE</b> Cupcake Decorating [AR] 3:00 <b>LL</b> Skip-Bo [AR]
<b>Story Starter Sunday- Pick up and drop off at the Front Desk if you Would Like to Share your Stories</b> 18	<b>Move it Monday- Walk, Stretch, and Move it Today!</b> 19	<b>Happy Birthday Jim B.</b> 20 <b>New Menus Handed Out</b> 10:00 <b>PE</b> Virtual Music and Movement Class- Seated Exercise [AR] 1:00 <b>AE</b> Diamond Painting- Small Groups- Sign Up at the Front Desk! [AR] 3:00 <b>LL</b> Chit-Chat, Coffee and Cookies [AR] 6:00 <b>LL</b> Golf Card Game- Small Groups- Sign Up at the Front Desk [AR]	<b>Web Wednesday</b> 21 10:00 <b>PE</b> Let's Move it! Seated Exercise [AR] 1:00 <b>LL</b> Women's Club-Craft, White and Cheese [AR] 2:00 <b>CC</b> Sunshine Group Meeting [AR] 3:00 <b>CE</b> Fly Away to Antarctica [AR]	10:00 <b>PE</b> Let's Move it! Seated Yoga [AR] 22 1:30 <b>LL</b> Dining Room BINGO with RODGER!!! [DR] 3:00 <b>CC</b> Scenic Drive with Maureen - Small Groups Sign Up at the Front Desk!	<b>Fan Friday- Show your Team Pride!</b> 23 <b>Happy Birthday Bob G.</b> 10:00 <b>PE</b> Let's Move it! Seated Exercise [AR] 2:00 <b>CC</b> Scattegories- Word Recall game [AR] 3:00 <b>LL</b> Men's Poker 'Night' [MR] 3:00 <b>AE</b> Paint With Me- Small Groups! Sign Up at the Front Desk! [AR]	<b>Menus Due to the Front Desk by 4:30pm</b> 24 <b>National Bologna Day!</b> 10:00 <b>LL</b> Mingling and Munchies- Small Groups- Sign Up at the Front Desk! [LOB] 1:00 <b>SS</b> Nail Care with Amy- Sign Up at the Front Desk 2:00 <b>CC</b> Truth or Bologna? [MR] 3:00 <b>LL</b> Skip-Bo [AR]
<b>Story Starter Sunday- Pick up and drop off at the Front Desk if you Would Like to Share your Stories</b> 25	<b>Move it Monday- Walk, Stretch, and Move it Today!</b> 26	<b>New Menus Handed Out</b> 27 10:00 <b>PE</b> Virtual Music and Movement Class- Seated Exercise [AR] 1:00 <b>LL</b> Pumpkin Cheesecake and Pic Wits [AR] 2:00 <b>AE</b> Diamond Painting- Small Groups- Sign Up at the Front Desk! [AR] 6:00 <b>LL</b> Golf Card Game- Small Groups- Sign Up at the Front Desk [AR]	<b>Web Wednesday</b> 28 10:00 <b>PE</b> Let's Move it! Seated Yoga [AR] 1:00 <b>AE</b> Small Group Crafting! Marbled Pumpkins! [AR] 3:00 <b>CE</b> Fly Away to Berlin [AR]	10:00 <b>PE</b> Let's Move it! Seated Yoga [AR] 29 1:30 <b>LL</b> Dining Room BINGO with RODGER!!! [DR] 3:00 <b>CC</b> Scenic Drive with Maureen - Small Groups Sign Up at the Front Desk!	<b>Fan Friday- Show your Team Pride!</b> 30 10:00 <b>PE</b> Let's Move it! Seated Yoga [AR] 1:00 <b>LL</b> Movie Matinee- Abbott and Castello meet Frankenstein [MR] 3:00 <b>LL</b> UNO- Small Groups [AR]	<b>Menus Due to the Front Desk by 4:30pm</b> 31 10:00 <b>LL</b> Mingling and Munchies- Small Groups- Sign Up at the Front Desk! [LOB] 1:00 <b>SS</b> Nail Care with Amy France- Sign Up at the Front Desk 3:00 <b>LL</b> Skip-Bo [AR]