



Directory of Information



Leadership Team

Manager:
319.929.6894
manager@garnettplace.net

Assistant Manager:
Tanner Erwin
319.533.0397
assistantmanaer@garnettplace.net

Health Care Coordinator:
Lee Thoma, RN
319.929.6892
nurse@garnettplace.net

Community Relations Coordinator:
Meg Harper
319.533.5050
marketing@garnettplace.net

Life Enrichment Coordinator:
Kari Santos, MA, CTRS
319.533.0441
enrichlife@garnettplace.net

Culinary Coordinator:
Jeremy Curl
319.533.0409
kitchen@garnettplace.net

Maintenance Coordinator:
Chris Anderson
319.929.6890
maintenance@garnettplace.net

Facebook.com/GarnettPlace

Transportation Information:

319.540.3630

Please inform transportation at least 48 hours in advance of drive needs.

Appointment hours:
8:30 a.m. to 3:00 p.m.
Monday, Wednesday,
Thursday, Friday.

No transportation on Tuesdays

Tuesdays are reserved for trips.

Dining Room Hours of Operation:

Breakfast:

7:00 a.m. to 9:00 a.m.

Dinner (Lunch):

11:00 a.m. to 1:00 p.m.

Supper:

4:00 p.m. to 6:00 p.m.

Times will vary per dining room.
Please check with your server.

Guest meals are \$5 per person, per meal.

We ask that you notify us if a guest is eating with you 24 hours in advance.

Additional snacks and beverages available 24/7.

Community Programs

Virtual Live 2B Healthy

MWF

10:00 am & 10:30 am

We'll meet as a group and get on a video call with the personal trainer. The trainer will lead the exercise class through the video chat.

Virtual Music Therapy

With Music Speaks

Thursday, 1:00 p.m.

This group requires registration, as therapy group sizes are small.

Contact Kari at 316-362-3630 if you are interested in joining.



Professionally Managed by
Senior Housing, INC.



Garnett Gazette,
September, 2020

Volume 20,
Issue 9

Happy Birthday!

September 1

Robert L.

September 9

Luella B.

September 15

Sarah B.

September 18

Helen P.

September 21

Blanche G.

September 28

Shirley T.

Thank You

Congratulations on completing your internship Amanda! The whole Garnett Place Family is proud of you. You've worked hard over the last fourteen weeks to create an amazing experience for our residents. Thank you to everyone who kept the party a secret. Amanda had no idea! She was so surprised. All of us wish you the best of luck as you continue your education at the University of Iowa. We know you'll do great things.



202 35th St. Dr. S.E.
Cedar Rapids, IA



319.362.3630
GarnettPlace.net

Activities

September Highlights

September 4

Wear your college colors day

September 13

Grandparent's Day
Portrait Photoshoot

September 13—18 is Assisted Living Week.

This year's theme is "Caring is Essential"

9/14—Tea Party

9/15—Hand Massages

9/16—Root Beer Floats

9/17—Face Masks Spa

9/18—Donut Social

September 22

Caramel Apple Bar for the first day of fall

Chair stretches returns on Thursdays & Fridays

Welcome Taylor!

The Life Enrichment Department would like to introduce you to our new fall intern, Taylor!

Taylor's Introduction:

I am from a small town right outside of Milwaukee called New Berlin. I am in the Therapeutic Recreation Program at the University of Iowa. I chose Iowa because I grew up a huge Hawkeye fan and was interested in the programs that were offered. I fell in love with Therapeutic Recreation immediately, because I love the diverse populations that we have the opportunity to work with.

In my free time, I enjoy going for walks with my dog and making furniture with my fiancé. I selected Garnett Place for my I deal internship, as the team-oriented atmosphere allows for exceptional care to the residents. I plan to learn more about the widely diverse programming that older adults enjoy, as I aim to continue my career with a similar population. When my internship is completed, I hope to find a job in the area, as my fiancé and I finalize our wedding details.

I am so excited for the opportunity to be Garnett Place's Fall 2020 intern!



Visit us at GarnettPlace.Net or Facebook.com/GarnettPlace

Outdoor Visits Now Open

Outdoor Visiting Policy

We're excited to announce that we are now allowing socially distanced outdoor visits with your loved one. Due to the high demand of these visits, we have set in place guidelines to make the process easier.

Walk ins will be asked to schedule for another time to respect the families that have the appointment time reserved.

Appointments may be scheduled during the timeframes below:

Monday - Friday: 9am - 4pm

Saturday & Sunday: 10:30am - 1pm

Please note that weekend times will fill up quickly. If you are interested in one of these times please schedule early. Visits will take place at the front entrance of the 202 building.

Appointments are limited to thirty minutes to allow us proper sanitizing time between parties. Please arrive on time to ensure maximum time with your loved one.

We cannot guarantee weekly visits at this time as we need to ensure all families are given the chance to see their loved ones.

When you make your appointment we will need your name and phone number, and total number of people in your party (counting you). At this time we are limiting it to four visitors total.

It is mandatory all visitors wear a mask and stay six feet apart from the resident. This is for your loved ones safety. We encourage all visitors to bring their own lawn chairs to maximize your comfort during the visit. We will have seating available for your loved one.

If any of the above policies are violated we reserve the right to end the visit early. We also reserve the right to change or cancel visits as we track COVID trends in our area.

It is our goal to provide you much needed time with your family member, while keeping everyone safe and healthy.

Fast Summary:

BY APPOINTMENT ONLY

Monday - Friday:

9am - 4pm

Saturday & Sunday:

10:30am - 1pm

- Schedule in advance (call main office)
 - No Walk-Ins
- 30 minute time slot
- Time starts at your scheduled start time. Please be on time.
- Time ends at your scheduled end time. We need to prepare the space for the next visit.
- Everyone must wear masks
- Must maintain 6 ft distance
- Four visitors max
- First come, first serve for appointments
- Time slots fill up quickly, especially on weekends



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Community News

Team Member Recognition

Happy Birthday

Linda, Logan

Happy Work Anniversary

Lillian, Meg

Welcome to the Team

Bridgette,
David,
Salomon,
Amanda

COVID Guidelines

Under the requirements from the Iowa Public Health Department and Senior Housing Management, we will not be able to open Garnett Place to internal visitors until each of the following is applicable to our community:

1. 14 days past the last staff or resident positive.
2. Community wide testing.
3. A 14 day decline overall in positive COVID cases in Linn county.

Throughout this difficult time, our goal is to keep you informed and reassured of our efforts to keep everyone at Garnett Place safe and healthy. If you have any questions or concerns regarding the policies we have implemented, please call us at (319) 362-3630.



Your Resident Council Representatives

We're here to represent you.

Elayne G. Dave H. Shirley J. Carol S. Robert T.



Visit us at GarnettPlace.Net or
[Facebook.com/GarnettPlace](https://www.facebook.com/GarnettPlace)

Coordinator Greetings

Wedding Highlights

Hello everyone! I would like to start by thanking everyone that has told me congratulations for my wedding. Everything went very smooth and we got very lucky because it was the day before the derecho hit. It was very hot but clouds came over during the ceremony which helped cool everyone off a bit. My honeymoon out west to Colorado and Utah was also great! My wife, Jenna, and I saw some great sights and were able to relax and enjoy our time together. We went to Garden of the Gods and Helen Hunt Falls in Colorado Springs and then made our way to Moab, UT but stopped for the night in Monte Vista, CO where we stayed at a Best Western that had a drive up movie theater that we could watch from our hotel room. We stopped at the Royal Gorge Bridge, and it became very evident how much I do not like heights, and then at The Great Sand Dunes. In Moab we went to Arches National Park, Deadhorse Canyon, and Canyonlands National Park. They were all very pretty and VERY hot while we were visiting, they only receive 10 inches of precipitation per year there! We could see the smoke from the wildfires in Colorado. There were 4 wildfires burning in Colorado while we were there, one of which became the 3rd largest fire in Colorado history. We went from Moab to Aspen, CO and stayed there for one night before heading back to Iowa. We had to take Independence Pass, which is the highest pass in Colorado at 12,095 feet above sea level and goes over the continental divide. Overall, Jenna and I had a wonderful time on our vacation where we were able to avoid people but still get away together.

**Tanner
Erwin,
Assistant Manager**



Welcome Home!

Charlotte O.

Mary A.

Bob L.

Kay L.

Jan W.

Virginia H.

Nancy F.

Margaret R.

Carol D.

Shirley A.

Delmer B.

Luella B.

Milo C.

Kathryn C.

Roy M.

Virginia G.

Joleen F.



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How to Access Community Information on the LifeShare Family Mobile App for



1. Download the LifeShare Mobile App by searching "LifeShare Family" in the App Store. Click "Download" and then "Open" when the App has finished downloading.



2. Click the "I have a Community Access Pin" button.



3. Enter "0202" and click "Sign In."

4. Stay informed of the campus activities, menus, announcements, and pictures!

Garnett Place
202 35th Street Drive SE, Cedar Rapids, IA 52403
(319) 362-3630

S'mores



Visit us at GarnettPlace.Net or
Facebook.com/GarnettPlace



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Coordinator Greetings

Flu Season

We are all still fighting the COVID-19 virus but now it is time to start thinking about the flu. Flu shots which will be given in October. Due to the fact that many people are not going out to their doctors for direct office visits I will plan on all residents having flu shots here. Family members and DPOAs, if for some reason your resident is not to get a flu shot please let Lee know before the end of September. Thank you all for your patients and concern during these trying times as we try to keep your family members safe and healthy.

**Lee Thoma,
RN
Health Care
Coordinator**



September Greetings

Wow, how is it September already? This month marks one year for me at Garnett Place. It has been a whirlwind of a year full of new experiences and personal growth. I look forward to another year in the Garnett Place family!

We are continuing to welcome new residents at Garnett Place. If you know of a friend or family member that you think would benefit from joining our community, please let me know. Our resident referral program offers a rent credit of \$1,000 to residents who refer someone to Garnett Place. The credit will be applied to your account 30 days after the individual you referred moves in. Please stop by my office if you have any questions or have someone you'd like to refer.

Additionally, if you know of someone displaced or struggling after the derecho that hit Cedar Rapids last month, we may be able to help. There were many seniors impacted by the devastating storm, and we want to be able to provide those seniors with a new, safe place to call home. We also have furnished apartments available for those whose furniture was damaged or needs replaced.

As the pandemic continues, we are still taking extra precautions with our potential and new residents. As individuals determine they would like to move to Garnett Place, each new resident must test negative for COVID before moving in. We want to assure you that we are following strict protocol with each of our move ins to ensure everyone at Garnett Place remains healthy.

Have a great month!

**Meg Harper,
Community Relations
Coordinator**



Time for Fall

September is here! I can't believe the time has flown and we're already to my favorite season, fall. The kids have started going back to school, the leaves are changing colors, pumpkins start to line street corners. September also brings us our fall intern. I know some of you have met Taylor already, but if you haven't—please give her a warm Garnett welcome. Check out her introduction article in the activities section of the newsletter.

I look forward to celebrating Assisted Living week. This year's theme is "Caring is Essential". We're going to kick off with a special Grandparent's Day photo shoot. I'll be taking portrait photos of everyone, and we'll get them printed off so you can have a copy. Dress in an outfit that feels best for you. Throughout the week we'll be celebrating with sweet treats or pampering spa sessions. Then, for the first day of fall, we're going to celebrate with caramel apples! Don't worry, if caramel isn't your thing, I plan to have an alternative dip. Happy fall y'all.

**Kari Santos, CTRS
Life Enrichment
Coordinator**



Derecho

What a storm that was. The building was very fortunate to have very little damage. We have all of the urgent items taken care of, and are working with teams to repair the rest. Thank you for being patient as we went through the storm of the century. It's going to take along time to get everything back to normal. The people of Cedar Rapids are working hard to make that happen. Thank you for all of your support as we continue our repairs.

**Chris Anderson,
Maintenance
Coordinator**



History Books

This last month has been one for the history books as we had a rare storm come through. Cedar Rapid took on a lot of damage, once again we will rebuild just like we did from 2008. My house only had minor damages to it but we have been out helping family with clean up at their houses. I just back to work from a vacation, I took my kids to Des Moines to see my family and their cousins. My wife is going to be home schooling them this school year. So they should have fun learning things new this year like how to do stuff around the house and maybe learning to do some cooking. Again if you have any suggestions on items you would like to see on the menu please let me know and I will see what I can do. Thank you and have a great day.

**Jeremey Curl,
Culinary
Coordinator**



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Dare to Dream

Here at Garnett Place, we strive to make your dreams come true! We're always looking for different ways to enhance our residents' lives.



Is there something that you have always wanted to do? How about an activity you used to do, but haven't done in a while? Let us know how we can make your dreams come true! Fill out the suggestion form below, and return it to Kari Santos, Life Enrichment Coordinator. You can also reach Kari at enrichlife@garnettplace.net, or 319-533-0441.

Name:

Suggestion:

Visit us at GarnettPlace.Net or Facebook.com/GarnettPlace



Spotlight Moment



Getting to enjoy a beautiful summers day with family and friends.

Calling all Garnett Place families & friends - we have started offering outdoor visits! Take advantage of the beautiful weather and safely spend some time with your loved ones.

Please call us at (319) 362-3630 to schedule a time to visit. All guests will be required to wear a mask and maintain 6 ft distance throughout the visit. Appointments are available during the week from 9:00 a.m. – 4:00 p.m. and on the weekends from 10:30 a.m. – 1:00 p.m. Visits must be scheduled in advance to ensure availability.

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