



## Directory of Information



### Leadership Team

**Manager:**

319.929.6894  
manager@garnettplace.net

**Assistant Manager:**

Tanner Erwin  
319.533.0397  
assistantmanaer@garnettplace.net

**Health Care Coordinator:**

Lee Thoma, RN  
319.929.6892  
nurse@garnettplace.net

**Community Relations Coordinator:**

Meg Harper  
319.533.5050  
marketing@garnettplace.net

**Life Enrichment Coordinator:**

Kari Santos, MA, CTRS  
319.533.0441  
enrichlife@garnettplace.net

**Culinary Coordinator:**

Jeremy Curl  
319.533.0409  
kitchen@garnettplace.net

**Maintenance Coordinator:**

Chris Anderson  
319.929.6890  
maintenance@garnettplace.net

**Facebook.com/GarnettPlace**

### Transportation Information:

**319.540.3630**

Please inform transportation at least 48 hours in advance of drive needs.

Appointment hours:  
8:30 a.m. to 3:00 p.m.  
Monday, Wednesday,  
Thursday, Friday.

#### **No transportation on Tuesdays**

Tuesdays are reserved for trips.

### Dining Room Hours of Operation:

**Breakfast:**

7:00 a.m. to 9:00 a.m.

**Dinner (Lunch):**

11:00 a.m. to 1:00 p.m.

**Supper:**

4:00 p.m. to 6:00 p.m.

Times will vary per dining room.  
Please check with your server.

**Guest meals are \$5 per person, per meal.**

We ask that you notify us if a guest is eating with you 24 hours in advance.

Additional snacks and beverages available 24/7.

### Community Programs

#### **Virtual Live 2B Healthy**

MWF

10:00 am &  
10:30 am

We'll meet as a group and get on a video call with the personal trainer. The trainer will lead the exercise class through the video chat.

#### **Virtual Music Therapy With Music Speaks**

Thursday, 1:00 p.m.

This group requires registration, as therapy group sizes are small.

Contact Kari at 316-362-3630 if you are interested in joining.



**Professionally Managed by Senior Housing, INC.**



**Garnett Gazette,  
October, 2020**



**Volume 20,  
Issue 10**

## **Happy Birthday!**

**October 2**

**Nancy F.**

**October 5**

**William K.**

**October 9**

**Garry M.**

**October 14**

**Elizabeth K.**

## **Voting Information**

**W**ith the election coming up soon, we have important information about how you can vote. You have two options:

### **Option one: Absentee Request**

- We can provide you the paperwork to request a ballot—if you need assistance filling it out Life Enrichment can help.
- You **MUST** have your request in **No Later than October 25.**
- Ballots will be mailed starting October 5 and 6
- You will receive an orange colored card in the mail—this states that your ballot request has arrived
- We will host a clinic in the second week of October for those who will need help filling it out.

### **Option two: Polling Station**

- You may have a family member take you to your local polling place. You will need to quarantine for 14 days, no exceptions. Family is to only take you to the polling station, no additional stops. This is for your health. Wear your mask the whole trip.

202 35th St. Dr. S.E.  
Cedar Rapids, IA



319.362.3630  
GarnettPlace.net

## Activities

### October Highlights

**October 8**

Squirrel Day Celebration

**October 13**

Ballot Help Clinic

**October 15**

Flu Shot Clinic

**October 20**

Fall Leaves Scenic Drive  
(Please register in advance, limited seating)

**October 26**

Pumpkin Patch &  
Pumpkin Decorating

**October 28**

Oktoberfest

**October 29**

Spooky Happy Hour

# Flu Shot Clinic October 15

9:00 am

Location: Your closest  
activity room

**\*If you get your flu shot at  
the doctors office, please let  
Lee know.**

### Transportation reminders:

Please let Steve know of your appointments 48 hours in advance (or more) so we can ensure getting you to your appointment on time. As soon as you make an appointment we can put it on the schedule—we even have some appointments scheduled out in 2021 already. Please note that the weather will be changing soon here, and drives may be impacted by the weather. Please contact Steve directly so he may ask you any necessary follow up questions.

**Contact Steve at: 319-540-3630 or  
rides@garnettplace.net**

Visit us at [GarnettPlace.Net](http://GarnettPlace.Net) or  
[Facebook.com/GarnettPlace](https://Facebook.com/GarnettPlace)



## New Visiting Policy

### Window Visits

Starting November 1, 2020 we are moving back to window visits. We are starting it early to be prepared for when the weather changes to being cold. During the month of October visits being indoors or outdoors will be determined by staff based on current weather conditions.

You must schedule a visit. Due to the limited area available, we will not be doing walk-in appointments.

Appointments may be scheduled during the timeframes below:

**Monday - Friday: 9am - 3:30pm**

**Saturday & Sunday: 10:30am - 1pm**

Please note that weekend times will fill up quickly. If you are interested in one of these times please schedule early. Visits will take place at the front entrance of the 202 building.

Appointments are limited to thirty minutes to allow us proper sanitizing time between parties. Please arrive on time to ensure maximum time with your loved one.

We cannot guarantee weekly visits at this time as we need to ensure all families are given the chance to see their loved ones.

When you make your appointment we will need your name and phone number. We are allowing only one visitor at a time.

It is mandatory that all visitors wear a mask and stay six feet apart from the resident. This is for your loved ones safety. We will have visitors sit in the entry way. We will have seating available for your loved one on the other side of the glass. Please bring a cell phone to communicate.

If any of the above policies are violated we reserve the right to end the visit early. We also reserve the right to change or cancel visits as we track COVID trends in our area.

### Fast Summary:

**BY APPOINTMENT  
ONLY**

**Monday - Friday:**

**9am - 4pm**

**Saturday & Sunday:**

**10:30am - 1pm**

**Call:**

**319-362-3630 to  
schedule your visit.**

**WALK—IN  
APPOINTMENTS WILL  
NOT BE ACCEPTED.**

All visits will be done  
between the glass in  
the entry way.

Please bring a cell  
phone to  
communicate.

All appointments will  
be thirty minutes.

One visitor per  
appointment.



202 35th St. Dr. S.E., Cedar Rapids, IA  
(319) 362-3630



## Community News

### Team Member Recognition

#### Happy Birthday

**Joanne, Vera,  
Kari, Rebecca,  
Steve**

#### Happy Work Anniversary

**Sue, Lee, Kari**

### COVID Guidelines

Under the requirements from the Iowa Public Health Department and Senior Housing Management, we will not be able to open Garnett Place to internal visitors until each of the following is applicable to our community:

1. 14 days past the last staff or resident positive.
2. Community wide testing.
3. A 14 day decline overall in positive COVID cases in Linn county.

Throughout this difficult time, our goal is to keep you informed and reassured of our efforts to keep everyone at Garnett Place safe and healthy. If you have any questions or concerns regarding the policies we have implemented, please call us at (319) 362-3630.



### Your Resident Council Representatives

We're here to represent you.

Elayne G.    Dave H.    Shirley J.    Carol S.    Robert T.



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[Facebook.com/GarnettPlace](https://Facebook.com/GarnettPlace)

## Coordinator Greetings

### Hawkeyes

**I**t is hard to believe that it is already October! What a year 2020 has been, we have been hit with a lot of different obstacles this year, but we will make it through and be stronger because of it. I do have some exciting news to share, the Hawkeyes are starting football on October 24<sup>th</sup> when they play at Purdue! The Big Ten will have 9 games in 9 weeks so let us hope they all stay healthy because there is no time for a break built into the schedule. Go Hawks!

**Tanner  
Erwin,  
Assistant Manager**



### Welcome Home!

**Candi E.**

**Pat H.**

**Janet W.**



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# HappyGram



Looking for a way to connect with your loved one? Why not send them a HappyGram! This great new program allows you to design a card, for free, on their website. You can include a specialized note and photo on the card. Then HappyGram will send Garnett Place all of the cards the next day, we print them out and deliver them to your loved one! It's a great way to keep connected. All of the information filled out on the website is kept private and only used by HappyGram or Garnett Place. It's a simple way to say "I'm thinking of you". Put a smile on their face today.

[HappyGram.org](http://HappyGram.org)



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# Photos

## Assisted Living Week



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## Coordinator Greetings

### Flu Season

**W**e are all still fighting the COVID virus, but now it is time to start thinking about flu shots, which will be given on October 15th. Due to the fact that many people are not going out to their doctors for direct office visits I will plan on all residents having flu shots here. Family members and DPOAs, if for some reason your resident is not to get a flu shot here at Garnett Place, please let Lee know before October 10th. Thank you all for your patience and concern during these trying times as we try to keep your family members safe and healthy.

**Lee Thoma,  
RN  
Health Care  
Coordinator**



### Favorite Time of the Year

**I**t's finally October and my favorite time of the year is upon us! I'm a sucker for colder weather, football season, and the joy and anticipation of the upcoming holidays. Though this time of year will likely be very different than most, it is still a time to celebrate as Cody and I found out we are expecting a baby girl come January! We are so looking forward to this new adventure.

In September, we welcomed Candi E and Pat H to the Garnett Place family. Help welcome our newest residents to the community by introducing yourself, inviting them to join an activity, or enjoying a meal together. Thank you, Candi and Pat, for choosing Garnett Place as your new home.

As a final note, I would like to announce an exciting incentive we are offering to residents. **From now through the end of 2020, refer a friend or loved one to Garnett Place, and receive \$2,000 off your rent 30 days after they move in.** Stop by my office to ask for details!

**Meg Harper,  
Community Relations  
Coordinator**



## Coordinator Greetings

### October Fun

**O**ctober is a special month for me. This marks my five year anniversary at Garnett Place. I can't believe how the time has flown! I've really enjoyed the last five years. We've had a lot of fun together. I look forward to see what we come up with in the future. I appreciate everyone being willing to try all of my crazy ideas. October is also a special month because I celebrate my birthday and my eighth wedding anniversary. That's a lot to look forward to in a single month.

October brings us a special program too. Taylor, the Life Enrichment intern, is putting together a special project for her internship. She's going to be hosting all sorts of fun Halloween themed activities. Make sure to keep an eye on the schedule for the fun and spooky surprises she has for you.

A note from transportation. Please make sure to get Steve your appointments at least 48 hours in advance. That way we can schedule appropriately and get you to your appointments smoothly.

**Kari Santos, CTRS  
Life Enrichment  
Coordinator**



### Derecho

**T**he last couple months have definitely been stressful for everyone. As we continue storm cleanup and get the building back to a somewhat normal condition, you will see contractors move from outside to inside to begin work. The roofs of both the 202 and 208 buildings will soon be replaced also. When the crews are here working, please be mindful of falling debris and equipment moving around the area. Please feel free to reach out to me if you have any concerns regarding storm damage or damage that you feel may have been missed.

**Chris Anderson,  
Maintenance  
Coordinator**



### Fall Foods

**A**s we go into October the weather has been great hopefully it stays that way for a while. We don't need any early snow. The way this year has gone I wouldn't be surprised. I should have the new menu in time for us to start it in October, so look for all the new items that will be on there. As it starts to get cooler I may start to do some soups here and there, I will keep you all posted on that. The salad bars will remain closed for now. The kids are going to be doing online schooling from home so my wife will be busy trying to help with that as much as she can. I hope you all enjoy the new menu, and let me know if something isn't working out.

**Jeremey Curl,  
Culinary  
Coordinator**



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## Hair Salon

Garnett Place is happy to announce we have a new beautician, Holly Young, who will be starting with us on Thursday, October 1<sup>st</sup>. Holly has almost 10 years of experience as a stylist, and five years of experience serving the senior population. She is looking forward to getting started and asks that you please make all appointments directly through her. Holly will be at Garnett Place on Thursdays and Fridays for appointments.

Please see below for her contact information and updated pricing for services. If you do not immediately get ahold of Holly when you call, please leave her a voicemail and she will get back to you as soon as she is able to.

**Holly Young: (319) 431-4814**

Haircut & Wash - \$18

Shampoo & Set - \$25

Haircut, Shampoo & Set - \$35

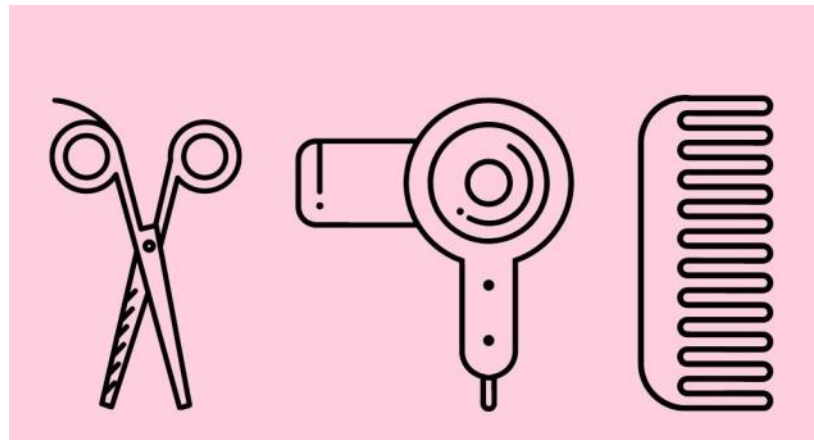
Perm - \$65

Color & Cut - \$45

Partial/Cap Highlight - \$40

Beard Trim - \$5

Facial Wax - \$10



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## Halloween Week



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