

# October 2020

Any Activity with an \* (asterisk)  
requires sign up

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 9:00 Healthy Nails* 1:15 SAIL Exercise* 2:45 SAIL Exercise* Happy Birthday Owen Anderson and Kathy Johnson	2 9:00 SAIL Exercise* 10:45 SAIL Exercise* 1:00 Rick and Margie on TV* 2:00 Rick and Margie on TV* 3:00 Rick and Margie on TV* Happy Birthday Editha Aspuria	3    Wear Black Day 9:00 SAIL Exercise* 10:00 SAIL Exercise* 1:00 Fuzzy Poster* 2:00 Fuzzy Poster*
4      Team Spirit T-Shirt Day 9:30 LCCK Church on TV * 1:00 Fruit of the Month * 2:00 Fruit of the Month *	5 9:00 SAIL Exercise * 10:45 SAIL Exercise * 1:00 The Price is Right * 2:30 The Price is Right *	6 9:00 Craft: Felt Owl Door Sign* 10:30 Craft: Felt Owl Door Sign* 1:15 SAIL Exercise* 2:45 SAIL Exercise* Happy Birthday Mary Austin	7 9:00 SAIL Exercise* 10:45 SAIL Exercise* 12:45 Bingo* 2:00 Bingo * Happy Birthday Sheri Disch and Jeneveve Orozco	8 9:00 Healthy Nails* 12:00 Take Out Thursday: Mod Pizza* 1:30 SAIL Exercise* 3:00 SAIL Exercise*	9 9:00 SAIL Exercise* 10:45 SAIL Exercise* 1:30 Oktoberfest Walk– Thru*	10    Favorite Fall Colors Day 9:00 SAIL Exercise* 10:00 SAIL Exercise* 1:00 Fuzzy Bookmark* 2:00 Fuzzy Bookmark*
11    Wear Orange Day 9:30 LCCK Church on TV * 1:00 Fall Suncatchers * 2:00 Fall Suncatchers *	12      Columbus Day 9:00 SAIL Exercise* 10:45 SAIL Exercise* 1:00 Hangman* 2:30 Hangman *	13 9:00 Craft: Avocado Pillow* 10:30 Craft: Avocado Pillow* 1:15 SAIL Exercise* 2:45 SAIL Exercise*	14 9:00 SAIL Exercise* 10:45 SAIL Exercise* 1:00 Bingo* 2:30 Bingo*	15 9:00 Healthy Nails* 1:15 SAIL Exercise* 2:45 SAIL Exercise* Happy Birthday Phyllis Storaasli and Michele Carroll		