

Wellbrooke of Carmel
Assisted Living

October 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A - Artisans CC - Community Connections GF - Gathering of Friends G - Generations GG - Group Games I - Inspirations K - Keeping it Sharp/Reminisce L - Lifelong Learning M - Music to My Ears S - Signature Events V - Vitality	Resident Birthday's: 10/19 Luci G. 10/27 Jeanne B. 10/28 Helene S. 10/30 Ellen D.	Staff Birthday's: 10/11 Shenita J. 10/21 Senaisha G. 10/21 Yolanda M. 10/27 Karisa B. 10/31 Lisa H. 10/31 Ms. Snow	Life Enrichment continues to try to make our residents happy and engaged during these difficult times. We are continuing to accept donations of Bingo Prizes, Treats, and in room activities for our residents.	1 CC Chronicles G Room Visits/1:1 V Trilogy Fit- AL hallway	2 CC Chronicles GF Activities on Wheels S Football Tailgating/National Denim Day Happy Hour M Happy Hour Theme Music	3 CC Chronicles G Room Visits/ 1:1 GF Pub Games and Activities-GR L Travel with Rick Steves-T
4 CC Chronicles I Bible Study & Devotionals - L G Room Visits CC Sunday Treats - B	5 CC Chronicles A Artisans-DR K Jumbo Crossword-DR	6 CC Chronicles G Room Visits/1:1 V Trilogy Fit- AL hallway	7 CC Chronicles GG Bingo-DR GF Activities on Wheels	8 CC Chronicles G Room Visits/1:1 V Trilogy Fit- AL hallway	9 CC Chronicles GF Activities on Wheels S National Pajama Month Happy Hour M Happy Hour Theme Music	10 CC Chronicles G Room Visits/ 1:1 GF Pub Games and Activities-GR L Travel with Rick Steves-T
11 CC Chronicles I Bible Study & Devotionals - L G Room Visits CC Sunday Treats - B	12 Columbus Day CC Chronicles A Artisans-DR K Jumbo Crossword-DR	13 CC Chronicles G Room Visits/1:1 V Trilogy Fit- AL hallway	14 CC Chronicles GG Bingo-DR GF Activities on Wheels	15 CC Chronicles G Room Visits/1:1 V Trilogy Fit- AL hallway	16 CC Chronicles GF Activities on Wheels S Lumberjack/ Flannel Happy Hour M Happy Hour Theme Music	17 CC Chronicles G Room Visits/ 1:1 GF Pub Games and Activities-GR L Travel with Rick Steves-T
18 CC Chronicles I Bible Study & Devotionals - L S Sunday Brunch- DR G Room Visits CC Sunday Treats - B	19 CC Chronicles A Orient Express Artisans-DR K Jumbo Crossword-DR	20 CC Chronicles G Room Visits/1:1 V Trilogy Fit- AL hallway	21 CC Chronicles GG Bingo-DR GF Activities on Wheels	22 CC Chronicles G Room Visits/1:1 V Trilogy Fit- AL hallway S Theme Dinner-Orient Express	23 CC Chronicles GF Activities on Wheels S Orient Express Happy Hour M Happy Hour Theme Music	24 CC Chronicles G Room Visits/ 1:1 GF Pub Games and Activities-GR L Travel with Rick Steves-T
25 CC Chronicles I Bible Study & Devotionals - L G Room Visits CC Sunday Treats - B	26 CC Chronicles A Artisans-DR K Jumbo Crossword-DR	27 CC Chronicles G Room Visits/1:1 V Trilogy Fit- AL hallway	28 CC Chronicles GG Bingo-DR GF Activities on Wheels	29 CC Chronicles G Room Visits/1:1 V Trilogy Fit- AL hallway	30 CC Chronicles GF Activities on Wheels S Halloween Happy Hour M Happy Hour Theme Music	31 Halloween CC Chronicles G Room Visits/ 1:1 GF Pub Games and Activities-GR L Travel with Rick Steves-T

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4 CC Chronicles I Bible Study & Devotionals - L CC Sunday Treats - B	5 CC Chronicles GG Hallway Bingo A Artisans-DR CC Hallway Exercise	6 CC Chronicles GG Hallway Activity GG Small Group Activity-B K Seasonal Sensory and Room Visits	7 CC Chronicles K In Room Competition Game GF Activities on Wheels Hallway Stretch	8 CC Chronicles GG Bingo in DR V Hallway Exercise MM Seasonal Sensory and Room Visits	9 CC Chronicles GF Activities on Wheels GG Hallway Games S National Pajama Month Happy Hour M Happy Hour Theme Music	10 MM Activities on Wheels CC Chronicles G Room Visits MM Seasonal Sensory Break - NS
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18 CC Chronicles I Bible Study & Devotionals - L S Sunday Brunch- DR CC Sunday Treats - B	19 CC Chronicles GG Hallway Bingo A Orient Express Artisans-DR CC Hallway Exercise	20 CC Chronicles GG Hallway Activity GG Theme Week Activity-B K Seasonal Sensory and Room Visits	21 CC Chronicles K Theme Week In Room Competition GF Activities on Wheels Hallway Stretch	22 CC Chronicles GG Bingo in DR V Hallway Exercise MM Seasonal Sensory and Room Visits S Theme Dinner-Orient Express	23 CC Chronicles GF Activities on Wheels GG Hallway Games S Orient Express Happy Hour M Happy Hour Theme Music	24 MM Activities on Wheels CC Chronicles G Room Visits MM Seasonal Sensory Break - NS
25 CC Chronicles I Bible Study & Devotionals - L CC Sunday Treats - B	26 CC Chronicles GG Hallway Bingo A Artisans-DR CC Hallway Exercise	27 CC Chronicles GG Hallway Activity GG Small Group Activity-B K Seasonal Sensory and Room Visits	28 CC Chronicles K In Room Competition Game GF Activities on Wheels Hallway Stretch	29 CC Chronicles GG Bingo in DR V Hallway Exercise MM Seasonal Sensory and Room Visits	30 CC Chronicles GF Activities on Wheels GG Hallway Games S Halloween Happy Hour M Happy Hour Theme Music	31 Halloween MM Activities on Wheels CC Chronicles G Room Visits MM Seasonal Sensory Break - NS

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25 CC Chronicles I Bible Study & Devotionals - L CC Sunday Treats - B	26 CC Chronicles GG Hallway Bingo A Artisans-DR CC Hallway Exercise	27 CC Chronicles GG Hallway Activity GG Small Group Activity-B K Seasonal Sensory and Room Visits	28 CC Chronicles K In Room Competition Game GF Activities on Wheels Hallway Stretch	29 CC Chronicles GG Bingo in DR V Hallway Exercise MM Seasonal Sensory and Room Visits	30 CC Chronicles GF Activities on Wheels GG Hallway Games S Halloween Happy Hour M Happy Hour Theme Music	31 Halloween MM Activities on Wheels CC Chronicles G Room Visits MM Seasonal Sensory Break - NS

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<p>A - Artisans CC - Creative Cooking GF - Gathering of Friends GG - Group Games K - Keeping it Sharp/Reminisce M - Music to My Ears V - Vitality</p>	<p>If you have not completed your loved ones Life Story, please fill that out and return it to Life Enrichment or Legacy staff at your earliest convenience.</p>	<p>October BFF Approach to Dementia care is the Resident Life Story. The key concepts of the life story are to...</p> <ul style="list-style-type: none"> -provide better care by knowing the residents past and present -personalize our approach to care based on resident's life story 	<p>Monthly Dementia Bill of Rights:</p> <p>"To be with individuals who know one's Life Story, including cultural and spiritual traditions"</p>	<p>1</p> <p>V 9:00 Bowling K 9:30 Let's Spell Fall CC 10:45 Pumpkin Pie Chocolate Chip Cookies 12:45 Relax & Recharge A 2:00 Autumn Sun Printing M 3:30 Groovin' Gospel GG 4:00 Lollipop Paddle 4:30 Healthy Hands</p>	<p>2</p> <p>V 9:00 Costume Parade K 9:30 Best Friends CC 10:45 Little Lemon Scones 12:45 Relax & Recharge A 2:00 Candy Corn Button Craft M 3:30 October Happy Hour GG 4:00 Orient Express Raceway 4:30 Healthy Hands GF 6:00 Old Time Theater</p>	<p>3</p> <p>V 9:00 Smile Yoga K 9:30 Inspired Tales CC 10:45 Mapledoodles 12:45 Relax & Recharge A 2:00 Wine Cork Pumpkins M 3:30 Let's Dance! GG 4:00 Life on the Farm 4:30 Healthy Hands GF 6:00 Lifeshare Games</p>
<p>4</p> <p>V 9:00 Pumpkin Pass K 9:30 Yard Sale CC 10:45 Swedish Cinnamon Buns 12:45 Relax & Recharge A 2:00 Have a Gentle Conversation M 3:30 Celebrity Sunday GG 4:00 Category Snap 4:30 Healthy Hands</p>	<p>5</p> <p>V 9:00 Don't Worry, Be Happy K 9:30 Memory Monday CC 10:45 Cracker Barrel Cinnamon Baked Apples 12:45 Relax & Recharge A 2:00 Tissue Paper Leaves M 3:30 Who Am I? GG 4:00 Horseshoes 4:30 Healthy Hands</p>	<p>6</p> <p>V 9:00 Basketball K 9:30 Make Me Laugh CC 10:45 Game Day Beer Cheese Dip 12:45 Relax & Recharge A 2:00 Paper Pumpkins M 3:30 Campfire Time GG 4:00 Roll the Dice & Break the Ice</p>	<p>7</p> <p>V 9:00 Chair Swimming K 9:30 Quick Words CC 10:45 Pumpkin Cheesecake Swirl Muffins 12:45 Relax & Recharge A 2:00 Tissue Paper Flowers M 3:30 Pass The Beat GG 4:00 Pair Up "Owls" 4:30 Healthy Hands</p>	<p>8</p> <p>V 9:00 Bowling K 9:30 Let's Spell Fall CC 10:45 Apple Cider Cake 12:45 Relax & Recharge A 2:00 Salt Dough Ornaments M 3:30 Groovin' Gospel GG 4:00 Lollipop Paddle 4:30 Healthy Hands GF 6:00 Reminiscing Through</p>	<p>9</p> <p>V 9:00 Costume Parade K 9:30 Best Friends CC 10:45 Baked Coconut Custard 12:45 Relax & Recharge A 2:00 Salt Dough Ornaments M 3:30 October Happy Hour GG 4:00 Orient Express Raceway 4:30 Healthy Hands GF 6:00 Old Time Theater</p>	<p>10</p> <p>V 9:00 Smile Yoga K 9:30 Inspired Tales CC 10:45 Pumpkin Pie Truffles 12:45 Relax & Recharge A 2:00 Stamped Pumpkin Placemat M 3:30 Let's Dance! GG 4:00 Life on the Farm 4:30 Healthy Hands</p>
<p>11</p> <p>V 9:00 Pumpkin Pass K 9:30 Yard Sale CC 10:45 Chocolate Banana Parfaits 12:45 Relax & Recharge A 2:00 Dried Orange Garland M 3:30 Celebrity Sunday GG 4:00 Category Snap 4:30 Healthy Hands</p>	<p>12 Columbus Day</p> <p>V 9:00 Don't Worry, Be Happy K 9:30 Memory Monday CC 10:45 Cinnamon Roll Sugar Cookies 12:45 Relax & Recharge A 2:00 Pumpkin Rocks M 3:30 Who Am I? GG 4:00 Horseshoes 4:30 Healthy Hands</p>	<p>13</p> <p>V 9:00 Basketball K 9:30 Make Me Laugh CC 10:45 BLT Dip 12:45 Relax & Recharge A 2:00 Cut & Paste Pumpkin Face M 3:30 Campfire Time GG 4:00 Roll the Dice & Break the Ice</p>	<p>14</p> <p>V 9:00 Chair Swimming K 9:30 Quick Words CC 10:45 Pumpkin Cobbler 12:45 Relax & Recharge A 2:00 Sunflower Centerpieces M 3:30 Pass The Beat GG 4:00 Pair Up "Owls" 4:30 Healthy Hands GF 6:00 Garden Scentscape</p>	<p>15</p> <p>V 9:00 Bowling K 9:30 Let's Spell Fall CC 10:45 Maple Oatmeal Cookies 12:45 Relax & Recharge A 2:00 Autumn Leaf Bowl M 3:30 Groovin' Gospel GG 4:00 Lollipop Paddle 4:30 Healthy Hands GF 6:00 Reminiscing Through</p>	<p>16</p> <p>V 9:00 Costume Parade K 9:30 Best Friends CC 10:45 Pecan Pie Balls 12:45 Relax & Recharge A 2:00 Autumn Leaf Bowl M 3:30 October Happy Hour GG 4:00 Orient Express Raceway 4:30 Healthy Hands GF 6:00 Old Time Theater</p>	<p>17</p> <p>V 9:00 Smile Yoga K 9:30 Inspired Tales CC 10:45 Grandma's Rice Pudding 12:45 Relax & Recharge A 2:00 Dunkin Pumpkins M 3:30 Let's Dance! GG 4:00 Life on the Farm 4:30 Healthy Hands GF 6:00 Lifeshare Games</p>
<p>18</p> <p>V 9:00 Pumpkin Pass K 9:30 Yard Sale CC 10:45 Apple Pecan Fall Salad 12:45 Relax & Recharge A 2:00 Brushless Painting M 3:30 Celebrity Sunday GG 4:00 Category Snap 4:30 Healthy Hands GF 6:00 Hangman</p>	<p>19</p> <p>V 9:00 Don't Worry, Be Happy K 9:30 Memory Monday CC 10:45 Parisian Apple Tart 12:45 Relax & Recharge A 2:00 Orient Express Storytelling M 3:30 Who Am I? GG 4:00 Horseshoes 4:30 Healthy Hands</p>	<p>20</p> <p>V 9:00 Basketball K 9:30 Make Me Laugh CC 10:45 Mrs. Hubbard's Berry Croissant Bake 12:45 Relax & Recharge A 2:00 Ticket to Ride M 3:30 Campfire Time GG 4:00 Roll the Dice & Break the Ice</p>	<p>21</p> <p>V 9:00 Chair Swimming K 9:30 Quick Words CC 10:45 Mediterranean Mystery Stew 12:45 Relax & Recharge A 2:00 Paint with Trains M 3:30 Pass The Beat GG 4:00 Pair Up "Owls" 4:30 Healthy Hands</p>	<p>22</p> <p>V 9:00 Bowling K 9:30 Let's Spell The Orient Express CC 10:45 Venetian Cornmeal Cookies 12:45 Relax & Recharge A 2:00 Train Cutout M 3:30 Groovin' Gospel GG 4:00 Lollipop Paddle</p>	<p>23</p> <p>V 9:00 Costume Parade K 9:30 Best Friends CC 10:45 Sparkling Fruit with Granola Streusel 12:45 Relax & Recharge A 2:00 Tie Wreath M 3:30 October Happy Hour GG 4:00 Orient Express Raceway 4:30 Healthy Hands GF 6:00 Lifeshare Games</p>	<p>24</p> <p>V 9:00 Smile Yoga K 9:30 Inspired Tales CC 10:45 Confetti Cornbread 12:45 Relax & Recharge A 2:00 Clay Hands M 3:30 Let's Dance! GG 4:00 Life on the Farm 4:30 Healthy Hands GF 6:00 Lifeshare Games</p>
<p>25</p> <p>V 9:00 Pumpkin Pass K 9:30 Yard Sale CC 10:45 Crumb Cake 12:45 Relax & Recharge A 2:00 Autumn Decor M 3:30 Celebrity Sunday GG 4:00 Category Snap 4:30 Healthy Hands GF 6:00 Hangman</p>	<p>26</p> <p>V 9:00 Don't Worry, Be Happy K 9:30 Memory Monday CC 10:45 Best Buttered Biscuits 12:45 Relax & Recharge A 2:00 Painting with Tissue Paper M 3:30 Who Am I? GG 4:00 Horseshoes 4:30 Healthy Hands GF 6:00 Aquapainting</p>	<p>27</p> <p>V 9:00 Basketball K 9:30 Make Me Laugh CC 10:45 Apple Spice Dump Cake 12:45 Relax & Recharge A 2:00 Cheesecloth Halloween Ghosts M 3:30 Campfire Time GG 4:00 Roll the Dice & Break the Ice</p>	<p>28</p> <p>V 9:00 Chair Swimming K 9:30 Quick Words CC 10:45 Creamy Corn Casserole 12:45 Relax & Recharge A 2:00 Tissue Paper Pumpkin Favors M 3:30 Pass The Beat GG 4:00 Pair Up "Owls" 4:30 Healthy Hands</p>	<p>29</p> <p>V 9:00 Bowling K 9:30 Let's Spell Fall CC 10:45 Pumpkin Roll 12:45 Relax & Recharge A 2:00 Halloween Candy Wrapper M 3:30 Groovin' Gospel GG 4:00 Lollipop Paddle 4:30 Healthy Hands</p>	<p>30</p> <p>V 9:00 Costume Parade K 9:30 Best Friends CC 10:45 Candy Corn Crunch 12:45 Relax & Recharge A 2:00 Halloween Pumpkin Vase M 3:30 October Happy Hour GG 4:00 Orient Express Raceway 4:30 Healthy Hands GF 6:00 Old Time Theater</p>	<p>31 Halloween</p> <p>V 9:00 Smile Yoga K 9:30 Inspired Tales CC 10:45 Halloween Whoopie Pies 12:45 Relax & Recharge A 2:00 Halloween Wall Art M 3:30 Let's Dance! GG 4:00 Life on the Farm 4:30 Healthy Hands GF 6:00 Lifeshare Games</p>