

# PARKER PLACE

Gracious Retirement Living

7960 Center Street • Mentor, Ohio 44060 • Phone (440) 255-0828 • [www.seniorlivinginstyle.com](http://www.seniorlivinginstyle.com)

## OCTOBER 2020

### PARKER PLACE STAFF

Managers.....SCOTT & PAMELA ARTMAN  
Assistant Manager ..... BRENT & APRIL HOLLEY  
Executive Chef ..... JOSH WELLMAN  
Sous Chef ..... AUSTIN WILCOXON  
Activity Coordinator .....ZOEY PERRY  
Maintenance .....MIKE MITCHELL  
Bus Driver ..... PAUL IANNINI  
Lead Housekeeper ..... REBA REICHERT

### TRANSPORTATION

**Monday, 9 a.m.-2 p.m.:** Errands

**Tuesday, 8:30 a.m.-3:30 p.m.:**  
Doctor Appointments

**Wednesday, TBD:** Outings

**Thursday, 8:30 a.m.-3:30 p.m.:**  
Doctor Appointments & Errands

**Sunday, 9:30 a.m.:** Church Service Route

HAWTHORN  
SENIOR LIVING

## All About Pumpkins

As you spend hours in the coming weeks carving pumpkins and preparing pumpkin pies, you may start to wonder: What exactly is a pumpkin? Is it a vegetable? But it has seeds, so is pumpkin a fruit? And is a pumpkin different than a gourd or a squash? Read below to get to the bottom of the pumpkin mystery!



### What Exactly Are Pumpkins?

Pumpkins, squash, and gourds are all part of the Cucurbitaceae family. This large plant family includes more than 900 species, including everything from orange pumpkins, to watermelons, to cucumbers. The genus Cucurbita (aka “squash”) falls under this family, so yes, your traditional orange pumpkin is also a winter squash. Ready for the surprise? In the United States, any round, orange squash may be called a pumpkin, but the term “pumpkin” actually has no botanical meaning. Similarly, “gourd” is the conventional term used for plants in the genera Cucurbita (“squash”) and Lagenaria, so a pumpkin is also technically a gourd.

### Why Pumpkins Are Fruit, Not Vegetables:

Pumpkins are squash and also gourds, but are they fruit? According to the Farmer’s Almanac, they are. And if we look at Merriam Webster’s definition of “fruit,” we can see why. A fruit is, “the usually edible reproductive body of a seed plant.” Pumpkins are edible, and if you’ve ever cut one open, you know it’s full of seeds, so the pumpkin is the fruit of the pumpkin vine.

### Pumpkin Nutrition:

As healthy as they are delicious, pumpkins truly live up to their autumnal popularity! Packed with fiber, vitamins and minerals, pumpkins are a perfect addition to any fall meal.



## Feeling Tropical

We had so much fun taking a break from reality for a day to fully immerse ourselves into a tropical mindset and escape to a day-long Luau with an ice cold Strawberry Daiquiri in hand!

People's health and well-being are improved if they are able to engage in activities that are meaningful and pleasurable, and that health is a balance of work, play and leisure. This is so important to keep in mind as we still push through this pandemic and all of life's daily challenges. That participating in days like this one – full of fun, laughs, and memories – are a necessity to keep a healthy, balanced lifestyle.



## This Day in History

**October 4, 1883:** The Orient Express passenger train set out on its first formal journey, delighting its passengers with the luxury equivalent to Europe's finest hotels. Paris and Istanbul were the original endpoints of the train's route.

**October 9, 1888:** The Washington Monument officially opened to the general public. At the time, the tower was the world's tallest structure. The steam elevator ride to the top took 10 minutes and was considered too dangerous for women and children. The ride now takes only about 70 seconds.

**October 12, 1933:** The San Francisco island of Alcatraz became a maximum security federal prison. Today, the island is a historic site operated by the National Park Service.

**October 17, 1888:** The first issue of National Geographic was published. The magazine contained no photos.

**October 20, 1973:** Queen Elizabeth II opened the Sydney Opera House. The iconic structure is one of the 20th century's most famous and distinctive buildings.



## Fun at the Fair

During the week of September 6th-11th, we dove right into our Parker Place County Fair. All week we had fun fair themed games, food, and even blue ribbon contests.

On Tuesday we had indoor carnival games. We played two different bean bag toss games, we had a ring toss, we had a “pick a lucky duck” pond, skee ball and face painting from our very own Megan Rose! Then we finished off the day with fresh popped popcorn AND Cotton Candy!

On Wednesday, to keep up with the fair theme, we visited a local horse barn where we learned all the amazing history of the century old barn. They put on a horse show for us, we got to meet Donkey their donkey, and take some fun, cute photos with all of the horses. We got to have a picnic lunch in their beautiful pastures and even took a scenic ride through their horse trails.

Thursday we took some time to relax and enjoy the sunshine with some fresh squeezed ice cold lemonade served up by Marco!

Our Blue Ribbon Contest Winners

- **Monday’s Art show winner:** This beautiful piece was entered by George Pelow and was drawn by his son.
- **Wednesday’s Quilt and Afghan show winner:** This beautiful quilt was made by Bob and Erma’s daughter.



*Our Art Show Blue Ribbon Winner*



*Pick a prize, any prize!*



*Popcorn and cotton candy goodness*



*Our Quilt Show Blue Ribbon Winner*



*Marco serving us the best lemonade*





## Mark Your Calendars

### **Bake Sale Prep Day**

When: Wednesday, October 7th

In preparation for our Grandma's Attic Sale and Bake Sale, we will spend the whole day baking and organizing. If you would like to help, please see Zoey.

### **Halloween Costume Party**

When: Thursday, October 29th

All you Guys, Gals and Ghouls get ready and mark your calendars for our annual Halloween Costume Party and Contest! More details to come once we are closer to the date.

## Did You Know?

- Owls cannot move their eyes, but they can rotate their heads up to 270 degrees. They cannot turn their heads all the way around.
- Virtually all the gold that has been mined throughout history is still in existence in the aboveground stock. That means that if you have a gold ring, some of the gold in that ring could have been mined by the Romans 2,000 years ago.
- The word taxi is spelled the same in English, Spanish, German, French, Swedish, and Portuguese.

## Grandma's Attic Sale

On Thursday, October 8th, we will have a one-day Grandma's Attic Sale AND Bake Sale here in our community. A Grandma's Attic Sale is very similar to a yard sale. This is the perfect opportunity to clean out/declutter your apartments and donate items you are wanting to get rid of to our Grandma's Attic Sale. We will be taking things like clothes, jewelry, furniture, knickknacks, kitchenware, memorabilia, etc. If you have items you would like to donate but are not sure if we will accept, please feel free to ask Zoey. You know what they say, "One man's trash is another man's treasure!" Bring all items you are wishing to donate down to the Activity Room to Zoey and she will properly store them until our Sale. All proceeds from our Grandma's Attic Sale will go to the Activity Fund!

## Remembering September 11, 2001

September 11, 2001 is a day worth remembering. Thousands of Americans died in a terrorist attack on our nation and it's a day to honor their lives. It's also a day to show that we will never forget the horrific events that occurred on 9/11. In honor of the 19th anniversary of this horrific day, we took a moment of silence, placed some American flags in the ground, released a couple balloons all while our local fire department and police stations came out and ran their lights for us and helped us honor all those who lost their lives that day.

### **"The Eleventh of September"**

*A poem written by Roger J. Robicheau*

We mourn their loss this day this year  
Those now with God, no anger near  
So many loved ones left do stand  
Confronting loss throughout our land  
My heart goes out to those who do  
No one can fathom what they view  
I firmly pray for peace of mind  
Dear God please help each one find  
And to our soldiers now at war  
Our Country's pride, complete, devout  
The finest force you'll ever see  
All freedom grown through liberty  
One final thought come clear to me  
For what must live in infamy  
Absolutely — We'll Remember  
The Eleventh — of September



## Guess Who?

Can you guess which of your fellow residents this is?

### I'll give you three hints:

1. He lives on the second floor.
2. He is a veteran.
3. He wears the best graphic tee-shirts.

Our Mystery Baby from last month was none other than Janice Lutsko!

If you would like to be featured as our mystery child of the month in future newsletters, please bring a baby or childhood picture of yourself to Zoey.



*Who am I?*

## 2020 Chili Cook-Off

On Thursday, September 10th, chefs from high and low pored their heart, sweat and tears into cooking up the best chili they could think of to enter it into our 2020 Chili Cook-Off!

### Enterees:

**Chili #1** — Scott and Pamela

**Chili #2** — Gerald Anderson

**Chili #3** — Little Megan

**Chili #4** — Reba

**Chili #5** — Home Instead

**Chili #6** — Dawn Perry  
(Zoey's Mom)

**Chili #7** — Taylor Made

**Chili #8** — Chef Josh

**Chili #9** — Chef Austin

**Chili #10** — Marco

With 10 very different, amazing chilis battling head to head for that big, beautiful blue ribbon, it was an intense, but very fun competition.

But only one could walk away with that winning title and Gerald did just that!

Thank you to all who participated, and to all who came out and voted!



*Winner winner, chili for dinner!*

## What's New in the Parker Place Library

New books to check out in our Library:

### Fiction

- "Sunset Beach" by Mary Kay Andrews
- "Terrified Typist" by Erie Stanley Gardner
- "Meant to Be Yours" by Susan Mallery
- "Summer on Honeysuckle Ridge" by Debbie Mason
- "The Cougar and Texas Mission" by Lindsay McKenna

### Non-Fiction

- "Becoming" by Michelle Obama

Thank you to all who have donated to our Library! Do you have any old books lying around and you are unsure what to do with them? Please consider donating them to the Parker Place Library! Feel free to just drop them off on the book return shelf in the Library on the 2nd floor.



7960 Center Street  
Mentor, Ohio 44060



# Fall in love...

## With Our Gracious Lifestyle

Our caring staff is here for you any time, day or night, and all utilities except phone are included in one reasonable monthly rent. We offer local, comfortable transportation for shopping, appointments and other scheduled activities. We also take care of the cooking, weekly housekeeping and maintenance, so you can spend more time with new friends and family.



**440-255-0828**