

The Rio Grande

Gracious Retirement Living

2331 Westside Boulevard S.E. • Rio Rancho, NM 87124 • Phone (505) 994-2800 • www.seniorlivinginstyle.com

OCTOBER 2020

THE RIO GRANDE STAFF

Managers.....DAVID & MINETTE HARPER
Assistant Managers RICHARD
& SANDRA BAUMAN
Executive Chef JAIME FLORIL-ESPINOZA
Community SalesKRISTIN BRUNSON
Activity Coordinator GINGER WALL
Maintenance Coordinator.....LEE LARRANAGA
Bus Driver PAMELA MANNING

OFFICE HOURS

Daily: 7:30 a.m.-7:30 p.m.

TRANSPORTATION

Monday, 10:30 a.m.-12:15 p.m.: Shopping

Tuesday & Thursday, 8 a.m.-4 p.m.:
Appointments

Wednesday, 9-11:15 a.m.: Shopping

Wednesday, 11:30 a.m.: Activity/Lunch Outings

Friday, 9-11:30 a.m.: Bank Runs

HAWTHORN
SENIOR LIVING

Celebrating Birthdays a Little Different These Days

Hugh celebrated his birthday August 12th with his family, but not like in years past. The family came over and had a Birthday Parade just for Hugh. His family all showed up in different cars for a car parade. They made several trips around the building and each trip was special.

The first time around the building it was just honking and waving in celebration of his special day. The next time around they delivered balloons and cards from each car.

The next time around he received his presents and the last trip around the cake. It was a wonderful and very creative way to celebrate such a special day for a special dad and grandad.



Hugh and Lou Ann enjoying the Birthday Parade



It's your B-Day, enjoy!



State Fair, Rio Grande Style

Since there will not be a New Mexico State Fair this year, we just had our own here at the Rio Grande.

No Tilt-o-Whirl or Ferris Wheel, but carnival games and fair food — you bet!

Try your hand at shooting and knocking down the safari animals. (No real animals were hurt during this game.) Win a prize for every animal knocked down. If shooting is not your thing, how about Prize Pong? Get those ping pong balls in the solo cups and win a prize; you might even win a stuffed animal. The college kids play this but it's called beer pong. We had the pong without the beer.

If you're not afraid of getting wet, we had a water balloon toss out on the back patio. I think everyone got a little wet and had a good time. And the best was saved for the last, Friday Happy Hour was the Fair Food extravaganza. The Kitchen outdid itself with fried pickles and kettle corn. The fried pickles were awesome. Some of the residents had never had fried pickles. They were a big hit.



Marlyn, just bounce it right in the solo cup.



OK Lou, you're up.



OK Clamity Joanne, knock down that zebra.



Come on, Dot. It's Beer Pong without the beer.



When the music stops, you stop.



We also had a cupcake walk. Some of the residents said they had never been to a cake walk but they all remembered musical chairs. So, I started the music and when the music stopped, they got on the numbers that were taped to the floor. We had someone draw a number and whoever was on that number, won a cupcake. We even had a couple of the young servers come in and play with us. They were more there for the music but they both did win a cupcake. Lots of fun and we slipped a little exercise in, and they didn't even notice.



Show them how it's done, Helen.



You've got it Bev, two already. Good job!



Danny, these ladies are showing you up.

The gift bags for the carnival games were silly things — sheriff's badges, bouncy balls and then filled up with chocolate. Everyone that showed up got a prize bag. We took our fair outside to the back patio for a water balloon toss — get three balloons in the tin and win a prize. We had a lot of participants but more spectators than participants. I think they figured out that people were getting more water on them than they were getting into the bucket. But, the weather could not have been nicer for a good ole water balloon fight. We were almost dry by the time it was over. What's a balloon toss without a little water between friends? Oops ... I didn't mean for that to get you wet. Ha-ha! A great fair at The Rio ...

Celebrating 65 Years of Marriage

Allan and Dianne Hinds celebrated 65 years of marriage in August.

Now, that is something worth celebrating. The Management bought a huge sheet cake and the kitchen cut and served it up so everyone got a piece of anniversary cake for dessert at dinner to help them celebrate. Since our dining room is closed, we don't get a chance to celebrate with them in person.

They were married in Raton, New Mexico in August, 1955. They have four grown sons along with grand and great-grandchildren.

Congratulations to both of you and let's do this again next year.



65 years of marriage — congratulations Allan and Dianne Hinds!

OCT 2020

Birthdays

Liz Thomas, 6th
Bridie Buckholz, 11th
Ruth Dalport, 13th
Dick Llukes, 13th
Audrey Jones, 15th
Ernie Buckholz, 19th
Daryle Lessard, 19th
Erv Zuehls, 21st
Katherine Kronwall, 25th
Debra Gabaldon, 27th
Joanne Thornton, 28th

Locations

Activity Room, AR
Atrium, AT
Backyard Patio, BP
Billiards, BL
Bistro, BI
Bus, Bus
Chapel, CH
Computer Room, CR
Dining Room, DR
Fitness Center, FC
Front Lobby, Lobby
Front Yard, FY
Gym, Gym
Hair By EM-Beauty
Salon Call For Appointment 505 401-5015, B Salon
Library, LB
Movie Theater, MT
TV Room, TV

“Autumn’s the mellow time.”
—William Allingham

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div></div> <div><div>4</div><div>9:30 Mass, MT 10:00 Mass, MT 10:30 Mass, MT 11:00 Interdenominational Worship Service, MT 2:00 Sequence, BI 3:00 Wii Bowling, AR 3:00 Movie Matinee, MT</div></div>	<div><div>5</div><div>9:30 Exercise with Ginger: Chicken Fat, AR 9:30 Rosary, MT 10:00 Walmart, Bus 10:00 Exercise with Ginger: Chicken Fat, AR 10:00 Rosary, MT 10:00 Wal Mart, Bus 11:00 Adult Coloring, BI 2:00 Uno and Sequence Card Games, BI 2:00 Conversational Spanish Group, TV 3:00 Bean Bag Baseball, AR 3:00 Movie Matinee, MT 6:45 Movie, MT 7:00 Rummikub, BL</div></div>	<div><div>6</div><div>9:30 Exercise with Ginger: Weights, AR 9:30 Rosary, MT 10:00 Rio Mart, BI 10:00 Exercise with Ginger: Weights, AR 10:00 Rosary, MT 10:45 Prize Bingo, DR 1:30 Family Feud, BI 2:00 Uno, BI 3:00 Horse Racing, AR 3:00 Movie Matinee, MT 6:45 Movie, MT 7:00 Rummikub, BL</div><div></div></div>	<div><div>7</div><div>9:30 Exercise: Strength and Balance, AR 9:30 Rosary, MT 10:00 Exercise: Strength and Balance, AR 10:00 Rosary, MT 10:00 Dollar Store, Bus 10:30 Coffee and Chat Group, BI 11:00 Yahtzee, BI 2:00 UNO, AR 3:00 Movie Matinee, MT 3:30 Blackjack with Ignacio, AR 6:45 Movie, MT 7:00 Rummikub, BL</div></div>	<div><div>8</div><div>9:30 Exercise with Ginger: Resistant Ball, AR 9:30 Rosary, MT 10:00 Rio Mart, BI 10:00 Exercise with Ginger: Resistant Ball, AR 10:00 Rosary, MT 10:30 Word Search, AR 11:00 Sequence Card Game 1:30 Wii Bowling, AR 2:00 Uno, BI 3:00 Rio Grande Grief Support Group, TV 3:00 Movie Matinee, MT 3:30 Nickels, AR 6:45 Movie, MT 7:00 Rummikub, BL</div></div>	<div><div>9</div><div>9:30 Exercise: Tubes and Bands, AR 9:30 Rosary, MT 10:00 Rosary, CH 10:00 Exercise: Tubes and Bands, AR 10:00 Rosary, MT 10:00 Wal Mart, Bus 10:45 Money Bingo, DR 2:00 Sequence, BI 2:00 Uno 3:00 Movie Matinee, MT 3:30 Happy Hour!, AR 6:45 Friday Night Flick, MT 7:00 Rummikub, BL</div></div>	<div><div>10</div><div>9:30 Rosary, MT 10:00 Rosary, MT 2:00 Uno, BI 3:00 Rummikub, TV 3:00 Movie Matinee, MT 6:45 Evening Movie, MT</div></div>
<div><div>11</div><div>9:30 Mass, MT 10:00 Mass, MT 10:30 Mass, MT 11:00 Interdenominational Worship Service, MT 2:00 Sequence, BI 3:00 Wii Bowling, AR 3:00 Movie Matinee, MT</div><div></div></div>	<div><div>COLUMBUS DAY</div><div>12</div><div>9:30 Exercise with Ginger: Chicken Fat, AR 9:30 Rosary, MT 10:00 Wal Mart, Bus 10:00 Rosary, MT 10:00 Exercise with Ginger: Chicken Fat, AR 10:00 Walmart, Bus 2:00 Uno and Sequence Card Games, BI 3:00 Bean Bag Baseball, AR 3:00 Movie Matinee, MT 6:45 Movie, MT 7:00 Rummikub, BL</div></div>	<div><div>13</div><div>9:30 Exercise with Ginger: Weights, AR 9:30 Rosary, MT 10:00 Rio Mart, BI 10:00 Exercise with Ginger: Weights, AR 10:00 Rosary, MT 10:45 Prize Bingo, DR 1:30 Word Search 2:00 Sequence, BI 3:00 Horse Racing, AR 3:00 Movie Matinee, MT 6:45 Movie, MT 7:00 Rummikub, BL</div><div></div></div>	<div><div>14</div><div>9:30 Exercise: Strength and Balance, AR 9:30 Rosary, MT 10:00 Exercise: Strength and Balance, AR 10:00 Rosary, MT 10:00 Dollar Store, Bus 10:30 Coffee and Chat Group, BI 11:00 Yahtzee, BI 2:00 UNO, AR 3:00 Movie Matinee, MT 3:30 Blackjack with Ignacio, AR 6:45 Movie, MT 7:00 Rummikub, BL</div></div>	<div><div>15</div><div>9:30 Exercise with Ginger: Resistant Ball, AR 9:30 Rosary, MT 10:00 Rio Mart, BI 10:00 Exercise with Ginger: Resistant Ball, AR 10:00 Rosary, MT 10:30 Word Search, AR 11:00 Sequence Card Game 1:30 Wii Bowling, AR 2:00 Uno, BI 3:00 Movie Matinee, MT 3:30 Nickels, AR 6:45 Movie, MT 7:00 Rummikub, BL</div><div></div></div>	<div><div>16</div><div>9:30 Exercise: Tubes and Bands, AR 9:30 Rosary, MT 10:00 Rosary, CH 10:00 Exercise: Tubes and Bands, AR 10:00 Rosary, MT 10:00 Wal Mart, Bus 10:45 Money Bingo, DR 2:00 Sequence, BI 2:00 Uno 3:00 Movie Matinee, MT 3:30 Happy Hour!, AR 6:45 Friday Night Flick, MT 7:00 Rummikub, BL</div></div>	<div><div>17</div><div>9:30 Rosary, MT 10:00 Rosary, MT 2:00 Uno, BI 3:00 Rummikub, TV 3:00 Movie Matinee, MT 6:45 Evening Movie, MT</div></div>
<div><div>18</div><div>9:30 Mass, MT 10:00 Mass, MT 10:30 Mass, MT 11:00 Interdenominational Worship Service, MT 2:00 Sequence, BI 3:00 Wii Bowling, AR 3:00 Movie Matinee, MT</div></div>	<div><div>19</div><div>9:30 Exercise with Ginger: Chicken Fat, AR 9:30 Rosary, MT 10:00 Walmart, Bus 10:00 Exercise with Ginger: Chicken Fat, AR 10:00 Rosary, MT 10:00 Wal Mart, Bus 11:00 Adult Coloring, BI 2:00 Uno and Sequence Card Games, BI 3:00 Bean Bag Baseball, AR 3:00 Movie Matinee, MT 6:45 Movie, MT 7:00 Rummikub, BL</div><div></div></div>	<div><div>20</div><div>9:30 Exercise with Ginger: Weights, AR 9:30 Rosary, MT 10:00 Rio Mart, BI 10:00 Exercise with Ginger: Weights, AR 10:00 Rosary, MT 10:45 Prize Bingo, DR 1:30 Family Feud, BI 2:00 Uno, BI 2:00 Monster Mash Day Floats, BI 3:00 Horse Racing, AR 3:00 Movie Matinee, MT 6:45 Movie, MT 7:00 Rummikub, BL</div></div>	<div><div>21</div><div>9:30 Exercise: Strength and Balance, AR 9:30 Rosary, MT 10:00 Exercise: Strength and Balance, AR 10:00 Rosary, MT 10:00 Dollar Store, Bus 10:30 Coffee and Chat Group, BI 11:00 Yahtzee, BI 2:00 UNO, AR 3:00 Book Club Meeting, DR 3:00 Movie Matinee, MT 3:30 Blackjack with Ignacio, AR 6:45 Movie, MT 7:00 Rummikub, BL</div><div></div></div>	<div><div>22</div><div>9:30 Exercise with Ginger: Resistant Ball, AR 9:30 Rosary, MT 10:00 Rio Mart, BI 10:00 Exercise with Ginger: Resistant Ball, AR 10:00 Rosary, MT 10:30 Word Search, AR 11:00 Sequence Card Game 1:30 Wii Bowling, AR 2:00 Uno, BI 3:00 Rio Grande Grief Support Group, TV 3:00 Movie Matinee, MT 3:30 Nickels, AR 6:45 Movie, MT 7:00 Rummikub, BL</div></div>	<div><div>23</div><div>9:30 Exercise: Tubes and Bands, AR 9:30 Rosary, MT 10:00 Rosary, CH 10:00 Exercise: Tubes and Bands, AR 10:00 Rosary, MT 10:00 Wal Mart, Bus 10:45 Money Bingo, DR 2:00 Sequence, BI 2:00 Uno 3:00 Movie Matinee, MT 3:30 Happy Hour!, AR 6:45 Friday Night Flick, MT 7:00 Rummikub, BL</div></div>	<div><div>24</div><div>9:30 Rosary, MT 10:00 Rosary, MT 2:00 Uno, BI 3:00 Rummikub, TV 3:00 Movie Matinee, MT 6:45 Evening Movie, MT</div></div>
<div><div>25</div><div>9:30 Mass, MT 10:00 Mass, MT 10:30 Mass, MT 11:00 Interdenominational Worship Service, MT 2:00 Sequence, BI 3:00 Matinée, MT 3:00 Wii Bowling, AR</div><div></div></div>	<div><div>26</div><div>9:30 Exercise with Ginger: Chicken Fat, AR 9:30 Rosary, MT 10:00 Walmart, Bus 10:00 Exercise with Ginger: Chicken Fat, AR 10:00 Rosary, MT 10:00 Wal Mart, Bus 2:00 National Pumpkin Day: G/ma Kitchen, BI 2:00 Uno and Sequence Card Games, BI 3:00 Bean Bag Baseball, AR 3:00 Movie Matinee, MT 6:45 Movie, MT 7:00 Rummikub, BL</div></div>	<div><div>27</div><div>9:30 Exercise with Ginger: Weights, AR 9:30 Rosary, MT 10:00 Rio Mart, BI 10:00 Exercise with Ginger: Weights, AR 10:00 Rosary, MT 10:45 Prize Bingo, DR 1:30 Word Search 2:00 Sequence, BI 3:00 Horse Racing, AR 3:00 Movie Matinee, MT 6:45 Movie, MT 7:00 Rummikub, BL</div><div></div></div>	<div><div>28</div><div>9:30 Exercise: Strength and Balance, AR 9:30 Rosary, MT 10:00 Exercise: Strength and Balance, AR 10:00 Rosary, MT 10:00 Dollar Store, Bus 10:30 Coffee and Chat Group, BI 11:00 Yahtzee, BI 2:00 UNO, AR 3:00 Movie Matinee, MT 3:30 Blackjack with Ignacio, AR 6:45 Movie, MT 7:00 Rummikub, BL</div><div></div></div>	<div><div>29</div><div>9:30 Exercise with Ginger: Resistant Ball, AR 9:30 Rosary, MT 10:00 Rio Mart, BI 10:00 Exercise with Ginger: Resistant Ball, AR 10:00 Rosary, MT 10:30 Word Search, AR 11:00 Sequence Card Game 1:30 Wii Bowling, AR 2:00 Uno, BI 2:00 Pet Parade, AT 3:00 Movie Matinee, MT 3:30 Nickels, AR 6:45 Movie, MT 7:00 Rummikub, BL</div></div>	<div><div>30</div><div>9:30 Exercise: Tubes and Bands, AR 9:30 Rosary, MT 10:00 Exercise: Tubes and Bands, AR 10:00 Rosary, MT 10:00 Wal Mart, Bus 10:45 Money Bingo, DR 11:30 Casino Outing, Bus 12:45 Scary Eats and Treats, DR 2:00 Sequence, BI 2:00 Uno 3:00 Movie Matinee, MT 3:30 Happy Hour!, AR 6:45 Friday Night Flick, MT 7:00 Rummikub, BL</div></div>	<div><div>HALLOWEEN</div><div>31</div><div>9:30 Rosary, MT 10:00 Rosary, MT 2:00 Uno, BI 3:00 Rummikub, TV 3:00 Movie Matinee, MT 6:45 Evening Movie, MT</div></div>



Look Alike Day

It was Hello Kitty look alike day. So, we got those Hello Kitty shoes out of the closet. Well, if we had them, we wore them. So, Debbie and I were the only Hello Kitty fans. We showed off our shoes. I'm pretty sure everyone will be running out to get themselves a pair of Hello Kitty shoes. Everyone wants to be cool like us, huh Debbie?

That was fun. We will try Superhero Shoes next. Do you have any Spiderman shoes?



Learn Something New Every Day!

Our own Erv Zuehls did a presentation on "The Manhattan Project."

Erv was a volunteer at the Museum of Nuclear Science and Industry for 16 years. Of course, since the museum is closed because of the pandemic, we are not able to take a group on our usual outings. So, Erv brought the museum to us. This film is one of the documentaries that is shown at the museum. Erv was there to answer any questions and was full of all kinds of information. One reason it was important to some of the residents is because the first atomic bomb was tested on July 16, 1945, at the USAAF bombing and gunnery range in Alamogordo, New Mexico, known as the Trinity Site. Trinity was the code name of the first nuclear device detonation, as part of the Manhattan Project, The Movie Theater was full for both showings. Erv came all decked out in his museum vest, with all kinds of patches. The residents enjoyed the documentary and all the information. He had all the answers.

Thanks so much, Erv. Can't wait to see what will be coming up next month.



*Erv in his museum outfit
... thanks, Erv!*

We Love Pumpkins: Happy Fall Y'all

This month we are looking forward to National Pumpkin Day. We will be celebrating with Pumpkin Lattes on October 26th. Also we will be having our Pet Parade on October 29th. Get all of those pets all dressed up for our Halloween Pet Parade. Monster Mash is another special day we will be celebrating on October 20th. Check your calendar for the times.



Lots of Birthdays Celebrated at The Rio in August

We had an unusually large amount of birthdays in August, and we tried to celebrate all of them in a special way. The usual Banana Split was delivered by staff and of course, singing (if you call it that).

Here are a few of our birthday people celebrating their special day.

Sherry Benson celebrated with her neighbors Lou and Tess with lunch at Sherry's place, and Lou celebrated her birthday earlier in the month going out to eat with her family.

Hugh Roberts celebrated with his family's Birthday Parade.

Maggie McWhorter enjoyed her special day out on the back patio with her family.

Penny Small celebrated her special day with flowers from her sisters. Happy Birthday, all August birthday people.



Happy Birthday, Lou!



Beautiful flowers for your special day, Penny



Sherry and her neighbors celebrate.



Happy Birthday, Maggie.



Enjoy your special day, Hugh.



2331 Westside Boulevard S.E.
Rio Rancho, NM 87124



Our caring staff is here for you any time, day or night, and all utilities except phone are included in one reasonable monthly rent. We offer local, comfortable transportation for shopping, appointments and other scheduled activities. We also take care of the cooking, weekly housekeeping and maintenance, so you can spend more time with new friends and family.

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