

OCTOBER 2020

ASHWOOD MEADOWS STAFF

TRANSPORTATION

Monday, 9:30 a.m. and 2 p.m.: Shopping In The Johns Creek/Suwanee Area Tuesday, 8:30 a.m.-3 p.m.: Appointments Wednesday, TBD: Outing Day Thursday, 8:30 a.m.-3 p.m.: Appointments Friday, 9:30 a.m.: Shopping In The Johns Creek/Suwanee Area



Ashwood Appreciation for Our Local Responders

"Being told that you are appreciated is one of the simplest and most uplifting things you can hear."

It was such a beautiful way to show how very thankful we are for our local responders. Thanks again to everyone who put their hard work into cutting, gluing and making the lovely wreaths/cards. Also thank you to everyone who took time out to join us in our presentation to our Johns Creek Police and local fire department! Great job!



Residents came out to show their appreciation.



Residents came out to show their appreciation.

(Photos continued inside.)

Ashwood Appreciation for Our Local Responders (Continued)



Residents came out to show their appreciation.



Residents came out to show their appreciation.



Our presentation to the fire department



Our presentation to the Police Department



Thank you cards signed by the residents



Close-up details of wreath



Wreath created for Johns Creek Police Department



Close-up details of wreath



Wreath created for Johns Creek Fire Department

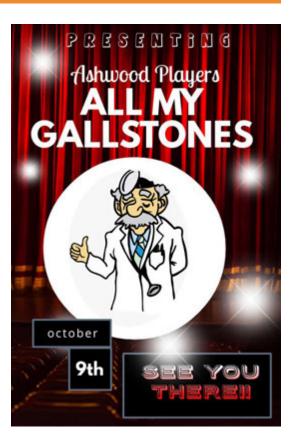




Ghouly and Ghostly Ashwood residents BEWARE! You've been warned! Join us for a day full of scary fun on Halloween! More details to come soon!

NEW AT ASHWOOD: Ashwood Players "Lights, Camera, Arthritis"

We have so much talent at Ashwood! We'd love to have your support of our first short skit performed by Dr. (Steve S.), Nurse (Arlene K.) and Patient (JoAnn H.). Our costume, stage setup and music will be handled by Barbara R., Nancy P. and Ann C. Come on out for a laugh! If interested in joining our club, please drop by the Activity Room and see Sheila B. Writers are encouraged to join!





FESTIVITIES BEGIN AT 2:00PM
It's that time of year again

When the leaves are starting to fall Join us for our Ashwood OctoberFest Party

We're sure you'll have a ball!



Great writing Ashwood writers! Check out the talent we have! New "Finish The Story" is now located in the Activity Room!

Our paragraph to finish for last month was the following:

"Underneath My Bed"

I begin tucking him into bed and he tells me, "Daddy check for monsters under my bed." I look underneath for

his amusement and see him, another him, under the bed staring back at me quivering and whispering, "Daddy there's something on my bed ...

Barbara R. FINISH THE STORY: Now Daddy begins to wonder is that my son on top of the bed or the one under the bed? One of them must be a monster. How can I find out which one it is? I will crawl under the bed and take a picture of him then go to the top of the bed and take a picture of him. The one who shows up in the picture will be my son. The one who doesn't has to be the monster!

Anne C. FINISH THE STORY: No there isn't a monster under your bed silly! It is only your teddy bear hiding underneath your blanket!

OCT 2020

Birthdays

Ray Leathers, 4th
Carol Aitken, 6th
Gertrude Kirner, 12th
Navy, 13th
Marshall Tobias, 14th
Elke Dellinger, 15th
Jennifer Neal, 17th
Lois Stark, 17th
Sylvia Gilmore, 17th
Rita Jonas, 20th
Nadia Cook, 20th
(Employee)
Valerie Woomer, 21st

Locations

Activity Room, AR
Backyard Patio, BP
Billiards, BL
Chapel, CH
Computer Room, CR
Dining Room, DR
Dining Room Bump
Out, DRBO
Gym 3rd Floor, GYM
Library, LIB
Main Lobby, ML
Meadows Corner
Cafe, MCC
Movie Theater, MT
Patio 4th Floor, PT
Private Dining Room, TR

Beauty Shop

Dominque Franklin
Wednesdays & Thursday
10 a.m.-3 p.m.
Appointments Preferred
Walk-Ins Welcome (Sign
Un In Activity Room)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				9:00 Stretch Bands & Come-On Cardio, AR 11:00 Trivia, DRBO 2:00 Meadows Market 3:00 Funny Money Bingo, DRBO 4:00 Rummikub, DRBO 4:10 Interdenominational Prayer Group, LIB 7:00 Movie Time, MT 7:00 Bridge, BL	9:30 Let's Get Movin' & Ballin', AR 11:15 Communion, CH 2:00 Bible Study, CH 4:00 Happy Hour Sponsor: Golden Home Services, AR 7:00 Movie Time, MT	11:00 Wii Bowling, AR 2:00 Funny Money Bingo, DRBO 2:00 Mahjong, TR 4:00 Rummikub, DRBO 7:00 Movie Time, MT
11:15 St. Benedict's Catholic Service and Eucharist, CH 2:00 Worship Service, AR 3:00 Rummikub, DRBO 7:00 Movie Time, MT	9:00 Weights & Cardio, AR 11:00 Chit Chat with Sheila B., LIB 2:00 Funny Money Bingo, DRBO 7:00 Billiards, BL 7:00 Movie Time, MT	11:00 Name That Tune, AR 2:00 Resident & Management Meeting, MT 2:00 Balloon Volleyball, AR 2:00 Bridge, BL 3:00 Meadows Market (3rd Floor) 3:00 Rummikub, DRBO 7:00 Movie Time, MT	10:30 Mahjong, TR 2:30 St. Benedict's Catholic Rosary, CH 3:30 Bean Bag Baseball, AR 7:00 Movie Time, MT	9:00 Stretch Bands & Come-On Cardio, AR 11:00 Trivia, DRBO 2:00 Meadows Market 3:00 Funny Money Bingo, DRBO 4:00 Rummikub, DRBO 4:10 Interdenominational Prayer Group, LIB 7:00 Movie Time, MT 7:00 Bridge, BL	9:30 Let's Get Movin' & Ballin', AR 11:15 Communion, CH 2:00 Bible Study, CH 4:00 Happy Hour Sponsor: Memory Care Atlanta, AR 7:00 Movie Time, MT	11:00 Wii Bowling, AR 2:00 Funny Money Bingo, DRBO 2:00 Mahjong, TR 4:00 Rummikub, DRBO 7:00 Movie Time, MT
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Luminarie Craft

It's become a big hit at Ashwood making luminaries. We decided to try adding pictures this time and they turned out AMAZING! Great job, everyone! Join us in the Activity Room every Friday for craft time!



Ms. Mary Ann K.'s beautiful creation with her loved ones



Ms. Ann C.'s beautiful creation with her loved one



Ms. Barbara R.'s beautiful creation with her loved one



Ms. Ruth S.'s beautiful creation with flowers



Ms. Marjorie S.'s beautiful creation with her loved one



Ms. Jennifer N.'s beautiful creation with flowers



Ms. Lorraine S.'s beautiful creation with flowers

Chit Chat Corner With Sheila B. "Breathe"

Life has a way of making you feel as high as the clouds and even sometimes as low as an ant's toenail. That's pretty darn low, huh? I've had to retrain



"Look for something positive in each day even if some days you have to look a little harder."

my mind during this challenging time that has turned all of our lives upside down. I too. have sometimes felt a bit sad but I have to remind myself that all things that happen; happen for a reason and a purpose. Maybe not a reason that any of us will and can explain, but I do believe that God makes no mistakes with anything. While there are so many negative, bad, terrible things that have transpired during this time of Covid-19. I have decided to look at what has been good, great, and life changing for us. Parents have had more quality time with their children. Rest has been given to those who never came up for air because life was so busy. People are walking, exercising, appreciating the simple things, cooking at home, and checking on their family that perhaps they haven't spoken to or seen in a while. They are cleaning more, valuing those who mean the most to them; especially when they get sick and you can only talk to them. We are learning new things — people are tapping into their purpose, creativity, watching the sunrise, the sunset, people are breathing ... so even though these are really unsure, cloudy days, we have to stay positive and continue to lift each other to be positive. Today, every day try starting, continuing and ending your day with a bright, sunny spirit. You truly never know who may get warmth from your energy.

We need joy as we need air. We need love as we need water. We need each other as we need the earth we share." — Maya Angelou





We are so happy to see our family growing. Welcome home to all of our new neighbors! Ashwood family, please be sure that you make them feel right where they are supposed to be...home! Welcome again!

- Mr. and Mrs. Richard and Frances S.
- Mr. Carl C. and Lucy
- Ms. Brenda A.
- Ms. Bunny T.
- Martha G.
- Rodney S.

And the WINNERS are

Our Annual Auction at Ashwood was a bit different this year due to Covid-19, but we did it and had a blast doing it! We had over 90 items for residents to bid on and there were some top funny money dollars being spent! Thank you to everyone who donated items! Congrats to all who won! See you again in

March 2021.



Ms. Marion A. taking a look over the items before she places her bid



Ms. Barbara R., Ms. Ann C. and Ms. Nancy P. dropping their bids in the bid box



Ms. Barbara W. casting her bid on her favorite item



Ms. Mary Ann K., and Ms. Melba M. checking out which item they want to bid on



Some of the silent auction items



Ms. Arlene K., Mr. Len P., Ms. Barbara R. & Ms. Elke D. taking a look at what to bid on



Ms. Lucy N. and Ms. Elke D. looking over the items



11190 Medlock Bridge Rd. Johns Creek, GA 30097



