

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



October 2020

4th Floor — Judy Johnson 952-960-5565

				10:30 Morning Stretch 11:30 Lunch 2 nd Floor DR 1:00 Scenic Drive (Reservations Required) 4:00 Mass - Chapel 4:30 Round Table Dinner Hour (Reservations Required) 6:00 Mass CH 243	1 10:30 Fitness Fun 11:10 Bible Study-Chapel 11:30 Lunch 2 nd Floor DR 2:30 Music by Mark Stillman 3rd Floor 3:45 Fall Penciling Art 6:00 Mass CH 243 Sukkot Begins	2 11:00 Mass CH 243 11:30 Lunch DR 2 nd Floor 2:15 Afternoon Stretch 2:45 Snack Social 6:00 Mass CH 243
4 7:00 Mass CH 243 11:30 Lunch 2 nd Floor DR 3:00 Tour of Holland with Carl 6:00 Mass CH 243	5 10:30 Morning Warm Up 11:30 Lunch 2 nd Floor DR 1:30 Adoration -Chapel 3:00 Golden Arches Day 3:30 \$ Bingo 6:00 Mass CH 243	6 10:30 Let's Get Physical 11:10 Hymns – Chapel 11:30 Lunch 2 nd Floor DR 1:30 Food Review with Kim 2:15 (12) Best Foods for Brain Health 6:00 Mass CH 243	7 10:30 Midweek Stretch 11:10 Rosary – Chapel 11:30 Lunch 2 nd Floor DR 3:00 October IQ Trivia 3:30 Prize Bingo 6:00 Mass CH 243	8 10:30 Morning Stretch 11:30 Lunch 2 nd Floor DR 1:00 Scenic Drive (Reservations Required) 4:00 Mass - Chapel 6:00 Mass CH 243	9 World Egg Day 10:30 Fitness Fun 11:10 Bible Study-Chapel 11:30 Lunch 2 nd Floor DR 3:00 Deviled Egg Social 3:30 Egg Riddles 6:00 Mass CH 243	10 11:00 Mass CH 243 11:30 Lunch 2 nd Floor DR 2:15 Double 10 th Day 2:45 Snack Social 6:00 Mass CH 243 Simchat Torah Begins
11 7:00 Mass CH 243 11:30 Lunch 2 nd Floor DR 3:00 Crosswords and Snack Bites 6:00 Mass CH 243	12 10:30 Morning Warm Up 11:30 Lunch 2 nd Floor DR 1:30 Adoration -Chapel 3:00 Thanksgiving Day in Canada 3:30 \$ Bingo 6:00 Mass CH 243 Columbus Day (US) Thanksgiving Day (Canada)	13 10:30 Let's Get Physical 11:10 Hymns – Chapel 11:30 Lunch 2 nd Floor DR 3:00 Manicures 3:30 Birthday of the White House- Facts & Trivia 6:00 Mass CH 243	14 10:30 Midweek Stretch 11:10 Rosary – Chapel 11:30 Lunch 2 nd Floor DR 3:00 Day or Night Quiz 3:30 Prize Bingo 6:00 Mass CH 243	15 10:30 Morning Stretch 11:30 Lunch 2 nd Floor DR 2:00 Movie Matinee 4:00 Mass – Chapel 4:30 Round Table Dinner Hour (Reservations Required) 6:00 Mass CH 243	16 10:30 Fitness Fun 11:10 Bible Study-Chapel 11:30 Lunch 2 nd Floor Dr 3:00 Polish Proverb Secret Quote and Borscht 3:45 Seven Things I learned from Andy Griffith 6:00 Mass CH 243	17 Sweetest Day 11:00 Mass CH 243 11:30 Lunch 2 nd Floor DR 2:15 "Sweet" Puzzler 2:45 Snack Social 6:00 Mass CH 243
18 7:00 Mass CH 243 11:30 Lunch 2 nd Floor DR 3:00 Crosswords and Snack Bites 6:00 Mass CH 243	19 10:30 Morning Warm Up 11:30 Lunch 2 nd Floor Dr 1:30 Adoration –Chapel 3:00 "A Doughnut Day!" 3:30 \$ Bingo 6:00 Mass CH 243	20 10:30 Let's Get Physical 11:10 Hymns – Chapel 11:30 Lunch 2 nd Floor DR 3:00 Manicures 3:30 Uncommon Phobia's and Puzzlers 6:00 Mass CH 243	21 10:30 Midweek Stretch 11:10 Rosary – Chapel 11:30 Lunch 2 nd Floor DR 3:00 Jackie O Day 3:30 Halloween Jingo 6:00 Mass CH 243	22 10:30 Morning Stretch 11:30 Lunch 2 nd Floor DR 1:00 Scenic Drive (Reservations Required) 4:00 Mass - Chapel 6:00 Mass CH 243	23 10:30 Fitness Fun 11:10 Bible Study-Chapel 11:30 Lunch 2 nd Floor DR 3:00 Chocolate Chip Pumpkin Bars 3:30 Health Benefits of Pumpkins 6:00 Mass CH 243	24 11:00 Mass CH 243 11:30 Lunch 2 nd Floor DR 2:15 Annie Taylor and Niagara Falls in a Barrel Day! 2:45 Snack Social 6:00 Mass CH 243
25 7:00 Mass CH 243 11:30 Lunch 2 nd Floor Dr 3:00 Crosswords and Snack Bites 6:00 Mass CH 243	26 10:30 Morning Warm Up 11:30 Lunch 2 nd Floor Dr 1:30 Adoration - Chapel 3:00 History of Classic Monster Movies 3:30 \$ Spooky Bingo 6:00 Mass CH 243	27 10:30 Let's get Physical 11:10 Hymns – Chapel 11:30 Lunch 2 nd Floor Dr 3:00 "Haunted Houses" and Pumpkin Chili Sampler 3:45 Manicures 6:00 Mass CH 243	28 10:30 Midweek Stretch 11:10 Rosary – Chapel 11:30 Lunch 2 nd Floor Dr 3:00 Statue of Liberty's Day Anniversary 3:30 Corny Bingo 6:00 Mass CH 243	29 National Cat Day 10:30 Morning Stretch 11:00 Fun Cat Facts 11:30 Lunch 2 nd Floor Dr 2:00 Movie Matinee 4:00 Mass – Chapel 4:30 Round Table Dinner Hour (Reservations Required) 6:00 Mass CH 243	30 Candy Corn Day 10:30 Fitness Fun 11:10 Bible Study-Chapel 11:30 Lunch 2 nd Floor Dr 3:00 Halloween Party Music by Collen Hiebler 3:45 Corny Jokes 6:00 Mass CH 243	31 Halloween 11:00 Mass CH 243 11:30 Lunch 2 nd Floor Dr 2:15 History of Carmel Apple Day 2:45 Apple Crisp Delight 6:00 Mass CH 243 Halloween

*****All Activity Groups will be held in the lobby on the fourth floor unless otherwise indicated*****