

KB Salon is open Friday's only



Look at her smile! She had a wash, cut, dye & style

Visitors Hours by appointment Only!

Tuesday-Saturday's

10:30-11:00

11:15-11:45

Closed for lunch

1:15-1:45

2:00-2:30

2:45-3:15

Not available Sunday & Monday's

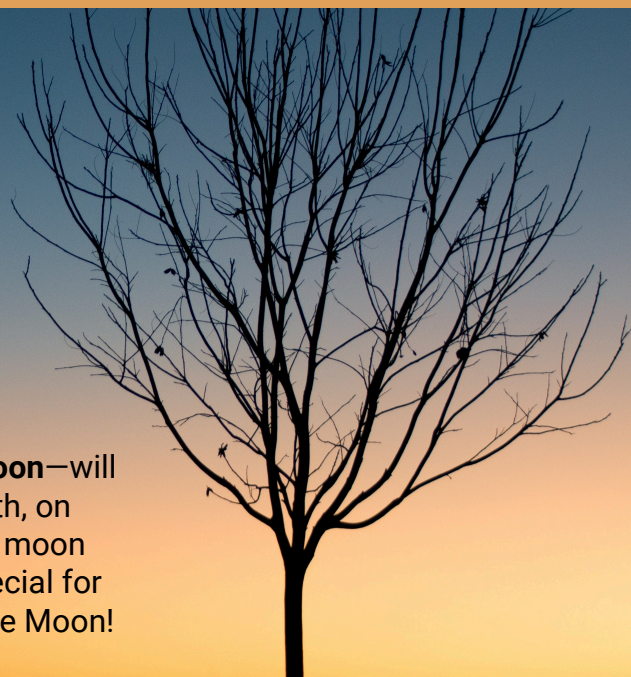
Courtyard Visits & Booth Visits

1. Masks must be worn by all individuals
2. Social distancing must be 6ft.
3. No more than 4 visitors
4. No more than 2 in booth
5. Check in at front desk main doors
6. By appointment only
7. Do not move furnishing or plexi-glass
8. Late to visit must reschedule
9. Subject to change

Appointments go quickly, schedule today!

October 2020 Brings Two Full Moons

The first full Moon of fall—in this case, the **Harvest Moon**—will appear on Thursday, October 1st. Later in the month, on Saturday, October 31st (Halloween), the second full moon appears. This is the **Hunter's Moon**, which will be special for two reasons: it's a rare Halloween full Moon and a Blue Moon!



Kingston Bay Senior Living

October 2020

6161 West Spruce Avenue
Fresno, CA 93722



Virginia enjoyed fresh Guacamole on National Guacamole Day!



In memory of Doris S, she had such a carefree spirit—she will be missed.

This months Courtyard events:

Oct 1st Tai Chi with Terri 10 a.m.
Oct 2nd Tai Chi with Terri 10 a.m.
Oct 8th Jess on the Trumpet 1 p.m.
Oct 11th Worship Sunday 3 p.m.
Oct 14th Fall Social with Nathan 2 p.m.
Oct 22nd Tai Chi with Terri 10 a.m.
Oct 23rd Tai Chi with Terri 10 a.m.
Oct 25th Worship Sunday 3 p.m.

Oct 30th & 31st Hallows Eve & Halloween Fun with treats

Subject to change



Verlen & Luanne G had a salon day together, Looking good!

October 2020
In The Moment – Memory Support



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<div><div>AE</div>Artistic Expression</div> <div><div>CC</div>Community Connections</div> <div><div>CE</div>Continuing Education</div> <div><div>LL</div>Lifestyle &Leisure</div> <div><div>PE</div>Physical Engagement</div> <div><div>SS</div>Spiritual Support</div>	Healthy Snacks & Hydration offered throughout each day!	9:00 <div><div>SS</div></div> Morning Devotions/ Group Convo's 1 10:00 30 minute Stretches 10:30 <div><div>CE</div></div> Wake up your mind trivia 1:00 <div><div>AE</div></div> Happy Hour 2:00 <div><div>CC</div></div> Community Stroll 3:00 Trivia Time 5:30 <div><div>LL</div></div> Movie Social	9:00 <div><div>SS</div></div> Morning Devotions/ Group Convo's 2 10:00 30 minute Stretches 10:30 <div><div>CE</div></div> Wake up your mind trivia 1:00 Hangman 2:00 Freestyle Friday 3:00 Let's do Tai Chi with Bree 5:30 <div><div>LL</div></div> Movie Social	9:00 <div><div>SS</div></div> Morning Devotions/ Group Convo's 3 10:00 30 minute Stretches 10:30 <div><div>CE</div></div> Wake up your mind trivia 1:00 Courtyard games 2:00 Saturday Arm Swirls 3:00 White Board Hangman 5:30 <div><div>LL</div></div> Movie Social
9:00 <div><div>SS</div></div> Morning Devotions/ Group Convo's 4 10:00 Morning Music & Meditation 10:30 <div><div>CE</div></div> Wake up your mind trivia 1:00 Table Talk 2:00 Sunday Social Group 3:00 Sunday Inspirations 5:30 <div><div>LL</div></div> Movie Social	9:00 <div><div>SS</div></div> Morning Devotions/ Group Convo's 5 10:00 30 minute Stretches 10:30 <div><div>CE</div></div> Wake up your mind trivia 1:00 Concentration card game 2:00 Crossword Mania 3:00 Manic Monday Trivia 5:30 <div><div>LL</div></div> Movie Social	Mad Hatter Day 9:00 <div><div>SS</div></div> Morning Devotions/ Group Convo's 6 10:00 30 minute Stretches 10:30 <div><div>CE</div></div> Wake up your mind trivia 1:00 Music Circle 2:00 Slow Movement Dance Class 3:00 Tuesday Tai Chi with Bree 5:30 <div><div>LL</div></div> Movie Social: Alice in Wonderland	Poetry Day 9:00 <div><div>SS</div></div> Morning Devotions/ Group Convo's 7 10:00 30 minute Stretches 10:30 <div><div>CE</div></div> Wake up your mind trivia 1:00 Hangman 2:00 BINGO 3:00 <div><div>PE</div></div> Music Therapy 5:30 Movie Social	9:00 <div><div>SS</div></div> Morning Devotions/ Group Convo's 8 10:00 30 minute Stretches 10:30 <div><div>CE</div></div> Wake up your mind trivia 1:00 <div><div>AE</div></div> Happy Hour 2:00 <div><div>CC</div></div> Community Stroll 3:00 Trivia Time 5:30 Movie Social	Beer & Pizza Day 9:00 <div><div>SS</div></div> Morning Devotions/ Group Convo's 9 10:00 30 minute Stretches 10:30 <div><div>CE</div></div> Wake up your mind trivia 1:00 Hangman 2:00 Freestyle Fiday 3:00 Let's do Tai Chi with Bree 5:30 Movie Social	9:00 <div><div>SS</div></div> Morning Devotions/ Group Convo's 10 10:00 30 minute Stretches 10:30 <div><div>CE</div></div> Wake up your mind trivia 1:00 Courtyard games 2:00 Saturday Arm Swirls 3:00 White Board Hangman 5:30 Movie Social
9:00 <div><div>SS</div></div> Morning Devotions/ Group Convo's 11 10:00 30 minute Stretches 10:30 <div><div>CE</div></div> Wake up your mind trivia 1:00 Table Talk 2:00 Sunday Social Group 3:00 Sunday Inspirations 5:30 Movie Social	Columbus Day 9:00 <div><div>SS</div></div> Morning Devotions/ Group Convo's 12 10:00 30 minute Stretches 10:30 <div><div>CE</div></div> Wake up your mind trivia 1:00 Concentration card game 2:00 Crossword Mania 3:00 Manic Monday Trivia 5:30 Movie Social	National Disaster Prep Day 9:00 <div><div>SS</div></div> Morning Devotions/ Group Convo's 13 10:00 30 minute Stretches 10:30 <div><div>CE</div></div> Wake up your mind trivia 1:00 Music Circle 2:00 Fire Safety Class 3:00 Tuesday Tai Chi with Bree 5:30 Movie Social	9:00 <div><div>SS</div></div> Morning Devotions/ Group Convo's 14 10:00 30 minute Stretches 10:30 <div><div>CE</div></div> Wake up your mind trivia 1:00 Hangman 2:00 Fall Social with Nathan Bryce 3:00 <div><div>PE</div></div> Music Therapy 5:30 Movie Social	I love Lucy Day 9:00 <div><div>SS</div></div> Morning Devotions/ Group Convo's 15 10:00 30 minute Stretches 10:30 <div><div>CE</div></div> Wake up your mind trivia 1:00 <div><div>AE</div></div> Happy Hour 2:00 <div><div>CC</div></div> Community Stroll 3:00 Trivia Time 5:30 Movie Social	Cat Day 9:00 <div><div>SS</div></div> Morning Devotions/ Group Convo's 16 10:00 30 minute Stretches 10:30 <div><div>CE</div></div> Wake up your mind trivia 1:00 Hangman 2:00 Freestyle Fiday 3:00 Let's do Tai Chi with Bree 5:30 Movie Social	9:00 <div><div>SS</div></div> Morning Devotions/ Group Convo's 17 10:00 30 minute Stretches 10:30 <div><div>CE</div></div> Wake up your mind trivia 1:00 Courtyard games 2:00 Saturday Arm Swirls 3:00 White Board Hangman 5:30 Movie Social
9:00 <div><div>SS</div></div> Morning Devotions/ Group Convo's 18 10:00 30 minute Stretches 10:30 <div><div>CE</div></div> Wake up your mind trivia 1:00 Table Talk 2:00 Sunday Social Group 3:00 Sunday Inspirations 5:30 Movie Social	9:00 <div><div>SS</div></div> Morning Devotions/ Group Convo's 19 10:00 30 minute Stretches 10:30 <div><div>CE</div></div> Wake up your mind trivia 1:00 Concentration card game 2:00 Crossword Mania 3:00 Manic Monday Trivia 5:30 Movie Social	Chefs Day 9:00 <div><div>SS</div></div> Morning Devotions/ Group Convo's 20 10:00 30 minute Stretches 10:30 <div><div>CE</div></div> Wake up your mind trivia 1:00 Music Circle 2:00 Slow Motion Dance Class 3:00 Tuesday Tai Chi with Bree 5:30 Movie Social	Reptile Day 9:00 <div><div>SS</div></div> Morning Devotions/ Group Convo's 21 10:00 30 minute Stretches 10:30 <div><div>CE</div></div> Wake up your mind trivia 1:00 Hangman 2:00 BINGO 3:00 <div><div>PE</div></div> Music Therapy 5:30 Movie Social	9:00 <div><div>SS</div></div> Morning Devotions/ Group Convo's 22 10:00 30 minute Stretches 10:30 <div><div>CE</div></div> Wake up your mind trivia 1:00 <div><div>AE</div></div> Happy Hour 2:00 <div><div>CC</div></div> Community Stroll 3:00 Trivia Time 5:30 Movie Social	9:00 <div><div>SS</div></div> Morning Devotions/ Group Convo's 23 10:00 30 minute Stretches 10:30 <div><div>CE</div></div> Wake up your mind trivia 1:00 Hangman 2:00 Freestyle Fiday 3:00 Let's do Tai Chi with Bree 5:30 Movie Social	9:00 <div><div>SS</div></div> Morning Devotions/ Group Convo's 24 10:00 30 minute Stretches 10:30 <div><div>CE</div></div> Wake up your mind trivia 1:00 Courtyard games 2:00 Saturday Arm Swirls 3:00 White Board Hangman 5:30 Movie Social
9:00 <div><div>SS</div></div> Morning Devotions/ Group Convo's 25 10:00 30 minute Stretches 10:30 <div><div>CE</div></div> Wake up your mind trivia 1:00 Table Talk 2:00 Sunday Social Group 3:00 Sunday Inspirations 5:30 Movie Social	9:00 <div><div>SS</div></div> Morning Devotions/ Group Convo's 26 10:00 30 minute Stretches 10:30 <div><div>CE</div></div> Wake up your mind trivia 1:00 Concentration card game 2:00 Crossword Mania 3:00 Manic Monday Trivia 5:30 Movie Social	9:00 <div><div>SS</div></div> Morning Devotions/ Group Convo's 27 10:00 30 minute Stretches 10:30 <div><div>CE</div></div> Wake up your mind trivia 1:00 Music Circle 2:00 Slow Motion Dance Class 3:00 Tuesday Tai Chi with Bree 5:30 Movie Social	Chocolate & Champagne Day 9:00 <div><div>SS</div></div> Morning Devotions/ Group Convo's 28 10:00 30 minute Stretches 10:30 <div><div>CE</div></div> Wake up your mind trivia 1:00 Hangman 2:00 BINGO 3:00 <div><div>PE</div></div> Music Therapy 5:30 Movie Social	9:00 <div><div>SS</div></div> Morning Devotions/ Group Convo's 29 10:00 30 minute Stretches 10:30 <div><div>CE</div></div> Wake up your mind trivia 1:00 <div><div>AE</div></div> Happy Hour 2:00 <div><div>CC</div></div> Community Stroll 3:00 Trivia Time 5:30 Movie Social	Frankenstein Day 9:00 <div><div>SS</div></div> Morning Devotions/ Group Convo's 30 10:00 30 minute Stretches 10:30 <div><div>CE</div></div> Wake up your mind trivia 1:00 Hangman 2:00 Freestyle Fiday 3:00 Let's do Tai Chi with Bree 5:30 Movie Social	Halloween 9:00 <div><div>SS</div></div> Morning Devotions/ Group Convo's 31 10:00 30 minute Stretches 10:30 <div><div>CE</div></div> Wake up your mind trivia 1:00 Courtyard games 2:00 Saturday Arm Swirls 3:00 White Board Hangman 5:30 Movie Social