

October 2020

Assisted Living Lifestyle & Leisure



- AE Artistic Expression
- CC Community Connections
- CE Continuing Education
- LL Lifestyle & Leisure
- PE Physical Engagement
- SS Spiritual Support

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>9:00 Hydration Morning & Group Conversations</p> <p>9:45 CE Activity Station Morning Crafts: Holiday Creations</p> <p>10:30 CC Morning Mass: YouTube</p> <p>1:00 Sunday Clarity & Creations</p> <p>2:00 Chair Zumba</p> <p>3:00 AE Spiritual Guidance</p> <p>4:00 Pre-Dinner Movie</p>	<p>9:00 Hydration Morning & Group Conversations</p> <p>9:45 CE Activity Station Morning Crafts: Holiday Creations</p> <p>10:30 30 minute stretches</p> <p>1:00 BINGO</p> <p>2:00 Mini Golf Monday</p> <p>3:00 Animal Bloopers</p> <p>4:00 Pre-Dinner Movie</p>	<p>Mad Hatter Day</p> <p>9:00 Hydration Morning & Group Conversations</p> <p>9:45 CE Activity Station Morning Crafts: Holiday Creations</p> <p>10:30 30 minute stretches</p> <p>11:00 30 Minute GYM</p> <p>1:00 Trivia Tuesday's</p> <p>2:00 AE Art Class</p> <p>3:00 Readers Group</p> <p>4:00 Pre-Dinner Movie: Alice in Wonderland</p>	<p>Poetry Day</p> <p>9:00 Hydration Morning & Group Conversations</p> <p>9:45 CE Activity Station Morning Crafts: Holiday Creations</p> <p>11:00 Poetry Time</p> <p>1:00 LL BINGO</p> <p>2:30 Movie in the theater</p> <p>4:00 30 minute stroll</p>	<p>9:00 Hydration Morning & Group Conversations</p> <p>10:00 PE Tai Chi with Terri: Courtyard Edition</p> <p>11:00 30 Minute Gym</p> <p>1:00 Happy Hour</p> <p>2:00 SS Animal Trivia</p> <p>3:00 AE Music Decade Journey</p> <p>4:00 Pre-Dinner Movie</p>	<p>9:00 Hydration Morning & Group Conversations</p> <p>10:00 CE Tai Chi with Terri: Courtyard Edition</p> <p>10:30 30 minute stretches</p> <p>1:15 Book Club</p> <p>2:00 SS Crafter's Corner</p> <p>3:00 Friday Foot Loose Dance Off</p> <p>4:00 Pre-Dinner Movie</p>	<p>9:00 Hydration Morning & Group Conversations</p> <p>9:45 CE Activity Station Morning Crafts: Holiday Creations</p> <p>11:00 30 Minute GYM</p> <p>1:00 Mid day Card Creations</p> <p>2:00 2 by 2 Ball Toss</p> <p>3:00 AE Focus Group</p> <p>4:00 Pre-Dinner Movie</p>
<p>9:00 Hydration Morning & Group Conversations</p> <p>9:45 CE Activity Station Morning Crafts: Holiday Creations</p> <p>10:30 CC Morning Mass: YouTube</p> <p>1:00 Sunday Clarity & Creations</p> <p>2:00 Chair Zumba</p> <p>3:00 SS Worship Sunday Performance</p> <p>4:00 Pre-Dinner Movie</p>	<p>Columbus Day</p> <p>9:00 Hydration Morning & Group Conversations</p> <p>9:45 CE Activity Station Morning Crafts: Holiday Creations</p> <p>10:30 30 minute stretches</p> <p>1:00 BINGO</p> <p>2:00 Mini Golf Monday</p> <p>3:00 Animal Bloopers</p> <p>4:00 Pre-Dinner Movie</p>	<p>Natural Disaster Prep Day</p> <p>9:00 Hydration Morning & Group Conversations</p> <p>9:45 CE Activity Station Morning Crafts: Holiday Creations</p> <p>10:30 30 minute stretches</p> <p>11:00 30 Minute GYM</p> <p>1:00 Trivia Tuesday's</p> <p>2:00 AE Fire Safety Class</p> <p>3:00 Readers Group</p> <p>4:00 Pre-Dinner Movie</p>	<p>9:00 Hydration Morning & Group Conversations</p> <p>9:45 CE Activity Station Morning Crafts: Holiday Creations</p> <p>11:00 Sensory worksheets</p> <p>2:00 LL Fall Social with Nathan Bryce</p> <p>3:30 Movie in the theater</p> <p>4:00 30 minute stroll</p>	<p>I love Lucy Day</p> <p>9:00 Hydration Morning & Group Conversations</p> <p>9:45 CE Activity Station Morning Crafts: Holiday Creations</p> <p>11:00 30 Minute Gym</p> <p>1:00 Happy Hour</p> <p>2:00 SS Animal Trivia</p> <p>3:00 Table top Conversations</p> <p>4:00 Pre-Dinner Movie</p>	<p>Cat Day</p> <p>9:00 Hydration Morning & Group Conversations</p> <p>9:45 CE Activity Station Morning Crafts: Holiday Creations</p> <p>10:30 30 minute stretches</p> <p>1:15 Book Club</p> <p>2:00 SS Crafter's Corner</p> <p>3:00 Friday Foot Loose Dance Off</p> <p>4:00 Pre-Dinner Movie</p>	<p>9:00 Hydration Morning & Group Conversations</p> <p>9:45 CE Activity Station Morning Crafts: Holiday Creations</p> <p>11:00 30 Minute GYM</p> <p>1:00 Mid day Card Creations</p> <p>2:00 2 by 2 Ball Toss</p> <p>3:00 AE Focus Group</p> <p>4:00 Pre-Dinner Movie</p>
<p>9:00 Hydration Morning & Group Conversations</p> <p>9:45 CE Activity Station Morning Crafts: Holiday Creations</p> <p>10:30 CC Morning Mass: YouTube</p> <p>1:00 Sunday Clarity & Creations</p> <p>2:00 Chair Zumba</p> <p>3:00 Spiritual Guidance</p> <p>4:00 Pre-Dinner Movie</p>	<p>9:00 Hydration Morning & Group Conversations</p> <p>9:45 CE Activity Station Morning Crafts: Holiday Creations</p> <p>10:30 30 minute stretches</p> <p>1:00 BINGO</p> <p>2:00 Mini Golf Monday</p> <p>3:00 Animal Bloopers</p> <p>4:00 Pre-Dinner Movie</p>	<p>Chefs Day</p> <p>9:00 Hydration Morning & Group Conversations</p> <p>9:45 CE Activity Station Morning Crafts: Holiday Creations</p> <p>10:30 30 minute stretches</p> <p>11:00 30 Minute GYM</p> <p>1:00 Trivia Tuesday's</p> <p>3:00 Readers Group</p> <p>4:00 Pre-Dinner Movie</p>	<p>Reptile Day</p> <p>9:00 Hydration Morning & Group Conversations</p> <p>9:45 CE Activity Station Morning Crafts: Holiday Creations</p> <p>11:00 Sensory worksheets</p> <p>1:00 BINGO</p> <p>2:30 Movie in the Theater</p> <p>4:00 30 minute stroll</p>	<p>9:00 Hydration Morning & Group Conversations</p> <p>9:45 CE Activity Station Morning Crafts: Holiday Creations</p> <p>10:00 Tai Chi with Terri: Courtyard Edition</p> <p>11:00 30 Minute Gym</p> <p>1:00 Courtyard Happy Hour with Ed Bell</p> <p>2:00 SS Animal Trivia</p> <p>3:00 Table top Conversations</p> <p>4:00 Pre-Dinner Movie</p>	<p>9:00 Hydration Morning & Group Conversations</p> <p>9:45 CE Activity Station Morning Crafts: Holiday Creations</p> <p>10:00 Tai Chi with Terri: Courtyard Edition</p> <p>1:15 Book Club</p> <p>2:00 SS Crafter's Corner</p> <p>3:00 Friday Foot Loose Dance Off</p> <p>4:00 Pre-Dinner Movie</p>	<p>9:00 Hydration Morning & Group Conversations</p> <p>9:45 CE Activity Station Morning Crafts: Holiday Creations</p> <p>11:00 30 Minute GYM</p> <p>1:00 Mid day Card Creations</p> <p>2:00 2 by 2 Ball Toss</p> <p>3:00 AE Focus Group</p> <p>4:00 Pre-Dinner Movie</p>
<p>9:00 Hydration Morning & Group Conversations</p> <p>9:45 CE Activity Station Morning Crafts: Holiday Creations</p> <p>10:30 CC Morning Mass: YouTube</p> <p>1:00 Sunday Clarity & Creations</p> <p>2:00 Chair Zumba</p> <p>3:00 Worship Sunday Performance</p> <p>4:00 Pre-Dinner Movie</p>	<p>9:00 Hydration Morning & Group Conversations</p> <p>9:45 CE Activity Station Morning Crafts: Holiday Creations</p> <p>10:30 30 minute stretches</p> <p>1:00 BINGO</p> <p>2:00 Mini Golf Monday</p> <p>3:00 Animal Bloopers</p> <p>4:00 Pre-Dinner Movie</p>	<p>9:00 Hydration Morning & Group Conversations</p> <p>9:45 CE Activity Station Morning Crafts: Holiday Creations</p> <p>10:30 30 minute stretches</p> <p>11:00 30 Minute GYM</p> <p>1:00 Trivia Tuesday's</p> <p>3:00 Readers Group</p> <p>4:00 Pre-Dinner Movie</p>	<p>Chocolate & Champagne Day</p> <p>9:00 Hydration Morning & Group Conversations</p> <p>9:45 CE Activity Station Morning Crafts: Holiday Creations</p> <p>11:00 Sensory worksheets</p> <p>1:00 BINGO</p> <p>2:30 Movie in the Theater</p> <p>4:00 30 minute stroll</p>	<p>9:00 Hydration Morning & Group Conversations</p> <p>9:45 CE Activity Station Morning Crafts: Holiday Creations</p> <p>11:00 30 Minute Gym</p> <p>1:00 Happy Hour</p> <p>2:00 SS Animal Trivia</p> <p>3:00 Table top Conversations</p> <p>4:00 Pre-Dinner Movie</p>	<p>Frankenstein Day</p> <p>9:00 Hydration Morning & Group Conversations</p> <p>9:45 CE Activity Station Morning Crafts: Holiday Creations</p> <p>10:30 30 minute stretches</p> <p>1:15 Book Club: The documentary on Frankenstein</p> <p>2:00 SS Crafter's Corner</p> <p>3:00 Friday Foot Loose Dance Off</p> <p>4:00 Pre-Dinner Movie</p>	<p>Halloween</p> <p>9:00 Hydration Morning & Group Conversations</p> <p>9:45 CE Activity Station Morning Crafts: Holiday Creations</p> <p>11:00 30 Minute GYM</p> <p>1:00 Halloween Fun!!</p> <p>2:00 2 by 2 Ball Toss</p> <p>3:00 AE Focus Group</p> <p>4:00 Pre-Dinner Movie</p>