

October 2020

Assisted Living Lifestyle & Leisure

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 AE Artistic Expression CC Community Connections CE Continuing Education LL Lifestyle & Leisure PE Physical Engagement		Location Keys Activities Room A Dining Room D Fireside Room FR Lobby L Meet in Lobby ML Outside Patio P Serve individually in room R Upper Parking Lot UPL		9:00 PE Flower Power Hour [P] 1 10:00 Sit & Be Fit /Stretch [A] 11:00 1 hour Bingo [A] 1:30 CE What Do Ya Know? [L] 2:00 Hydration Cart [R] 3:00 AE Craft Class [A]	10:00 PE Sunshine Strollers [ML] 2 11:00 Bingo buck bingo [A] 1:30 LL Music Appreciation [L] 2:00 Hydration Cart [R] 6:15 Friday Night Fright Movie and treats [A]	9:00 PE Flower Power Hour [P] 3 10:00 PE Chair Workout [A] 11:00 Bingo Buck Bingo [A] 2:00 Hydration Cart [R] 2:30 CC Crochet Club [FR] 3:00 AE Craft Class [A]
10:00 PE Simple Stretches [A] 4 11:00 Bingo buck bingo [A] 1:30 LL Hangman Word Game [L] 2:00 Hydration Cart [R] 2:30 Resident Council Meeting [D]	10:00 PE Walking Club [ML] 5 11:00 LL 1 Hour Bingo [A] 1:30 What Do Ya Know? [L] 2:00 Hydration Cart [R] 3:00 Craft Class [A]	9:00 PE Flower Power Hour [P] 6 10:00 PE Simple Stretches [P] 11:00 Bingo Buck Bingo [A] 1:30 Pumpkin Decorating [A] 1:30 What Do Ya Know? [L] 2:00 Hydration Cart [R]	9:30 LL Hand Hygiene [A] 7 10:00 PE Rise & Shine Stroll [ML] 11:00 CC Activities Meeting [A] 1:30 Hangman Word Game [L] 2:00 Hydration Cart [R] 3:00 Craft Class [A]	9:00 PE Flower Power Hour [P] 8 10:00 Sit & Be Fit /Stretch [A] 11:00 1 hour Bingo [A] 1:30 CE What Do Ya Know? [L] 2:00 Hydration Cart [R] 3:00 Craft Class [A]	10:00 PE Sunshine Strollers [ML] 9 11:00 Bingo buck bingo [A] 1:30 LL Music Appreciation [L] 2:00 Hydration Cart [R] 3:00 Craft Class [A]	9:00 PE Flower Power Hour [P] 10 10:00 PE Chair Workout [A] 11:00 Bingo Buck Bingo [A] 2:00 Hydration Cart [R] 2:30 CC Crochet Club [FR] 3:00 Craft Class [A]
10:00 PE Simple Stretches [A] 11 11:00 Bingo buck bingo [A] 1:30 LL Hangman Word Game [L] 2:00 Hydration Cart [R] 3:00 Tenzi Dice Game [A]	Columbus Day 12 10:00 PE Walking Club [ML] 10:30 Resident food committee/Dining service meeting W/ Mark [D] 1:30 What Do Ya Know? [L] 2:00 Hydration Cart [R] 3:00 Craft Class [A]	9:00 PE Flower Power Hour [P] 13 10:00 PE Simple Stretches [P] 11:00 Bingo Buck Bingo [A] 1:30 What Do Ya Know? [L] 2:00 Hydration Cart [R] 3:00 Craft Class [A]	9:30 LL Hand Hygiene [A] 14 10:00 PE Rise & Shine Stroll [ML] 11:00 Bingo Buck bingo [A] 2:00 Hydration Cart [R] 2:00 Taste & Tell [A]	9:00 PE Flower Power Hour [P] 15 10:00 Sit & Be Fit /Stretch [A] 11:00 1 hour Bingo [A] 1:30 CE What Do Ya Know? [L] 2:00 Hydration Cart [R] 3:00 Auction [D]	Theme Day: Pink! (For breast cancer awareness) 16 10:00 PE Sunshine Strollers [ML] 11:00 Bingo buck bingo [A] 1:30 LL October Birthday Appreciation [L] 2:00 Hydration Cart [R] 3:00 Craft Class [A]	9:00 PE Flower Power Hour [P] 17 10:00 PE Chair Workout [A] 11:00 Bingo Buck Bingo [A] 2:00 Hydration Cart [R] 2:30 CC Crochet Club [FR] 3:00 Craft Class [A]
10:00 PE Simple Stretches [A] 18 11:00 Bingo buck bingo [A] 1:30 LL Hangman Word Game [L] 2:00 Hydration Cart [R] 3:00 Tenzi Dice Game [A]	10:00 PE Walking Club [ML] 19 11:00 LL 1 Hour Bingo [A] 1:30 What Do Ya Know? [L] 2:00 Hydration Cart [R] 3:00 Craft Class [A]	9:00 PE Flower Power Hour [P] 20 10:00 PE Simple Stretches [P] 11:00 Bingo Buck Bingo [A] 1:30 What Do Ya Know? [L] 2:00 Hydration Cart [R] 3:00 Craft Class [A]	9:30 LL Hand Hygiene [A] 21 10:00 PE Rise & Shine Stroll [ML] 11:00 Bingo Buck bingo [A] 1:30 Hangman Word Game [L] 2:00 Hydration Cart [R] 3:00 Craft Class [A]	7:30 A-GLAZE-ING Morning W/ Eloisa [P] 22 9:00 PE Flower Power Hour [P] 10:00 Sit & Be Fit /Stretch [A] 11:00 1 hour Bingo [A] 2:00 Hydration Cart [R] 3:00 Craft Class [A]	10:00 PE Sunshine Strollers [ML] 23 11:00 Bingo buck bingo [A] 1:30 LL Music Appreciation [L] 2:00 Hydration Cart [R] 3:00 Craft Class [A]	9:00 PE Flower Power Hour [P] 24 10:00 PE Chair Workout [A] 11:00 Bingo Buck Bingo [A] 2:00 Hydration Cart [R] 2:30 CC Crochet Club [FR] 3:00 Craft Class [A]
10:00 PE Simple Stretches [A] 25 11:00 Bingo buck bingo [A] 1:30 LL Hangman Word Game [L] 2:00 Hydration Cart [R] 3:00 Tenzi Dice Game [A]	10:00 PE Walking Club [ML] 26 11:00 LL 1 Hour Bingo [A] 1:30 What Do Ya Know? [L] 2:00 Hydration Cart [R] 3:00 Craft Class [A]	9:00 PE Flower Power Hour [P] 27 10:00 PE Simple Stretches [P] 11:00 Bingo Buck Bingo [A] 1:30 What Do Ya Know? [L] 2:00 Hydration Cart [R] 3:00 Craft Class W/ Marjorie [A]	9:30 LL Hand Hygiene [A] 28 10:00 PE Rise & Shine Stroll [ML] 11:00 Bingo Buck bingo [A] 1:30 Hangman Word Game [L] 2:00 Hydration Cart [R] 3:00 Craft Class [A]	9:00 PE Flower Power Hour [P] 29 10:00 Sit & Be Fit /Stretch [A] 11:00 1 hour Bingo [A] 1:30 CE What Do Ya Know? [L] 2:00 Hydration Cart [R] 3:00 Craft Class [A]	Theme Day: Halloween Costume! 30 10:00 PE Sunshine Strollers [ML] 1:30 Hydration Cart [R] 3:00 Craft Class [A] 5:00 Halloween BBQ [UPL] 5:30 Costume Contest! [UPL]	Halloween Trick or Treat ! 31 9:00 PE Flower Power Hour [P] 10:00 PE Chair Workout [A] 11:00 Bingo Buck Bingo [A] 2:00 Hydration Cart [R] 2:30 CC Crochet Club [FR] 3:00 Craft Class [A]