

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

October 2020

KEYSTONE PLACE AT NEWBURY BROOK INDEPENDENT LIVING COMMUNITY

WE ARE KEYSTONE STRONG

1
 10:00 TV Mass (T)
 10:30 Rosary (T)
 11:00 Exercise (T)
 2:00 Lawn Games
 2:00 Video Sing-a-Long (P)

2
 10:15 Exercise (T)
 11:00 Walking around
 Community for Alzheimer's
 1:15 Dime Bingo (P)
 2:30-4:00 Meet our mascot
 (in the Pub with Happy Hour
 Cart)

3
 10:15 Yoga (T)
 11:00 Outdoor Strolls for
 Alzheimer's
 1:30 Afternoon Cinema (T)
 2:00 Wii Bowling (P)
 3:30 Patio Visits

Sukkot Begins

4
 10:15 Yoga (T)
 11:00 Strolls for Alzheimer's
 1:30 Afternoon Cinema (T)
 2:00 Dime Bingo (P)
 3:00 NFL Football on in Pub
 7:00 Evening Cinema (P)

5
 10:15 Exercise (T)
 11:00 Documentary (T)
 1:00 Handmade Card Making
 with Sue M. (PR)
 2:00 This Date in History
 Trivia (P)
 3:30 Patio Visits

6
 10:15 Exercise (T)
 2:00 Bananagrams (PR)
 3:00 Wii Bowling (P)

7
 10:15 Exercise (T)
 11:00 Puzzles & Board
 Games (PR)
 1:30-3:30 Cider & Donut Cart
 2:00 Word-in-a-Word (P)

8
 10:00 TV Mass (T)
 10:30 Rosary (T)
 11:00 Exercise (T)
 2:00 Newscurrents (P)

9
 10:15 Exercise (T)
 11:00 Strolls & Visits
 1:15 Dime Bingo (P)
 2:30-4:00 Happy Hour Cart &
 Community Visits

10
 10:15 Exercise (T)
 11:00 Community Visits
 1:30 Afternoon Cinema
 2:00 Wii Bowling (P)

Simchat Torah Begins

11
 10:15 Exercise (T)
 1:30 Afternoon Cinema (T)
 2:00 Dime Bingo (P)
 3:00 NFL Football on in Pub
 7:00 Evening Cinema (P)

12
 10:15 Exercise (T)
 11:00 Documentary (T)
 2:00 Columbus Day Trivia &
 Facts
 3:00 Coffee Break

Columbus Day (US)
Thanksgiving Day (Canada)

13
 10:15 Exercise (T)
 2:00 Bananagrams (PR)
 3:00 Wii Bowling (P)

14
 10:15 Exercise (T)
 1:30-3:30 Fall Favored Ice
 Cream Cart
 2:00 Word-in-a-Word

15
 10:00 TV Mass (T)
 10:30 Rosary (T)
 11:00 Exercise (T)
 2:00 Arm Chair Travel To
 Germany (P)
 4:30/5:30 Dinner Seating's
 Octoberfest Dinner (stamp
 your passport)

16
 10:15 Exercise (T)
 11:00 Strolls & Visits
 1:15 Dime Bingo (P)
 2:30-4:00 Happy Hour Cart

17
 10:15 Yoga (T)
 11:00 Gym Refresh (G)
 1:30 Afternoon Cinema (T)
 2:00 Wii Bowling (P)
 3:30 Patio Visits

18
 10:15 Yoga (T)
 1:30 Afternoon Cinema (T)
 2:00 Dime Bingo (P)
 3:00 NFL Football on in Pub
 7:00 Evening Cinema (P)

19
 10:15 Exercise (T)
 11:00 Documentary (T)
 2:00 Mindjogger's
 3:30 Library Discussion (W)

20
 10:15 Exercise (T)
 2:00 Bananagrams (PR)
 3:00 Wii Bowling (P)

21
 10:15 Exercise (T)
 11:00 Puzzles & Board
 Games (PR)
 1:30-3:30 Baked Goods &
 Cider Cart
 2:00 Word-in-a-Word Game

22
 10:00 TV Mass (T)
 10:30 Rosary (T)
 11:00 Exercise (T)
 2:00 Video Sing-a-Long (P)

23
 10:15 Exercise (T)
 11:00 Strolls & Visits
 1:15 Dime Bingo (P)
 2:30-4:00 Happy Hour Cart

24
 10:15 Exercise (T)
 11:00 You Tube Fun (T)
 1:30 Afternoon Cinema (T)
 2:00 Dime Bingo (P)
 3:30 Patio Visits

25
 10:15 Exercise (T)
 1:30 Afternoon Cinema (T)
 2:00 Dime Bingo (P)
 3:00 NFL Football on in Pub
 7:00 Evening Cinema (P)

26
 10:15 Exercise (T)
 11:00 Documentary (T)
 2:00 Pumpkin Decorating &
 Armchair Travel to Salem
 Mass. (P)

27
 10:15 Exercise (T)
 2:00 Bananagrams (PR)
 3:00 Wii Bowling (P)

28
 10:15 Exercise (T)
 11:00 Puzzles & Board
 Games (PR)
 1:30-3:30 Pumpkin Ice
 Cream Cart
 2:00 Word-in-a-Word Game

29
 10:00 TV Mass (T)
 10:30 Rosary (T)
 11:00 Exercise (T)
 2:00 Sing-a-Long with
 Keystone's Own Masked
 Singer's (P)

30
 10:15 Exercise (T)
 11:00 Strolls & Visits
 1:15 Dime Bingo (P)
 2:30-4:00 Halloween Happy
 Hour Cart Costume Parade

31
 10:15 Exercise (T)
 11:00 Candy Quiz (T)
 1:30 Afternoon Cinema (T)
 2:00 Dime Bingo (P)
 3:30 Patio Visits

Halloween