

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

October 2020

KEYSTONE PLACE AT NEWBURY BROOK ASSISTED LIVING
WE ARE KEYSTONE STRONG

10:00 TV Mass (T)
10:30 Rosary (T)
11:00 Exercise (T)
2:00 Lawn Games
2 :00 Video Sing-a-Long (P)

1

10:15 Exercise (T)
11:00 Outdoor Walks for Alzheimer's (meet in Lobby)
1:15 Dime Bingo
2:30-4:00 Meet our Mascot (at the Happy Hour Cart in the Pub)

2

10:15 Yoga (T)
11:00 Health Facts (T)
1:30 Outdoor Strolls for Alzheimer's weekend)
1:30 Afternoon Cinema (T)
2:00 Wii Bowling (P)
7:00 Evening Cinema (T)

3

Sukkot Begins

10:00 TV Mass (P)
10:15 Yoga (T)
11:00 Strolls for Alzheimer's
1:30 Afternoon Cinema (T)
2:00 Dime Bingo (P)
3:00 NFL Football on in Pub
7:00 Evening Cinema (T)

4

10:15 Exercise (T)
11:00 Documentary (T)
2:00 This Date in History (P)
3:30 You Tube Fun (P)

5

10:15 Exercise (T)
2:00 This Date in History (P)
3:00 Wii Bowling (P)
3:30 Strolls & Visits

6

10:15 Exercise (T)
1:30-3:30 Cider & Donut Cart
2:00 Word-in-a-Word Game (P)
3:30 Patio Visits

7

10:00 TV Mass (T)
10:30 Rosary (T)
11:00 Exercise (T)
2:00 Newscurrents (P)
3:30 Strolls and Visits

8

10:15 Exercise (T)
1:30 Dime Bingo (BR)
2:30-4:00 Happy Hour Cart & Community Visits

9

10:15 Exercise (T)
11:00 What's New (T)
1:30 Afternoon Cinema (T)
2:00 Craft Group with Cheryl (BR)
2:00 Wii Bowling (P)
7:00 Evening Cinema (T)

10

Simchat Torah Begins

10:00 TV Mass (P)
10:15 Exercise (T)
11:00 Strolls & Visits (T)
1:30 Afternoon Cinema (T)
2:00 Dime Bingo (P)
3:00 NFL Football on in Pub
7:00 Evening Cinema (T)

11

10:15 Exercise (T)
11:00 Documentary (T)
2:00 Columbus Facts/Trivia
3:00 Coffee Break (P)

12

10:00-12:00 Flu Shot Clinic (BR)
10:15 Exercise (T)
2 :00 Balderdash (P)
3 :00 Wii Bowling (P)

13

10 :15 Exercise
11 :00 Remember When (T)
1 :30 Fall Flavored Ice Cream Cart
2:00 Word-in-a-Word Game (P)

14

10:00 TV Mass (T)
10:30 Rosary (T)
11:00 Exercise (T)
2:00 Armchair Travel to Germany
4:30/5:30 Dinner Seating's Octoberfest (stamp your passport)

15

10:15 Exercise (T)
1:30 Dime Bingo (BR)
2:30-4:00 Happy Hour Cart & Community Visits

16

10:15 Yoga (T)
11:00 Gym Refresh (G)
1:30 Afternoon Cinema (T)
2:00 Wii Bowling
7:00 Evening Cinema (T)

17

10:15 Yoga
1:30 Afternoon Cinema (T)
2:00 Dime Bingo (P)
3:00 NFL Football on in Pub
7:00 Evening Cinema (T)

18

10:15 Exercise (T)
11:00 Strolls and Visits
2:00 Handmade Cards with Sue M. (BR)
3:30 Library Discussion (W)

19

10:15 Exercise (T)
11 :00 Outdoor Strolls
2:00 Jar Craft (BR)
3:00 Wii Bowling (P)

20

10:15 Exercise (T)
1:30 Baked Good & Cider Cart
2:00 Word-in-a-Word (P)

21

10:00 TV Mass (T)
10:30 Rosary (T)
11:00 Exercise (T)
2:00 Video Sing-a-Long (P)
2:00 Simple Craft (BR)

22

10:15 Exercise (T)
1:30 Dime Bingo (BR)
2:30-4:00 Happy Hour Cart & Community Visits

23

10:15 Exercise (T)
11:00 You Tube Fun (T)
1:30 Afternoon Cinema (T)
2:00 Wii Bowling (P)
7:00 Evening Cinema (T)

24

10:15 Exercise (T)
11:00 What's New News (T)
1:30 Afternoon Cinema (T)
2:00 Dime Bingo(P)
3:00 NFL Football on in Pub
7:00 Evening Cinema (T)

25

10:15 Exercise (T)
11:00 Documentary (T)
2:00 Pumpkin Decorating (P) & Armchair Travel to Salem Mass.(P)

26

10:15 Exercise (T)
11:00 Strolls and Visits
2:00 Resident Council (BR)
3:00 Wii Bowling

27

10:15 Exercise (T)
11:00 Strolls and Visits
1:30 Pumpkin Ice Cream Cart
2:00 Word-in-a-Cart (P)

28

10:00 TV Mass (T)
10:30 Rosary (T)
11:00 Exercise (T)
2:00 Holiday Sing-a-Long by Keystone's Own Masked Singers (P)

29

10:15 Exercise (T)
1:30 Dime Bingo (T)
2:30-4:00 Halloween Happy Hour Cart & Costume Parade

30

10:15 Yoga (T)
11:00 Candy Quiz (T)
1:30 Afternoon Cinema (T)
2:00 Wii Bowling (P)
7:00 Evening Cinema (T)

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Halloween