


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Daisy Marshall Life Enrichment Director 11150 Irving Dr. Westminster, CO 80031 ddarnell@keystonesenior.com www.keystonesenior.com	Follow you Large Print Dailies for changes & locations!	<b>PLEASE NOTE-</b> *All programs attendees do require masks *All programs do require everyone to be minimum 6 feet apart *All programs limited to 10 participants		<b>1 Coffee Day</b> 9:30 Exercise w/ Karen 2nd Floor Residents 10:30 Exercise w/ Karen 1st & 3rd Floor Residents 1:00 Blackjack *blackjack will be 30 mins* 2:00 Grab and Go Activity 6:20 <b>Broncos</b> vs. Jets	<b>2</b> 9:30 Bingo 1st Floor 10:15 Bingo 2nd Floor 11:00 Bingo 3rd Floor 1:30 1st Floor Adventures 2:15 2nd Floor Adventures 3:00 3rd Floor Adventures 3:30 Exercise w/ Karen Studio Lane Residents	<b>3</b> 10:00 Courtyard Strolls 1:00 Bored Board– Lobby Choose something to do on your own! 2:00 Christian Worship Hour (Channel 20)
<b>4 World Communion Day</b> 9:00 Catholic Mass KCDO-TV (channel 3) 10:00 Courtyard Strolls 2:00 Coloring Club	<b>5</b> 10:45 Scenic Drive w/ Daisy 1:30 Bingo 1st Floor 2:15 Bingo 2nd Floor 3:00 Bingo 3rd Floor	<b>6 Mad Hatter Day</b> <b>Wear your Favorite Hat</b> 9:30 Exercise w/ Karen 2nd Floor Residents 10:30 Exercise w/ Karen 1st & 3rd Floor Residents 12:00 Family Visits (12-4pm) 2:00 Sunshine Cart Floor to Floor– show off your	<b>7</b> 10:00 Jokes & Funny Stories 1:30 Getting to Know You 1st Floor Residents 2:00 Getting to Know You 2nd Floor Residents 2:30 Getting to Know You 3rd Floor Residents 3:00 Aquacise by appointment	<b>8</b> 10:30 Word Game 1:00 Bored Board– Lobby Choose something to do on your own! 2:00 Courtyard Strolls Grab a neighbor and take a walk	<b>9 International Pizza Day</b> <b>10 Year Anniversary</b> 10:30 Pizza Stop 1st Floor 11:30 Pizza Stop 2nd Floor 12:30 Pizza Stop 3rd Floor 3:00 <b>Afternoon Music Stop</b> <b>Celebrating 10 years of our</b> <b>Assisted Living Building being</b> <b>Opened!</b>	<b>10 Naval Academy Day</b> 10:00 Courtyard Strolls 1:00 Bored Board– Lobby Choose something to do on your own! 2:00 Christian Worship Hour (Channel 20)
<b>11</b> 9:00 Catholic Mass KCDO-TV (channel 3) 10:00 Courtyard Strolls 11:00 <b>Broncos</b> vs. Patriots 2:00 Coloring Club	<b>12 Travel to China</b> 10:45 <b>Learn Mandarin</b> 2:00 Patio Music Sit on your patio or balcony and enjoy the music from Al.	<b>13 Silly Sayings Day</b> 9:00 OnSite Dermatology 9:30 Exercise w/ Karen 2nd Floor Residents 10:30 Exercise w/ Karen 1st & 3rd Floor Residents 12:00 Family Visits (12-4pm) 2:00 Sunshine Cart We will come door to door!	<b>14</b> 10:00 <b>Enjoy a Taste of China</b> 1:30 <b>Chinese Symbols</b> <b>Let's learn to write together</b> 2:30 <b>Chinese Horoscopes</b> 3:00 Aquacise by appointment	<b>15 Spirit Day</b> <b>Wear something Bright!</b> 9:30 Exercise w/ Karen 2nd Floor Residents 10:30 Exercise w/ Karen 1st & 3rd Floor Residents 1:00 Blackjack *blackjack will be 30 mins* 2:00 Grab and Go Activity	<b>16 World Food Day</b> 9:30 Bingo 1st Floor 10:15 Bingo 2nd Floor 11:00 Bingo 3rd Floor 1:30 1st Floor Coffee Talk 2:15 2nd Floor Coffee Talk 3:00 3rd Floor Coffee Talk 3:30 Exercise w/ Karen Studio Lane Residents	<b>17</b> 10:00 Courtyard Strolls 1:00 Bored Board– Lobby Choose something to do on your own! 2:00 Christian Worship Hour (Channel 20)
<b>18</b> 9:00 Catholic Mass KCDO-TV (channel 3) 10:00 Courtyard Strolls 2:00 Coloring Club 2:05 <b>Broncos</b> vs. Dolphins	<b>19</b> 8:30 VNA Foot Care 10:45 Scenic Drive w/ Daisy 1:00 <b>Virtual Active Minds</b> “Iraq” 1:30 Bingo 1st Floor 2:15 Bingo 2nd Floor 3:00 Bingo 3rd Floor	<b>20 Chefs Day</b> <b>Thank a Chef</b> 9:30 Exercise w/ Karen 2nd Floor Residents 10:30 Exercise w/ Karen 1st & 3rd Floor Residents 2:00 <b>Cooking Demo w/ Chefs</b>	<b>21 Unity Day</b> <b>Everyone wear Purple</b> 10:00 Spiritual Singing 1:30 Getting to Know You 1st Floor Residents 2:00 Getting to Know You 2nd Floor Residents 2:30 Getting to Know You 3rd Floor Residents 3:00 Aquacise by appointment	<b>22</b> 9:30 Exercise w/ Karen 2nd Floor Residents 10:30 Exercise w/ Karen 1st & 3rd Floor Residents 1:00 Curbside Hearing Service 1:00 <b>3rd Floor Adventures</b> 1:45 <b>2nd Floor Adventures</b> 2:30 <b>1st Floor Adventures</b>	<b>23</b> 9:30 Bingo 1st Floor 10:15 Bingo 2nd Floor 11:00 Bingo 3rd Floor 1:00 Sunshine Cart We will come door to door! 3:15 Exercise w/ Karen Studio Lane Residents	<b>24 Make a Difference</b> 8:00 Family Visits (8-12pm) 10:00 Courtyard Strolls 1:00 Bored Board– Lobby Choose something to do on your own! 2:00 Christian Worship Hour (Channel 20)
<b>25 Reformation Sunday</b> 9:00 Catholic Mass KCDO-TV (channel 3) 10:00 Courtyard Strolls 2:00 Coloring Club 2:25 <b>Broncos</b> vs. Chiefs	<b>26 Travel to Hawaii</b> <b>Wear Hawaiian Attire!</b> 10:00 <b>Hawaii Trivia &amp; Facts</b> 1:30 Bingo 1st Floor 2:15 Bingo 2nd Floor 3:00 Bingo 3rd Floor	<b>27</b> 9:30 Exercise w/ Karen 2nd Floor Residents 10:30 Exercise w/ Karen 1st & 3rd Floor Residents 12:00 Family Visits (12-4pm) 2:00 Sunshine Cart We will come door to door!	<b>28 Natl. Chocolate Day</b> 9:00 Foot Care w/ Richard L. 10:00 <b>Learn to Hula</b> 1:30 Chocolate Taste & Run (swing by and grab a chocolate or 2 to taste test and head back to your apartment) 3:00 Aquacise by appointment	<b>29</b> 9:30 Exercise w/ Karen 2nd Floor Residents 10:30 Exercise w/ Karen 1st & 3rd Floor Residents 1:00 Grab and Go Activity	<b>30 Natl. Candy Corn Day</b> <b>Halloween Costumes Today!</b> 9:30 Bingo 1st Floor 10:15 Bingo 2nd Floor 11:00 Bingo 3rd Floor 2:00 Celebrate Halloween Cart– door to door 3:15 Exercise w/ RAs Studio Lane Residents	<b>31 Happy Halloween</b> 10:00 Courtyard Strolls 1:00 Halloween Movie 2:00 Christian Worship Hour (Channel 20)

## Passport to Travel

Watch your box for your passport. Everyone will receive one and be able to travel with us.

This month we will go to  
China & Hawaii

Learn to speak different phrases, learn interesting facts, virtually see famous places & enjoy delicacies from places we travel to!

Watch your dailies for more details!



## October Birthdays

6th Claribel P.  
6th Jo Y.  
9th Rose V.  
20th Ercillia G.

Happy Birthday

# Keystone Place News

## Stories of Action & Adventure: "Top Secret"



*Merle V.*

Merle was born on a farm in northern Iowa. He never saw a big city until he graduated in 1941 and came to Denver Colorado to stay with some friends. 6 months later, Pearl Harbor was bombed and Merle knew he needed to enlist. He researched all of the branches and then decided to enlist in the Army Signal Corps.

In the Signal Corps, Merle was a cryptographer and was given top secret clearance. His unit was responsible for handling all of the top secret messages coming and going for General MacArthur and his staff at the Headquarters for the South Pacific.

Merle's unit knew something was afoot and that an attack was being planned on Japan before the bombs were dropped. However, no mention of the bombs were ever sent over the radio. That operation was more than top secret. All the troops were excited when the war was over. However, the nature of Merle's position meant he and his fellow cryptographer had to stay 6 months longer than all the others so they could be there during the negotiation of the surrender.

After 6 months, most of the troops were gone. Luckily, a navy cruiser happened to be going by and they caught a ride into San Francisco. When they arrived, they were greeted by a WAC band- Women's Army Corps Band. From there Merle took a train home, went to the University of Iowa and started a company of his own. His company was based in Dallas TX where he lived with his wife and children until about 28 years ago when Merle moved to Crested Butte Colorado. Merle learned to ski at 66 years old and skied into his early 80s. He continues to reside in Colorado and we are lucky to have him as a part of our community.

Unfortunately for us he still won't tell any of General MacArthur's secrets!

Happy Halloween

Halloween will look different this year!

Watch your dailies for some Halloween fun

Spooky Carts  
Mystery Programs  
And Much More!!!



### OnSite Dermatology

October 13th @ 9:00am

To schedule and appointment, sign up at the front desk

### VNA Foot Care

October 19th at 8:30 am- 1 pm

By Appointment Only

\*to Signup Call- (303) 744-6363

### Curbside Hearing Aid Checks

Thursday, October 22nd

Bring hearing device to concierge by 12:30pm. No Appointment Necessary

For additional questions or comments, please contact Daisy at 303-465-5600  
Or by e-mail: [dmarshall@keystonesenior.com](mailto:dmarshall@keystonesenior.com) · Like us on facebook!

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