


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Daisy Marshall Life Enrichment Director 11180 Irving Dr. Westminster, CO 80031 ddarnell@keystonesenior.com www.keystonesenior.com</p>	<p>Follow you Large Print Dailies for changes & locations!</p>	<p>PLEASE NOTE- *All program attendees do require masks *All programs do require everyone to be minimum 6 feet apart *All programs limited to 10 participants</p>	<p></p>	<p>1 Coffee Day 12:00 Family Visits (12-4) *must be scheduled* *Call concierge to schedule* *Max 4 Guests* *No Guests 12 and under* *Must wear Masks* *No Food or Drinks* 6:20 Broncos vs. Jets</p>	<p>2 9:00 Aquacise by Appointment 10:00 Aquacise by Appointment 11:00 Aquacise by Appointment 1:00 1st Floor Bingo 1:45 2nd Floor Bingo 2:30 3rd Floor Bingo *2 cards Max- 30 min per floor*</p>	<p>3 10:00 Courtyard Strolls 1:00 Bored Board- Lobby Choose something to do on your own! 2:00 Christian Worship Hour (Channel 20) 2:00 Coloring Club</p>
<p>4 World Communion Day 9:00 Catholic Mass KCDO-TV (channel 3) 10:00 Courtyard Strolls</p>	<p>5 9:00 Exercise 3rd Floor 9:45 Exercise 2nd Floor 10:30 Exercise 1st Floor 1:00 Aquacise by appointment 2:00 Aquacise by appointment 3:00 Aquacise by appointment</p>	<p>6 Mad Hatter Day Wear your Favorite Hat 10:00 Scenic Drive Outing 12:30 Happy Hour Cart We will come door to door</p>	<p>7 6:35 King Soopers Shopping & 6:45 Sign up in outing book. 9:00 Exercise 3rd Floor 9:45 Exercise 2nd Floor 10:30 Exercise 1st Floor</p>	<p>8 12:00 Family Visits (12-4) *must be scheduled* *Call concierge to schedule* *Max 4 Guests* *No Guests 12 and under* *Must wear Masks* *No Food or Drinks*</p>	<p>9 10:00 Courtyard Strolls 1:00 Bored Board- Lobby Choose something to do on your own!</p>	<p>10 Naval Academy Day 10:00 Courtyard Strolls 2:00 Christian Worship Hour (Channel 20) 2:00 Coloring Club</p>
<p>11 9:00 Catholic Mass KCDO-TV (channel 3) 10:00 Courtyard Strolls 11:00 Broncos vs. Patriots</p>	<p>12 Travel to China 8:30 VNA Foot Care- AR 9:00 Exercise 3rd Floor- AR 9:45 Exercise 2nd Floor- AR 10:30 Exercise 1st Floor- AR 1:00 Aquacise by appointment 2:00 Aquacise by appointment 3:00 Aquacise by appointment 3:00 Learn to Speak Mandarin</p>	<p>13 Silly Sayings Day 9:00 OnSite Dermatology 11:30 Kaiser Flu Clinic Sign up if you are a Kaiser participant—we will go there 2:00 Patio Music Sit on your patio or balcony and enjoy the music from Al.</p>	<p>14 6:35 King Soopers Shopping & 6:45 Sign up in outing book. 9:00 Exercise 3rd Floor 9:45 Exercise 2nd Floor 10:30 Exercise 1st Floor 1:30 Enjoy a Taste of China</p>	<p>15 Spirit Day Wear something Bright! 12:00 Family Visits (12-4) *must be scheduled* *Call concierge to schedule* *Max 4 Guests* *No Guests 12 and under* *Must wear Masks* *No Food or Drinks*</p>	<p>16 World Food Day 9:00 Aquacise by Appointment 10:00 Aquacise by Appointment 11:00 Aquacise by Appointment 1:00 1st Floor Bingo 1:45 2nd Floor Bingo 2:30 3rd Floor Bingo *2 cards Max- 30 min per floor*</p>	<p>17 10:00 Courtyard Strolls 1:00 Bored Board- Lobby Choose something to do on your own! 2:00 Christian Worship Hour (Channel 20) 2:00 Coloring Club</p>
<p>18 9:00 Catholic Mass KCDO-TV (channel 3) 10:00 Courtyard Strolls 2:05 Broncos vs. Dolphins</p>	<p>19 8:30 VNA Foot Care- AR 9:00 Exercise 3rd Floor 9:45 Exercise 2nd Floor 10:30 Exercise 1st Floor 1:00 Aquacise by appointment 1:00 Virtual Active Minds "Iraq" 2:00 Aquacise by appointment 3:00 Aquacise by appointment</p>	<p>20 Chefs Day Thank a Chef 10:00 Scenic Drive Outing 12:30 Happy Hour Cart We will come door to door</p>	<p>21 Unity Day Everyone wear Purple 6:35 King Soopers Shopping & 6:45 Sign up in outing book. 9:00 Kohl's Senior Shopping 9am-10am 9:00 Exercise 3rd Floor 9:45 Exercise 2nd Floor 10:30 Exercise 1st Floor</p>	<p>22 11:00 1st Floor Adventures 1:15 Curbside Hearing Service 1:15 2nd Floor Adventures 2:00 3rd Floor Adventures</p>	<p>23 9:00 Aquacise by Appointment 10:00 Aquacise by Appointment 11:00 Aquacise by Appointment 1:30 Wii Bowling</p>	<p>24 Make a Difference 12:00 Family Visits (12-4pm) *must be scheduled* *Call concierge to schedule* *Max 4 Guests* *Must wear Masks* *No Food or Drinks* 2:00 Christian Worship Hour (Channel 20) 2:00 Coloring Club</p>
<p>25 Reformation Sunday 9:00 Catholic Mass KCDO-TV (channel 3) 10:00 Courtyard Strolls 2:25 Broncos vs. Chiefs</p>	<p>26 Travel to Hawaii Wear your Hawaiian Attire! 10:30 Virtual Town Hall See dailies for details 1:00 Aquacise by appointment 2:00 Aquacise by appointment 3:00 Aquacise by appointment</p>	<p>27 9:00 Resident Bingo 1st Floor 10:00 Resident Bingo 2nd Floor 11:30 Kaiser Flu Clinic Sign up if you are a Kaiser participant—we will go there 11:00 Resident Bingo 3rd Floor 12:30 Happy Hour Cart We will come door to door</p>	<p>28 Natl. Chocolate Day 6:35 King Soopers Shopping & 6:45 Sign up in outing book. 9:00 Foot Care w/ Richard Lee 9:00 Exercise 3rd Floor 9:45 Exercise 2nd Floor 10:30 Exercise 1st Floor 1:30 Learn to Hula & Munch on some Chocolate!</p>	<p>29 12:00 Family Visits (12-4) *must be scheduled* *Call concierge to schedule* *Max 4 Guests* *No Guests 12 and under* *Must wear Masks* *No Food or Drinks* 2:00 Book Club</p>	<p>30 Natl. Candy Corn Day Halloween Costumes Today! 9:00 Aquacise by Appointment 10:00 Aquacise by Appointment 11:00 Aquacise by Appointment 1:00 Celebrate Halloween Cart- door to door</p>	<p>31 Happy Halloween 10:00 Courtyard Strolls 1:00 Halloween Movie 2:00 Christian Worship Hour (Channel 20) 2:00 Coloring Club</p>

Stories of Action & Adventure:

"Top Secret"

Merle was born on a farm in northern Iowa. He never saw a big city until he graduated in 1941 and came to Denver Colorado to stay with some friends. 6 months later, Pearl Harbor was bombed and Merle knew he needed to enlist. He researched all of the branches and then decided to enlist in the Army Signal Corps.

In the Signal Corps, Merle was a cryptographer and was given top secret clearance. His unit was responsible for handling all of the top secret messages coming and going for General MacArthur and his staff at the Headquarters for the South Pacific.

Merle's unit knew something was afoot and that an attack was being planned on Japan before the bombs were dropped. However, no mention of the bombs were ever sent over the radio. That operation was more than top secret. All the troops were excited when the war was over. However, the nature of Merle's position meant he and his fellow cryptographers had to stay 6 months longer than all the others so they could be there during the negotiation of the surrender.

After 6 months, most of the troops were gone. Luckily, a navy cruiser happened to be going by and they caught a ride into San Francisco. When they arrived, they were greeted by a WAC band- Women's Army Corps Band. From there Merle took a train home, went to the University of Iowa and started a company of his own. His company was based in Dallas TX where he lived with his wife and children until about 28 years ago when Merle moved to Crested Butte Colorado. Merle learned to ski at 66 years old and skied into his early 80s. He continues to reside in Colorado and we are lucky to have him as a part of our community.

Unfortunately for us he still won't tell any of General MacArthur's secrets!

Merle V.



OnSite Dermatology

October 13th @ 9:00am
To schedule an appointment, sign up at the front desk

By appointment Only

VNA Foot Care

October 19th
at 8:30 am- 1 pm
By Appointment Only

to Signup Call
(303) 744-6363

Curbside Hearing Aid Checks

Thursday, October 22nd
Bring hearing device to concierge by 12:30pm.
No Appointment Necessary

Keystone Place News

Passport to Travel

Watch your cubby for your passport. Everyone will receive one and be able to travel with us.

This month we will go to
China & Hawaii

Learn to speak different phrases, learn interesting facts, virtually see famous places & enjoy delicacies from places we travel to!

Watch your dailies for more details!



Happy
Birthday
October

12th Warren E.
20th Priscilla H.
23rd Barb T.
26th Machle M.
27th Bob M.
27th Mary Ann P.



Virtual Active Minds "Iraq"

Monday,
October 19h
@ 1:00 pm

January 2020 saw missile attacks from Iran targeting American forces in Iraq, sparking the latest round of tensions in a country that has a long history of internal and external struggles.

Join Active Minds as we review the history of Iraq with an eye towards U.S. involvement that has resulted in an American military presence in the country since the 2003 invasion that toppled the government of Saddam Hussein.

We will overlay the complex tensions between Sunni and Shi'a factions of Islam as we seek to understand Iraq's past, present, and future.

For additional questions or comments, please contact Daisy at 303-465-5600
Or by e-mail: dmarshall@keystonesenior.com · Like us on facebook!

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