

# October 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			GR- Grand Room DR- Dining Room K- Kitchenette CR- Courtyard	9:45 Devotions (GR) <b>1</b> 10:00 Funny Videos 11:00 Morning Walk 1:00 BINGO (DR) 2:00 Exercise (GR) 2:30 Music Speaks (K) 3:30 Audiobook (GR)	9:45 Devotions (GR) <b>2</b> 10:30 Chair Yoga (GR) 1:00 Walking Group 2:00 Brain Games (K) 2:30 SingFit (K) 3:30 Swat the Balloon (GR)	10:00 Morning Walk <b>3</b> 11:00 Finish The Phrase (GR) 1:00 Music Therapy (K) 2:00 Walking Group 3:00 Nursery Rhymes (GR)
8:00 Breakfast (DR) <b>4</b> 9:00 Church on TV 10:00 Puzzles (GR) 11:30 Lunch (DR) 1:00 Walking Group 6:00 Sunday Movie	9:45 Devotions (GR) <b>5</b> 10:30 Chair Yoga (GR) 1:00 Walking Group 1:30 Manicures (GR) 2:00 SingFit (K) 3:30 Craft (GR)	9:45 Devotions (GR) <b>6</b> 11:00 Question of the Day (GR) 1:00 BINGO (DR) 2:00 Exercise (GR) 2:30 Music Speaks (K) 3:30 Puzzles (GR)	9:45 Devotions (GR) <b>7</b> 10:30 Chair Yoga (GR) 1:00 Walking Group 2:00 Scattergories (GR) 2:30 SingFit (K) 3:30 Candy Pong (GR)	9:45 Devotions (GR) <b>8</b> 11:00 Morning Walk 1:00 BINGO (DR) 2:00 Exercise (GR) 2:30 Music Speaks (K) 3:30 Audiobook (GR)	9:45 Devotions (GR) <b>9</b> 10:30 Chair Yoga (GR) 1:00 Walking Group 2:00 Food Matchup (K) 2:30 SingFit (K) 3:30 Swat the Balloon (GR)	10:00 Morning Walk <b>10</b> 11:00 Finish The Phrase (GR) 1:00 Music Therapy (K) 2:00 Walking Group 3:00 Nursery Rhymes (GR)
8:00 Breakfast (DR) <b>11</b> 9:00 Church on TV 10:00 Puzzles (GR) 11:30 Lunch (DR) 1:00 Walking Group 6:00 Sunday Movie	9:45 Devotions (GR) <b>12</b> 10:30 Chair Yoga (GR) 1:00 Walking Group 1:30 Manicures (GR) 2:00 SingFit (K) 3:30 Aromatherapy (K)	9:45 Devotions (GR) <b>13</b> 11:00 Question of the Day (GR) 1:00 BINGO (DR) 2:00 Exercise (GR) 2:30 Music Speaks (K) 3:30 Noodle Hockey	9:45 Devotions (GR) <b>14</b> 10:30 Chair Yoga (GR) 1:00 Walking Group 2:00 Scattergories (GR) 2:30 SingFit (K) 3:30 Candy Pong (GR)	9:45 Devotions (GR) <b>15</b> 10:00 Funny Videos 11:00 Morning Walk 1:00 BINGO (DR) 2:00 Exercise (GR) 2:30 Music Speaks (K) 3:30 Audiobook (GR)	9:45 Devotions (GR) <b>16</b> 10:30 Chair Yoga (GR) 1:00 Walking Group 2:00 Brain Games (K) 2:30 SingFit (K) 3:30 Swat the Balloon	10:00 Morning Walk <b>17</b> 11:00 Finish The Phrase (GR) 1:00 Music Therapy (K) 2:00 Walking Group 3:00 Nursery Rhymes (GR)
8:00 Breakfast (DR) <b>18</b> 9:00 Church on TV 10:00 Puzzles (GR) 11:30 Lunch (DR) 1:00 Walking Group 6:00 Sunday Movie	9:45 Devotions (GR) <b>19</b> 10:30 Chair Yoga (GR) 1:00 Walking Group 1:30 Manicures (GR) 2:00 SingFit (K) 3:30 Craft (GR)	9:45 Devotions (GR) <b>20</b> 11:00 Question of the Day (GR) 1:00 BINGO (DR) 2:00 Exercise (GR) 2:30 Music Speaks (K) 3:30 Puzzles (GR)	9:45 Devotions (GR) <b>21</b> 10:30 Chair Yoga (GR) 1:00 Armchair Travel 2:30 SingFit (K) 3:30 Candy Pong (GR)	9:45 Devotions (GR) <b>22</b> 10:00 Funny Videos 11:00 Morning Walk 1:00 BINGO (DR) 2:00 Exercise (GR) 2:30 Music Speaks (K) 3:30 Audiobook (GR)	9:45 Devotions (GR) <b>23</b> 10:30 Chair Yoga (GR) 1:00 Walking Group 2:00 Tool Matchup (K) 2:30 SingFit (K) 3:30 Swat the Balloon	10:00 Morning Walk <b>24</b> 11:00 Finish The Phrase (GR) 1:00 Music Therapy (K) 2:00 Walking Group 3:00 Nursery Rhymes (GR)
8:00 Breakfast (DR) <b>25</b> 9:00 Church on TV 10:00 Puzzles (GR) 11:30 Lunch (DR) 1:00 Walking Group 2:00 Tea Party (DR) 6:00 Sunday Movie	9:45 Devotions (GR) <b>26</b> 10:30 Chair Yoga 1:00 Walking Group 1:30 Manicures (GR) 2:00 SingFit (K) 3:30 Aromatherapy (K) <b>6:00 Halloween Party</b>	9:45 Devotions (GR) <b>27</b> 11:00 Question of the Day (GR) 1:00 BINGO (DR) 2:00 Exercise (GR) 2:30 Music Speaks (K) 3:30 Noodle Hockey	9:45 Devotions (GR) <b>28</b> 10:30 Chair Yoga (GR) 1:00 Walking Group 2:00 Scattergories (GR) 2:30 SingFit (K) 3:30 Candy Pong (GR)	9:45 Devotions (GR) <b>29</b> 10:00 Funny Videos 11:00 Morning Walk 1:00 BINGO (DR) 2:00 Exercise (GR) 2:30 Music Speaks (K) 3:30 Audiobook (GR)	9:45 Devotions (GR) <b>30</b> 10:30 Chair Yoga (GR) 1:00 Walking Group 2:00 Brain Games (K) 2:30 SingFit (K) 3:30 Swat the Balloon	10:00 Morning Walk <b>31</b> 11:00 Finish The Phrase (GR) 1:00 Music Therapy (K) 2:00 Walking Group 3:00 Nursery Rhymes (GR)