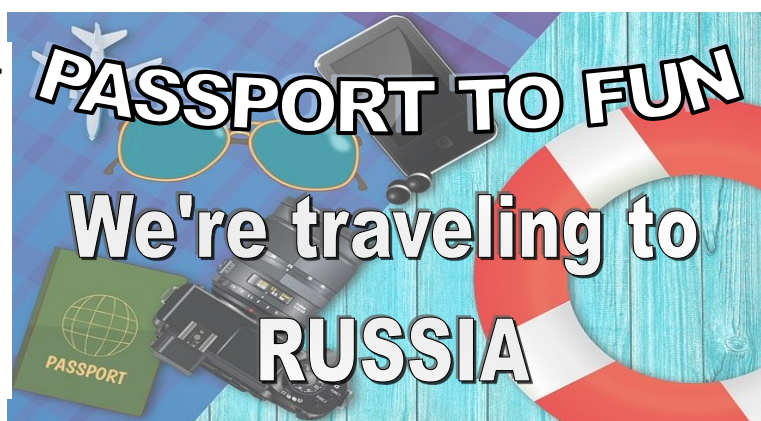




Drive Thru Trunk or Treat  
on HALLOWEEN  
morning from 10-11AM  
Come out and enjoy  
the FUN



Podiatrist Visits  
October 14th



HAPPY  
BIRTHDAY!



Marvin Vandersee- 10/1  
Mary Utley-10/4  
Margaret Jacobs- 10/27



3:00 Wednesday  
October 21st



Wear your Iowa or Iowa  
State Gear on Tuesday,  
October 13th



Door Decorating  
Contest!!!!

Pumpkin Decorating  
on October 19th & 20th



KEYSTONE COTTAGE  
OCTOBER 2020



# Keystone Cottage Memory Care

## October 2020

Activities Subject to  
Change!

| Sunday                                                                                                              | Monday                                                                                                                                                                                 | Tuesday                                                                                                                                             | Wednesday                                                                                                                                                     | Thursday                                                                                                                                                    | Friday                                                                                                                                                                 | Saturday                                                                                                                                    |
|---------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                     |                                                                                                                                                                                        |                                                                                                                                                     |                                                                                                                                                               | <b>1</b> Shawna<br>9:30 Stretches<br>10:00 Disco Music & Video<br>1:30 Pumpkin Cake Balls<br>2:30 Decorate Cake Balls<br>3:30 Dominoes<br>6:00 Calming Hour | <b>2</b> Shawna<br>9:30 Hymns w/ Deann<br>10:00 Bus Ride<br>1:00 Exercise w/ Angi<br>1:30 Piano Music– CY<br>2:30 Happy Hour<br>6:00 Calming Hour                      | <b>3</b><br>9:30 Exercise<br>10:00 Cloud Watching<br>1:30 Snack<br>2:30 Sing A Long<br>3:30 Connect Sand<br>6:00 Calming Hour               |
| <b>4</b><br>10:00 Church on T.V.<br>11:00 Stretches<br>1:30 Movie<br>3:00 Creativity Time<br>6:00 Calming Hour      | <b>5</b> Shawna<br>9:30 Exercise<br>10:00 Make Pumpkin Bars<br>1:00 Kickball<br>2:00 Price is Right<br>3:00 Rice Scavenger Hunt<br>5:15 Go Fish<br>6:00 Calming Hour                   | <b>6</b> Haley<br>9:30 Stretches<br>10:00 Music Therapy<br>1:30 Sites to Visit in Russia<br>3:00 Memory Magic<br>6:00 Calming Hour                  | <b>7</b> Haley<br>9:30 Exercise<br>10:15 Tic Tac Toe<br>1:30 Bean Bag Toss<br>3:00 Story Time<br>5:15 Manicures<br>6:00 Calming Hour                          | <b>8</b> Shawna<br>9:30 Stretches<br>10:00 Farming History<br>1:30 Feed Fish<br>2:00 Family Fall Traditions<br>3:30 Balloon Ball<br>6:00 Calming Hour       | <b>9</b> Shawna<br>9:30 Hymns w/ Deann<br>10:00 Bus Ride<br>11:30 Pizza Party<br>1:00 Exercise w/ Angi<br>2:00 Happy Hour<br>3:30 Creativity Time<br>6:00 Calming Hour | <b>10</b><br>9:30 Exercise<br>10:00 Jokes<br>1:30 Mazes<br>2:30 Elvis Music<br>3:30 Puzzle Time<br>6:00 Calming Hour                        |
| <b>11</b><br>10:00 Church on T.V.<br>10:30 Newspaper Article<br>1:30 Tic Tac Toe<br>2:30 Snack<br>6:00 Calming Hour | <b>12</b> Shawna<br>9:30 Exercise<br>10:00 History of Halloween<br>1:00 Group Crossword<br>2:00 Golfing<br>3:00 Door Decorating<br>5:15 Gumball Video<br>6:00 Calming Hour             | <b>13</b> Haley<br>9:00 Stretches<br>9:30 Manicures<br>10:30 Explore Russian Culture– AR<br>1:30 BINGO<br>3:00 Door Decorating<br>6:00 Calming Hour | <b>14</b> Haley<br>9:30 Exercise<br>10:15 Letters to Families<br>1:30 Podiatrist-1st Floor/Cottage<br>3:00 Door Decorating<br>5:15 Poems<br>6:00 Calming Hour | <b>15</b> Shawna<br>9:30 Stretches<br>10:00 Ghost Stories<br>1:00 Hairstyles through the years<br>2:00 Kickball<br>3:00 Fall Leaves<br>6:00 Calming Hour    | <b>16</b> Shawna<br>9:30 Hymns w/ Deann<br>10:00 Bus Ride<br>1:00 Exercise w/Angi<br>2:00 Happy Hour<br>3:15 Waterfall Video<br>6:00 Calming Hour                      | <b>17</b><br>9:30 Exercise<br>10:00 Kickball<br>1:30 Bird Book and Discussion<br>2:30 Snack Time<br>4:00 Patio Time<br>6:00 Calming Hour    |
| <b>18</b><br>10:00 Church on T.V.<br>11:00 Go on a walk<br>1:30 Dot to Dot<br>3:00 Feed Fish<br>6:00 Calming Hour   | <b>19</b> Shawna<br>9:30 Exercise<br>10:00 Decorate Pumpkins<br>1:30 Food from Russia– AR<br>2:30 Door Decorating<br>3:30 Music Around the World<br>5:15 Monopoly<br>6:00 Calming Hour | <b>20</b> Haley<br>9:30 Stretches<br>10:00 Music Therapy<br>1:30 Apples to Apples<br>3:00 Decorate Pumpkins<br>6:00 Calming Hour                    | <b>21</b> Haley<br>9:30 Exercise<br>10:15 Make Cookies<br>1:30 Treat Bowl Craft<br>3:00 FIRE DRILL<br>3:15 Memory Magic<br>5:15 Movie                         | <b>22</b> Shawna<br>9:30 Stretches<br>10:00 Caramel Apple Slices<br>1:00 Make Masks<br>2:30 Halloween Candy Facts<br>3:30 UNO<br>4:00 Hand Massages         | <b>23</b> Shawna<br>9:30 Hymns w/ Deann<br>10:00 Bus Ride<br>1:00 Exercise w/ Angi<br>2:00 Happy Hour<br>3:15 Puzzle Time<br>6:00 Calming Hour                         | <b>24</b><br>9:30 Exercise<br>10:00 Short Stories<br>1:30 Ring Toss<br>2:30 John Wayne Movie<br>6:00 Calming Hour                           |
| <b>25</b><br>10:00 Church on T.V.<br>10:30 Weather Report<br>1:00 Balloon Toss<br>2:30 Snack<br>6:00 Calming Hour   | <b>26</b> Shawna<br>9:30 Exercise<br>10:00 Old Automobiles<br>1:00 Go on a walk<br>2:30 Jimmy Buffett<br>3:15 Halloween Door Hangers<br>5:15 Camping Collage<br>6:00 Calming Hour      | <b>27</b> Haley<br>9:30 Stretches<br>10:15 Halloween Craft<br>1:30 Facts about Russia– AR<br>3:00 Sing A Long<br>6:00 Calming Hour                  | <b>28</b> Haley<br>9:30 Exercise<br>10:15 Pumpkin Toss<br>1:30 Wii Games<br>3:00 Spider Craft<br>5:15 Halloween Book<br>6:00 Calming Hour                     | <b>29</b> Shawna<br>9:30 Stretches<br>10:00 Human Bone Names<br>1:30 Halloween Party<br>3:00 Movie “Casper”<br>6:00 Calming Hour                            | <b>30</b> Shawna<br>9:30 Hymns w/ Deann<br>10:00 Bus Ride<br>1:00 Exercise w/ Angi<br>2:00 Scary Happy Hour<br>3:00 Dice Game<br>6:00 Calming Hour                     | <b>31 HALLOWEEN</b><br>9:30 Exercise<br>10:00 Trunk or Treat Drive By-Front<br>1:30 Balloon Toss<br>2:30 Spooky Snacks<br>6:00 Calming Hour |